

SALE STARTS AUGUST 13th THRU AUGUST 19th, 2009

SUPER A FOODS

Save Every Day



Fresh Boneless Skinless Chicken Legs Family Pack **139** Lb.
Beef Round Milanesa Family Pack or Sirloin Tip Thin Cut **219** Lb.
Pork Loin Chops Assorted **169** Lb.



Cantaloupe **499¢** LBS
Red Flame or Green Grapes **99¢** Lb.

7-Up, Sunkist RC Cola, Diet Rite Welch's, A&W 12 Pack, 12 oz. Cans or 6 Pack, 16.9 oz. Bottles **4 FOR \$10** +CRV
Tampico Citrus Punch Gallon **99¢** +CRV

Golden Creme Milk Whole, 1%, 2% Gallon **2 FOR \$399**
Pepsi, Mountain Dew, Sierra Mist or Crush 12 Pack, 12 oz. Cans **3 FOR \$10** +CRV

Best Foods Mayonnaise 30 oz. **359**
Wesson Vegetable, Corn or Canola Oil 48 oz. **259**

Gatorade Thirst Quencher 64 oz. **159** +CRV
Tree Top Apple Juice 64 oz. **2 FOR \$4**

ONE DAY SALE FRIDAY, August 14th

Frigo Mozzarella Balls 16 oz. **2 FOR \$4** Limit 6
Monster Energy Drinks 24 oz. **99¢** +CRV Limit 6
Fresh Pork Spareribs Medium **139** Lb.
Beef Chuck Carne Asada Regular or Prepared Family Pack **199** Lb.
Cilantro **699¢** LBS
Tomatoes **299¢** LBS

ONE DAY SALE WEDNESDAY, August 19th

Springfield Microwave Popcorn 3 Pack **89¢** Limit 6
Frootee Ice Freezer Pops 24 Ct. **2 FOR \$3** Limit 4
Crystal Geyser Water 1 Liter Sport Cap or 1.5 Liter **39¢** +CRV Limit 12
Suave Shampoo or Conditioner 15 oz. **79¢**
Paseo Bath Tissue 20 Pack **799** Limit 4
Paseo Paper Towels 6 Pack **299** Limit 4

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At www.superafoods.com

Monrovia 935 W. Duarte Rd.
Paramount 13120 Downey Ave.
Bell Gardens 6380 E. Florence Ave.
Eagle Rock 2245 Yosemite Dr.
Alhambra 300 W. Main St.
Los Angeles 2025 Division St.
Los Angeles 425 Soho St.
Montebello 2004 Beverly Blvd.
South Gate 8116 California Ave.
Highland Park 3250 York Blvd.
Fillmore 725 Ventura St.



WE GLADLY ACCEPT FOOD STAMPS
 Women Infants And Children

Super A Foods 2009

Gatorade Thirst Quencher 64 oz. 1.59 +CRV	Tree Top Apple Juice 64 oz. 2 FOR \$4	Aquarius Spring Water 24 Pack, .5 Liter Bottles 3 FOR \$9.99 +CRV	Hunt's Tomato Sauce 8 oz. Regular 3 FOR \$1	Wesson Corn, Canola or Vegetable Oil 48 oz. 2.59	Best Foods Mayonnaise 30 oz. 3.59	Nissin Cup Noodles Soup 2.25 oz. 4 FOR \$1

Keebler Chips Deluxe Cookies All Varieties 16-18 oz. 2 FOR \$5	Marinela Canelitas or Polvorones Cookies 19-23.08 oz. 2 FOR \$5	James Skinner Cinnamon or Cheese Rolls Family Pack Assorted, 22 oz. 2.99	Bauducco Sugar Wafers, Shortbread Cookies or Tea Biscuits 5.8-7.06 oz. 99¢	Del Monte Ketchup 24 oz. 1.19	Del Monte Spaghetti Sauce 26.5 oz. 1.19	Rosarita Refried Beans 16 oz. 99¢	Hunt's BBQ Sauce 21.6 oz. 1.29

Fritos Corn Chips 11.25 oz. or Cheetos 7.75 oz. 3 FOR \$5	Poore Brothers Kettle Chips All Varieties 5 oz. 99¢	Dentyne Ice or Trident White Gum Selected Varieties 12-24 Ct. 89¢	Langers Cranberry Juice Cocktail Raspberry Cranberry or Cran Grape 64 oz. 2 FOR \$5 +CRV	Anthony's Pasta Selected Varieties 12-16 oz. 4 FOR \$5 Anthony's Lasagna 1.89	Kraft Macaroni & Cheese Dinner 7.25 oz. 99¢	Sun Vista Refried Beans 31 oz. 1.29

Kellogg's Cereal Frosted Flakes, 17 oz. Froot Loops, 12.2 oz. Apple Jacks, 12.2 oz. Corn Pops, 12.5 oz. 2.99	Kellogg's Special K Cereal Assorted Size & Varieties 2.99	Scott Bath Tissue 4 Pack, 1000 Sheets 2.99	Paseo Bath Tissue 4 Pack 1.89	Paseo Paper Towels 6 Pack 3.29

Get a FREE Back Pack When you Buy 5 General Mills Products

Minute Maid or Simply Orange Juice 59-64 oz. 2 FOR \$6	Gallon Minute Maid Ales or Punches +CRV 2.99	Springfield Golden Pride Giant Bread 24 oz. 2 FOR \$3	Mother's Sandwich Cookies All Varieties, 16 oz. 2 FOR \$5	Wonder Bread Classic Round Top or Whole Grain White, 20 oz. 2 FOR \$5

General Mills Cereal Choc'n on Toast Crunch 12.8 oz., Golden Grahams 12 oz., Cocoa Chip 11.25 oz. or Honey Nut Cheerios 12.25 oz. 2.99	Betty Crocker Fruit Snacks Assorted Size 2 FOR \$5	Betty Crocker Pancake Mix 37 oz. 1.99	Betty Crocker Hamburger Helper With \$3.00 Coupon 3 FOR \$6 - \$3 Select Varieties 3 FOR \$3

Beer, Wine & Soda

Budweiser, Bud Light, Coors, Coors Light, Miller Genuine Draft or Miller Lite 16 Pack, 12 oz. Cans or 24 Pack 11.99 +CRV	Popov Vodka 1.75 Liter 9.99	Coca Cola, Sprite, Squirt or Dr Pepper 12 Pack, 12 oz. Cans 2 FOR \$9 +CRV	Smirnoff Vodka 1 Liter 16.99

Deli Delights

Extra Large Eggs 1 Dozen 1.49	Yoplait Yogurt 4-6 oz. Original, Light or Whips 2 FOR \$1	Bar-S Jumbo Franks 10 oz. Meat, Chicken or Turkey 99¢	Mission Estilo Casero Corn Tortillas 78.8 oz., Family Pack 1.89

Non Foods

Crest Toothpaste Assorted Varieties 0.4 oz. 2.79	Huggies Baby Wipes 64-72 Ct. 2.59	Duracell Batteries AA or AAA, 4 Pack C or D, 2 Pack or 9 Volt, 1 Pack 3.69	Scope Mouthwash 1 Liter 4.49

Meat Department



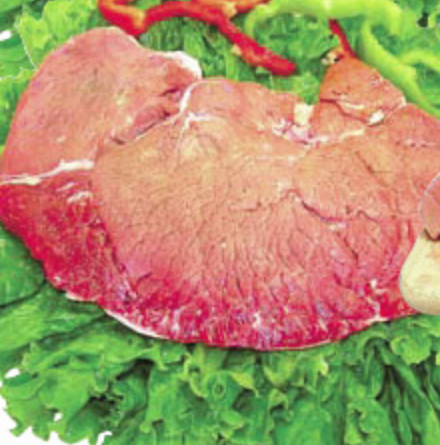
London Broil
Beef Round
1.99
Lb.



Beef Round Rump Roast
Boneless
1.89
Lb.



Pork Loin Rib Chops
Center Cut
1.99
Lb.



Beef Round Top Round Steak
2.19
Lb.



Pork Loin Chops
Center Cut Wafer Thin
2.49
Lb.



Pork Loin Chops
Center Cut Wafer Thin
2.49
Lb.



Oscar Mayer Bacon
Regular, Center Cut or Low Salt
12-16 oz.
2 FOR \$6



Moran's 100% Beef Patties
3 Lb. Bag Regular
Less Than 30% Fat
5.99
Ea.



Don Francisco Queso Fresco
Bulk
2.99
Lb.



Tina's Burritos
All Varieties
4 oz.
4 FOR \$1



Bar-S Hot Links Sausage
3 Lb.
6.29
Ea.



Rose's Canadian Bacon
5 oz.
2.49
Ea.



Foster Farms Seasoned Marinated Whole Chicken
1.49
Lb.



Foster Farms Chicken Drumsticks or Thighs
Small Pack
1.59
Lb.



Foster Farms Fresh Ground Turkey
16 oz.
2 FOR \$6

Seafood Department

Deli & Hot Foods



Swai Fillet
Defrosted
2.99
Lb.



Fresh Daily Chicharrones
5.99
Lb.



Cooked & Peeled Shrimp
100-200 Ct.
3.99
Lb.



Americhicken Chicken Breast Tenderloin Fritter
3.99
Lb.



Imitation Crab Meat
Flaked
1.99
Lb.



Foster Farms Smoked Turkey Breast (Bulk Sliced)
3.29
Lb.

Save Every Day Double Coupon • Double Savings!

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Super A Savers!

Knudsen Sour Cream
24 oz.



2.49

Knudsen Sour Cream **4.99**



LaLa Yogurt
32 oz.

2 FOR \$5

Reser's Parfait or Gelatins
20-24 oz.



1.69



Daisy Sour Cream
8 oz.

5 FOR \$5

Mountain High Yogurt
32 oz.



2 FOR \$5



LaLa Yogurt
9 oz.

99¢

El Dorado Tostadas Caseras or Tortilla Chips
14-16 oz.



2 FOR \$3



El Dorado Corn Tortillas 36 Oz.
or Flour Tortillas 12 Oz.

99¢

Freezer Pleasers

Klondike Ice Cream Cones
9 Oz.



4.49



La Michoacana Variety Pack
12 Pack

3.99

Aunt Jemima Waffles
12.3 oz.



10 FOR \$10



Nestlé Ice Cream Sandwiches
6 Pack

2 FOR \$3

Dreyer's Ice Cream
Classic, Yogurt, No Sugar Added or Slow Churned
1.5 Quart



2 FOR \$6

Produce Department



Pineapple **2 LBS \$2.99**



5 FOR \$9.99 Cactus Pears



Brown Onions **5 LBS \$9.99**



3 FOR \$9.99 Red, Green or Romaine Leaf Lettuce



Celery **2 FOR \$7.99**



Dole Baby Spinach 6 oz. **1.99**
Baby Spinach

GOOD ONLY AT SUPER A FOODS EXPIRES 6/13/09

SAVE \$3.00

when you buy ANY 3 Betty Crocker® Hamburger Helper® (any variety) in a single shopping visit between 6/6/09 and 6/27/09.



3 for \$6
- \$3 with coupon
\$1 when you buy 3 for \$6 with coupon

PLU#706
Super A - 6/13/09 Inside Gate