

SALE STARTS October 1st THRU October 7th, 2009

SUPER A FOODS

Save Every Day



Super A Fresh Split Fryer Breast Family Pack **99¢ Lb.** **Beef Loin T-Bone Steaks Family Pack** **449¢ Lb.** **Fresh Pork Butt Shoulder Steaks Bone-In** **119¢ Lb.**

Cantaloupe **5 LBS 99¢** **White Corn** **4 FOR 99¢**

Kellogg's Frosted Flakes 14 oz. **Cocoa Krispies 11.3 oz.** **Corn Flakes 12 oz.** **Smacks 15.3 oz.** **4 FOR \$12 - \$6** **4 FOR \$6** **Save \$6.00** when you buy Any FOUR of these Featured Kellogg's Cereals. Good Only at SUPER A FOODS. **PLU #699**

Mazola Oil Corn, Canola, Corn Plus or Vegetable Plus 40 oz. **2 FOR \$5** **Golden Creme Milk Whole, 1% or 2% Gallon** **2 FOR \$3.99** Single Gallon \$2.99

Quaker Oatmeal 42 oz. **2 FOR \$5** **Powerade Sports Drinks 32 oz.** **69¢** +CRV

Pepsi, Diet Pepsi, Sierra Mist, Crush 24 Pack, 12 oz. Cans **5.99** +CRV **Limit 1 At This Price. Sale Price \$6.99 +CRV** **Kraft American Cheese Singles 12 oz.** **2 FOR \$4**

ONE DAY SALE FRIDAY, October 2nd

Borden Shredded Natural Cheese 8 oz. **4 FOR \$5** **Budweiser or Bud Light 18 Pack, 12 oz. Cans** **9.99** **Beef Chuck Flanken Style Ribs or Short Ribs** **1.99 Lb.** **Fresh Chicken Leg Meat Boneless, Skinless** **1.19 Lb.** **Bananas** **3 LBS 99¢** **Asparagus** **99¢ Lb.**

ONE DAY SALE WEDNESDAY, October 7th

Crystal Geyser Water Gallon **59¢** +CRV **Limit 6** **Ragu Spaghetti Sauce 26 oz.** **2 FOR \$3** **Limit 4** **Donald Duck Orange Juice 64 oz.** **2 FOR \$3** **Limit 4** **Yoplait Yogurt 4.6 oz.** **10 FOR \$3** **With Coupon** **Frigo Mozzarella Cheese 16 oz.** **2 FOR \$4** **Limit 4** **Extra Large Eggs 1 Dozen** **99¢** **Limit 6**

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At www.superfoods.com

Monrovia 925 W. Duarte Rd. **Paramount** 13120 Downey Ave. **Bell Gardens** 6380 E. Florence Ave. **Eagle Rock** 2245 Yosemite Dr. **Alhambra** 300 W. Main St. **Los Angeles** 2925 Division St. **Los Angeles** 425 Soto St. **Montebello** 2034 Beverly Blvd. **South Gate** 8116 California Ave. **Highland Park** 5250 York Blvd. **Fillmore** 725 Ventura St.



WE GLADLY ACCEPT **FOOD STAMPS** **Women Infants And Children**

Super A Foods

Gatorade Thirst Quencher 32 oz. **99¢** +CRV

Quaker Oatmeal Regular or Quick 42 oz. **2 FOR \$5**

Crystal Geyser Water 24 Pack, .5 Liter Bottles **3 FOR \$9.99** +CRV

Springfield Tomato Sauce Regular 8 oz. **4 FOR \$1**

Mazola Cooking Oil Corn, Canola, Corn Plus or Vegetable Plus 40 oz. **2 FOR \$5**

Best Foods Mayonnaise 30 oz. **3.59**

Maruchan Instant Lunch 6 Pack, 2.25 oz. **1.99**

Sara Lee Round Top Bread Classic White, Wheat or Honey Wheat 20 oz. **2 FOR \$4**

Ruffles or Kettle Chips 8.5-10 oz. **2 FOR \$5**

Trident Sugar Free Gum Selected Varieties 18 Ct. **79¢**

Quaker Granola Bars 10 Pack **2 FOR \$5**

Chef Boyardee Canned Pasta Selected Varieties 15 oz. **1.19**

Anthony's Fideo Pastas 12 oz. **1.29**

Rosarita Refried Beans 16 oz. **99¢**

Dennison's Chili with Beans 15 oz. **1.19**

Oroweat Bread Protein Health, Country White or 100% Whole Wheat or Francisco Bread Round Sour Shaperder or Sourdough Sliced Round 24 oz. **2 FOR \$5**

Cinnabon Cinnamon Bread Oroweat 6 Pack Muffins or Entenmann's Donuts 16-22 oz. **2 FOR \$5**

Springfield Soda Cola, Orange or Lemon Lime 12 Pack, 12 oz. Cans **1.99** +CRV

Minute Maid Coolers 10 Pack **2 FOR \$5**

Las Palmas Enchilada or Red Chile Sauce 28 oz. **1.89**

Sun-Vista Pinto Beans 29 oz. **99¢**

Campbell's Chicken Noodle Soup 10.75 oz. **4 FOR \$3**

Kellogg's Froot Loops, Corn Pops or Apple Jacks 12.2-12.5 oz. **2 FOR \$5**

Kellogg's Frosted Flakes or Cocoa Krispies 17 oz. **2 FOR \$5**

Springfield Corn Flakes 12 oz. **99¢**

Kraft Macaroni & Cheese Dinner 7.25 oz. **79¢**

Café Legal Instant Coffee 7 oz. **2 FOR \$5**

Scott Bathroom Tissue 1000 Sheets 4 Pack **2 FOR \$5**

Sun 2X Liquid Detergent 45.4 oz. **1.99**

Snuggle Fabric Softener 64 oz. **2 FOR \$5**

Mission Estilo Casero Corn Tortillas Family Pack, 78.6 oz. **1.89**

Lala Drinkable Yogurt 9 oz. **5 FOR \$5**

Springfield Golden Pride Giant Bread 24 oz. **1.79**

James Skinner Strip Danish All Varieties, 14 oz. **2.99**

Viva Paper Towels 6 Pack **5.99**

Soft Breeze Fabric Softener 64 oz. **1.89**

All Liquid Detergent 50 oz. **3.99**

Mission Estilo Casero Flour Tortillas Family Pack, 44 oz. **2.99**

Yoplait Original Yogurt 6 oz. **10 FOR \$6**

Springfield Golden Pride Jumbo Bread 32 oz. **1.99**

Festy Wow! Cookies 15.23 oz. **2 FOR \$3**

Bounty Basic Paper Towels 8 Roll **6.99**

SunSations Dish Liquid 25 oz. **99¢**

Surf Powder Detergent 60-64 oz. **3.99**

Beer, Wine & Soda

Budweiser, Bud Light, Coors, Coors Light, Miller Genuine Draft, Miller Lite or Michelob Ultra 18 Pack, 12 oz. Cans or Bottles **11.99** +CRV

Jose Cuervo or Captain Morgan Parrot Bay 750 ml **9.99**

Coca Cola, Sprite, Squirt, 7-Up, Sunkist, A&W, Pepsi, Diet Pepsi or Crush 12 Pack, 12 oz. Cans **2 FOR \$8** +CRV

Corona, Heineken, Dos Equis or New Castle 24 Pack, 12 oz. Bottles **21.99** +CRV

Cazadores, Hennessy, Grey Goose or Corralejo 750 ml **24.99**

Pepsi, Diet Pepsi, Coca Cola, Diet Coke or Squirt 6 Pack, 16 oz. Bottles **2 FOR \$7** +CRV

Sutter Home or Madria Sangria Wines 750 ml **2 FOR \$6**

Sauza Tequila White or Gold or Smirnoff Vodka 1.75 Liter **17.99**

Dasani or Aquafina Water 24 Pack, .5 Liter Bottles or Nestea Tea 12 Pack, .5 Liter Bottles **4.99** +CRV

Turning Leaf Wines 750 ml **3.99**

Monster or Rockstar Energy Drinks 16 oz. **2 FOR \$3** +CRV

Vitamin Water, Sobe Glass or Sobe Lifewater 20 oz. **4 FOR \$5** +CRV

Deli Delights

Extra Large Eggs 1 Dozen **2 FOR \$3**

Donald Duck Orange Juice 64 oz. **2 FOR \$4**

Bar-S Jumbo Franks Meat, Chicken or Turkey 16 oz. **99¢**

Guerrero Tostadas Cerezas or Northeonas 12-14 oz. **2 FOR \$3**

Donald Duck Orange Juice 32 oz. **3.99**

Shedd's Country Crock Spread 16 oz. **2.99**

Ranchero Queso Fresco, Cacique Queso Cotija, Crema Salvadoreña ó Agría 12-15 oz. **2 FOR \$5**

Oscar Mayer Meat Bologna or Cotto Salami 12 oz. **4 FOR \$5**

Golden California Natural Cheese 1 lb. **2 FOR \$5**

Plumrose Sliced Cooked Ham or Turkey Breast 12 oz. **2 FOR \$4**

Señor Rico Gelatins 3.5 oz. **6 FOR \$1**

Señor Rico Rice Pudding or Parfait Ring Molds 20 oz. **2 FOR \$3**

Queso Fresco or Crema Mexicana 12-15 oz. **2 FOR \$4**

La Banderita Homestyle Flour Tortillas 16 oz. **99¢**

Sandwich-Mate American or Swiss Singles 10.67 oz. **99¢**

Messana Mozzarella Cheese 16 oz. **3.99**

Double Eagle Sliced Cooked Ham or Turkey Breast 12 oz. **2 FOR \$4**

Borden Natural Shredded Cheese 8 oz. **2 FOR \$4**

Non Foods

Colgate Toothpaste 6.4 oz. **2 FOR \$5**

General Electric Extra Soft White Light Bulbs 4 Pack **1.39**

Colgate Max Fresh Toothbrush 7 Ct. **3.19**

General Electric Night Lights 2 Pack, 4Watt **1.99**

White Rain Shampoo or Conditioner 18 oz. **99¢**

General Electric Long Life or Decorator Light Bulbs 2 Pack **2.19**

Huggies Baby Wipes Refill 128-144 Ct. **4.99**

Women's Athletic Pants Assorted Colors & Sizes **5.99**

Kotex Lightdays 14-22 Ct. **99¢**

ART BEING CLEANED **2.99**

Western Family Dental Floss 100 Yards **1.39**

Western Family Orbit Toothbrush 7 Ct. **1.69**

Meat Department



Beef Loin Top Sirloin Steak Family Pack
2.49 Lb.



Beef Loin Porterhouse Steak Family Pack
4.79 Lb.



Lean Ground Beef Less than 22% Fat
2.49 Lb.



Beef Loin New York Steaks
5.99 Lb.



Stewing Beef Boneless
2.49 Lb.



Moran's Fresh Ground Beef Patties 10 Pack
7.99 Ea.



Hormel Sliced Bacon 12 oz.
1.99 Ea.



Los Altos Queso Fresco Bulk
2.99 Lb.



Moran's Ground Beef Chub 4% Fat 1 Lb.
2.00 Ea.



Fresh Pork Neckbones
79¢ Lb.



Simplot Hash Brown Potato Patties 20 Ct.
2.99 Ea.



Rose's Ham Steaks 10 oz.
3.00 Ea.



Rose Meatballs Swedish or Italian 12 oz.
3.19 Ea.



Bar-S Smoked Sausage Hot or Polish 3 Lb.
3.99 Ea.



Foster Farms Savory Servings Boneless, Skinless Breast Lemon Thyme, Garlic Herb or Chipotle Flavored
3.99 Lb.



Foster Farms Fresh Ground Turkey 32 oz.
4.99 Ea.



Foster Farms Boneless Turkey Breast Cutlets-Strips-Tenders 14.4-20 oz.
4.99 Ea.

Seafood Department



Tilapia Fillets Defrosted
2.49 Lb.



Imitation Crab Meat Flaked
1.99 Lb.



Catfish Nuggets Defrosted
1.99 Lb.



Medium Shell-On Shrimp Defrosted
3.99 Lb.

Deli & Hot Foods



Pork Shoulder Carnitas
5.49 Lb.



30 Piece Fried or Baked Chicken Drumsticks & Thighs
16.99



Foster Farms Sliced Turkey Ham
1.49 Lb.



Foster Farms Cooked Corn Dogs (Honey Batter)
3.99 FOR

SAVE EVERY DAY **DOUBLE COUPON • DOUBLE SAVINGS!**
Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/1 thru 10/7/08. Limit 1 Per Coupon • 4 Coupons Per Customer

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Super A Savers!

El Paraiso Tostadas Naturales
14 oz.

1.29



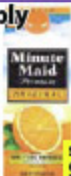
El Paraiso Flour Tortillas Family Pack, 30 Ct.
2.99

El Paraiso Corn Tortillas
3 Dozen

99¢

Minute Maid or Simply Orange Juice
59-64 oz.

2.99



Simply Orange Juice
64 oz. **4.99**

Florida's Natural Orange Juice
64 oz. **3.99**

Florida's Natural Orange or Grapefruit Juice
64 oz.

2 FOR \$6

Freezer Pleasers

Golden Creme Ice Cream
5 Qt.

4.99



La Michoacana Variety Pack
12 Pack **3.99**

Eggo Waffles
12.3 oz.

2 FOR \$3



Banquet Dinners
6.75-11.25 oz. **5.99**

Hot Pockets Sandwiches
9 oz.

1.99

presented by:

FERIA DEL MERCADO y de la salud

¡Muestras de Productos Gratis... Premios y Regalos!
¡Diversión para toda la Familia!
Free product Samples & Gifts!
Entertainment for the entire family!

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Saturday, October 3, 13120 Downey Avenue, Paramount, CA 90723
Event Hours: 11:00 - 4:00 p.m.
Sunday, October 4, 6380 E. Florence Avenue, Bell Gardens, CA 90201
Event Hours: 11:00 - 4:00 p.m.

SAVE \$2.00 / Ahorra \$2.00

when you buy 10 Yoplait Yogurt Cups (4-6oz, all varieties) in a single shopping visit between 9/23/09 and 10/7/09.

Al comprar 10 envases de Yoplait® (4 a 6 onzas, todas las variedades) en una sola compra entre el 23 de septiembre y el 7 de octubre de 2009.

10 for \$6.00 - \$2.00 off = \$4.00

PLU #702

Produce Department

Bagged Apples

Gala, Golden,
Granny or Fuji
1.5 Lb. Bag
While Supplies Last

2^{FOR} 99¢

2^{LBS} 99¢

White Peaches

Gala Apples

2^{LBS} 99¢

3^{LBS} 99¢

Key Limes

Hass Avocados

3^{FOR} 99¢

4^{FOR} 99¢

Radishes or Green Onions

Green Cabbage

4^{LBS} 99¢

2^{LBS} 99¢

Anaheim or Yellow Chiles