

SALE STARTS May 14th THRU May 20th, 2009

SUPER A FOODS

Save Every Day



1.39
Lb.
Fresh Boneless, Skinless Chicken Legs
Family Pack



2.19
Lb.
Beef Round Milanesa
Family Pack or Sirloin Tip
Thin Cut



1.29
Lb.
Pork Loin Chops
Assorted



99¢
Ea.
Strawberries
1 Lb. Clamshell



3 FOR 99¢
Mangos



17¢
Lb.
Seedless Watermelon



1.99
Sun 2x Liquid Detergent
45.4 oz.



3 FOR \$9.99
+CRV
Aquarius Spring! Spring Water
24 Pack, 1/2 Liter



99¢
Farmer John Meat Wieners
16 oz.



2 FOR \$6
Breyer's Ice Cream
48 oz.



99¢
+CRV
Pepsi Cola, Diet Pepsi, Sierra Mist, Mountain Dew or Orange Crush, 7-Up, Diet 7-Up, Sunkist Orange, RC Cola, A&W Root Beer, Welch's or Hawaiian Punch
2 Liter



99¢
+CRV
Pepsi Cola, Diet Pepsi, Sierra Mist, Mountain Dew or Orange Crush, 7-Up, Diet 7-Up, Sunkist Orange, RC Cola, A&W Root Beer, Welch's or Hawaiian Punch
2 Liter

ONE DAY SALE FRIDAY, May 15th



2.99
+CRV Limit 4
Dasani Water
24 Pack, 16.9 oz.



5.99
Lb.
Frozen Fryer Leg Quarters
10 Lb. Bag



1.89
Lb.
Beef Chuck Espaldilla de Res
Clod Steaks - Thin Cut
Family Pack



99¢
Ea.
U.S. #1 Cello Russets
10 Lb. Bag



79¢
Ea.
Braeburn, Granny Smith Apples
9 Lb. Bag



79¢
Ea.
Braeburn, Granny Smith Apples
9 Lb. Bag

ONE DAY SALE WEDNESDAY, May 20th



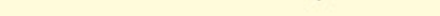
99¢
Limit 4
Extra Large Eggs
Dozen



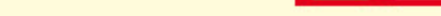
2 FOR \$3
Limit 4
Knudsen Sour Cream
16 oz.



1.59
Limit 4
Mazola Vegetable Plus Oil
32 oz.



59¢
+CRV Limit 6
Sparkletts Drinking Water
Gallon



1.89
Limit 6
Wish Bone Salad Dressing
16 oz.



1.99
Limit 10
Men's 100% Organic Cotton T-Shirts

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At www.superfoods.com

Monrovia 935 W. Duarte Rd. Los Angeles 1915 Division St.	Pico Rivera 6111 S. Rosewood Blvd. Los Angeles 415 Soto St.	Paramount 13120 Dreyfus Ave. Montebello 3924 Beverly Blvd.	Bell Gardens 6380 E. Florence Ave. South Gate 8116 California Ave.	Eagle Rock 2245 Yosemite Dr. Highland Park 3150 York Blvd.	Alhambra 300 W. Main St. Fillmore 725 Ventura St.	VISA ATM	MasterCard DISCOVER	EBT GIFT CARDS	WE GLADLY ACCEPT FOOD STAMPS	MoneyGram
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Women Infants And Children

Gatorade Thirst Quencher All Varieties 8 Pack, 20 oz. **2 FOR \$10** +CRV

Kern's Nectars 11.5 oz. **3 FOR \$1** +CRV

Springfield Apple Juice 64 oz. **2 FOR \$3**

Aquarius Spring! Spring Water 24 Pack, .5 Liter Bottles **3 FOR \$9.99** +CRV

Hunt's Tomato Sauce Regular 8 oz. **3 FOR \$1**

Mazola Corn, Corn Plus or Canola Oil 40 oz. **2 FOR \$5**

Nissin Cup Noodles Soups 6 Pack, 2.25 oz. **1.89**

Oroweat 100% Whole Wheat or Whole Grain White Bread 24 oz. **2 FOR \$5**

Western Bagels or English Muffins 6 Pack **2 FOR \$3**

Campo Lindo Nacho or Jalapeño Cheese Sauce 15 oz. **2 FOR \$3**

Legal Instant Coffee 7 oz. **2.99**

Nestea Iced Tea Mix with Lemon & Sugar 45.1 oz. **4.99**

Francesco Rinaldi Spaghetti Sauce 24 oz. **1.59**

Wish Bone Salad Dressing All Varieties 16 oz. **2 FOR \$5**

Chef Boyardee Canned Pasta 14-15 oz. **1.99**

Lay's Potato Chips 10.5-11 oz. **2 FOR \$5**

Doritos Tortilla Chips 11.25-14.5 oz. **2 FOR \$5**

Minute Maid Coolers 10 Pack **2 FOR \$5**

Springfield Whole Kernel Corn or Mixed Vegetables 15-15.25 oz. **2 FOR \$1**

Anthony's Pasta 12-16 oz. **4 FOR \$5**

Sun-Vista Pinto Beans 29 oz. **99¢**

Rosarita Refried Beans 30 oz. **2 FOR \$3**

General Mills Cereal Lucky Charms, 16 oz. **2.99**

Cheerios, 14 oz. **2.99**

Trix, 14.8 oz. **2.99**

Honey Nut Cheerios, 12.25 oz. **2.99**

Kellogg's Cereal Frosted Flakes, 27 oz. **2 FOR \$7**

Froot Loops, 21.7 oz. **2 FOR \$7**

Corn Pops, 21.4 oz. **2 FOR \$7**

Apple Jacks, 21.7 oz. **2 FOR \$7**

Rice Krispies, 18 oz. **2 FOR \$7**

Springfield Soda Orange or Lemon Lime 12 Pack, 12 oz. Cans **1.99** +CRV

Angel Soft Bathroom Tissue 24 Pack **5.99**

Sun 2x Liquid Detergent 45.4 oz. **1.99**

Soft Breeze Fabric Softener 64 oz. **1.89**

Springfield Golden Pride Jumbo Bread 32 oz. **1.99**

Florida's Natural Orange Juice 64 oz. **2 FOR \$6**

Gold-n-Soft Spread 45 oz. **1.99**

El Dorado Homestyle Flour Tortillas 30 Ct. **2.99**

Lactaid Milk 64 oz. **3.49**

Gallon Minute Maid Punch, Lemonade or Orangeade **2.99** +CRV

Rainbow or Vanilla, 5.5 oz. Señor Rico Gelatins **4 FOR \$1**

El Paraiso Tostadas Naturales 14 oz. **1.39**

Tropicana Pure Premium Orange Juice 64 oz. **2 FOR \$6**

SunSations Dishwashing Liquid 25 oz. **99¢**

Honey Maid Graham Crackers 28.8 oz. **4.99**

Chiquita Nectars 64 oz. **2 FOR \$4**

Minute Maid Orange Juice 64 oz. **2 FOR \$6**

Lala Yogurt 6 oz. **2 FOR \$1**

Dannon Activia Drinks 4 Pack **3.49**

Calidad Corn Tortillas 72 Ct. **1.79**

Señor Rico Gelatins Regular or Sugar Free, 12 Pack, 4 oz. **2 FOR \$5**

El Paraiso Tortillas Corn, 50 Ct. or Flour, 12 Ct. **1.19**

Calidad Tostadas Caseras 13.2 oz. **1.29**

Chicolor Jumbo Diapers 30-34 Ct. **5.99**

Beer, Wine & Soda

Budweiser, Bud Light, Miller Genuine Draft, Miller Lite, Coors, Coors Light or Michelob Ultra 12 Pack, 12 oz. Cans or Bottles **11.99** +CRV

Cazadores, Hennessy, Grey Goose or Buchanan's 750 ml. **24.99**

7-Up, Sunkist or Hawaiian Punch 0 Pack, 10.9 oz. Bottles **4 FOR \$10** +CRV

Miller Genuine Draft, Tecate or Tecate Light 30 Pack, 12 oz. Cans **17.99** +CRV

El Jimador, Crown Royal, Jack Daniel's, Baileys or Jägermeister 750 ml. **16.99**

Pepsi, Crush, Mountain Dew or Sierra Mist 12 Pack, 12 oz. Cans **2 FOR \$8** +CRV

Corona, Corona Light, Heineken, Heineken Light, Bass, Beck's, Stella, Bohemia or Dos Equis 12 Pack, 12 oz. Bottles **11.99** +CRV

Popov or Black Velvet 1.75 Liter **9.99**

Aquafina Water 24 Pack, 10.9 oz. **3.99** +CRV

Pepsi or Diet Pepsi 6 Pack, 12 oz. Cans **2.97**

Sutter Home or Madria Sangria Wines 750 ml. **2 FOR \$6**

Jose Cuervo Gold or White Tequila 1.75 Liter **19.99**

Monster, Rockstar or AMP Energy Drinks 10 oz. **2 FOR \$3** +CRV

Deli Delights

Extra Large Eggs 1 Dozen **2 FOR \$3**

Mission Soft Taco Flour Tortillas 24 Ct. **2.99**

Farmer John Sliced Cooked Ham 10 oz. **2 FOR \$5**

Farmer John Beef Franks 12 oz. **1.99**

Golden California Natural Cheese 10 oz. **2 FOR \$6**

Sunny Delight Citrus Punch 64 oz. **2.99** +CRV

Sunny Delight Citrus Punch 1.5 Liter **2.99** +CRV

Bar-S Jumbo Franks Meat, Chicken or Turkey 10 oz. **99¢**

Jennie-O Turkey Franks 12 oz. **69¢**

Jennie-O Turkey Franks 12 oz. **3.99**

Oscar Mayer or Louis Rich Variety-Pak 4-12 oz. **2 FOR \$5**

Bar-S Sliced Cooked Ham or Turkey Breast 12 oz. **2 FOR \$5**

Hillshire Farm Ham or Turkey 5 oz. **2 FOR \$4**

Kraft Shredded Natural Cheese 8 oz. **2 FOR \$5**

Kraft Deli Fresh Natural Sliced Cheese 7-8 oz. **2 FOR \$5**

Oscar Mayer Sliced Cooked Ham 8 oz. **1.99**

Kraft Shredded Natural Cheese 8 oz. **2 FOR \$5**

Ball Park Franks Meat, Beef, Cheese or Angus Beef, 10 oz. **2 FOR \$6**

Joseph Farms Natural Cheese 10 oz. **2 FOR \$6**

Kraft Deli Fresh Natural Sliced Cheese 7-8 oz. **2 FOR \$5**

Land O'Frost Deli Shaved Meats 10 oz. **1.99**

Non Foods

Colgate Total or Max Fresh 4.8-6 oz. **2.79**

Colgate Max Fresh Toothbrush 1 Ct. **3.10**

30% OFF Suggested Retail **Ambassador Greeting Cards and Accessories**

BC Surestart Lighter 1 Ct. **2 FOR \$5**

Listerine Mouthwash 33.8 oz. **5.99**

Listerine Advanced or Tooth Defense 3.4 oz. **6.99**

Pampers Baby Wipes 64-77 Ct. **2.99**

Always Maxi Pads Assorted Varieties 14-22 Ct. **3.49**

Western Family Nail Polish Remover 6 oz. **1.49**

Western Family Germ Toothbrush 1 Ct. **1.49**

Tampax Tampons Assorted Varieties 20 Ct. **3.69**

Western Family Cotton Balls 200 Ct. **1.99**

Meat Department

 <p>London Broil Beef Round</p> <p>1.99 Lb.</p>	 <p>Beef Round Rump Roast Boneless</p> <p>1.89 Lb.</p>	 <p>Pork Loin Rib Chops Center Cut</p> <p>1.69 Lb.</p>
 <p>Beef Round Top Round Steak</p> <p>2.19 Lb.</p>	 <p>Pork Loin Chops Center-Cut Wafer Thin</p> <p>2.19 Lb.</p>	

 <p>Sunrise Sliced Bacon 16 oz.</p> <p>2 FOR \$4</p>	 <p>Tina's Burritos All Varieties 9 Pack, 4 oz.</p> <p>2 FOR \$5</p>	 <p>Bar-S Smoked Sausage Hot or Polish 48 oz.</p> <p>3.99</p>	 <p>Los Altos Queso Fresco Bulk</p> <p>2.99 Lb.</p>
 <p>Chapala Crema de la Casa Bulk</p> <p>99¢ Lb.</p>	 <p>Bar-S Hot Link Sausage 3 Lb.</p> <p>6.29 Ea.</p>	 <p>Rose's Precooked Pork Links or Patties 5 oz.</p> <p>1.39 Ea.</p>	 <p>Rose's Canadian Bacon 5 oz.</p> <p>2.49 Ea.</p>
 <p>Foster Farms Whole Cut Up Fryers</p> <p>1.19 Lb.</p>	 <p>Foster Farms Boneless Turkey Breast Cutlets, Strips or Tenders .90-1.25 Lb.</p> <p>4.99 Ea.</p>	 <p>Foster Farms Chicken Nuggets or Patties Bulk</p> <p>2.29 Lb.</p>	

Seafood Department

Deli & Hot Foods

 <p>Catfish Fillets Defrosted</p> <p>3.99 Lb.</p>	 <p>Cooked & Peeled Shrimp 100/200 Oz.</p> <p>3.99 Lb.</p>
 <p>Fresh Whole Catfish</p> <p>1.79 Lb.</p>	 <p>Medium Shell-On Shrimp Defrosted</p> <p>3.99 Lb.</p>

 <p>Pork Shoulder Carnitas</p> <p>5.49 Lb.</p>	 <p>30 Piece Fried Chicken Drumsticks & Thighs</p> <p>16.99 Ea.</p>
 <p>Foster Farms Sliced Smoked Turkey Breast</p> <p>3.29 Lb.</p>	 <p>Fresh Homestyle Salsas Mild or Hot</p> <p>1.99 Lb.</p>

<p>SAVE EVERY DAY Double Coupon • Double Savings!</p> <p>Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Final" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 5/24 thru 5/28/08. Limit 1 Per Coupon + 4 Coupons Per Customer.</p>	<p>SAVE EVERY DAY Double Coupon • Double Savings!</p> <p>Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Final" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 5/24 thru 5/28/08. Limit 1 Per Coupon + 4 Coupons Per Customer.</p>	<p>SAVE EVERY DAY Double Coupon • Double Savings!</p> <p>Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Final" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 5/24 thru 5/28/08. Limit 1 Per Coupon + 4 Coupons Per Customer.</p>	<p>SAVE EVERY DAY Double Coupon • Double Savings!</p> <p>Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Final" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 5/24 thru 5/28/08. Limit 1 Per Coupon + 4 Coupons Per Customer.</p>
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Super A Savers!

Coke, Sprite, Squirt
or Dr Pepper 2 Liter or
Fuze 18.5 oz.

3 FOR \$4
+CRV



Coke, Sprite, Squirt
or Dr Pepper
12 Pack, 12 oz. Cans

2 FOR \$8
+CRV



Dasani
Drinking Water
24 Pack, .5 Liter Bottles

399
+CRV



Vitamin Water
5 FOR \$5

Fanta
Soft Drinks
12 Pack, 12 oz. Cans

3 FOR \$10
+CRV



Coke or Diet Coke
Soft Drinks
6 Pack, 16 oz. Bottles

2 FOR \$7
+CRV



Powerade
Sports Drinks
8 Pack, 20 oz. Bottles

499
+CRV



Freezer Pleasers

Budget Saver
Twin Pops
18 Ct.

2 FOR \$5



Claim Jumper
Dinners or Pot Pies
14-18 oz.

299



Claim Jumper
Fruit or Cream Pies
599

Nestlé Delicias Ice Cream
32 oz. or
Ice Cream Bars
6 Ct.

2 FOR \$5



Krusbeaz Pancakes
or French Toast
299



drink in...
the excitement



Get **2 FREE**
DODGERS TICKETS

with the purchase of 4 participating
Coca-Cola and FARMER JOHN® products*,
any combination.

You'll also be automatically registered to win the
opportunity to throw the first pitch at a Dodgers game.
See in store display for more details.



*PARTICIPATING PRODUCTS INCLUDE:
Specially Coca-Cola Beverages, Minute Maid, Nestlé and Frito in 12 Can Fridge Pack Packages; Specially
Coca-Cola, Minute Maid and Herbs® 24 Can Packages; Any BAKED™ Muffin; Any Nestlé® or Minute
Maid® 2L 12 Pack any POWERADE® Muffin; 14oz packs of FARMER JOHN® Beef Wieners, Beef Minis,
Dodge Dogs™, Hot Louisiana Brand Sausage and Polish Sausage; 14oz packs of FARMER JOHN® Red Hot
Sausage; 49oz Packs of FARMER JOHN® Hot Louisiana Brand Sausage, Polish Sausage and Red Hot Sausage.

Produce Department

Hass Avocados

3 FOR 99¢

2 LBS 99¢

Pineapple

Jalapenos

3 LBS 99¢

2 LBS 99¢

Pinata Apples

Jicama

5 LBS 99¢

99¢ Ea.

Dole Classic Salad 12 oz.

Classic Iceberg