

SALE STARTS MARCH 5th THRU MARCH 11th, 2009

# SUPER A FOODS

Save Every Day



**Super A Fryer Drumsticks or Thighs Family Pack**

**79¢ Lb.**



**Beef Rib Eye Steaks Bone-In**

**3.99 Lb.**



**Fresh Pork Butt Shoulder Steaks Family Pack**

**99¢ Lb.**



**Iceberg Lettuce**

**3 FOR 99¢**



**Red or Black Plums**

**79¢ Lb.**



**Gatorade Thirst Quencher Gallon**

**3.59 +CRV**



**Springfield Whole Kernel Corn 15.25 oz.**

**2 FOR \$1**



**Knorr Chicken Bouillon 35.3 oz.**

**4.99**



**StarKist Chunk Light Tuna In Water or Oil 5 oz.**

**69¢**



**Pepsi, Diet Pepsi, Crush or Sierra Mist 2 Liter**

**99¢ +CRV**



**Corona, New Castle or Heineken Beer Regular or Light 12 Pack, 12 oz. Bottles**

**11.99 +CRV**

## ONE DAY SALE FRIDAY, March 6th



**Guerrero Tostadas Caseras 24 Ct.**

**99¢ Limit 6**



**Coors or Coors Light 18 Pack, 12 oz. Cans**

**8.99 +CRV Limit 4**



**Beef Chuck Carne Asada Regular or Prepared**

**1.99 Lb.**



**Fresh Pork Shoulder Picnics Whole**

**79¢ Lb.**



**Honey Tangerines**

**79¢ Lb.**



**Roma Tomatoes**

**3.99 LBS**

## ONE DAY SALE WEDNESDAY, March 11th



**Patron Silver Tequila 750 ml.**

**29.99 Limit 4**



**Fruit of the Loom Long Sleeve T-Shirts Small or Medium**

**BUY ONE, GET ONE FREE Sale Price \$3.99 Ea. Limit 4**



**Mazola Oil Corn, Vegetable, Canola or Corn Plus 40 oz.**

**2.29 Limit 4**



**Springfield Soft Drinks 12 Pack, 12 oz. Cans**

**1.89 +CRV Limit 4**



**Spring! Spring Water 24 Pack, 5 Liter Bottles**

**2.99 +CRV Limit 4**



**Large Eggs 1 Dozen**

**99¢ Limit 6**

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

**Monrovia** 935 W. Duarte Rd.  
**Pico Rivera** 6101 S. Rosemead Blvd.  
**Paramount** 13120 Downey Ave.  
**Bell Gardens** 6380 E. Florence Ave.  
**Eagle Rock** 2245 Yosemite Dr.  
**Alhambra** 300 W. Main St.  
**Los Angeles** 2025 Division St.  
**Los Angeles** 425 Soho St.  
**Montebello** 2024 Beverly Blvd.  
**South Gate** 8116 California Ave.  
**Highland Park** 3250 York Blvd.  
**Fillmore** 725 Ventura St.



**VISA** **MasterCard** **EBT** **ATM** **DISCOVER** **GIFT CARDS**

**WE GLADLY ACCEPT FOOD STAMPS** **MoneyGram** **Women Infants And Children**

Super A Foods Logo

<b>Gatorade Thirst Quencher</b> Galton <b>3.59</b>	<b>Spring! Spring Water</b> 24 Pack, .5 Liter Bottles +CRV <b>3.09</b>	<b>CapriSun or Kool-Aid Jammers</b> 10 Pack <b>2.05</b>	<b>Springfield Whole Kernel Corn</b> 15.25 oz. <b>2.01</b>	<b>StarKist Chunk Light Tuna</b> In Oil or Water 5 oz. <b>69¢</b>	<b>Wesson Cooking Oil</b> Corn, Vegetable or Canola 48 oz. <b>2.99</b>	<b>Maruchan Instant Lunch</b> 6 Pack, 2.25 oz. <b>1.99</b>
<b>Sour Patch Soft &amp; Chewy or Xplodez</b> 5-6.5 oz. <b>99¢</b>	<b>Weber's Large or Thin Sandwich Bread</b> 24 oz. Except Filmore Location <b>2.05</b>	<b>Golden Creme Jumbo Bread</b> 32 oz. <b>2.04</b>	<b>Bigelow Teas</b> All Varieties 20 Ct. <b>2.05</b>	<b>Del Monte Spaghetti Sauce</b> 26.5 oz. <b>99¢</b>	<b>Chef Boyardee Canned Pasta</b> 15 oz. <b>99¢</b>	<b>Andersen's Split Pea or Tomato Soup</b> 15 oz. <b>99¢</b>
<b>Doritos Tortilla Chips</b> 11.75-12 oz. <b>2.99</b>	<b>Springfield Soft Drinks</b> 12 Pack, 12 oz. Cans +CRV <b>2.05</b>	<b>Padrinos Tortilla Chips</b> 12-13 oz. <b>2.19</b>	<b>Hi-C Fruit Drinks</b> 10 Ct. <b>2.04</b>	<b>Rosarita Refried Beans</b> 16 oz. <b>99¢</b>	<b>Juanita's Mexican Style Hominy</b> 105 oz. <b>1.99</b>	<b>Knorr Chicken Bouillon</b> 35.3 oz. <b>4.99</b>
<b>Snyder's of Hanover Pretzels, Olde Tyme Sticks, Mini Snaps or Sourdough Hard</b> 13.5-16 oz. <b>2.19</b>	<b>Kellogg's Frosted Flakes</b> 14 oz. <b>2.05</b>	<b>General Mills Cheerios, Trix, Lucky Charms, or Cinnamon Toast Crunch,</b> 17 oz. <b>2.99</b>	<b>Golden Grain Rice a Roni or Pasta Roni</b> Assorted Varieties & Sizes <b>4.05</b>	<b>Suavitel Fabric Softener</b> 150 oz. <b>5.99</b>	<b>Huggies Pull-Ups Diapers</b> Jumbo Pack <b>10.99</b>	<b>Soft'n Gentle Bathroom Tissue</b> 24 Pack <b>5.99</b>

<b>GoSurt Yoplait Go-Gurt</b> 8 Pack <b>2.05</b>	<b>Dannon Light'n Fit Yogurt</b> 6 oz. <b>2.01</b>	<b>El Paraiso Tostadas Botaneras</b> 36 Ct. <b>1.39</b>	<b>Simply Orange or Minute Maid Orange Juice</b> 1.75 Liter <b>3.49</b>	<b>Marinela 100 Calories, Gansito, Choco Roles, Pinguinos</b> 8 Pack <b>2.06</b>	<b>Marinela 100 Calories Sponchi, Triki-Trakes</b> 8 Pack <b>2.05</b>	<b>Fresh'n Soft Arm &amp; Hammer Fresh'n Soft Fabric Sheets</b> 40 Ct. <b>1.59</b>	<b>Special Value Paper Towels</b> Regular Roll <b>59¢</b>	<b>Special Value Rainbow Napkins</b> 300 Ct. <b>2.79</b>
<b>Dannon Activia or Activia Fiber</b> 4 Pack, 4 oz. <b>2.49</b>	<b>Minute Maid Punches or Ales</b> 64 oz. <b>2.03</b>	<b>El Paraiso Corn Tortillas</b> 90 Ct. <b>1.99</b>	<b>Mountain High Yogurt</b> 32 oz. <b>2.05</b>	<b>Chicolor Jumbo Diapers</b> 30-34 Ct. <b>6.99</b>	<b>Special Value Bathroom Tissue</b> 24 Ct. <b>4.99</b>	<b>Special Value Facial Tissue</b> 85-175 Ct. <b>8.99</b>		

## Beer, Wine & Soda

<b>Budweiser, Bud Light, Miller Genuine Draft, Lite, Coors or Coors Light</b> 18 Pack, 12 oz. Cans or Bottles +CRV <b>11.99</b>	<b>Robert Mondavi, BV Coastal or Toasted Head Wines</b> 750 ml. <b>6.99</b>	<b>7-Up, Sunkist, A&amp;W, RC, Welch's, Hawaiian Punch</b> 12 Pack, 12 oz. Cans +CRV <b>3.10</b>
<b>Corona Extra, Corona Light, Stella, Bass, Beck's, Heinekens, Heinekens Light, New Castle or Samuel Adams</b> 12 Pack, 12 oz. Bottles +CRV <b>11.99</b>	<b>7-Up, Sunkist</b> 8 Pack, 10.0 oz. <b>2.05</b>	<b>Pepsi, Diet Pepsi, Mountain Dew, Sierra Mist or Crush</b> 12 Pack, 12 oz. Cans +CRV <b>3.10</b>
<b>Sutter Home Wines</b> 750 ml. <b>2.06</b>	<b>Coke, Diet Coke, Sprite, Nestea or Squirt</b> 2 Liter +CRV <b>3.04</b>	<b>Dasani or Aquafina Water</b> 24 Pack, .5 Liter Bottles +CRV <b>4.99</b>
<b>Smirnoff Vodka or Seagram's Seven Crown Whisky</b> 1.75 Liter <b>16.99</b>	<b>Monster, Rockstar or Fuze</b> 16-18.5 oz. <b>2.03</b>	<b>Coca Cola, Squirt, Pepsi or Diet Pepsi</b> 8 Pack, 10.0 oz. <b>2.07</b>

## Deli Delights

<b>Large Eggs</b> Dozen <b>2.03</b>	<b>Florida's Natural Orange Juice</b> 64 oz. <b>2.05</b>	<b>Guerrero Corn Tortillas</b> Family Size 73.3 oz. <b>2.49</b>
<b>Florida's Natural Orange Juice</b> 64 oz. <b>3.99</b>	<b>Estilo Casero Flour Tortillas</b> 44 oz. <b>3.99</b>	<b>Guerrero Tostadas Caseras</b> 24 Ct. <b>1.39</b>
<b>Caclque Rancho Queso Fresco or Crema Salvadoreña</b> 12-15 oz. <b>2.05</b>	<b>Guerrero Wheat Tortillas</b> 24 Ct. <b>2.00</b>	<b>Bar-S Jumbo Franks</b> Meat, Chicken or Turkey 16 oz. <b>99¢</b>
<b>Tropicana Pure Premium Orange Juice</b> 64 oz. <b>2.06</b>	<b>Old Wisconsin</b> 12-10 oz. <b>2.99</b>	<b>Bar-S Sliced Cooked Ham or Turkey Breast</b> 12 oz. <b>2.05</b>
<b>Señor Rico Gelatin</b> 4 oz. <b>6.01</b>	<b>Señor Rico Flan or Rice Pudding</b> 9 oz. <b>79¢</b>	<b>Golden California Natural Cheese</b> 10 oz. <b>2.05</b>
<b>Land O'Frost Premium Ham or Turkey</b> 12 oz. <b>3.49</b>	<b>Hillshire Farm Variety Pack</b> 9 oz. <b>2.05</b>	<b>Hillshire Farm Ultra Thin Meats</b> 9-10 oz. <b>2.07</b>

## Non Foods

<b>BIC Soleil System Razor</b> 1 Ct. or Soleil System Cartridge 4 Ct. <b>3.99</b>	<b>Kotex Feminine Pads or Tampons</b> 14-24 Ct. <b>2.79</b>	<b>Kotex Lightdays Liners</b> 20 Ct. <b>2.79</b>
<b>Real Solutions Shampoo, Conditioner or Treatments</b> 4-12 oz. <b>2.05</b>	<b>Huggies Baby Wipes</b> 128-144 Ct. <b>4.99</b>	<b>Gillette Mer's Shampoo or Conditioner</b> 12.2 oz. <b>4.99</b>
<b>Colgate Toothpaste</b> 4.0 oz. <b>1.39</b>	<b>Western Family Cotton Balls</b> 200 Ct. <b>1.69</b>	<b>Aquafresh Premium Toothpaste</b> 5.0-6.0 oz. <b>3.19</b>
<b>La Bella Styling Gel</b> 22 oz. <b>2.49</b>	<b>Aquafresh Premium Toothpaste</b> 5.0-6.0 oz. <b>3.19</b>	

# Meat Department

 <p><b>149</b> Lb.</p> <p><b>Beef Chuck Blade Roast</b></p>	 <p><b>599</b> Lb.</p> <p><b>Beef Rib Eye Steaks Boneless</b></p>	 <p><b>249</b> Lb.</p> <p><b>Stewing Beef Boneless</b></p>
 <p><b>179</b> Lb.</p> <p><b>Beef Chuck 7-Bone Roast</b></p>	 <p><b>179</b> Lb.</p> <p><b>Beef Shanks Center-Cut</b></p>	

 <p><b>239</b> Ea.</p> <p><b>Sunnyvalley Sliced Bacon</b> 16 oz.</p>	 <p><b>299</b> Lb.</p> <p><b>Don Francisco Queso Fresco Bulk</b></p>	 <p><b>2.00</b> R</p> <p><b>Hillshire Farm Smoked Link Sausage</b> All Varieties 14-16 oz.</p>
 <p><b>3.00</b> R</p> <p><b>Tina's Burritos</b> All Varieties 4 oz.</p>	 <p><b>2.00</b> R</p> <p><b>Hillshire Farm Lit'l Smokies</b> Regular or Beef 14-16 oz.</p>	 <p><b>2.00</b> R</p> <p><b>Bar-S Corn Dogs</b> All Varieties 24 oz.</p>
 <p><b>499</b> Ea.</p> <p><b>Foster Farms Boneless Turkey Breast Cutlets, Strips or Tenders</b> .90 Lb. and 1.25 Lb.</p>	 <p><b>129</b> Lb.</p> <p><b>Foster Farms Whole Cut-Up Fryers</b></p>	 <p><b>299</b> Ea.</p> <p><b>Turkey Store Fresh Ground Turkey</b> 20 oz.</p>

## Seafood Department

## Deli & Hot Foods

All Stores Except Eagle Rock and Monrovia

 <p><b>249</b> Lb.</p> <p><b>Tilapia Fillets</b> De-frosted</p>	 <p><b>499</b> Lb.</p> <p><b>Fresh Atlantic Salmon</b> Whole or Half</p>
 <p><b>499</b> Ea.</p> <p><b>Cooked &amp; Peeled Tail-On Shrimp</b> 16 oz. Bag</p>	 <p><b>399</b> Lb.</p> <p><b>Medium Shell-On Shrimp</b> De-frosted</p>

 <p><b>599</b> Lb.</p> <p><b>Fresh Daily Chicharrones</b></p>	 <p><b>399</b> Ea.</p> <p><b>Whole Barbeque Chicken</b> Net. Wt. 1.25</p>
 <p><b>99¢</b> Lb.</p> <p><b>Foster Farms Turkey Bologna</b></p>	 <p><b>329</b> Lb.</p> <p><b>Foster Farms Sliced Smoked Turkey Breast</b></p>

**SAVE EVERY DAY** **DOUBLE COUPON • DOUBLE SAVINGS!**

Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 3/5 thru 3/11/09. Limit 1 Per Coupon + 4 Coupons Per Customer.

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# Produce Department

Gala Apples

**2<sup>LBS</sup> 99¢**

Cabbage

**5<sup>LBS</sup> 99¢**

**99¢**  
Lb.

Yellow or White Peaches

**3<sup>LBS</sup> 99¢**

Pasilla Chiles

Cactus  
Whole Leaf or Chopped  
16 oz. Bag

**99¢**  
Ea.

**1.49**  
Ea.

Dole Greener Selection  
12 oz.



Super A - 9A 1/8 Outside Gate

# Super A Savers!



**LaLa Yogurt or  
Crema Mexicana**  
16-32 oz.

**1.99**

**Olé  
Queso Fresco or  
Crema Mexicana**  
12-15 oz.



**2 FOR \$5**



**La Banderita  
Corn Tortillas**  
80 Ct.

**2.69**

**La Banderita  
Soft Taco  
Flour Tortillas**  
16 oz.



**2 FOR \$3**



**Los Pericos  
Tostadas Caseras  
or Chips**  
16 oz.-30 Ct.

**1.69**

**El Dorado  
Corn Tortillas**  
90 Ct.



**1.99**

## Freezer Pleasers

**Eggo  
Waffles,  
French Toaster Sticks  
or Pancakes**  
10-14 oz.



**2 FOR \$4**

**Claim Jumper  
Dinners or Pot Pies**  
16-19 oz.



**2.99**

**Claim Jumper  
Cream or Fruit Plus**  
8.5 oz.

**5.99**

**Stouffers  
Red Box Entrees**



**25% OFF**

**Singleton  
Fish Sticks or Fillets**  
18-22 oz.



**2.99**

**José Olé  
Taquitos**  
20-22 oz.



**3.99**



**AL DIABLO CON  
LOS  
GUAPOS**

Enter for a chance to win one of three (3) \$2,000 prizes  
participar. Tendrás una oportunidad de ganar uno de tres (3) premios de \$2,000

**Coca-Cola makes you the hero of your family.  
Coca-Cola pays your bills!**  
mail entry form and a proof of purchase for a chance to win.  
See Rules for Details. No Purchase Necessary.

**Coca-Cola te hace el héroe de tu familia.  
¡Coca-Cola paga tus cuentas!**  
Envía el formulario con un comprobante de compra para tu oportunidad de ganar. Consulta las reglas para más detalles. No se requiere compra.

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**What will you celebrate? Enter for a chance to WIN!**

**Grand Prize:** A Walt Disney World Vacation Package valued at 10 full days, nights.

**First Prize:** Four nights "Disney" theme hotel for two nights.

**Second Prize:** Disney Vacation Club® Resort for two nights.

**3rd and 4th prizes:** 1000 Disney World tickets, 10000 Disney World tickets, 100000 Disney World tickets, 1000000 Disney World tickets.

**¡Qué celebrará usted? ¡participa y gana!**

**Gran Premio:** Un viaje de 10 días completos en Walt Disney World® Park. Incluye: hasta 10 noches, entrada de salida.

**Primer Premio:** Cuatro noches de hotel "Disney" para dos personas.

**Segundo Premio:** Residencia de vacaciones de Disney para dos personas.

**Tercer y cuarto premio:** 1000 boletines de entrada de salida de Walt Disney World, 10000 boletines de entrada de salida de Walt Disney World, 100000 boletines de entrada de salida de Walt Disney World, 1000000 boletines de entrada de salida de Walt Disney World.

**Walt Disney World**

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