

SALE STARTS July 9th THRU July 15th, 2009

# SUPER A FOODS

Save Every Day



**Fresh Boneless Skinless Fryer Breast Family Pack**

**1.99**  
Lb.

**Beef Chuck Espaldilla de Res Clod Steak, Thin Cut Family Pack**

**2.19**  
Lb.

**Fresh Pork Loin Sirloin End Chops Family Pack**

**1.19**  
Lb.



**Seedless Watermelon**

**15¢**  
Lb.

**Green Seedless Grapes**

**79¢**  
Lb.

**Cherries**

**79¢**  
Lb.

**Hunt's Tomato Sauce 8 oz. Regular**



**3 FOR \$1**

**Golden Creme Whole, 2% or 1% Milk Gallon**



**2 FOR \$3.99**

Single Gallon \$2.99

**Jumex Nectars 11.3 oz.**



**3 FOR \$1**

+CRV

**Powerade Sports Drink 8 Pack, 20 oz. Btl.**



**2 FOR \$6.99**

+CRV

With Coupon

**Mazola Corn, Corn Plus, Canola, Vegetable or Vegetable Plus Oil 40 oz.**



**2 FOR \$5**

**Shedd's Country Crock Spread 45 oz.**



**1.99**

## ONE DAY SALE FRIDAY, July 10th



**Little Girl Scooters Assorted Sizes & Colors While Supplies Last**

**1.99**  
Limit 6

**Don Julio Tequila 80% or Añejo 750 ml. \$29.99**

**26.99**  
Limit 6

**Frozen Fryer Leg Quarters 10 Lb. Bag**

**5.99**  
Lb.

**Beef Tongue (Unroasted)**

**1.69**  
Lb.

**Iceberg Lettuce**

**3 FOR \$9.99**

**U.S. #1 Cello Russets 10 Lb. Bag**

**9.99**  
Ea.

## ONE DAY SALE WEDNESDAY, July 15th



**Fab Detergent 2x Liquid 50 oz., Powder 3.41 Lb.**

**2 FOR \$5**  
Limit 6

**Sparkletts Water Gallon**

**59¢**  
Limit 6 +CRV

**Sutter Home Wines 750 ml.**

**2 FOR \$4**  
Limit 6

**Borden American Cheese Product Singles 12 oz.**

**2 FOR \$3**  
Limit 6

**Mazola Corn Oil 40 oz.**

**1.99**  
Limit 4

**Absolut Vodka 1.75 Liter**

**2.199**  
Limit 6

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

**Monrovia** 935 W. Duarte Rd.  
**Pico Rivera** 6101 S. Rosemead Blvd.  
**Paramount** 13100 Dorway Ave.  
**Bell Gardens** 6380 E. Florence Ave.  
**Eagle Rock** 2245 Yosemite Dr.  
**Alhambra** 300 W. Main St.  
**Los Angeles** 2025 Division St.  
**Los Angeles** 425 Soho St.  
**Montebello** 2004 Beverly Blvd.  
**South Gate** 8116 California Ave.  
**Highland Park** 3250 York Blvd.  
**Fillmore** 725 Ventura St.



WE GLADLY ACCEPT **FOOD STAMPS**  
**MoneyGram**  
 Women Infants And Children

SALE AT 7/15/09 8:00 PM

<b>Gatorade Thirst Quencher</b> 8 Pack, 20 oz. <b>4.99</b> +CRV	<b>Aquarius Spring! Spring Water</b> 24 Pack, .5 Liter Bottles <b>3.00</b> +CRV <b>9.99</b>	<b>Jumex Nectars</b> 11.3 oz. <b>3.00</b> +CRV <b>1.00</b>	<b>Hunt's Tomato Sauce</b> Regular 8 oz. <b>3.00</b> +CRV <b>1.00</b>	<b>Smuckers Strawberry Jam</b> 32 oz. <b>2.99</b>	<b>Mazola Oil</b> Corn, Corn Plus, Canola or Vegetable Plus 40 oz. <b>2.00</b> +CRV <b>5.00</b>	<b>Nissin Cup Noodles Soup</b> 6 Pack, 2.25 oz. <b>1.89</b>
<b>Thomas' Muffins or Bagels</b> All Varieties 6 Pack <b>2.00</b> +CRV <b>5.00</b>	<b>Entenmann's Popems or Popettes</b> All Varieties 10.75-16 oz. <b>2.00</b> +CRV <b>5.00</b>	<b>Telco Sliced Cakes</b> All Varieties 16 oz. <b>2.99</b>	<b>Nestea Iced Tea Mix with Lemon</b> 45.1 oz. <b>3.99</b>	<b>Rosarita Refried Beans</b> 16 oz. <b>99¢</b>	<b>McCormick Mayonesa</b> 790 Grams <b>2.99</b>	<b>Del Monte Spaghetti Sauce</b> 26.5 oz. <b>99¢</b>
<b>Ruffles or Lay's Kettle Chips Potato Chips</b> 8.5-10 oz. <b>2.00</b> +CRV <b>5.00</b>	<b>Nabisco Ritz Crackers</b> 14.5-16 oz. <b>2.00</b> +CRV <b>5.00</b>	<b>Wrigley's 5 Gum</b> All Varieties 15 Ct. <b>4.00</b> +CRV <b>5.00</b>	<b>Kellogg's Cereal</b> Frosted Flakes 27.5 oz. Apple Jacks 21.7 oz. Froot Loops 21.7 oz. or Corn Pops 21.4 oz. <b>3.99</b>	<b>General Mills Cereal</b> Honey Nut Cheerios 25.25 oz., Cinnamon Toast Crunch 24.9 oz. or Lucky Charms 24 oz. <b>3.99</b>	<b>Quaker Cap'n Crunch Cereal</b> Regular, Crunch Berries or Peanut Butter 14-16 oz. <b>2.00</b> +CRV <b>4.00</b>	<b>Mahatma Long Grain Rice</b> 5 Lb. Bag <b>3.99</b>
<b>Valentina Hot Sauce</b> 34 oz. <b>99¢</b>						

**Springfield • SPECIAL VALUE SUMMER SALE**

<b>Springfield Corn, Vegetable or Canola Oil</b> 48 oz. <b>2.39</b>	<b>Springfield Mayonnaise</b> 32 oz. <b>2.19</b>	<b>Springfield Apple Juice</b> 64 oz. <b>2.00</b> +CRV <b>3.00</b>	<b>Springfield Soda</b> Cola, Orange or Lemon-Lime 12 Pack, 12 oz. Cans <b>1.99</b> +CRV	<b>Springfield Whole Kernel Corn or Mixed Vegetables</b> 15-15.25 oz. <b>59¢</b>	<b>Special Value Tomato Sauce</b> Regular, 8 oz. <b>4.00</b> +CRV <b>1.00</b>	<b>Special Value Macaroni &amp; Cheese Dinner</b> 6.25 oz. <b>3.00</b> +CRV <b>1.00</b>	<b>Special Value Bathroom Tissue</b> 24 Pack <b>4.99</b>
<b>Fresco Old Queso Fresco or Crema Mexicana</b> 12-15 oz. <b>2.00</b> +CRV <b>4.00</b>	<b>Dannon Danimals Crush Cup</b> 4 Pack <b>2.00</b> +CRV <b>4.00</b>	<b>Springfield Ice Cream Cups</b> 24 Ct. <b>1.29</b>	<b>Springfield Saltine Crackers</b> 16 oz. <b>2.00</b> +CRV <b>3.00</b>	<b>Springfield Long Grain Rice</b> 5 Lb. <b>1.89</b>	<b>Special Value Ketchup</b> 24 oz. <b>89¢</b>	<b>Special Value Cleaner</b> Orange or Lavender, 32 oz. <b>99¢</b>	<b>Special Value Paper Towels</b> Regular Roll <b>59¢</b>
<b>Dannon Activia or Activia Fiber</b> 4 Pack <b>2.00</b> +CRV <b>5.00</b>	<b>La Banderita Homestyle Flour Tortillas</b> 16 oz. <b>79¢</b>	<b>Springfield Cookies</b> 32 oz. <b>1.99</b>	<b>Springfield Graham Crackers</b> Honey or Cinnamon, 16 oz. <b>1.89</b>	<b>Springfield Golden Pride Jumbo Bread</b> 32 oz. <b>1.99</b>	<b>Special Value Salad Dressing</b> 16 oz. <b>99¢</b>	<b>Special Value Bleach</b> 96 oz. <b>99¢</b>	<b>Special Value Facial Tissue</b> 175 Ct. <b>89¢</b>
<b>Lifeway Kefir Lowfat Milk Smoothie</b> 32 oz. <b>2.99</b>	<b>Dannon Yogurt</b> Regular or Light, 6 oz. <b>2.00</b> +CRV <b>1.00</b>	<b>Springfield Golden Pride Giant Bread</b> 24 oz. <b>2.00</b> +CRV <b>3.00</b>	<b>Special Value Peanuts</b> Honey Roasted, Salted or Red Skin, 40 oz. <b>4.59</b>	<b>Springfield Pickles</b> 46 oz. <b>2.99</b>	<b>Springfield Light Dressing</b> 16 oz. <b>99¢</b>	<b>Special Value Pine Cleaner</b> 28 oz. <b>99¢</b>	<b>Special Value Window Cleaner</b> 32 oz. <b>99¢</b>

**Beer, Wine & Soda**

<b>Coors, Coors Light, Miller Genuine Draft, or Miller Lite</b> 18 Pack, 12 oz. Cans or Bottles <b>9.99</b> +CRV	<b>Sutter Home or Madria Sangria Wines</b> 750 ml. <b>2.00</b> +CRV <b>6.00</b>	<b>Pepsi, Coca Cola, Sprite or Fanta</b> 12 Pack, 12 oz. Cans <b>2.00</b> +CRV <b>8.00</b>
<b>Corona, Heineken, Newcastle, or Dos Equis</b> 24 Pack, 12 oz. Bottles <b>22.99</b> +CRV	<b>Budweiser, Bud Light, or Michelob Ultra Light</b> 18 Pack, 12 oz. Cans or Bottles <b>11.99</b> +CRV	<b>Pepsi, Diet Pepsi, Coca Cola or Diet Coke</b> 6 Pack, 16.9 oz. Bottles <b>2.00</b> +CRV <b>7.00</b>
<b>José Cuervo Tradicional, Sauza Hornitos, Crown Royal, Jägermeister or Jack Daniels</b> 750 ml. <b>16.99</b>	<b>Dasani Water</b> 24 Pack, .5 Liter Bottles or Nestea 12 Pack, 16.9 oz. Bottles <b>4.99</b> +CRV	<b>Crush, Mug, Manzanita Sol, Fiesta Mirinda, Kas Mas or Fanta</b> 2 Liter <b>4.00</b> +CRV <b>5.00</b>
<b>Popov or Black Velvet</b> 1.75 Liter <b>9.99</b>	<b>7-Up, Sunkist, A&amp;W, RC Cola or Hawaiian Punch</b> 2 Liter <b>99¢</b> +CRV	<b>Lipton Tea</b> 1.5 Liter or Smart Water 1 Liter Sobe Life Water or Vitamin Water 20 oz. <b>4.00</b> +CRV <b>5.00</b>

**Deli Delights**

<b>Extra Large Eggs</b> 1 Dozen <b>2.00</b> +CRV <b>3.00</b>	<b>Mission Estilo Casero Family Pack Corn Tortillas</b> 22 Ct. <b>1.99</b>	<b>Golden California Monterey Jack, Mild Cheddar or Mozzarella Cheese</b> 16 oz. <b>2.00</b> +CRV <b>6.00</b>
<b>Guerrero Tostadas Caseras or Nortitas</b> 10-12 oz. <b>2.00</b> +CRV <b>3.00</b>	<b>Mission Family Pack Flour Tortillas</b> <b>2.99</b>	<b>Mild Cheddar or Mozzarella Cheese</b> 16 oz. <b>2.00</b> +CRV <b>6.00</b>
<b>Margarita's Gelatin</b> 4 oz. <b>5.00</b> +CRV <b>1.00</b>	<b>Dole Fruit Juice Blends</b> 64 oz. <b>2.00</b> +CRV <b>4.00</b>	<b>Farmland Meat Franks or Bologna</b> 12 oz. <b>99¢</b>
<b>LALA Queso Fresco, Panela or Oaxaca</b> 12 oz. <b>2.00</b> +CRV <b>6.00</b>	<b>Bridgford Sliced Cooked Ham</b> 12 oz. <b>2.00</b> +CRV <b>4.00</b>	<b>El Mexicano Queso Fresco, Panela or Crema Mexicana</b> 12-15 oz. <b>2.00</b> +CRV <b>5.00</b>
<b>Double Eagle Sliced Ham or Turkey Breast</b> 12 oz. <b>2.00</b> +CRV <b>4.00</b>	<b>Hillshire Farm Variety Pack or Ultra Thin</b> 6-8 oz. <b>2.99</b>	<b>Evergood Sausage</b> 16 oz. <b>2.99</b>
<b>Carl Buddig Deli Cuts</b> 12 oz. <b>2.00</b> +CRV <b>5.00</b>	<b>Carl Buddig Deli Tubs</b> 10 oz. <b>2.00</b> +CRV <b>4.00</b>	<b>Old Wisconsin Sausage</b> 12-16 oz. <b>2.00</b> +CRV <b>6.00</b>

**Non Foods**

<b>Colgate Toothpaste</b> 64 oz. <b>1.99</b>	<b>Colgate Wisp</b> 4 oz. <b>2.19</b>	<b>Head &amp; Shoulders Shampoo or Conditioner</b> 13.5-14.2 oz. <b>5.49</b>
<b>Colgate Wisp</b> 4 oz. <b>2.19</b>	<b>VOS Shampoo or Conditioner</b> 10 oz. <b>99¢</b>	<b>25% OFF ENTIRE LINE Emco Brooms, Mop &amp; Bristle Goods</b>
<b>Luv's Baby Wipes Refill</b> 154 ct. <b>4.99</b>	<b>Luv's Baby Wipes Tub</b> 77 ct. <b>2.99</b>	<b>Secret or Old Spice Anti-Perspirant Deodorant</b> Assorted Varieties 1.7-2.25 oz. <b>2.49</b>
<b>Tylenol Pain Reliever</b> Assorted Varieties 20-24 Ct. <b>4.69</b>	<b>Scope Mouthwash</b> 500 ml. <b>3.49</b>	<b>Balsam Crème Hair Color</b> 1 Ct. <b>4.39</b>
<b>Gillette Good News! Razors</b> 12 Ct. <b>7.99</b>		

# Meat Department

 <p><b>Beef Chuck Blade Chuck Roast</b></p> <p><b>149</b> Lb.</p>	 <p><b>Beef Chuck 7-Bone Roast</b></p> <p><b>179</b> Lb.</p>	 <p><b>Lean Ground Beef Less than 22% Fat</b></p> <p><b>249</b> Lb.</p>
 <p><b>Stewing Beef Boneless</b></p> <p><b>249</b> Lb.</p>	 <p><b>Beef Shank Center Cut</b></p> <p><b>169</b> Lb.</p>	

 <p><b>Bar-S Sliced Bacon</b></p> <p>12 oz.</p> <p><b>199</b> Ea.</p>	 <p><b>Los Altos Queso Fresco</b></p> <p>Bulk</p> <p><b>299</b> Lb.</p>	 <p><b>Cacique Beef or Pork Chorizo</b></p> <p>10 oz.</p> <p><b>89¢</b> Ea.</p>
 <p><b>Fresh Pork Neck Bones</b></p> <p><b>79¢</b> Lb.</p>	 <p><b>Fresh Beef Liver Sliced</b></p> <p><b>89¢</b> Lb.</p>	 <p><b>Rose's Meatballs Swedish or Italian, 12 oz.</b></p> <p><b>319</b> Ea.</p>
 <p><b>Foster Farms Whole Cut-Up Fryers</b></p> <p><b>129</b> Lb.</p>	 <p><b>Foster Farms Boneless Chicken Breast Thin Cut</b></p> <p><b>499</b> Lb.</p>	 <p><b>Tina's Burritos All Varieties, 9 Pack, 4 oz.</b></p> <p><b>2.50</b> FOR</p>
	 <p><b>The Turkey Store Ground Turkey</b></p> <p>20 oz. or Burger Patties 16 oz.</p> <p><b>299</b> Ea.</p>	

## Seafood Department

## Deli & Hot Foods

 <p><b>Tilapia Fillets Defrosted</b></p> <p><b>249</b> Lb.</p>	 <p><b>Fresh Whole Catfish</b></p> <p><b>179</b> Lb.</p>	 <p><b>Pork Shoulder Carnitas</b></p> <p><b>549</b> Lb.</p>	 <p><b>Chicken Tenders Regular or Buffalo</b></p> <p><b>399</b> Lb.</p>
 <p><b>Catfish Nuggets Defrosted</b></p> <p><b>199</b> Lb.</p>	 <p><b>Medium Shell-On Shrimp Defrosted</b></p> <p><b>399</b> Lb.</p>	 <p><b>Simplot Potato Wedges</b></p> <p><b>99¢</b> Lb.</p>	 <p><b>Foster Farms Corn Dogs (Honey Batter Cooked)</b></p> <p><b>3.99</b> FOR</p>

 <p><b>Save Every Day</b></p> <p><b>Double Coupon • Double Savings!</b></p> <p>Present this coupon along with any one MFG. "Save Every Day" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Final" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 1/8 thru 1/15/20.</p> <p>Limit 1 Per Coupon • 4 Coupons Per Customer</p>	 <p><b>Save Every Day</b></p> <p><b>Double Coupon • Double Savings!</b></p> <p>Present this coupon along with any one MFG. "Save Every Day" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Final" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 1/8 thru 1/15/20.</p> <p>Limit 1 Per Coupon • 4 Coupons Per Customer</p>	 <p><b>Save Every Day</b></p> <p><b>Double Coupon • Double Savings!</b></p> <p>Present this coupon along with any one MFG. "Save Every Day" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Final" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 1/8 thru 1/15/20.</p> <p>Limit 1 Per Coupon • 4 Coupons Per Customer</p>	 <p><b>Save Every Day</b></p> <p><b>Double Coupon • Double Savings!</b></p> <p>Present this coupon along with any one MFG. "Save Every Day" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Final" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 1/8 thru 1/15/20.</p> <p>Limit 1 Per Coupon • 4 Coupons Per Customer</p>
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# Super A Savers!

**La Fruta Drinkable Yogurt**  
8 oz.

**2 FOR \$1**

**Lala Drinkable Yogurt**  
22 oz.

**2 FOR \$5**

**LaLa Yogurt**  
8 oz.

**69¢**

**El Dorado Corn Tortillas**  
90 Ct.

**1.99**

**El Paraiso Corn Tortillas**  
2 Dozen

**99¢**

**El Paraiso Flour Tortillas**  
30 Ct.

**2.99**

**El Paraiso Tostadas Caseras**  
24 Ct.

**1.39**

**Freezer Pleasers**

**Popsicle Ice Pops**  
18-30 Ct.

**2 FOR \$5**

**Golden Creme Ice Cream**  
5 Qt.

**4.99**

**Bertolli Frozen Dinners**  
24 oz.

**5.99**

**Freschetta Pizza**  
24-28 oz.

**4.99**

**Joseph Campione Garlic or Texas Toast**  
10-16 oz.

**2 FOR \$4**

**SAVE \$1**  
when you buy any one (1) .5L 1.2 pack of NESTEA®  
with one (1) pack of J&J 12 oz. 12 pack of NESTEA®.

**AHORRA \$1**  
con la compra de un (1) paquete de 1.2 de J&J de NESTEA®  
con un paquete de 12 de J&J de NESTEA®.

**SAVE \$2**  
WHEN YOU BUY TWO (2) MULTIPACKS (any size) OF POWERADE ZERO® OR POWERADE ZERO®.

**AHORRA \$2**  
CON LA COMPRA

# Produce Department

**Cantaloupe**

**4 LBS \$4.99¢**

**Mangos**

**3 FOR \$3.99¢**

**Yellow Peaches**

**59¢ Lb.**

**Radishes or Green Onions**

**5 FOR \$5.99¢**

**Cilantro**

**6 FOR \$6.99¢**

**White Onions**

**4 LBS \$4.99¢**