

SALE STARTS SEPTEMBER 3rd THRU SEPTEMBER 9th, 2009

SUPER A FOODS

Labor Day Sale

Save Every Day



Foster Farms Split Fryer Chicken Breast Value Pack

99¢ Lb.

Beef Chuck Carne Asada Family Pack Regular or Prepared

2.19 Lb.

Fresh Pork Spareribs Medium

1.49 Lb.

Seedless Watermelon **15¢** Lb.

Cantaloupe **4.99** LBS

Corona, Heineken, Dos Equis or New Castle 24 Pack, 12 oz. Btls.

2.199 +CRV

Kraft American Singles 12 oz.

2.49 FOR With Coupon

Gatorade Thirst Quencher 32 oz.

77¢ +CRV

Coke, Sprite, Squirt or Dr Pepper 12 Pack, 12 oz. Cans

3.99 FOR +CRV With Coupon

Dreyer's Grand Ice Cream Classic, Slow Churned, No Sugar Added or Yogurt 1.5 Qt.

2.50 FOR

Pepsi, Diet Pepsi, Sierra Mist, Mountain Dew or Crush 12 Pack, 12 oz. Cans

5.12 FOR +CRV When You Buy 5

Doritos Tortilla Chips 11.75-14.5 oz.

1.99

Nestlé Drumstick 4 Ct.

2.49 FOR

ONE DAY SALE FRIDAY, September 4th

<p>Bar-S Jumbo Franks Most, Chicken or Turkey 16 oz. 69¢ Limit 6</p>	<p>Women's Designer V-Necks Selected Varieties 1.99</p>	<p>Frozen Fryer Leg Quarters 10 Lb. Bag 5.99 Lb.</p>	<p>Fresh Pork Loin Sirloin End Chops Family Pack 9.99 Lb.</p>	<p>Iceberg Lettuce 2.79 FOR</p>	<p>Strawberries 1 Lb. Clear Shell 99¢ Ea.</p>
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ONE DAY SALE WEDNESDAY, September 9th

<p>Aquarius Spring! Water 24 Pack, .5 Liter Btls. 2.99 +CRV Limit 6</p>	<p>C&H Pure Cane Sugar 5 Lb. Bag 1.99 Limit 2</p>	<p>Quaker Granola Bars 10 Pack 1.89 Limit 6</p>	<p>Joseph Farms Cheese Monterey Jack or Mozzarella 5 Lb. 8.99 Limit 4</p>	<p>Frootee Ice Freezer Pops 24 Ct. 1.19 Limit 4</p>	<p>Budweiser, Bud Light, Miller Lite, MGD, Coors or Coors Light 18 Pack, 12 oz. Cans or Bottles 9.99 +CRV Limit 4</p>
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We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At www.superfoods.com

Monrovia 935 W. Duarte Rd.
Paramount 11120 Downey Ave.
Bell Gardens 6280 E. Florence Ave.
Eagle Rock 2245 Yosemite Dr.
Alhambra 300 W. Main St.
Los Angeles 2025 Division St.
Los Angeles 425 SoHo St.
Montebello 2004 Beverly Blvd.
South Gate 8116 California Ave.
Highland Park 3250 York Blvd.
Fillmore 725 Ventura St.

WE GLADLY ACCEPT FOOD STAMPS

GIFT CARDS

Women Infants And Children

SALE 9/3/09 Page 2

Gatorade Thirst Quencher Selected Varieties 32 oz. **77¢** +CRV

Mission Tortilla Chips Brown Bag 22 oz. **2 FOR \$5**

CapriSun or Kool-Aid Jammers 10 Pack **2 FOR \$5**

Hunt's Tomato Sauce Regular 8 oz. **3 FOR \$1**

Wesson Cooking Oil Corn, Vegetable or Canola 48 oz. **2.59**

Best Foods Mayonnaise 30 oz. **3.59**

Maruchan Instant Lunch 6 Pack, 2.25 oz. **1.99**

Sara Lee Round Top Bread Classic White, Wheat, Honey Wheat 20 oz. **2 FOR \$4**

Oroweat Bread 7 Grain, Buttermilk or Hawaiian Sweet 24 oz. 100% Whole Wheat, Multigrain Sandwich Thin 12 oz. Francisco 6 Inch Rolls 6 Pack **2 FOR \$5**

Cinnabon Bread, Oroweat Muffins or Entenmann's Donuts 16-22 oz. **2 FOR \$5**

Hostess Multi-Pack Twinkies, HoHos or Chocolate Cupcakes 10-15 oz. **2 FOR \$5**

Hunt's B.B.Q. Sauce 21.6 oz. **99¢**

Del Monte Ketchup 24 oz. **99¢**

Del Monte Spaghetti Sauce 26.5 oz. **99¢**

Springfield Pitted Olives Large or Medium 6 oz. **99¢**

Doritos Tortilla Chips 11.25-14.5 oz. **1.99**

Lay's Potato Chips 10.5-11 oz. **2 FOR \$5**

Springfield Sodas Cola, Orange or Lemon Lime 12 Pack, 12 oz. Cans **1.99** +CRV

Aquarius Spring! Spring Water 24 Pack, .5 Liter Bottles **3 FOR \$9.99** +CRV

McCormick California Style Garlic Salt 12 oz. **2.59**

Sun-Vista Pinto Beans 29 oz. **99¢**

General Mills Cocoa Puffs or Cheerios 16.5 oz. or 18 oz. **2.99**

Chips Ahoy! Cookies 14-15 oz. **2 FOR \$5**

M&M's, Starburst, Snickers Almond, Milky Way, Twix, 3 Musketeers or Skittles Candy 1.69-2.17 oz. **59¢**

Trident White Dentyne Ice Bonus Bottle 75 Ct. **2 FOR \$5**

Kellogg's Frosted Flakes or Cocoa Krispies 17 oz. or 16.5 oz. **2.99**

Quaker Oatmeal Regular or Quick 42 oz. **2.99**

Suavitel Fabric Softener 56 oz. **2.99**

Fab Detergent Powder 3.41 Lb. or Liquid 2x 50 oz. **2.99**

Best of the West 100% Mesquite Charcoal 6.6 Lb. **2.99**

El Paraiso Corn Tortillas 90 Ct. **1.99**

ACTIVIA Dannon 8 Pack, 4 oz. Cups **3.99**

La Banderita Flour Tortillas 16 oz. **99¢**

Springfield Golden Pride Hot Dog or Hamburger Buns 16 Ct. **1.99**

Fabuloso Liquid Cleaner 28 oz. **2 FOR \$3**

Palmolive Dish Liquid 13 oz. **2 FOR \$3**

Dixie Plates 45-48 Ct. **2.99**

Reynolds Wrap Aluminum Foil 30 Sq. Ft. **1.39**

El Paraiso Flour Tortillas 10 Ct. **1.29**

Olé Queso Fresco or Crema Mexicana 12-15 oz. **2 FOR \$4**

La Banderita Corn Tortillas 90 Ct. **1.99**

Springfield Golden Pride Jumbo Bread 32 oz. **1.99**

Irish Spring Bar Soap 3 Pack 4 oz. **1.99**

Ajax Dish Liquid 16 oz. **99¢**

Dixie Party Cups 16 oz. **2.99**

Reynolds Wrap Aluminum Foil 50 Sq. Ft. **3.49**

Beer, Wine & Soda

Budweiser, Bud Light, Coors, Coors Light, Miller Genuine Draft, Miller Lite or Michelob Ultra 12 Pack, 12 oz. Cans or Bottles **11.99** +CRV

Chivas Regal, Courvoisier, Ketel One, Ciroc or Sauza Hornitos 750 ml. **19.99**

7-Up, A&W, Hawaiian Punch, Welch's or Sunkist 2 Liter **2 FOR \$3** +CRV

7-Up, Sunkist A&W, Hawaiian Punch or Welch's 12 Pack, 12 oz. Cans **3.99**

Corona, Widmer, Beck's, Heinekken, Bass, Dos Equis, Stella Artois, Bohemia, Modelo Especial or Negra Modelo 12 Pack, 12 oz. Bottles **11.99** +CRV

Sutter Home or Madria Sangria Wines 750 ml. **2 FOR \$6**

Coke, Diet Coke, Pepsi or Diet Pepsi 16.9 oz. Bottles **2 FOR \$7** +CRV

Tacata, Budweiser, Bud Light, Miller Genuine Draft, Miller Lite or Coors Light 30 Pack, 12 oz. Cans **17.99** +CRV

Vitamin Water, Smart Water or FUZE 1 Liter or FUZE 16.5 oz. **5 FOR \$5** +CRV

Coke, Sprite, Squirt, Dr Pepper, Pepsi or Diet Pepsi 2 Liter **2 FOR \$3** +CRV

Cazadores, Grey Goose, Hennessy, Buchanan's or Corralejo 750 ml. **24.99**

Powerade Sports Drink 32 oz. **79¢** +CRV

Dasani Water 24 Pack, .5 Liter Bottles **3.99** +CRV

Nestle Iced Tea 12 Pack, 16.5 oz. Bottles **4.99** +CRV

Deli Delights

Extra Large Eggs 1 Dozen **2 FOR \$3**

Guarero Tostadas Caseras 12 Ct. **2.99**

Donald Duck Orange Juice 64 oz. **3.99**

Donald Duck Orange Juice 16.9 oz. **3.99**

Cacique Ranchero Queso Fresco or Cotija 12 oz. **2 FOR \$5**

Crema Salvadoreña or Mexicana Agría 15 oz. **2 FOR \$5**

Golden California Cheese Monterey Jack, Mild Cheddar, Mozzarella, 1 Lb. **2 FOR \$6**

Golden California Cheese Monterey Jack, Mild Cheddar, Mozzarella, 1 Lb. **9.99**

Bar-S Jumbo Franks Meat, Chicken or Turkey 10 oz. **99¢**

Mission Estilo Casero Corn Tortillas Family Pack, 78.8 oz. **1.99**

Mission Estilo Casero Flour Tortillas Family Pack, 44 oz. **2.99**

Old Wisconsin Sausage 12-18 oz. **2.99**

Messana Mozzarella Balls 10 oz. **3.99**

Bar-S Sliced Cooked Ham or Turkey Breast 12 oz. **2 FOR \$5**

Bridgford Chopped Ham or Sliced Cooked Ham 12 oz. **2 FOR \$4**

Oscar Mayer Complete Lunchables 12-14.5 oz. **2 FOR \$5**

Oscar Mayer Meat Bologna or Cotto Salami 12 oz. **1.19**

Messana Mozzarella Balls 10 oz. **99¢**

Reser's Dips 8 oz. **99¢**

Non Foods

Red Bull Energy Drinks Regular or Sugar Free 8.4 oz. Single **2 FOR \$3** +CRV

Duracell Batteries AA or AAA 4 Pack, C or D 2 Pack, 9 Volt 1 Pack **3.69**

Ultra Brite Toothpaste 6 oz. **1.49**

General Electric Extra Soft White Light Bulbs 4 Pack **1.39**

Colgate Toothpaste Regular Flavor 4.8 oz. **1.69**

Coleman Ice Chest Red or Blue Only 38 Qt. **19.99**

Western Family Cough Drops 40 Ct. **1.49**

Western Family Household Gloves 1 Pair **1.19**

Gazebo 10'x10' 1 Ct. **19.99**

Beach Umbrellas 60" Wide **7.99**

Meat Department

 <p>Beef Chuck Blade Steaks or Roast</p> <p>1.59 Lb.</p>	 <p>Beef Chuck 7-Bone Steaks or Roast</p> <p>1.89 Lb.</p>	 <p>Lean Ground Beef Less than 22% Fat</p> <p>2.49 Lb.</p>
 <p>Stewing Beef Boneless</p> <p>2.49 Lb.</p>	 <p>Beef Back Ribs Defrosted</p> <p>1.19 Lb.</p>	

 <p>Bar-S Sliced Bacon 12 oz.</p> <p>1.99 Ea.</p>	 <p>Los Altos Queso Fresco Bulk Los Altos Crema Natural</p> <p>1.99 Lb.</p>	 <p>Hillshire Farm Link Sausage All Varieties, 14-16 oz.</p> <p>2 FOR \$6</p>
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 <p>Moran's 100% Beef Patties (Less Than 30% Fat) 3 Lb. Bag</p> <p>5.99 Ea.</p>	 <p>Tina's Burritos All Varieties 4 oz.</p> <p>4 FOR \$1</p>	 <p>Bar-S Corn Dogs 3 Lb.</p> <p>4.99 Ea.</p>
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 <p>Foster Farms Savory Servings Boneless Skinless Chicken Breast Lemon Thyme, Garlic Herb or Chipotle Flavored</p> <p>3.99 Lb.</p>	 <p>Foster Farms Fresh Ground Turkey 32 oz.</p> <p>4.99 Ea.</p>	 <p>Foster Farms Boneless Turkey Breast Cutlets, Strips or Tenders 14.4-20 oz.</p> <p>4.99 Ea.</p>
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Seafood Department

Deli & Hot Foods

 <p>Tilapia Fillets Defrosted</p> <p>2.49 Lb.</p>	 <p>Imitation Crab Meat Flaked</p> <p>1.99 Lb.</p>
 <p>Whole Cleaned Tilapia Defrosted</p> <p>1.29 Lb.</p>	 <p>Medium Shell-On Shrimp Defrosted</p> <p>3.99 Lb.</p>

 <p>Fried Chicken Drumsticks & Thighs 100 Pieces</p> <p>5.49 Ea.</p>	 <p>Reser's Potato or Macaroni Salads</p> <p>1.19 Lb.</p>
 <p>Farmer John Honey Ham Sliced</p> <p>1.99 Lb.</p>	 <p>Foster Farms Smoked Turkey Breast Sliced</p> <p>3.29 Lb.</p>

SAVE EVERY DAY

DOUBLE COUPON • DOUBLE SAVINGS!

Present this coupon along with any one MFGL "Cents Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFGL coupon. Coupon effective 9/2 thru 9/28/16. Limit 1 Per Coupon + 4 Coupons Per Customer

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Produce Department

Red or Green Grapes

79¢
Lb.

4 FOR 99¢

Hass Avocados

Bartlett Pears

2 LBS 99¢

3 LBS 99¢

Red Rose Potatoes

Pasilla or Yellow Chiles

2 LBS 99¢

4 LBS 99¢

Brown Onions