

**SALE STARTS MARCH 12th THRU MARCH 18th, 2009**

**Save Every Day**

# SUPER A FOODS

Happy St. Patrick's Day!!



**Fresh Boneless, Skinless Chicken Legs Family Pack** **1.29 Lb.** **Beef Chuck Espaldilla de Res Clod Steaks Thin Cut Family Pack** **2.19 Lb.** **Fresh Pork Spareribs Medium** **1.49 Lb.**

**Green Seedless Grapes** **99¢ Lb.** **Fuji Apples** **2.99 LBS**

**Golden Creme Milk Whole, 1% or 2% Gallon** **2 FOR \$3.99** **Coca Cola, Diet Coke, Sprite, Squirt, Dr Pepper, 2 Liter Btl.** **4 FOR \$4 +CRV**

**Gatorade Thirst Quencher Selected Varieties 32 oz.** **99¢ +CRV** **Mazola Corn Oil Gallon** **7.99**

**Springfield Whole Kernel Corn 15.25 oz. or Mixed Vegetables 15 oz.** **2 FOR \$1** **Special Value Macaroni & Cheese Dinners 6.2 oz.** **29¢**

## ONE DAY SALE FRIDAY, March 13th

**Budweiser or Bud Light** **9.99** **Nestle Ice Cream Sandwiches** **4 FOR \$5** **Beef Flap Meat Carne Ranchera Regular or Prepared** **2.99 Lb.** **Frozen Fryer Leg Quarters** **49¢ Lb.** **Cantaloupe** **3.99 LBS** **U.S. #1 Cello Russets** **1.39 Ea.**

## ONE DAY SALE WEDNESDAY, March 18th

**Popov Vodka 1.75 Liter** **8.99** **Golden California Cheese Monterey Jack, Mild Cheddar or Mozzarella** **8.99** **Wishbone Salad Dressing 16 oz.** **1.79** **Sparkletts Water Gallon** **59¢** **StarKist Chunk Light Tuna 5 oz.** **59¢** **Casco Viejo Silver Tequila 1 Liter** **7.99**

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

**REGULAR ADMISSION AS LOW AS \$31.99 SAVE UP TO \$20**

**JUNIORS ALWAYS THE LOWEST PRICE IN TOWN!**

**WIN A FAMILY 4 PACK OF TICKETS TO KNOTT'S BERRY FARM**  
PURCHASE ANY TWO PARTICIPATING PRODUCTS AND "ENTER TO WIN" ONE OF 130 VIP FAMILY FOUR PACKS OF TICKETS TO KNOTT'S FIESTA MEXICANA. PACKAGE INCLUDES: FREE PARKING, ENTRANCE TO THE VIP CONCERT VIEWING AREA AND 4 GENERAL ADMISSION TICKETS.

**Knott's FIESTA MEXICANA**  
APRIL 25-26, MAY 2-3, 9-10



NO PURCHASE NECESSARY. SEE STORE FOR DETAILS.

**Monrovia** 935 W. Duarte Rd.  
**Pico Rivera** 6011 S. Rosemead Blvd.  
**Paramount** 13120 Dorway Ave.  
**Bell Gardens** 6380 E. Florence Ave.  
**Eagle Rock** 2245 Yosemite Dr.  
**Alhambra** 300 W. Main St.  
**Los Angeles** 2925 Division St.  
**Los Angeles** 425 SoHo St.  
**Montebello** 2804 Beverly Blvd.  
**South Gate** 8116 California Ave.  
**Highland Park** 3250 York Blvd.  
**Fillmore** 725 Ventura St.

**VISA** **MasterCard** **EBT** **WE GLADLY ACCEPT FOOD STAMPS** **MoneyGram**  
**ATM** **DISCOVER** **GIFT CARDS** **Women Infants And Children**

**Gatorade Thirst Quencher** 8 Pack, 20 oz. Bottles **2<sup>F</sup> \$11<sup>R</sup>** +CRV

**Sangria Seniorial or Sidral Mundet Soda** 1.5 Liter **99¢** +CRV

**Spring! Spring Water** 24 Pack, .5 Liter Btls. **3<sup>F</sup> \$9<sup>R</sup>** +CRV

**C&H Pure Cane Sugar** 5 Lb. **2<sup>F</sup> \$2<sup>R</sup>**

**Mazola Corn Oil** Gallon **7<sup>F</sup> \$9<sup>R</sup>**

**StarKist Chunk Light Tuna** Oil or Water 5 oz. **69¢**

**Nissin Cup Noodles Soups** 2.25 oz. **3<sup>F</sup> \$1<sup>R</sup>**

**Hostess Twinkies, HoHos or Chocolate Cup Cakes** Multi Pack 10-15 oz. **2<sup>F</sup> \$6<sup>R</sup>**

**James Skinner Danish Strip** All Varieties 14 oz. **2<sup>F</sup> \$9<sup>R</sup>**

**Stride Gum** All Varieties 14 Ct. **89¢**

**Nabisco Classics Cookies** All Varieties 12 oz. **1<sup>F</sup> \$9<sup>R</sup>**

**Colcafe Instant Coffee** 7.05 oz or 200 Gram **3<sup>F</sup> \$9<sup>R</sup>**

**American Beauty Pasta** All Varieties 16 oz. **4<sup>F</sup> \$5<sup>R</sup>**

**Knorr Pasta Soups** 3.5 oz. **2<sup>F</sup> \$1<sup>R</sup>**

**WishBone Salad Dressing** 16 oz. **2<sup>F</sup> \$5<sup>R</sup>**

**Lay's Potato Chips** 10.5-11 oz. **2<sup>F</sup> \$9<sup>R</sup>**

**Sunshine Cheez-It Crackers** 11.5-13 oz. **2<sup>F</sup> \$9<sup>R</sup>**

**Sara Lee Soft & Smooth Bread** Whole Grain White or 100% Whole Wheat 20 oz. **2<sup>F</sup> \$5<sup>R</sup>**

**D'Gari Flan** 6.7 oz. **79¢**

**Dux Festy Wow! Cookies** 15.23 oz. **1<sup>F</sup> \$9<sup>R</sup>**

**General Mills 20% More Cereal** Cocoa Puffs 14.3 oz, Cinnamon Toast Crunch 15.7 oz, Lucky Charms 12.9 oz, or Trix 12.5 oz. **2<sup>F</sup> \$5<sup>R</sup>**

**Paseo Paper Towels** Regular Roll **79¢**

**Friskies Cat Food** 5.5 oz. **2<sup>F</sup> \$1<sup>R</sup>**

**Springfield - Special Value Spring Sale**

**Springfield Cooking Oil** Corn, Canola or Vegetable 48 oz. **2<sup>F</sup> \$7<sup>R</sup>**

**Springfield Vegetable** Whole Kernel Corn or Mixed Vegetables 15-15.25 oz. **2<sup>F</sup> \$1<sup>R</sup>**

**Springfield Apple Juice** 64 oz. **2<sup>F</sup> \$3<sup>R</sup>**

**Special Value Mayonnaise** 32 oz. **1<sup>F</sup> \$9<sup>R</sup>**

**Special Value Cooking Oil** Corn or Vegetable 48 oz. **2<sup>F</sup> \$4<sup>R</sup>**

**Special Value Tomato Sauce** 8 oz. **4<sup>F</sup> \$1<sup>R</sup>**

**Special Value Macaroni & Cheese Dinner** 6.2 oz. **29¢**

**Special Value Bathroom Tissue** 24 Pack **4<sup>F</sup> \$9<sup>R</sup>**

**6 Pack Jell-O Pudding or Gelatins** **2<sup>F</sup> \$9<sup>R</sup>**

**48 oz. Knudsen Sour Cream** **4<sup>F</sup> \$9<sup>R</sup>**

**24 oz. Golden Creme Giant Bread** **1<sup>F</sup> \$7<sup>R</sup>**

**14.5 oz. Springfield Whole Stewed Tomatoes** **59¢**

**7.5 oz. Dry Roasted or Honey Roasted Special Value Peanuts** **1<sup>F</sup> \$1<sup>R</sup>**

**28 oz. Special Value Pine Cleaner** **99¢**

**40 Lb. Special Value Dry Dog Food** **14<sup>F</sup> \$9<sup>R</sup>**

**Single Roll Special Value Paper Towel** **59¢**

**Family Pack, 35 oz. Guerrero Riquisimas Flour Tortillas** **3<sup>F</sup> \$9<sup>R</sup>**

**24-36 Ct. Guerrero Tostadas Caseras or Norteñas** **1<sup>F</sup> \$3<sup>R</sup>**

**3 Lb. Springfield Long Grain Rice** **1<sup>F</sup> \$4<sup>R</sup>**

**20 oz. Springfield Canned Pineapple** **99¢**

**3 Pack Springfield Microwave Popcorn** **1<sup>F</sup> \$1<sup>R</sup>**

**32 oz. Orange or Lavender Special Value Cleaner** **99¢**

**96 oz. Special Value Bleach** **99¢**

**180 Ct. Special Value Napkins** **99¢**

**16 oz. Knudsen Cottage Cheese** **2<sup>F</sup> \$4<sup>R</sup>**

**24 oz. Knudsen Sour Cream** **2<sup>F</sup> \$6<sup>R</sup>**

**78.6 oz. Estilo Casero Corn Tortillas** **1<sup>F</sup> \$9<sup>R</sup>**

**15 oz. Springfield Peaches or Fruit Cocktail** **99¢**

**26 oz. Springfield Salt** **39¢**

**32 oz. Special Value Window Cleaner** **99¢**

**12.5 oz. Special Value Air Freshener** **99¢**

**85-175 Ct. Special Value Facial Tissue** **89¢**

**Beer, Wine & Soda**

**11<sup>F</sup> \$9<sup>R</sup>** +CRV Budweiser, Bud Light, Coors, Coors Light, Miller Genuine Draft or Lite 18 Pack, 12 oz. Bottles or Cans

**19<sup>F</sup> \$9<sup>R</sup>** Chivas Regal, Courvoisier, Ketyl One or Sauza Hornitos 750 ml

**5<sup>F</sup> \$5<sup>R</sup>** +CRV Orange Crush, Manzanita Sol, Mug Root Beer, 7-Up, Sunkist or A&W 2 Liter

**11<sup>F</sup> \$9<sup>R</sup>** +CRV Corona, Corona Light, Heineken, Heineken Light, Beck's, Bass, Samuel Adams or St. Pauli Girl 12 Pack, 12 oz. Bottles

**16<sup>F</sup> \$9<sup>R</sup>** El Jimador, Baileys, Jagermelster, Crown Royal or Jack Daniels 750 ml

**2<sup>F</sup> \$8<sup>R</sup>** +CRV Pepsi, Mountain Dew, Coke, Sprite, Squirt or Dr Pepper 12 Pack, 12 oz. Cans

**Deli Delights**

**2<sup>F</sup> \$4<sup>R</sup>** Chiquita Nectars 64 oz.

**4<sup>F</sup> \$5<sup>R</sup>** Oscar Mayer Meat Bologna or Cotto Salami 12 oz.

**2<sup>F</sup> \$3<sup>R</sup>** Oscar Mayer Meat or Turkey Franks 10 oz.

**2<sup>F</sup> \$5<sup>R</sup>** Florida's Natural Orange Juice 64 oz.

**1<sup>F</sup> \$2<sup>R</sup>** Large Eggs 1 Dozen

**99¢** Jumbo Franks Bar 5 Jumbo Franks Meat, Cheddar or Turkey 10 oz.

**Non Foods**

**2<sup>F</sup> \$9<sup>R</sup>** Good News or Daisy Disposable Razor 5 Ct.

**30% OFF** Suggested Retail Ambassador Greeting Cards & Accessories

**6<sup>F</sup> \$9<sup>R</sup>** Kodak Max Power Flash Camera 27 Exposures

**2<sup>F</sup> \$5<sup>R</sup>** Huggies Baby Wipes 64-72 Ct.

**2<sup>F</sup> \$6<sup>R</sup>** Sutter Home Wines 750 ml

**4<sup>F</sup> \$9<sup>R</sup>** +CRV Dasani Water 24 Pack, 16.9 oz. Bottles

**2<sup>F</sup> \$7<sup>R</sup>** +CRV Coke, Diet Coke, Squirt, Pepsi or Diet Pepsi 6 Pack, 16.9 oz.

**7<sup>F</sup> \$9<sup>R</sup>** Woodbridge Cabernet, Chardonnay, or Merlot

**5<sup>F</sup> \$5<sup>R</sup>** +CRV Fanta 12 Pack, 12 oz. Bottles

**3<sup>F</sup> \$10<sup>R</sup>** +CRV Sobe Life Water 20 oz. or Lipton Tea 1.5 Liter

**2<sup>F</sup> \$5<sup>R</sup>** 7-Up or Sunkist 6 Pack, 12 oz.

**2<sup>F</sup> \$5<sup>R</sup>** RC Cola, Diet Rite, Sunkist or Welch's 12 Pack, 12 oz. Cans

**6<sup>F</sup> \$1<sup>R</sup>** Margarita's Gelatins 4 Ct.

**2<sup>F</sup> \$5<sup>R</sup>** Oscar Mayer or Louis Rich Variety-Pak 6-12 oz.

**99¢** Reser's Dips 8 oz.

**1<sup>F</sup> \$9<sup>R</sup>** Kraft Deli Fresh Swiss, Mozzarella or Pepper Jack 8 oz.

**2<sup>F</sup> \$5<sup>R</sup>** Margarita's Rainbow Gelatins 5.5 oz.

**3<sup>F</sup> \$9<sup>R</sup>** Dell Fresh Swiss, Mozzarella or Pepper Jack 8 oz.

**2<sup>F</sup> \$5<sup>R</sup>** Messana Mozzarella Balls 10 oz.

**2<sup>F</sup> \$5<sup>R</sup>** Carl Buddig Thin Sliced Meats 12 oz.

**2<sup>F</sup> \$5<sup>R</sup>** Home Fashions Bath Towels Assorted Colors 54" X 30"

**2<sup>F</sup> \$9<sup>R</sup>** Colgate Total Toothpaste 6 oz.

**7<sup>F</sup> \$9<sup>R</sup>** Selsun Blue Shampoo 11 oz.

**1<sup>F</sup> \$9<sup>R</sup>** Mennen Speed Stick Anti-Perspirant/Deodorant 2 oz.

**99¢** Western Family Pastel Cotton Swabs 300 Ct.

**4<sup>F</sup> \$9<sup>R</sup>** +CRV Lipovitan Energy Formula Assorted Flavors 6 Pack

# Meat Department



**1.99**  
Lb.

**Beef Chuck Shoulder Clod Roast**



**2.49**  
Lb.

**Lean Ground Beef**  
Less Than 22% Fat



**2.29**  
Lb.

**Beef Chuck Short Ribs**



**2.49**  
Lb.

**Boneless Stewing Beef**



**1.99**  
Lb.

**Beef Tongue**  
Defrosted



**1.39**  
Ea.

**Rose's Precooked Pork Links or Patties**  
5 oz.



**2.19**  
Ea.

**Bar-S Sliced Bacon**  
12 oz.



**2.99**  
Ea.

**El Monterey Burritos**  
All Varieties  
32 oz.



**2.49**  
Ea.

**Rose's Canadian Bacon**  
5 oz.



**2.00**  
R

**Hillshire Farm Smoked Rope Sausage**  
All Varieties  
14 & 16 oz.



**2.99**  
Lb.

**Los Altos Queso Fresco**  
Bulk



**2.00**  
R

**Villa Roma Sausage**  
Hot, Sweet, Turkey or Bratwurst  
16 oz.



**1.59**  
Lb.

**Foster Farms Drumsticks or Thighs**  
Small Pack



**4.99**  
Ea.

**Foster Farms Boneless Turkey Breast**  
Cutlets, Strips or Tenders  
.90-1.25 Lb. Packages



**2.00**  
R

**Bar-S Corn Dogs**  
All Varieties  
24 oz.



**3.99**  
Lb.

**Foster Farms Buffalo Wings**



**1.69**  
Lb.

**Hormel Sliced Ham**



**1.99**  
Lb.

**Foster Farms Oven Roasted Turkey Breast**

## Seafood Department

## Deli & Hot Foods

All Stores Except Eagle Rock and Monrovia



**2.49**  
Lb.

**Tilapia Fillets**  
Defrosted



**1.99**  
Lb.

**Imitation Crab**  
Flaked



**1.79**  
Lb.

**Fresh Whole Catfish**



**5.49**  
Lb.

**Pork Shoulder Carnitas**



**4.99**  
Lb.

**Large Shell-On Shrimp**



**1.69**  
Lb.

**Hormel Sliced Ham**



**3.99**  
Lb.

**Foster Farms Buffalo Wings**



**1.99**  
Lb.

**Foster Farms Oven Roasted Turkey Breast**

**SAVE EVERY DAY**  
**DOUBLE COUPON • DOUBLE SAVINGS!**

Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 3/12 thru 3/18/09. Limit 1 Per Coupon • 4 Coupons Per Customer

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# Produce Department

Hass Avocados

2 FOR 79¢

99¢ Lb.

Navel Oranges

Green Onions or Radishes

5 FOR 99¢

3 LBS 99¢

Garlic

Cilantro

6 FOR 99¢

1.99

Ea.

**Dole**

**CAESAR SALAD**

Includes: Romaine Lettuce, Parmesan Cheese, Garlic Dressing, and Croutons

Dole Caesar Salad 10 oz.

**Dole**

**CAESAR SALAD**

Includes: Romaine Lettuce, Parmesan Cheese, Garlic Dressing, and Croutons

Super A - 3/1/09 Outside Gate

