

SALE STARTS OCTOBER 8th THRU OCTOBER 14th, 2009

# SUPER A FOODS

Save Every Day



Fresh Frying Chicken

**Fresh Boneless Skinless Chicken Legs**

**1.19** Lb.  
**Beef Round Milanese**  
Family Pack  
**Sirloin Tip**  
Thin Cut

**2.19** Lb.  
**Assorted Pork Loin Chops**

**1.39** Lb.



**Red Seedless Grapes**

**99¢** Lb.



**Fuji Apples**

**2.99** LBS

**General Mills**

**Lucky Charms** 11.5 oz.  
**Honey Nut Cheerios** 12.25 oz. or  
**Trix** 10.7 oz.



**1.99**

**Pepsi, Diet Pepsi or Crush**

24 Pack, 12 oz. Cans



**5.99** +CRV

**Gatorade Thirst Quencher**  
Gallon



**2.99** +CRV

**Kraft American Cheese Product Singles**  
12 oz.



**2 FOR \$4**

**Jumex Nectars**  
11.3 oz.



**3 FOR \$1** +CRV

**Corona, Heineken, New Castle or Dos Equis**

24 Pack, 12 oz. Bottles



**2.199** +CRV

## ONE DAY SALE FRIDAY, October 9th



**Ladies Halloween T-Shirts**  
1 Ct. Assorted

**2.99**

**Sauza Cien Anos Tequila**  
2750 ml.

**2.299** Limit 4

**Fresh Boneless Skinless Chicken Breast**  
Family Pack

**1.49** Lb.

**Beef Chuck Clod Steaks**  
7th Cut Family Pack

**1.99** Lb.

**Iceberg Lettuce**

**3 FOR 3.99**

**Potatoes**  
10 Lb. Gato Bag

**1.09** Ea.

## ONE DAY SALE WEDNESDAY, October 14th



**Langers Apple Juice**  
64 oz.

**99¢** Limit 4

**Crystal Geyser Spring Water**  
24 Pack, 5 Liter Bottles

**2.99** +CRV Limit 4

**Golden California Farm Cheese**  
Mozzarella, 16 oz.

**1.99** Limit 5

**Cazadores, Grey Goose, Hennessy or Buchanan's**  
750 ml.

**1.999** Limit 5

**Oscar Mayer Meat Bologna or Salami**  
12 oz.

**79¢** Limit 6

**Nestle Ice Cream Sandwiches**  
6 Ct.

**4 FOR \$5** Limit 4

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

**Monrovia** 925 W. Duarte Rd.  
**Paramount** 13120 Downey Ave.  
**Bell Gardens** 6380 E. Florence Ave.  
**Eagle Rock** 2245 Yosemite Dr.  
**Alhambra** 300 W. Main St.  
**Los Angeles** 2925 Division St.  
**Los Angeles** 425 Soto St.  
**Montebello** 2034 Beverly Blvd.  
**South Gate** 8116 California Ave.  
**Highland Park** 5250 York Blvd.  
**Fillmore** 725 Ventura St.

WE GLADLY ACCEPT **FOOD STAMPS**  
**GIFT CARDS**  
 Women Infants And Children

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**USG Sweatpants** Xtra Small to XX Large **9.99** +TAX

**Quaker Oatmeal** Regular or Quick 42 oz. **2 FOR \$5**

**Crystal Geyser Spring Water** 24 Pack, .5 Liter Bottles **3 FOR \$9.99** +CRV

**Mazola Cooking Oil** Corn, Canola, Corn Plus or Vegetable Plus, 40 oz. **2 FOR \$5**

**Springfield Tomato Sauce** Regular, 8 oz. **4 FOR \$1**

**Springfield Mayonnaise** 32 oz. **1.99**

**Nissin Cup Noodles Soup** 6 Pack, 2.25 oz. **1.89**

**Lay's Potato Chips** 10.5-11 oz. **2 FOR \$5**

**Bimbo Sandwich Bread** White or Wheat 24 oz. **2 FOR \$4**

**Marinela Canelitas, Polvorones Box Cookies** 19-23.8 oz. **2 FOR \$5**

**Nabisco Premium Saltine Crackers** All Varieties, 16 oz. **2.29**

**Del Monte Ketchup** 24 oz. **99¢**

**Del Monte Tomatoes** Stewed or Petite Cut 14.5 oz. **99¢**

**Campbell's Chicken Noodle or Tomato Soup** 10.75 oz. **4 FOR \$3**

**El Pato Tomato Sauce** 7.75 oz. **2 FOR \$1**

**Mission Calidad Tortilla Chips** 14 oz. **99¢**

**Sara Lee Soft & Smooth Bread** 100% Whole Wheat, Whole Grain White Round Top, 20 oz. **2 FOR \$5**

**Home Pride Bread** White or Wheat 20 oz. **1.99**

**Golden Grain Rice A Roni or Pasta Roni** Assorted Varieties & Sizes **10 FOR \$10**

**Dennison's Chili With Beans or Chef Boyardee Pasta Sauce** 15 oz. **1.19**

**Anthony's Fideo** 12 oz. or Spaghetti 16 oz. **4 FOR \$5**

**Del Monte Spaghetti Sauce** 26.5 oz. **99¢**

**Post Honey Bunches of Oats** Family Size 18 oz. **2.99**

**Kellogg's Frosted Flakes** 17 oz. or Cocoa Krispies 16.5 oz. **2 FOR \$5**

**Aunt Jemima Pancake Mix** 32 oz. **1.99**

**Aunt Jemima Syrup** 24 oz. **2 FOR \$5**

**Propel Fitness Water** Selected Varieties 24 oz. **2 FOR \$1** +CRV

**ChopHouse Dog Food** T-Bone or Chicken Flavor, 2 Pack, 44 oz. **1.19**

**Alpo Dog Food** **1.19**

**Gain Detergent** Powder, 61 oz. or Liquid, 2X, 50 oz. **4.99**

**Downy Fabric Softener** 64 oz. **2.89**

**Jell-O** 6 Pack Jell-O Pudding or Gelatin **2 FOR \$6**

**El Paraiso Tostadas Caseras** 14 oz. **1.39**

**El Paraiso Flour Tortillas** 30 Ct. **2.99**

**Springfield Golden Pride Giant Bread** 24 oz. **1.69**

**Western Bagels or English Muffins** 6 Pack **2 FOR \$3**

**Quaker 100% Natural Oats, Honey & Raisin** 28 oz. **4.89**

**Basic Bounty Basic Paper Towels** Regular Roll **79¢**

**Charmin Bathroom Tissue** 9 Roll **4.99**

**ACTIVIA** 4 Pack, 4 oz. Cups Dannon Activia or Activia Fiber **2 FOR \$4**

**El Paraiso Corn Tortillas** 50 Ct. **1.19**

**Calidad Tostadas Caseras** 12.85 oz. **99¢**

**James Skinner Cinnamon, Cheese and Assorted Rolls** Family Pack, 22 oz. **2.99**

**Festy Wow! Cookies** 15.23 oz. **2 FOR \$3**

**Quaker Life Cereal** 21 oz. **2.99**

**Pampers Jumbo Diapers** 3 **8.99**

**Charmin Basic Bathroom Tissue** 12 Roll **5.99**

## Beer, Wine & Soda

**Budweiser, Bud Light, Coors, Coors Light, Miller Genuine Draft, Miller Lite, Tecate or Michelob Ultra** 18 Pack, 12 oz. Cans or Bottles **11.99** +CRV

**El Jimador, Jack Daniels, Crown Royal, Jägermeister or Bailey's** 750 ml. **16.99**

**Coke, Sprite, Squirt, Pepsi or Diet Pepsi** 12 Pack, 12 oz. Cans **3.99** +CRV

**Coke, Sprite, Squirt, Pepsi or Diet Pepsi** 2 Liter Bottles **4.95** +CRV

**Corona, Heineken, Dos Equis or Newcastle** 24 Pack, 12 oz. Bottles **21.99** +CRV

**Cazadores, Grey Goose, Hennessy, Buchanan's or Corralejo** 750 ml. **24.99**

**Pepsi, Diet Pepsi, Coke, Diet Coke or Squirt** 6 Pack, 16.9 oz. Bottles **2 FOR \$7** +CRV

**Beringer Wine** 750 ml. **3.99**

**7-Up, Sunkist, A&W, Hawaiian Punch or RC Cola** 2 Liter Bottles **4 FOR \$5** +CRV

**Vitamin Water, Sobe or Sobe Life Water** Smart Water 1 Liter **4 FOR \$5** +CRV

**Sutter Home or Madria Sangria Wines** 750 ml. **2 FOR \$6**

**Powerade Sports Drink** 32 oz. **99¢** +CRV

**Dasani or Aquafina Water** 24 Pack or Nestea Iced Tea 12 Pack **4.99** +CRV

## Deli Delights

**Extra Large Eggs** 1 Dozen **2 FOR \$3**

**Dole Orange Juice or 100% Juice Blends** 64 oz. **2 FOR \$4**

**Oscar Mayer Meat or Turkey Franks** 16 oz. **2 FOR \$3**

**Oscar Mayer Beef Franks** 16 oz. **2.95**

**Oscar Mayer Meat Bologna or Cotto Salami** 12 oz. **4 FOR \$5**

**Yoplait Yogurt** 6 oz. **2 FOR \$1**

**Margarita's Gelatin** 4 oz. **6 FOR \$1**

**Kraft Shredded Natural Cheese** 8 oz. **2 FOR \$5**

**Kraft Deli Fresh Natural Cheese Slices** 7-8 oz. **2.99**

**Pillsbury Chocolate Chip Cookies** 16 oz. **2.99**

**Yoplait Yogurt** 6 oz. **3.99**

**Margarita's Gelatin** 4 oz. **4.99**

**Old Italian Pizza** Twin Pack, 40 oz. **4.99**

**Joseph Farms Natural Cheese** 1 Lb. **2 FOR \$6**

**Pillsbury Cinnamon or Crescent Rolls** 8 ct. **2 FOR \$3**

**Old Wisconsin Sausage** 12-16 oz. **2 FOR \$6**

**Ball Park Meat or Beef Franks** 16 oz. **2 FOR \$6**

**Carl Buddig Thin Sliced Meat** 2 oz. **2 FOR \$1**

## Non Foods

**Scope Outlast Mouthwash** 710-750 ml. **3.99**

**Pantene Shampoo or Conditioner** 12.6 oz. **4.49**

**Mucinex or MucinexDM** 12 Hour 20 Ct. **9.99**

**Emsco Brooms, Mops & Bristle Goods** **25% OFF** Entire Line

**Always Feminine Hygiene** Assorted Varieties 14-24 Ct. **3.49**

**V05 Shampoo or Conditioner** 15 oz. **99¢**

**Tampax Tampons** Assorted Varieties 20 Ct. **3.49**

**La Bella Styling Gel** 22 oz. **2.39**

**Pampers Baby Wipes** 64-77 Ct. **3.19**

**Sensodyne Toothpaste** 4 oz. **5.99**

# Meat Department

 <p><b>London Broil Beef Round</b></p> <p><b>1.99</b> Lb.</p>	 <p><b>Beef Round Rump Roast Boneless</b></p> <p><b>1.89</b> Lb.</p>	 <p><b>Pork Loin Rib Chops Center Cut</b></p> <p><b>1.99</b> Lb.</p>
 <p><b>Beef Top Round Steak</b></p> <p><b>2.19</b> Lb.</p>	 <p><b>Center Cut Pork Loin Chops Wafer Thin</b></p> <p><b>2.49</b> Lb.</p>	

 <p><b>Bar-S Sliced Bacon 12 oz.</b></p> <p><b>1.99</b> Ea.</p>	 <p><b>El Monterey Burritos 32 oz. Taquitos 20 oz.</b></p> <p><b>2.99</b> Ea.</p>	 <p><b>Don Francisco Queso Fresco Bulk</b></p> <p><b>2.99</b> Lb.</p>
 <p><b>Beef Tongue Defrosted</b></p> <p><b>2.19</b> Lb.</p>	 <p><b>Fresh Beef Liver Sliced</b></p> <p><b>99¢</b> Lb.</p>	 <p><b>Cacique Chorizo Beef or Pork 10 oz.</b></p> <p><b>89¢</b> Ea.</p>
 <p><b>Foster Farms Seasoned Marinated Whole Chicken</b></p> <p><b>1.49</b> Lb.</p>	 <p><b>Foster Farms Drumstick or Thighs Small Pack</b></p> <p><b>1.59</b> Lb.</p>	 <p><b>Bar-S Hot Link Sausage 3 Lb.</b></p> <p><b>6.29</b> Ea.</p>
		<p><b>Foster Farms Boneless Chicken Breast Thin Cut</b></p> <p><b>4.99</b> Lb.</p>

## Seafood Department

## Deli & Hot Foods

 <p><b>Catfish Fillets Defrosted</b></p> <p><b>3.99</b> Lb.</p>	 <p><b>Cooked &amp; Peeled Shrimp 100-200 Count</b></p> <p><b>3.99</b> Lb.</p>	 <p><b>Fresh Daily Chicharrones</b></p> <p><b>5.99</b> Lb.</p>	 <p><b>Excelline Roller Grill Hot Dogs</b></p> <p><b>2 FOR \$1</b></p>
 <p><b>Fresh Whole Catfish</b></p> <p><b>1.79</b> Lb.</p>	 <p><b>Medium Shell-On Shrimp Defrosted</b></p> <p><b>3.99</b> Lb.</p>	 <p><b>Foster Farms Sliced Turkey Bologna</b></p> <p><b>99¢</b> Lb.</p>	 <p><b>Foster Farms Chicken Tenders Regular or Buffalo</b></p> <p><b>4.99</b> Lb.</p>

**SAVE EVERY DAY**

**DOUBLE COUPON • DOUBLE SAVINGS!**

Present this coupon along with any one MFG. "Certs Off" coupon. Face amount plus doubled amount not to exceed \$100. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/8 thru 10/14/08. Limit 1 Per Coupon + 4 Coupons Per Customer.

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# Super A Savers!

Daisy  
Sour Cream  
8 oz.

**99¢**



Knudsen  
Cottage Cheese Doubles  
5.5 oz.

**4 FOR \$5**



Knudsen  
Sour Cream  
24 oz.

**2 FOR \$5**



Knudsen  
Sour Cream  
48 oz.

**4.99**

Knudsen  
Cottage Cheese  
16 oz.

**2.49**



Silk  
Soy Milk  
64 oz.

**2 FOR \$5**



Lala  
Drinkable Yogurt  
32 oz.

**2 FOR \$5**



Florida Natural  
Orange Juice  
64 oz.

**2 FOR \$6**



Chiquita  
Nectars  
64 oz.

**2 FOR \$4**



Donald Duck  
Orange Juice  
64 oz.

**2 FOR \$4**



## Freezer Pleasers

Dreyer's  
Ice Cream  
Classic, Slow Churned,  
No Sugar Added or Yogurt  
1.5 qt.

**2 FOR \$6**



Nestle  
Ice Cream Sandwiches  
6 ct. **2.99**

Gorton's  
Fish Sticks or Fillets  
10.5-21.5 oz.

**4.99**

Claim Jumper  
Dinners  
16-19 oz.

**2 FOR \$5**



José Olé  
Taqitos  
18-22.5 oz.

**3.99**

Joseph Campione  
Garlic or Texas Toast  
11.25-16 oz.

**1.99**



# Produce Department



Asian Pears

**2<sup>LBS</sup> 99¢**



**3<sup>FOR</sup> 99¢**

Hass Avocados



Celery

**3<sup>FOR</sup> 99¢**



**3<sup>LBS</sup> 99¢**

Cauliflower



Italian Squash

**3<sup>LBS</sup> 99¢**



**2<sup>LBS</sup> 99¢**

Pasilla Chiles



Brown Onions

**6<sup>LBS</sup> 99¢**