

SALE STARTS January 22nd THRU January 28th, 2009

# SUPER A FOODS

Save Every Day



**Fresh Boneless, Skinless Chicken Legs Family Pack**

**1.49**

**Beef Chuck Espaldilla de Res**  
Clod Steaks-Thin Cut Family Pack

**2.79**

**Assorted Pork Loin Chops**

**1.59**



**Navel Oranges**

**Green Seedless Grapes**

**3.99**  
LBS

**99**  
Lb.

## THE GREAT Kellogg's CEREAL SALE!

Purchase 4 cereals for \$12. Get \$6 off with In-Ad coupon. Your Final Cost Is 4 for \$6. See coupon below. Must be purchased in the same transaction.

Good on These Participating Kellogg's Cereals

Kellogg's® Apple Jacks® 12.2 oz. Kellogg's® Frost Loops® 12.2 oz. Kellogg's® Corn Pops® 12.5 oz. Kellogg's® Frosted Flakes® 14 oz. Kellogg's® Cocoa Rice Krispies® 16.5 oz.

Offer Valid 01/22/09-01/28/09 WHILE SUPPLIES LAST!

**DO THE MATH!**  
Ad Retail 4 for \$12.00  
Less \$6.00 Off with In-Ad Coupon = \$6.00  
**ONLY \$1.50 PER BOX**  
(Less than \$2.00 per serving!)



Mix or Match

STORE COUPON EXPIRES 01/28/09 NOT TO BE DOUBLED

**Save \$6.00**

when you buy ANY 4 of these participating Kellogg's Cereals

Mix or Match

Code 700

**Pepsi, Diet Pepsi, 7-Up, Sunkist Orange or A&W Root Beer 2 Liter**

**5 FOR \$5**  
+CRV

**Knudsen Sour Cream 16 oz.**

**\$1.50**

With Coupon No Double Coupons

**Florida's Natural Orange Juice 64 oz.**

**2 FOR \$5**  
+CRV

## ONE DAY SALE FRIDAY, January 23rd

**Beef Tongues Defrosted** **1.99** Lb.

**Beef Loin Top Sirloin Steak** **2.49** Lb.

**Tomatoes** **2.99** LBS

**Gala Apples** **2.99** LBS

## ONE DAY SALE WEDNESDAY, January 28th

**Bar S Sliced Cooked Ham or Turkey Breast 12 oz.** **2 FOR \$3** Limit 6

**Hennessy V.S. Cognac 750 ml.** **19.99** Limit 6

**Reynolds Aluminium Foil 25 Sq. Ft.** **10 FOR \$10** Limit 10

**Soft'n Gentle Bath Tissue 24 Pack** **4.99** Limit 2

**Wesson Oil Corn, Vegetable, Canola 48 oz.** **2.59** Limit 10

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

Monrovia 935 W. Duarte Rd.  
Pico Rivera 6101 S. Rosemead Blvd.  
Paramount 11120 Dorway Ave.  
Bell Gardens 6380 E. Florence Ave.  
Eagle Rock 2245 Yosemite Dr.  
Alhambra 300 W. Main St.  
Los Angeles 2025 Division St.  
Los Angeles 425 SoHo St.  
Montebello 2004 Beverly Blvd.  
South Gate 8116 California Ave.  
Highland Park 3250 York Blvd.  
Fillmore 725 Ventura St.

VISA MasterCard EBT WE GLADLY ACCEPT FOOD STAMPS MoneyGram  
ATM DISCOVER GIFT CARDS Women Infants And Children

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# Hot Springfield Winter Sale

**Springfield** **Springfield** **Springfield** **Springfield** **Springfield** **Springfield** **Springfield** **Springfield**

- Springfield Apple Juice 64 oz. **2 FOR \$3**
- Springfield Tomatoes Whole, Stewed or Diced 14.5 oz. **2 FOR \$1**
- Springfield Corn, Peas or Beans 14.5-15.25 oz. **59¢**
- Springfield Tomato Sauce Regular 8 oz. **4 FOR \$1**
- Springfield Mayonnaise 32 oz. **2.29**
- Springfield Cooking Oil Corn, Canola or Vegetable 48 oz. **2.59**
- Springfield Long Grain Rice 3 Lb. **1.39**

- Roman Meal Bread All Varieties 20-24 oz. **2 FOR \$5**
- Thomas' English Muffins or Bagels 6 Pack **2 FOR \$5**
- Entenmann's Donuts All Varieties **2 FOR \$5**
- Skippy Peanut Butter 16.3 oz. **2 FOR \$5**
- WishBone Salad Dressing 16 oz. **2.59**
- Bertolli Olive Oil 17 oz. **5.99**
- Prego Spaghetti Sauce 26 oz. **1.99**
- Andersen's Soups Split Pea or Tomato 15.9 oz. **99¢**

- Lays Potato Chips 10.5-11 oz. **2.69**
- Gatorade Thirst Quencher 32 oz. **99¢**
- Spring Spring! Water 24 Pack, .5 Liter Bottles +CRV **3 FOR \$9.99**
- Campbell's Chunky or Select Soup 18.6-18.8 oz. **1.99**
- Nissin Cup Noodles 6 Pack, 2.25 oz. **1.99**
- American Beauty Pasta Spaghetti, Thin Spaghetti or Macaroni 24 oz. **2 FOR \$3**
- Knorr Bouillon Chicken, Tomato, Beef or Reduced Sodium Chicken 7.9 oz. **3 FOR \$5**

- Kellogg's Special K Cereal All Varieties & Sizes **2.99**
- Post Fruity or Cocoa Pebbles 13 oz. Honey Bunches of Oats Regular or with Almond 14.5-18 oz. **2.99**
- General Mills Honey Nut Cheerios 12.25 oz. or Cocoa Puffs Combos 11.7 oz. **2.99**
- Tree Top Apple Juice 64 oz. **2 FOR \$4**
- Charmin Basic Bathroom Tissue 12 Big Roll **5.99**
- Bounty Basic Paper Towels Regular Roll **89¢**
- Gain Detergent 61-63 oz. Powder or 2X Liquid - 50 oz. **5.99**
- Gain Fabric Softener 64 oz. **2.79**

- Regular or Light 'n Fit, 6 oz. Dannon Yogurt **10 FOR \$4**
- 4 Pack, 4 oz., Activia or Activia Light Dannon Yogurt **2 FOR \$5**
- 16 oz. Sunshine Krispy Crackers **2.29**
- 14-15.25 oz. Nabisco Chips Ahoy Cookies **2.99**
- Jumbo Pack Pampers Diapers **9.99**
- 108 Ct. Puffs Facial Tissues **1.19**
- 53 oz. Cheer Detergent **5.99**
- 12.6 oz. Joy Dishwashing Liquid **1.19**
- 6 Pack, 4 oz. Jell-O Pudding or Gelatin **2.99**
- Kern's Nectar 64 oz. **2 FOR \$5**
- Golden Creme Split Top Bread 24 oz. **2.29**
- Golden Creme Jumbo Bread 32 oz. **2 FOR \$4**
- Mega Pack Luvs Diapers **10.99**
- Downy or Bounce Fabric Softener Sheets 40 Ct. **2.59**
- Cascade Dishwasher Detergent 45 oz. **3.59**
- Zest Bar Soap 8 Pack, 4 oz. **4.99**

## Beer, Wine & Soda

- Budweiser, Bud Light, Miller Genuine Draft, Miller Lite, Coors or Coors Light 18 Pack, 12 oz. Cans or Bottles **11.99**
- El Jimador, Crown Royal, Bailey's, Jagermeister or Jack Daniels 750 ml **16.99**
- Aquafina Drinking Water 24 Pack, 16.9 oz. Bottles +CRV **3.99**
- Heineken or Heineken Light, Corona or Corona Light, Newcastle, Stella or Bass 12 Pack, 12 oz. Bottles +CRV **11.99**
- Buchanan's, Cazadores, Hennessy V.S. or Grey Goose 750 ml **24.99**
- Coke, Squirt, Pepsi or Diet Pepsi 8 Pack, .5 Liter Bottles +CRV **2 FOR \$7**
- Sutter Home Wines 750 ml. **2 FOR \$6**
- Coke, Diet Coke, Sprite, Squirt 2 Liter Bottle +CRV **3 FOR \$4**
- Powerade Sports Drink 8 Pack, 20 oz. Bottles +CRV **4.49**
- Popov or Black Velvet 1.75 Liter **10.99**
- Monster, Rockstar or Fuze 16-18.5 oz. **2 FOR \$3**
- Sobe Life Water 20 oz. or Lipton Tea 1.5 Liter **5 FOR \$5**

## Deli Delights

- Philadelphia Cream Cheese Regular or Light 8 oz. Block **99¢**
- Tampico Citrus Punch Galton **4 FOR \$5**
- Oscar Mayer Meat Bologna or Cotto Salami 12 oz. **4 FOR \$5**
- Philadelphia Cream Cheese **2.99**
- Cacique Rancho Queso Fresco or Crema Mexicana 12-15 oz. **2.99**
- Golden California Cheese Monterey Jack, Mild Cheddar or Mozzarella 10 oz. **2 FOR \$6**
- Señor Rico Rainbow or Vanilla Gelatin 5.5 oz. **4 FOR \$1**
- Señor Rico Gelatin 1.5 Pack **2.99**
- Estilo Casero Corn Tortillas 78.6 oz. **1.99**
- Land O Lakes Natural Cheese 10 oz. **3.49**
- Danola Black Forest Ham or Turkey Breast 12 oz. **3.49**
- Farmland Jumbo Meat Franks 12 oz. **99¢**
- Farmland Sliced Cooked Ham 10 oz. **2 FOR \$6**
- Sargento Cheese 8 oz. **2 FOR \$5**
- Old Wisconsin Sausage 12-10 oz. **2 FOR \$5**
- Hilshire Farm Sliced Meat 5-8 oz. **1.99**

## Non Foods

- Colgate Cavity Protection Toothpaste 6.4 oz. **2.39**
- Real Solutions Shampoo or Conditioner 12 oz. **3.49**
- Children's Tylenol or Motrin 4 oz. **6.49**
- Tylenol Liquid Cold Medicine 8 oz. **6.49**
- VOS Shampoo or Conditioner 15 oz. **99¢**
- Ricola Cough Drops 10-24 Ct. **1.99**
- La Bella Styling Gel 40 oz. **2.69**
- Glucerna Shake 8 Pack, 8 oz. **9.99**
- Ultra Brite Toothpaste 6 oz. **1.49**
- BIC Sensitive Twin Blade Razor 12 Ct. **3.19**

# Meat Department

**London Broil Beef Round**

**2.39** Lb.

**Beef Round Rump Roast Boneless**

**2.39** Lb.

**Pork Loin Rib Chops Center Cut**

**2.19** Lb.

**Beef Top Round Steak**

**2.59** Lb.

**Beef Top Round Steak**

**2.59** Lb.

**Pork Loin Chops Center Cut Wafer Thin**

**2.69** Lb.

**Lamb Shoulder Chops Defrosted**

**2.79** Lb.

**Hillshire Farm Smoked Rope Sausage All Varieties • 14-16 oz.**

**2 FOR \$6**

**Bar-S Sliced Bacon 12 oz.**

**2.19** Ea.

**Simplet Hash Brown Potato Patties 20 Ct.**

**2.99** Ea.

**Foster Farms Chicken Patties Bulk**

**2.29** Lb.

**Reynaldo's Pork Longaniza 10 oz.**

**2 FOR \$4**

**Don Francisco Queso Fresco Bulk**

**2.99** Lb.

**Foster Farms Drumsticks or Thighs Value Pack**

**1.39** Lb.

**Foster Farms Whole Chicken Seasoned Marinated**

**1.49** Lb.

**Turkey Store Fresh Ground Turkey 20 oz.**

**2.99** Ea.

## Seafood Department

## Deli & Hot Foods

All Stores Except Eagle Rock and Monrovia

**Catfish Fillets Defrosted**

**3.99** Lb.

**Cooked & Peeled Shrimp 100-200 Ct.**

**3.99** Lb.

**30 Piece Fried Chicken Drumsticks & Thighs**

**16.99**

**Foster Farms Turkey Bologna**

**99¢** Lb.

**Fresh Whole Catfish**

**1.99** Lb.

**Medium Shell-On Shrimp Defrosted**

**4.99** Lb.

**Foster Farms Oven Roasted Turkey Breast**

**2.29** Lb.

**Brasleton Chicken Nuggets or Tenders**

**3.29** Lb.

**SUPER A FOODS** Save Every Day Double Coupon • Double Savings!

Present this coupon along with any one MFG. "Cuts Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 1/22 thru 1/28/09. Limit 1 Per Coupon + 4 Coupons Per Customer.

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# Produce Department

Green Cabbage

**4<sup>LBS</sup> 99¢**

**3<sup>LBS</sup> 99¢** Red Onions

Bell Peppers **2<sup>LBS</sup> 99¢**

**4<sup>FOR</sup> 99¢** Cilantro

Fuji Apples **2<sup>LBS</sup> 99¢**

**2<sup>FOR</sup> 79¢** Hass Avocados

# Super A Savers!



Lala  
Drinkable  
Yogurt or Licuado  
32 oz.

**2 FOR \$6**

Lala  
Yogurt or Crema  
16-32 oz.

**2 FOR \$4**



Guerrero  
Tostada Casera  
24 Ct.

**2 FOR \$3**

El Paraiso  
Corn Tortillas  
King Size, 3 Dozen

**1/19**



El Paraiso  
Flour Tortillas  
1 Dozen



**1/19**

El Paraiso  
Tostada Natural  
24 Ct.

**1/19**



## Freezer Pleasers

Westpac  
Vegetable Stir Fry  
16 oz.

**2 FOR \$3**



Westpac Corn, Mixed Vegetables,  
Peas, Peas & Carrots  
16 oz.



**99¢**

Westpac  
Cob Corn  
6 Ears

**2 FOR \$3**



Krusteaz  
Pancakes  
12-19 oz.



**2 FOR \$4**

Stouffer's  
Lean Cuisine  
Assorted Varieties & Sizes

**25% OFF**



**LEANCUISINE**

MANUFACTURER'S COUPON

EXPIRATION DATE: 2/21/2009

**SAVE 40¢** on any ONE (1) package of **KNODSEN** Sour Cream, (16 oz. or larger)

NET VALUE: Knud Foods Market, Inc. or a subsidiary, will reimburse the face value of this coupon plus handling if submitted in compliance with its Coupon Redemption Policy, automatically provided to you and available upon request. Cash value .0010¢. Coupon can only be distributed by Knud Foods Market, Inc. or its agents, Knud Foods Market, Inc., P.O. Box 220000, El Paso, TX 79922-0000. Offer expires: 2/21/2009. ©2008/2009 Knud Foods Market, Inc. All other are uncollectible. Void if copied, transferred, purchased or sold. Valid only in the USA, Mexico and Canada.

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MANUFACTURER'S COUPON

EXPIRATION DATE: 2/21/2009

**SAVE 25¢** on ONE (1) 8 oz. package of **PHILADELPHIA** Cream Cheese (Original or 1/3 Less Fat)

NET VALUE: Knud Foods Market, Inc. or a subsidiary, will reimburse the face value of this coupon plus handling if submitted in compliance with its Coupon Redemption Policy, automatically provided to you and available upon request. Cash value .0010¢. Coupon can only be distributed by Knud Foods Market, Inc. or its agents, Knud Foods Market, Inc., P.O. Box 220000, El Paso, TX 79922-0000. Offer expires: 2/21/2009. ©2008/2009 Knud Foods Market, Inc. All other are uncollectible. Void if copied, transferred, purchased or sold. Valid only in the USA, Mexico and Canada.

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