

SALE STARTS NOVEMBER 12th THRU NOVEMBER 18th, 2009

SUPER A FOODS

Save Every Day



Super A Fresh Split Fryer Breast Family Pack

99¢
Lb.

Beef Chuck Carne Asada
Regular or Prepared Family Pack

249
Lb.

Fresh Pork Loin Sirloin End Chops Family Pack

99¢
Lb.



Yams

4 LBS 99¢



Red Flame Grapes

99¢
Lb.

BUY 10 Powerade
32 oz.
at **790**
+CRV



Get **FREE** Dasani 24 Pack, .5 Liter
With Coupon

FREE DASANI .5L 24pk
when you **BUY** ten (10) 32 oz bottles of POWERADE ION4™ or POWERADE ZERO™



Kraft Mayonnaise
32 oz.



259

Pepsi, Crush, Diet Pepsi or Sierra Mist
24 Pack, 12 oz. Cans



599
+CRV

Guerrero Riquisimas Flour Tortillas
Family Pack 35 oz.



279

Coca Cola, Sprite, Squirt or Dr Pepper
2 Liter



89¢
+CRV
When You Buy 4 With Coupon

Miller Lite, Genuine Draft, Coors or Coors Light
18 Pack, 12 oz. Cans or Bottles



999
+CRV

Medium Eggs
1 Dozen



99¢

ONE DAY SALE FRIDAY, November 13th

<p>Boys Screened or Camo Long Sleeve T-Shirts 1 Ct. 299 Limit 10</p>	<p>Disney Character Hats Assorted 399 Limit 6</p>	<p>Beef Flap Meat Carne Ranchera Regular or Prepared 299 Lb.</p>	<p>Fresh Pork Shoulder Picnic Whole 79¢ Lb.</p>	<p>Bananas 3 LBS 99¢</p>	<p>U.S. #1 Cello Russets 10 Lb. Bag 99¢ Ea.</p>
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ONE DAY SALE WEDNESDAY, November 18th

<p>Wish Bone Salad Dressing Cherry Blue Cheese, Deluxe French, Italian Robusto, Italian or Ranch 16 oz. 159 Limit 6</p>	<p>Crystal Geyser Spring Water 24 Pack, .5 Liter Bottles 299 +CRV Limit 4</p>	<p>Stouffer's Lasagna Family-Size 90 oz. 899 Limit 2</p>	<p>Kraft American Cheese Product Singles 2 FOR \$3 Limit 6</p>	<p>Special Value Color Cups 20 Count, 16 oz. 2 FOR \$1 Limit 6</p>	<p>Capri Sun 10 Pack 189 Limit 4</p>
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We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At www.superafoods.com

Monrovia 935 W. Duarte Rd.	Paramount 13120 Dorway Ave.	Bell Gardens 6380 E. Florence Ave.	Eagle Rock 2245 Yosemite Dr.	Alhambra 300 W. Main St.
Los Angeles 2925 Division St.	Los Angeles 425 SoHo St.	Montebello 2034 Beverly Blvd.	South Gate 8116 California Ave.	Highland Park 5250 York Blvd.
			Fillmore 725 Ventura St.	

VISA	MasterCard	EBT	WE GLADLY ACCEPT FOOD STAMPS	MoneyGram
ATM	DISCOVER	GIFT CARDS		Women Infants And Children

CapriSun or Kool-Aid Jammers 10 Pack 2 FOR \$5	Yuban Coffee 33 oz. With \$1.00 Coupon 5.99	Crystal Geyser Spring Water 24 Pack, 16.9 oz. Bottles Minus Coupon -1.00 3 FOR \$9.99 +CRV	Springfield Sugar 5 Lb. 1.89	Mazola Oil Corn, Canola, Corn Plus or Vegetable Plus 40 oz. 2 FOR \$5	Kraft Mayonnaise 32 oz. 2.59	Nissin Cup Noodles Soups 2.25 oz. 3 FOR \$8.99	
Sara Lee Soft'n Smooth Bread 100% Whole Wheat, or Classic White Sandwich 24 oz. 1.99	Thomas' Muffins or New York Plain Bagels 6 Pack 1.99	Ruffles Potato Chips Selected Varieties 9.5-10 oz. 2 FOR \$5	Betty Crocker Super Moist Cake Mix 18.25 oz. 4 FOR \$5	General Mills Cereal Honey Nut Cheerios 17 oz., Lucky Charms 16 oz., Cinnamon Toast Crunch 17 oz., Trix 14.8 oz. 2.99	Skippy Peanut Butter 16.3 oz. 2.39	Folgers Instant Coffee 8 oz. 4.59	Wish Bone Salad Dressing 8 oz. 1.29
Quaker Instant Oatmeal Assorted Sizes & Varieties 2.99	Marinela Sponch or Suavicremas Box Cookies 14.11-15.87 oz. 2.99	Sunshine Krispy Saltine Crackers 16 oz. 2 FOR \$5	Jumex Nectars 11.3 oz. 3 FOR \$1 +CRV	Ocean Spray Cranberry Cocktail or Drinks 64 oz. 2.99	Golden Grain Rice-A-Roni or Noodle Roni Assorted Sizes & Varieties 10 FOR \$10	Knorr Chicken Bouillon 35.3 oz. 4.99	Juanita's Mexican Style Hominy 105 oz. 1.99

Springfield SPECIAL VALUE SALE

Springfield Soda Cola, Lemon Lime or Orange 12 Pack, 12 oz. Cans 1.99 +CRV	Springfield Apple Juice 64 oz. 2 FOR \$3	Springfield Fruit Cocktail 30 oz. or Sliced Peaches 29 oz. 2 FOR \$3	Springfield Vegetable Oil 48 oz. 1.99	Springfield Tomato Sauce 8 oz. 4 FOR \$1	Springfield Whole Kernel Corn 15.25 oz. 2 FOR \$1	Special Value Macaroni & Cheese Dinner 6.2 oz. 3.99	Special Value Bath Tissue 24 Pack 4.99
Springfield Whipped Topping 8 oz. 99¢	Springfield Vegetables Corn, Peas, Beans & Carrots or Broccoli, 28-32 oz. 1.99	Springfield Golden Pride Jumbo Bread 32 oz. 1.99	Springfield Corn or Canola Oil 48 oz. 2.39	Springfield Whole, Diced or Stewed Tomatoes 14.5 oz. 69¢	Springfield Mayonnaise 32 oz. 2.19	Special Value Color Cups 20 Ct., 16 oz. 79¢	Special Value Napkins 180 Ct. 99¢
Springfield Cheese Mozzarella, Pepper Jack or Mini Cheddar, 16 oz. 2 FOR \$6	Springfield Waffles 12.7 oz. 1.29	Springfield Pasta 12-16 oz. 1.19	Springfield Pickle Chips, Kosher or Dill 24 oz. 1.99	Springfield Mixed Vegetables 15 oz. 79¢	Springfield Evaporated Milk 12 oz. 89¢	Special Value Aluminum Foil 25 Sq. Ft. 79¢	Special Value Paper Towels Regular Roll 59¢
Springfield Cream Cheese 8 oz. Bar or Soft 1.19	Springfield Biscuits 7.5 oz. 3 FOR \$1	Springfield Colled Fideo or Lasagna 12-16 oz. 1.39	Springfield Olives 6 oz. 99¢	Springfield Garbanzo or Kidney Beans 15 oz. 79¢	Springfield Aluminum Foil 75 Sq. Ft. 2.59	Special Value Bleach 96 oz. 99¢	Special Value Facial Tissue 175 Ct. Flat, 85 Ct. Cube 79¢

Beer, Wine & Soda

Budweiser, Bud Light, Tecate or Tecate Light 18 Pack, 12 oz. Cans or Bottles 11.99 +CRV	Corona, Heineken, Dos Equis or Newcastle 24 Pack, 12 oz. Bottles 22.99 +CRV	7-Up, Sunkist, A&W, Welch's, Hawaiian Punch 12 Pack, 12 oz. Cans 3 FOR \$9 +CRV
El Jimador, Jack Daniels, Crown Royal, Baileys or Jagermeister 750 ml. 16.99	Jose Cuervo White or Gold Tequila 1.75 Liter 19.99	Coke, Diet Coke, Squirt, Pepsi, Diet Pepsi or Crush 6 Pack, 16.9 oz. Bottles 2 FOR \$7 +CRV
Sutter Home or Madria Sangria 750 ml. 2.99	Cazadores, Grey Goose, Hennessy or Buchanan's 750 ml. 24.99	O.N.E. Coconut Water 4.2 oz. 99¢

Deli Delights

Donald Duck Orange Juice 64 oz. 2 FOR \$4	El Dorado Corn Tortillas Regular, King, Mini 3 Dozen-60 Ct. 4 FOR \$5	Carl Buddig Deli Cuts 12 oz. 2 FOR \$5
Donald Duck Orange Juice Gala 3.99	El Paraiso Corn Tortillas 50-Ct. or 60 Ct. Mini 1.29	Zacky Farms Franks Chicken or Turkey 10 oz. 99¢
El Paraiso Family Pack Flour 40 ct. 2.99	Oscar Mayer Lunchables 4-4.5 oz. 4 FOR \$5	Plumrose Sliced Cooked Ham or Turkey Breast 12 oz. 2 FOR \$4

Non Foods

Head & Shoulders Shampoo or Conditioner 13.5-14.2 oz. 5.49	Crest Premium Toothpaste Assorted Varieties 6-6.2 oz. 3.49
Ricola Herbal Cough Drops 19-24 Ct. 1.79	Always Feminine Hygiene Assorted Varieties 14-24 Ct. 3.49

B V Coastal Wines 750 ml. 5.99	Chivas Regal, Courvoisier, Ketel One or Sauza Hornitos 750 ml. 19.99	Vitamin Water, SoBe Life Water 20 oz. or Smart Water 1 Liter 4 FOR \$5 +CRV
Beringer Wines 750 ml. 3.99	Fanta Sodas 12 Pack, 12 oz. Cans 3 FOR \$10 +CRV	Monster, Rockstar Energy Drinks 16 oz. or Fuze 18.5 oz. 2 FOR \$3 +CRV

Mission Estilo Casero Corn Tortillas 78.6 oz. 1.89	El Paraiso Tostada Naturales 24 Ct. 1.19	Margarita's Gelatin 10 Pack 6 FOR \$1
Calidad Tostada Casera 22 Ct. 4 FOR \$5	Double Eagle Sliced Cooked Ham or Turkey Breast 12 oz. 2 FOR \$4	Rancho Grande Queso Fresco 10 oz. or Crema 15 oz. 2 FOR \$4
Oscar Mayer Cooked Ham 6 oz. 1.99	Ball Park Meat or Beef Frank 16 oz. 2 FOR \$6	Evergood Sausage 16 oz. 2.99

Bic 3 Shaver 10 Pack 5.99	NyQuil or Dayquil Assorted Varieties 10 oz. 6.99
Balmex Diaper Rash Cream 2 oz. 2.99	Western Family Feminine Napkins 18-24 Ct. 2.79
Suave Lotion 10 oz. 1.49	Jergens All Purpose Face Cream 15 oz. 3.49

Meat Department

 <p>Beef Chuck Boneless Chuck Roast</p>	<p>2.39 Lb.</p>	 <p>Beef Chuck Flanken or Short Ribs</p>	<p>2.19 Lb.</p>	 <p>Fresh Pork Shoulder Butt</p>	<p>1.19 Lb.</p>
 <p>Lean Ground Beef Less than 22% Fat</p>	<p>2.49 Lb.</p>	 <p>Beef Shanks Center Cut</p>	<p>1.69 Lb.</p>		

 <p>John Morrell Sliced Bacon 12 oz.</p>	<p>1.99 Ea.</p>	 <p>Los Altos Queso Fresco Bulk Los Altos Crema Natural</p>	<p>2.99 Lb.</p>	 <p>Bar-S Hot Link Sausage 3 Lb.</p>	<p>6.29 Ea.</p>		
 <p>Simplet Hash Brown Potatoes 20 Ct. Patties</p>	<p>2.99 Ea.</p>	 <p>CaciQue Chorizo Beef or Pork 10 oz.</p>	<p>79¢ Ea.</p>	 <p>Tina's Burritos All Varieties 4 oz.</p>	<p>4 FOR \$1</p>	 <p>Rose's Pork Sausage Pre Cooked Links or Patties, 5 oz.</p>	<p>1.39 Ea.</p>
 <p>Foster Farms Whole Body Fryers Bagged</p>	<p>99¢ Lb.</p>	 <p>Foster Farms Fresh Picnic Pack Value Pack</p>	<p>99¢ Lb.</p>	 <p>The Turkey Store Fresh Ground Turkey 20 oz.</p>	<p>2.99 Ea.</p>		

Seafood Department

Deli & Hot Foods

All Stores Except Eagle Rock and Monrovia

 <p>Tilapia Fillets Defrosted</p>	<p>2.49 Lb.</p>	 <p>Imitation Crab Meat Flaked</p>	<p>1.99 Lb.</p>	 <p>100 Piece Fried Chicken Drumsticks & Thighs</p>	<p>5.49 Ea.</p>	 <p>Pork Shoulder Carnitas</p>	<p>5.49 Lb.</p>
 <p>Whole Cleaned Tilapia</p>	<p>1.29 Lb.</p>	 <p>Large Shell-On Shrimp Defrosted</p>	<p>4.99 Lb.</p>	 <p>Foster Farms Smoked Turkey Breast Bulk Sliced</p>	<p>3.29 Lb.</p>	 <p>Braselton Chicken Nuggets or Tenders</p>	<p>3.29 Lb.</p>

SAVE EVERY DAY **DOUBLE COUPON • DOUBLE SAVINGS!**

Present this coupon along with any one MFG. "Certs Off" coupon. Face amount plus doubled amount not to exceed \$100. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 11/1/2012 thru 11/16/2012. Limit 1 Per Coupon + 4 Coupons Per Customer.

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Produce Department

Hass Avocados

3 FOR 99¢

3 LBS 99¢

Asian Pears

Gala Apples

2 LBS 99¢

3 LBS 99¢

Chayote Squash

Brown Onions

5 LBS 99¢

4 FOR 99¢

Cilantro

Dole Classic Salad

12 oz.

99¢ Ea.



Super A - 1/17/2009 Outside Galia