

SALE STARTS July 23rd THRU July 29th, 2009

# SUPER A FOODS

Save Every Day



**Super A Fryer Drumsticks or Thighs**  
Family Pack

**89¢**  
Lb.

**Beef Chuck Carne Asada**  
Family Pack  
Regular or Prepared

**2.19**  
Lb.

**Fresh Pork Spareribs**  
Medium

**1.69**  
Lb.

**Seedless Watermelon**

**15¢**  
Lb.

**Peaches**

**59¢**  
Lb.

**Red Flame Grapes**

**79¢**  
Lb.

**La Costeña Whole Jalapeños**  
26 oz.



**99¢**

**Coca Cola, Coke Zero, Sprite, Squirt, Pepsi, Diet Pepsi, Mountain Dew or Crush**  
2 Liter



**3 FOR \$3**  
+CRV  
With Coupon

**Langer's Cranberry Cocktail, Cran-Raspberry or Cran-Grape**  
64 oz.



**2 FOR \$5**  
+CRV

**Squirt or Fanta Orange, Grape, Pineapple or Strawberry**  
12 Pack, 12 oz. Cans



**2 FOR \$5**  
+CRV

**Yuban Coffee**  
33 oz.



**5.99**

**Golden Creme Milk**  
Whole, 1% or 2%  
Gallon



**2 FOR \$3.99**

Single Gallon \$2.99

## ONE DAY SALE FRIDAY, July 24th



**Jose Cuervo Tradicional Tequila**  
1.75 Liter

**24.99**  
Limit 6

**Junior/Ladies Assorted T-Shirts**  
White Supplies Last

**99¢**

**Regular Ground Beef**  
Less Than 20% Fat  
3 Lbs. or More

**1.49**

**Fresh Whole Pork Shoulder Picnic**

**79¢**  
Lb.

**Iceberg Lettuce**

**3.99**  
FOR

**Honeydew Melons**  
5 LBS

## ONE DAY SALE WEDNESDAY, July 29th



**Kellogg's Special K Cereals**  
Assorted Sizes & Varieties

**2 FOR \$5**  
Limit 4

**Crystal Geyser Water**  
1 Liter Sport Cap or 1.5 Liter

**39¢**  
+CRV  
Limit 4

**Tropical Strawberry Preserves**  
32 oz.

**1.99**  
Limit 4

**Jumex Nectars**  
12 Pack, 11.3 oz. Cans

**2.99**  
+CRV  
Limit 4

**Danimals Crush Cup Yogurt**  
4 Pack, 4 oz. Cups

**2 FOR \$3**  
Limit 6

**Paseo Paper Towels**  
6 Pack

**2.99**  
Limit 4

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

**Monrovia** 935 W. Duarte Rd.  
**Pico Rivera** 6101 S. Rosemead Blvd.  
**Paramount** 11120 Downey Ave.  
**Bell Gardens** 6380 E. Florence Ave.  
**Eagle Rock** 2245 Yosemite Dr.  
**Alhambra** 300 W. Main St.  
**Los Angeles** 2025 Division St.  
**Los Angeles** 425 SoHo St.  
**Montebello** 2024 Beverly Blvd.  
**South Gate** 8116 California Ave.  
**Highland Park** 3250 York Blvd.  
**Fillmore** 725 Ventura St.

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Super A 7/23/09 Page 3

**Gatorade Thirst Quencher** 8 Pack, 20 oz. **4.99** +CRV

**Aquarius Spring! Spring Water** 24 Pack, .5 Liter **3.00** +CRV

**Yuban Coffee** 33 oz. **5.99**

**Springfield Apple Juice** 64 oz. **2.00** FOR **3.00**

**Springfield Cooking Oil** Vegetable or Corn 48 oz. **2.29**

**Springfield Mayonnaise** 32 oz. **2.19**

**Maruchan Instant Lunch** 6 Pack, 2.25 oz. **1.89**

**Roman Meal Bread & Buns** Assorted Sizes **2.00** FOR **5.00**

**Oroweat Bread** Country 100% Whole Wheat, Country Potato or 12 Grain 24 oz. **2.99**

**Bonert's Apple Pie** 26 oz. **2.99**

**Stride Gum** All Varieties 14 Ct. **89¢**

**CHEEZ-IT** **3.29**

**Sunshine Cheez-It Crackers** All Varieties 13-13.7 oz. **99¢**

**Del Monte Spaghetti Sauce** 26.5 oz. **99¢**

**Del Monte Ketchup** 24 oz. **99¢**

**Rosarita Beans** 16 oz. **99¢**

**Lay's Potato Chips** 10.5-11 oz. **2.99**

**Springfield Soda** Cola, Orange, Lemon Lime 12 Pack, 12 oz. Cans **1.99** +CRV

**Jumex Nectars** 11.3 oz. **3.00** FOR **1.00** +CRV

**Kool-Aid Sugar Sweetened** 8 Qt. **2.00** FOR **5.00**

**Legal Instant Coffee** 7 oz. **2.00** FOR **5.00**

**Juanita's Mexican Style Hominy** 105 oz. **1.89**

**Sun-Vista Pinto Beans** 29 oz. **1.19**

**General Mills Cheerios** 18 oz. **3.99**

**General Mills Super Size Honey Nut Cheerios** 25.25 oz. **3.99**

**Kellogg's Frosted Flakes** 27.5 oz. **3.99**

**Kellogg's Special K Cereal** Assorted Varieties & Size **2.99**

**Sanson Extra Large Trash Bags** 24 Pack, 69 Gallons **2.99**

**Paseo Bath Tissue** 12 Pack **4.99**

**Fab Detergent** 3.41 Lb. Powder or 50 oz. 2x Liquid **2.99**

**Suavitel Fabric Softener** 56 oz. **2.79**

**El Dorado 24 Ct. Tostadas Caseras** or 16 oz. Tortillas Chips **2.00** FOR **3.00**

**Lifeway Kefir Lowfat Cultured Milk** 32 oz. **2.00** FOR **5.00**

**Springfield Golden Pride Giant Bread** 24 oz. **2.00** FOR **3.00**

**Home Pride White or Wheat Bread** 20 oz. **2.00** FOR **5.00**

**Lone Star Mini Donuts** 7 oz., Plain, Sugar or Cinnamon **99¢**

**Ajax Dish Liquid** 34 oz. **1.79**

**Suavitel Fabric Softener Sheets** 40 Ct. **1.89**

**El Dorado Corn Tortillas** 90 Ct. **1.99**

**Chiquita Nectar** 64 oz. **2.00** FOR **4.00**

**Springfield Golden Pride Jumbo Bread** 32 oz. **1.99**

**Wonder Classic Round Top Bread** 20 oz. **2.00** FOR **5.00**

**Nabisco Classics Cookies** 12 oz. **2.00** FOR **5.00**

**Palmolive Dish Liquid** 25 oz. **2.69**

**Fabuloso Liquid Cleaner** 28 oz. **1.49**

## Beer, Wine & Soda

**Miller Genuine Draft, Miller Lite, MGD '64, MGD Light '64'** 18 Pack, 12 oz. Cans or Bottles **9.99** +CRV

**Coors Light** 18 Pack, 12 oz. Cans or Bottles **2.99**

**Jose Cuervo Tradicional Tequila** 1.75 Liter **16.99**

**7-Up, Sunkist or Hawaiian Punch** 6 Pack, 10.9 oz. Bottles **2.00** FOR **5.00** +CRV

**Budweiser, Bud Light or Michelob Ultra** 18 Pack, 12 oz. Cans or Bottles **11.99** +CRV

**Cazadores, Hennessy, Grey Goose, Buchanan's or Belvedere** 750 ml. **24.99**

**Coke, Sprite, Squirt, Pepsi, Diet Pepsi, Crush, 7-Up, Sunkist or A&W** 12 Pack, 12 oz. Cans **2.00** FOR **8.00** +CRV

**Heineken, New Castle, Beck's, Bass, Stella Artois, Corona, Dos Equis or Bohemia** 12 Pack, 12 oz. Bottles **11.99** +CRV

**Powerade Sports Drink** 32 oz. **79¢** +CRV

**Pepsi, Diet Pepsi, Coke or Diet Coke** 6 Pack, 10.9 oz. Bottles **2.00** FOR **7.00** +CRV

**Sutter Home or Madria Sangria Wines** 750 ml. **2.00** FOR **6.00**

**Dasani Water** 24 Pack, 10.9 oz. Bottles or Nestle **4.99** +CRV

**Sobe Life Water, Vitamin Water or Smart Water** 1 Liter **99¢** +CRV

## Deli Delights

**Extra Large Eggs** 1 Dozen **2.00** FOR **3.00**

**Donald Duck Orange Juice** 64 oz. **2.00** FOR **4.00**

**Florida's Natural Orange Juice** 64 oz. **2.00** FOR **6.00**

**Dannon Dan-o-nino or Danimals Crush Cup** 4-6 Pack **1.99**

**Kraft American Cheese Product Singles** 12 oz. **2.00** FOR **5.00**

**Bar-S Jumbo Franks** Meat, Cheddar or Turkey 10 oz. **99¢**

**Cacique Queso Fresco or Crema Mexicana** 10-15 oz. **2.00** FOR **4.00**

**Oscar Mayer Meat Bologna** 10 oz. **1.99**

**Bar-S Sliced Cooked Ham or Turkey Breast** 12 oz. **2.00** FOR **5.00**

**Dannon Activia Yogurt** Regular, Fiber or Drink 4 Pack **2.49**

**Oscar Mayer Chopped Ham, Variety Pak or White Turkey** 16 oz. **2.99**

**Golden California Natural Cheese** 1 Lb. **2.00** FOR **6.00**

**Knudsen Sour Cream** 16 oz. **1.99**

**Danola Black Forest Ham or Turkey** 12 oz. **3.49**

**Messana Mozzarella Balls** 10 oz. **3.99**

## Non Foods

**Crest Toothpaste** Assorted Flavors 6.4 oz. **2.00** FOR **5.00**

**Energizer Batteries** AA or AAA, 4 Pack C or D, 2 Pack or 9 Volt, 1 Pack **3.19**

**Lipovitan Vitamin Drink** Regular Flavor Only 6 Pack **5.49** +CRV

**Ambassador Greeting Cards & Accessories** **30% OFF** Suggested Retail

**White Rain Shampoo or Conditioner** 18 oz. **99¢**

**Advil** 20-24 Ct. **4.49**

**Advil PM** 5.00

**Western Family Dental Floss** 100 Yards **1.39**

**Western Family Super Angle Toothbrush** 1 Ct. **99¢**

**Western Family Cotton Swabs** 300 Ct. **1.39**

**Western Family Toothpaste** 8.2 oz. **1.69**



# Meat Department

 <p><b>Beef Chuck Flanken Rib</b> 2.19 Lb.</p>	 <p><b>Boneless Beef Chuck Roast</b> 1.99 Lb.</p>	 <p><b>Beef Chuck Short Rib</b> 2.19 Lb.</p>
 <p><b>Lean Ground Beef Less Than 22% Fat</b> 2.49 Lb.</p>	 <p><b>Stewing Beef Boneless</b> 2.49 Lb.</p>	

 <p><b>Sunnyvalley Sliced Bacon</b> 16 oz. 2.39 Ea.</p>	 <p><b>Los Altos Queso Fresco Bulk</b> 2.99 Lb.</p>	 <p><b>Moran's 100% Beef Patties</b> 3 Lb. Bag Less Than 30% Fat 5.99 Ea.</p>	 <p><b>Rose Canadian Bacon</b> 5 oz. 2.49 Ea.</p>
 <p><b>Foster Farms Cooked Chicken</b> Nuggets, Tenders, Strips or Wings 1.25-2.10 Lb. Frozen Bag 5.99 Ea.</p>	 <p><b>Bar-S Hot Links Sausage</b> 3 Lb. 6.29 Ea.</p>	 <p><b>Rose's Pre-Cooked Pork Links or Patties</b> 5 oz. 1.39 Ea.</p>	
 <p><b>Foster Farms Drumsticks, Thighs or Picnic Pack Value Pack</b> 1.29 Lb.</p>	 <p><b>Foster Farms Corn Dogs</b> Regular, 2.67 Lb. or Mini, 44 Ct. 4.99 Ea.</p>	 <p><b>Foster Farms Chicken Patties Bulk</b> 2.29 Lb.</p>	

## Seafood Department

## Deli & Hot Foods

 <p><b>Tilapia Fillets Defrosted</b> 2.49 Lb.</p>	 <p><b>Imitation Crab Flakes</b> 1.99 Lb.</p>	 <p><b>Fried Chicken Drumsticks &amp; Thighs</b> 50 Pieces 2.79 Ea.</p>	 <p><b>Buffalo Hot Wings</b> 3.99 Lb.</p>
 <p><b>Whole Cleaned Tilapia</b> 1.29 Lb.</p>	 <p><b>Large Shell-On Shrimp Defrosted</b> 4.99 Lb.</p>	 <p><b>Tyson Mini Ribs in Sauce Cooked</b> 4.99 Lb.</p>	 <p><b>Foster Farms Cooked Corn Dogs Honey Batter</b> 3.99 FOR</p>

<p><b>Save Every Day</b> Double Coupon • Double Savings! Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 1/23 to 1/29/08. Limit 1 Per Coupon + 4 Coupons Per Customer</p>	<p><b>Save Every Day</b> Double Coupon • Double Savings! Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 1/23 to 1/29/08. Limit 1 Per Coupon + 4 Coupons Per Customer</p>	<p><b>Save Every Day</b> Double Coupon • Double Savings! Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 1/23 to 1/29/08. Limit 1 Per Coupon + 4 Coupons Per Customer</p>	<p><b>Save Every Day</b> Double Coupon • Double Savings! Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 1/23 to 1/29/08. Limit 1 Per Coupon + 4 Coupons Per Customer</p>
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# Produce Department

**Strawberries**  
1 Lb. Clam Shell

**99¢** Ea.

**4<sup>LBS</sup> 99¢** Cantaloupe

**Serrano & Anaheim Chiles**

**3<sup>LBS</sup> 99¢**

**5<sup>FOR</sup> 99¢**

**Radishes or Green Onions**

**Cilantro**

**6<sup>FOR</sup> 99¢**

**99¢** Ea.

**Dole Classic Iceberg** 12 oz.

**Dole Classic Iceberg**

Supermarket Outside Sales