

SALE STARTS July 16th THRU July 22nd, 2009

# SUPER A FOODS

Save Every Day

 <p><b>Fresh Boneless Skinless Chicken Legs</b> Family Pack</p> <p><b>1.39</b> Lb.</p>	 <p><b>Beef Round Milanese or Sirloin Tip</b> Family Pack Thin Cut</p> <p><b>2.19</b> Lb.</p>	 <p><b>Pork Loin Chops</b> Assorted</p> <p><b>1.49</b> Lb.</p>
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 <p><b>Watermelon</b></p> <p><b>1.12</b> Lb.</p>	 <p><b>White or Yellow Nectarines</b></p> <p><b>59</b> Lb.</p>	 <p><b>Cherries</b></p> <p><b>69</b> Lb.</p>
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 <p><b>Disney Pajama Shorts</b></p> <p><b>3.99</b></p> <p><i>White Supplies Last</i></p>	 <p><b>Extra Large AA Eggs</b> 1 Dozen</p> <p><b>99</b> ¢</p>
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 <p><b>Del Monte Spaghetti Sauce</b> 26.5 oz. or <b>Ketchup</b> 24 oz.</p> <p><b>99</b> ¢</p>	 <p><b>Coca Cola, Sprite, Squirt, Pepsi, Diet Pepsi or Crush</b> 12 Pack, 12 oz. Cans</p> <p><b>3 FOR \$10</b> +CRV With Coupon</p>
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 <p><b>Nescafe Clasico Coffee</b> 10.56 oz.</p> <p><b>6.99</b></p>	 <p><b>Jennie-O Turkey Franks</b> 3 Lb.</p> <p><b>1.99</b></p>
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## ONE DAY SALE FRIDAY, July 17th

 <p><b>Ladies Assorted Tank Tops</b></p> <p><b>1.99</b> Limit 10</p>	 <p><b>Corona or Heineken</b> 24 Pack, 12 oz. Bottles</p> <p><b>19.99</b> +CRV Limit 2</p>	 <p><b>Pork Spareribs</b> Fresh Medium</p> <p><b>1.39</b> Lb.</p>	 <p><b>Hormel Black Label Sliced Bacon</b> 12 oz.</p> <p><b>1.89</b> Ea.</p>	 <p><b>Iceberg Lettuce</b></p> <p><b>3.99</b> FOR Limit 4</p>	 <p><b>U.S. #1 Collo Russets</b> 10 Lb. Bag</p> <p><b>79</b> ¢ Limit 2</p>
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## ONE DAY SALE WEDNESDAY, July 22nd

 <p><b>Ragu Spaghetti Sauce</b> 26 oz.</p> <p><b>2 FOR \$3</b> Limit 4</p>	 <p><b>Springfield Oil</b> Vegetable or Corn 48 oz.</p> <p><b>1.99</b> Limit 6</p>	 <p><b>Yoplait Multi Pack Yogurt</b> Kids, Tins or Pkg. 6 Pack, 4 oz. Cups</p> <p><b>2 FOR \$2</b> With Coupon Limit 2</p>	 <p><b>Good Humor Variety Pack Ice Cream Bars</b> 30 Ct.</p> <p><b>8.99</b> Limit 4</p>	 <p><b>Donald Duck Orange Juice</b> 64 oz.</p> <p><b>2 FOR \$3</b> Limit 8</p>	 <p><b>Aquarius Spring Water</b> 24 Pack 3 Liter Bottles</p> <p><b>2.99</b> +CRV Limit 4</p>
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We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

<b>Monrovia</b> 935 W. Duarte Rd.	<b>Pico Rivera</b> 6101 S. Rosemead Blvd.	<b>Paramount</b> 11120 Dorway Ave.	<b>Bell Gardens</b> 6380 E. Florence Ave.	<b>Eagle Rock</b> 2245 Yosemite Dr.	<b>Alhambra</b> 300 W. Main St.
<b>Los Angeles</b> 2025 Division St.	<b>Los Angeles</b> 425 SoHo St.	<b>Montebello</b> 2024 Beverly Blvd.	<b>South Gate</b> 8116 California Ave.	<b>Highland Park</b> 3250 York Blvd.	<b>Fillmore</b> 725 Ventura St.

Women Infants And Children			

Super A Foods

**Gatorade Thirst Quencher** Selected Varieties 8 Pack, 20 oz. **4.99** +CRV

**Hansen's Apple Juice** 64 oz. **2 FOR \$4**

**Aquarius Spring! Water** 24 Pack, .5 Liter Bottles **3 FOR \$9.99** +CRV

**Legal Instant Coffee** 7 oz. **2 FOR \$5**

**Hunt's Tomato Sauce** 8 oz. **3 FOR \$1**

**Mazola Cooking Oil** Corn, Corn Plus, Canola or Vegetable Plus 40 oz. **2 FOR \$5**

**Nissin Cup Noodles** 2.25 oz. **4 FOR \$1**

**Bonerts Lemon Meringue Pie** 26 oz. **3.99**

**Keebler Sandies or Chips Deluxe Cookies** 16-18 oz. **2.99**

**Nabisco Oreo Cookies** All Varieties 9.6-18 oz. **3.19**

**James Skinner Strip Danish** 14 oz. **2.99**

**Nido Milk Powder or Kinder** 800 Gram **7.99**

**Maggi Soups** Chicken Noodle, Chicken Rice or Beef Noodle, 2.11 oz. **3 FOR \$1**

**Del Monte Spaghetti Sauce** 26.5 oz. **99¢**

**Del Monte Ketchup** 24 oz. **99¢**

**Fritos Corn Chips** 11.25 oz. or Cheetos 7.75 oz. **2 FOR \$4**

**Western Bagel Bagels or English Muffins** 6 Pack **2 FOR \$3**

**Springfield Soda** Cola, Orange or Lemon Lime 12 Pack, 12 oz. Cans **1.99** +CRV

**Jumex Nectars** 11.3 oz. **3 FOR \$1** +CRV

**StarKist Chunk Light Tuna** 5 oz. Water Pack **79¢**

**Anthony's Pasta** Selected Varieties 12-16 oz. **4 FOR \$5**

**Suavitel Fabric Softener** Field of Flowers 64 oz. **2.99**

**Kellogg's Special K Cereal** Assorted Varieties & Sizes **2.99**

**Kellogg's Frosted Flakes** 24 oz. **3.99**

**General Mills Honey Nut Cheerios** 25.25 oz. **3.99**

**Malt O Meal Tootie Frooties** 17.5 oz. or Golden Puffs 21 oz. **2 FOR \$5**

**Mardi Gras Paper Towels** Regular Roll **89¢**

**Sun Detergent** 45.4 oz. **1.99**

**Huggies Mega Diapers** Assorted Sizes **13.99**

**Angel Soft Bathroom Tissue** 24 Roll **5.99**

**Springfield Golden Pride Giant Bread** 24 oz. **2 FOR \$3**

**White or Wheat, 20 oz. Home Pride Bread** **2 FOR \$5**

**Guerrero Family Pack Corn Tortillas** 80 Ct. **2.49**

**Calidad Tostadas Caseras** 22 Ct. **1.19**

**Danimals Crush Cup or Dan-o-nino** 4-6 Cup or 3-4 oz. **1.99**

**Rancho Grande Queso Fresco, Panela or Crema** 12-15 oz. **2 FOR \$4**

**Señor Rico Gelatin** 3.5 oz. **6 FOR \$1**

**Chiquita Nectars** 64 oz. **2 FOR \$4**

**Springfield Golden Pride Jumbo Bread** 32 oz. **1.99**

**Classic Round, Top or Whole Grain White, 20 oz. Wonder Bread** **2 FOR \$5**

**Mission Soft Flour Tortillas** 24 Ct. **2.99**

**Dannon Activia or Activia Fiber** 4 Pack **2.49**

**Dannon Regular or Light'n Fit Yogurt** 6 oz. **2 FOR \$1**

**El Dorado Corn Tortillas** 90 Ct. **1.99**

**Rainbow or Vanilla, 5.5 oz. Señor Rico Gelatin** **4 FOR \$1**

**Florida's Natural Orange Juice** 64 oz. **2 FOR \$6**

## Beer, Wine & Soda

**Budweiser** 18 Pack, 12 oz. Cans or 24 Pack **11.99** +CRV

**Sutter Home or Madria Sangria Wines** 750 ml **2 FOR \$6**

**7-Up, SunKist, RC Cola, A&W or Hawaiian Punch** 2 Liter **79¢** +CRV

**Sutter Home or Madria Sangria Wines** 750 ml **5.49**

**Miller Genuine Draft, Miller Lite, Coors or Coors Light** 18 Pack, 12 oz. Cans **9.99** +CRV

**Jose Cuervo White or Gold Tequila** 1.75 Liter **19.99**

**Sobe Life Water** 20 oz. or Lipton Tea 1.5 Liter **4 FOR \$5** +CRV

**Lipton Tea** 1.5 Liter **2.99** +CRV

**Heineken, New Castle, Beck's, Bass, Stella or Corona** 12 Pack, 12 oz. Bottles **11.99** +CRV

**Coca Cola, Diet Coke, Pepsi or Diet Pepsi** 8 Pack, 5 Liter Bottles **2 FOR \$7** +CRV

**Fanta, Crush, Kas Mas, Mirinda or Manzanita Soft Drink** 2 Liter or Fuzze Drinks 16.5 oz. **4 FOR \$5** +CRV

**Fanta or Manzanita Soft Drink** 16.5 oz. **3.10** +CRV

**Don Julio Silver or Reposado Tequila** 750 ml **28.99**

**Powerade Sports Drink** 8 Pack, 20 oz. Bottles **2 FOR \$8** +CRV

**Dasani Drinking Water** 24 Pack, 5 Liter Bottles **3.99** +CRV

## Deli Delights

**Extra Large Eggs** 1 Dozen **99¢**

**Plumrose Sliced Cooked Ham or Turkey Breast** 19 oz. **2 FOR \$4**

**Plumrose Deli Tubes** **2.99**

**Borden Natural Shredded Cheese** 8 oz. **2 FOR \$4**

**Borden American Cheese Product Singles** 12 oz. **2 FOR \$4**

**Castro Queso Fresco or Crema Mexicana** 15 oz. **2 FOR \$4**

**Oscar Mayer Meat or Turkey Franks** 10 oz. **2 FOR \$3**

**Oscar Mayer Beef Franks** 10 oz. **2 FOR \$5**

**Oscar Mayer Variety Pak** Chopped Ham, Oven Turkey 10 oz. **2.99**

**Kraft Grated Parmesan Cheese** 8 oz. **3.99**

**Deli Fresh Cheese** 7-8 oz. **2.99**

**Joseph Farms Natural Cheese** 10 oz. **2 FOR \$6**

**Land O'Frost Deli Shaved Meat** 10 oz. **1.79**

**Frigo Mozzarella Cheese Balls** 17 oz. **3.49**

**Mama Rosa's Mini Pepperoni Pizzas** **2 FOR \$5**

## Non Foods

**Suave Shampoo & Conditioner** 25.5 oz. **1.69**

**Pantene Shampoo & Conditioner** 12.6 oz. **4.49**

**Head & Shoulders Shampoo or Conditioner** 23.7 oz. **7.99**

**General Electric Extra Soft White Light Bulbs** 4 Pack **1.99**

**General Electric Nightlights** 1 Pack, 1.5 W **1.99**

**Colgate Toothpaste With Free Toothbrush on Pack** 8.2 oz. **2.99**

**General Electric Long Life or Decorator Light Bulbs** 2 Pack **1.99**

**Q-Tips Cotton Swabs** 500 Ct. **3.19**

**Vaseline Intensive Care Lotion** 10 oz. **3.49**

**Kotex Light Days Pantliners** 14-22 Ct. **99¢**

**Colgate Regular Toothpaste** 4.8 oz. **1.49**

# Meat Department

 <p><b>London Broil</b> Beef Round</p> <p><b>1.99</b> Lb.</p>	 <p><b>Beef Round Rump Roast</b> Boneless</p> <p><b>1.89</b> Lb.</p>	 <p><b>Pork Loin Rib Chops</b> Center Cut</p> <p><b>1.69</b> Lb.</p>
 <p><b>Beef Round Top Round Steak</b></p> <p><b>2.19</b> Lb.</p>	 <p><b>Pork Loin Chops</b> Center-Cut Wafer Thin</p> <p><b>2.19</b> Lb.</p>	

 <p><b>Jimmy Dean Original Sliced Bacon</b> 12 oz.</p> <p><b>2 FOR \$5</b></p>	 <p><b>Villa Roma Sausage</b> Hot, Sweet, Turkey or Bratwurst 16 oz.</p> <p><b>2 FOR \$5</b></p>	 <p><b>Don Francisco Queso Fresco</b> Bulk</p> <p><b>2.99</b> Lb.</p>
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 <p><b>Tina's Burritos</b> All Varieties, 4 oz.</p> <p><b>4 FOR \$1</b></p>	 <p><b>Bar-S Polish Sausage</b> Smoked, Hot or Polish, 3 Lb.</p> <p><b>3.99</b> Ea.</p>	 <p><b>Jimmy Dean Fully Cooked Links or Patties</b> Original, 9.6 oz.</p> <p><b>2 FOR \$6</b></p>	 <p><b>Jimmy Dean Pork Sausage</b> All Varieties 16 oz. Roll</p> <p><b>2 FOR \$6</b></p>
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 <p><b>Foster Farms Seasoned Marinated Whole Chicken</b></p> <p><b>1.49</b> Lb.</p>	 <p><b>Foster Farms Drumsticks or Thighs</b> Small Pack</p> <p><b>1.59</b> Lb.</p>	 <p><b>Foster Farms Cooked Chicken Nuggets, Tenders, Strips, Wings</b> 1.25-2.10 Lb. (Frozen Bag)</p> <p><b>5.99</b></p>
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## Seafood Department

## Deli & Hot Foods

 <p><b>Swai Fillet</b> Defrosted</p> <p><b>2.99</b> Lb.</p>	 <p><b>Cooked &amp; Peeled Shrimp</b> 100-200 Ct.</p> <p><b>3.99</b> Lb.</p>	 <p><b>Fresh Daily Chicharrones</b></p> <p><b>5.99</b> Lb.</p>	 <p><b>Fried Chicken Drumsticks &amp; Thighs</b> 30 Pieces</p> <p><b>16.99</b> Ea.</p>
 <p><b>Whole Catfish</b> Fresh</p> <p><b>1.79</b> Lb.</p>	 <p><b>Medium Shell-On Shrimp</b> Defrosted</p> <p><b>3.99</b> Lb.</p>	 <p><b>Foster Farms Turkey Bologna</b> Sliced</p> <p><b>99¢</b> Lb.</p>	 <p><b>Potato or Macaroni Salad</b> Fresh Bulk</p> <p><b>1.19</b> Lb.</p>

**SUPER A FOODS** Save Every Day Double Coupon • Double Savings!

Present this coupon along with any one MFJ, "Costs Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFJ coupon. Coupon effective 1/19 to 1/25/09. Limit 1 Per Coupon • 4 Coupons Per Customer

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# Produce Department

**Strawberries**

1 Lb. Clamshell

**99¢**

Ea.

**4<sup>LBS</sup> 99¢**

**Loose  
Russet  
Potatoes**

**Celery**

**3<sup>FOR</sup> 99¢**

**3<sup>LBS</sup> 99¢**

**Chayote  
Squash**

**Spinach**

**3<sup>FOR</sup> 99¢**

**2<sup>LBS</sup> 99¢**

**Yellow &  
Anaheim  
Chiles**