

SALE STARTS JANUARY 14th, 2010 THRU JANUARY 20th, 2010

SUPER A FOODS

Save Every Day

Large Green Bacon Avocados **59¢ Ea.**

U.S. #1 Cello Russets **99¢ Ea.**
10 Lb. Bag

Fuji Apples **2.99¢ LBS**

Beef Flap Meat Carne Ranchera **2.99 Lb.**
Regular or Prepared

Boneless & Skinless Fresh Chicken Legs **1.29 Lb.**

Fresh Pork Spareribs **1.59 Lb.**
Medium

FREE 24 Pack of Water (up to \$4.00)

When You Purchase ANY 4 Kellogg's Special K Cereals, Kellogg's Special K Bars, Kellogg's Special K Crackers and/or Kellogg's Special K Fruit Crisps

Only \$3.00 PER BOX and **FREE 24 Pack of Water**

Take The Special K Challenge and start a new you! Go to specialk.com

Good Only at Super A Foods
PLU# 699

Knudsen Sour Cream **1.49 Ea.**
24 oz.

With Coupon

Jumex Nectars **3 FOR \$1**
11.3 oz. +CRV

Coca Cola, Sprite, Dr Pepper, Diet Coke **1.99**
Twin Pack, 1.5 Liter +CRV

Oscar Mayer Cooked Ham **2 FOR \$5**
16 oz.

Miller Genuine Draft or Lite **9.99**
18 Pack, 12 oz. Cans or Bottles +CRV

Pepsi, Crush, Mountain Dew or Sierra Mist **3 FOR \$10**
12 Pack, 12 oz. Cans +CRV
With Coupon

ONE DAY SALE FRIDAY, January 15th

DNLA Ladies 3/4 Sleeve V-Neck **2.99**
While Supplies Last

Cholula Hot Sauce **2 FOR \$1**
2 oz. Limit 2

Super A Fresh Fryer Drumsticks or Thighs Family Pack **6.99**

Fresh Pork Butt Shoulder Steak **9.99 Lb.**

Iceberg Lettuce **2 FOR \$2.99**

Peaches **9.99 Lb.**

ONE DAY SALE WEDNESDAY, January 20th

Palmolive Dish Liquid **89¢**
16 oz. Limit 4

Springfield Sugar **1.89**
5 Lb. Bag Limit 2

Weber's Bread **1.69**
Large, Thin Sandwich 24 oz. Limit 6

Sara Lee Pies **9.99**
Pumpkin, Sweet Potato, Mince or Cherry 37 oz. Limit 6

Downy Fabric Softener **2.39**
64 oz. Limit 4

Buchanan's 18 Year Old Scotch **44.99**
750 ml Limit 4

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At www.superafoods.com

Springfield Sugar 25 Lb. Bag 8.99	Crystal Geyser Spring Water 24 Pack, .5 Liter Bottles 3.99 +CRV	Hansen's Apple Juice 64 oz. 2.49	Best Foods Mayonnaise 30 oz. 3.59	Wesson Cooking Oil Vegetable, Corn or Canola, 48 oz. 2.99	Hunt's Tomato Sauce Regular, 8 oz. 3.99	Maruchan Instant Lunch 2.25 oz. 3.99	Rosarita Refried Beans 16 oz. 3.99
Hostess Multi Pack Twinkies, Ho Ho's Chocolate Cup Cakes 10-15 oz. 2.59	Thomas' Bagels Plain, 100% Whole Wheat, Cinnamon or Blueberry 13 oz. 1.99	Sara Lee Sandwich Bread Classic White, Soft & Smooth 100% Whole Wheat, 24 oz. 1.99	Madik Almonds Whole Natural Roasted Hickory Smoked, Roasted Salted Blend 5.5 oz. 2.69	Nescafé Instant Coffee Clasico, Suave or Café de Olla, 7 oz. 4.99	La Lechera Sweetened Condensed Milk Fat Free, 50% Less Sugar 14-14.4 oz. 1.19	Springfield Whole Kernel Corn 15.25 oz. 2.99	Rosarita Refried Beans 16 oz. 3.99
Lay's Potato Chips 10.5-11 oz. 2.59	Springfield Soda 12 Pack, 12 oz. Cans 1.99 +CRV	Jumex Nectars 11.3 oz. 3.99	Blue Ribbon Long Grain Rice 5 Lb. 1.99	Ragu Spaghetti Sauce 26 oz. 1.59	Anthony's Pasta Selected Varieties 12-16 oz. 4.99	Knorr's Soups Fideo, Letras, Estrellitas 3.5 oz. 2.99	Rosarita Refried Beans 16 oz. 3.99

SAVE \$3 OFF MILK WITH COUPON when you purchase 5 Quaker Items

Quaker Oatmeal 42 oz. 2.59	Quaker Granola Bars 2.49	Aunt Jemima Pancake Mix 32 oz. 2.49
Assorted Sizes & Varieties Quaker Instant Oatmeal 2.59	Cap'n Crunch Cereal 14-16 oz. 2.49	Aunt Jemima Syrup 24 oz. 2.59
Country Rich Syrup 24 oz. 2.59	Quaker Toasted Oatmeal Squares 16 oz. 2.59	Quaker Life Cereal 15 oz. 2.49

Kellogg's Cereal Frosted Flakes 17 oz. or Cocoa Krispies 16.5 oz. 2.99	General Mills Super Size Cereal Lucky Charms 24 oz. Honey Nut Cheerios 25.25 oz. Cinnamon Toast Crunch 24.9 oz. 3.99	Huggies Jumbo Diapers 8.99	Sun 2X Liquid Detergent 45.4 oz. 1.89	Snuggle Fabric Softener 64 oz. 2.89
Krispy Krunchy 16 oz. Sunshine Krispy Crackers 1.69	Nabisco Singles Tray Pack, All Varieties, 12 Ct. 4.99	Paseo Bath Tissue Double Ply, 12 Pack 4.99	Soft Breeze Fabric Softener 64 oz. 1.89	all 2X Liquid Detergent 50 oz. 3.99
Nutri-Grain All Varieties, 10.4 oz. 2.49	Springfield Golden Pride Giant Bread 24 oz. 1.69	Paseo Bath Tissue 4 Pack 1.89	Wisk 2X Liquid Detergent 50 oz. 5.99	Surf Powder Detergent 60-63 oz. 3.99

Beer, Wine & Soda

Budweiser, Bud Light, Coors, Coors Light, Tecate or Tecate Light 18 Pack, 12 oz. Cans or Bottles 11.99 +CRV	Chivas Regal, Ketel One, Courvoisier, or Sauza Hornitos 750 ml 19.99	7-Up, Sunkist, A&W, Hawaiian Punch, Welch's or RC Cola 2 Liter 4.99 +CRV
Corona, Heineken, Dos Equis, Stella or New Castle 24 Pack, 12 oz. Bottles 22.99 +CRV	Cazadores, Hennessy, Grey Goose, Corralejo or Buchanan's 750 ml. 24.99	Coke, Sprite, Squirt or Dr Pepper 12 Pack, 12 oz. Cans 2.99 +CRV
Budweiser, Bud Light, Bud Light Lime or Bud Light Wheat 24 Pack, 12 oz. Bottles 15.99 +CRV	Dasani or Aquafina Water 24 Pack, 16.9 oz. Bottles 6.99 +CRV	Sunny Delight Citrus Punch Orange Carrot or Fruit Punch Gallon 2.99 +CRV
BV Coastal or Robert Mondavi Select 750 ml. 5.99	Lipton Tea 1 Gallon 2.99 +CRV	Coke, Diet Coke or Squirt 6 Pack, 16.9 oz. 2.79 +CRV
Sutter Home or Madria Sangria 750 ml. 2.99	Monster, Rockstar, Amp Energy Drinks 16 oz. 2.99 +CRV	Vitamin Water 20 oz. Smart Water 1 Liter 4.99 +CRV

Deli Delights

Extra Large Eggs 1 Dozen 2.99	Bar-S Jumbo Franks Meat, Chicken or Turkey or Bologna 16 oz. 99¢	Bar-S Sliced Cooked Ham or Turkey Breast 12 oz. 2.99	Margarita's Gelatins 4 oz. 6.99
Kraft American Cheese Product Singles 12 oz. 2.99 With Coupon	Oscar Mayer Meat Bologna or Cotto Salami 12 oz. 2.99	Queso Fresco, Panela or Crema Mexicana 10-15 oz. 2.99	Cacique Queso Fresco, Panela or Crema Mexicana 10-15 oz. 2.99
Oscar Mayer Chopped Ham, Oven Roasted Turkey or Variety Pack 16 oz. 2.99	Danimals Crush Cup 4 Pack or Dan-o-nino 6 Pack 1.99	Daisy Sour Cream 16 oz. 1.99	Daisy Sour Cream 16 oz. 1.99
Carl Buddig Deli Cuts 12 oz. 2.99	Almond Breeze Milk 64 oz. 2.99	Mountain High Yogurt 32 oz. 2.99	Zacky Farms Chicken or Turkey Franks 16 oz. 99¢

Non Foods

Kotex Feminine Pads or Tampons 14-24 Ct. 2.79	Colgate Toothpaste 6.4 oz. 2.69	360 Degree Toothbrush Assorted Varieties 1 Ct. 3.69
Huggies Baby Wipes Refresh Mega 184-216 Ct. 5.99	Gillette Good News 12 Ct. 7.99	White Rain Shampoo or Conditioner 18 oz. 99¢
Huggies Baby Wipes 64-72 Ct. 2.69	Western Family Night Time Cold Medicine 6 oz. 3.69	Emco Brooms, Mops & Bristle Goods 25% OFF ENTIRE LINE
Lightdays Economy Packs 40-64 Ct. 2.99	Western Family Cotton Swabs 300 Ct. 1.19	

Meat Department

 <p>Beef Round Milanesa Family Pack Sirloin Tip Thin Cut</p> <p>2.39 Lb.</p>	 <p>Beef Chuck Shoulder Clod Roast</p> <p>2.19 Lb.</p>	 <p>Beef Chuck Flanken or Short Ribs</p> <p>2.19 Lb.</p>
 <p>Stewing Beef Boneless</p> <p>2.49 Lb.</p>	 <p>Beef Shanks Center Cut</p> <p>1.79 Lb.</p>	

 <p>Hoffy Sliced Bacon 16 oz.</p> <p>2 FOR \$5</p>	 <p>Los Altos Queso Fresco Bulk</p> <p>2.99 Lb.</p>	 <p>Villa Roma Sausage Hot, Sweet, Turkey or Bratwurst, 16 oz.</p> <p>2 FOR \$5</p>	
 <p>Moran's Beef Patties 100% Lean, 3 Lb. Bag Regular (Less Than 30% Fat)</p> <p>6.49 Ea.</p>	 <p>Tina's Burritos All Varieties, 4 oz.</p> <p>4 FOR \$1</p>	 <p>Bar-S Hot Links Sausage 24 oz.</p> <p>3.29 Ea.</p>	 <p>Rose's Meatballs Swedish or Italian, 12 oz.</p> <p>3.19 Ea.</p>
 <p>Foster Farms Picnic Pack Drumsticks & Thighs Combo Value Pack</p> <p>1.29 Lb.</p>	 <p>Foster Farms Whole Bag Fryers</p> <p>99¢ Lb.</p>	 <p>Foster Farms Boneless Chicken Breast Thin Cut</p> <p>4.99 Lb.</p>	 <p>Turkey Store Fresh Ground Turkey 20 oz.</p> <p>2.99 Ea.</p>

Seafood Department

Deli & Hot Foods

 <p>Swai Fillets Defrosted</p> <p>2.99 Lb.</p>	 <p>Cooked & Peeled Shrimp 100-200 Count</p> <p>3.99 Lb.</p>	 <p>Fresh Daily Chicharrones</p> <p>5.99 Lb.</p>	 <p>Foster Farms Turkey Bologna Sliced</p> <p>99¢ Lb.</p>
 <p>Whole Cleaned Tilapia Defrosted</p> <p>1.29 Lb.</p>	 <p>Medium Shell-On Shrimp Defrosted</p> <p>3.99 Lb.</p>	 <p>Hormel Sliced Ham</p> <p>1.69 Lb.</p>	 <p>Super A Food Tortilla Chips Thin 24 oz. or Regular 32 oz.</p> <p>2.49 Ea.</p>

SAVE EVERY DAY **DOUBLE COUPON • DOUBLE SAVINGS!**

Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$100. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 1/14/10 thru 1/20/10. Limit 1 Per Coupon + 4 Coupons Per Customer.

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**Guerrero
Corn Tortillas**
73.5 oz.

2.49



**Guerrero
Flour Tortillas**
23.3 oz.

1.99



**Guerrero
Tostadas Caseras
or Nortofas**
12-14 oz.

2 FOR \$3

**Ssips
Nectars**
64 oz.

2 FOR \$4



**Ssips
Drinks**
64 oz

2 FOR \$3



**Tropicana
Pure Premium Orange Juice**
64 oz.

2.99

**Lala
Drinkable Yogurt**
9 oz.

99¢



**YoCrunch
Yogurt**
6.5 oz.

69¢



**Minute Maid or
Simply Orange Juice**
59-64 oz.

2 FOR \$6



Freezer Pleasers

**Stouffer's
Lean Cuisine**

25% OFF
All Varieties



**José Olé
Burritos**
5 oz

99¢



**Sara Lee
Cheesecake or
Pound Cake**
14-19 oz.

3.99

**Aunt Jemima
Waffles**
12.3 oz.

2 FOR \$3

**Tamalito
Tamales**
3.5 oz.

2 FOR \$2



**Brayers
Ice Cream**
1.5 Qt.

2.99

BUY MORE SAVE MORE

MANUFACTURER'S COUPON - EXPIRES 1/20/10

SAVE \$1.00

when you buy three (3) 1.2 oz. can 1.2-packs from Pepsi.

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MANUFACTURER'S COUPON - EXPIRES 01/20/10

SAVE \$1.00

on any TWO (2) packages of
KNUDSEN Sour Cream (24 oz. or larger)

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MANUFACTURER'S COUPON - EXPIRES 01/20/10

SAVE \$1.00

when you buy TWO (2) **KRAFT American Singles**
(10.7 oz. or larger)

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MANUFACTURER'S COUPON - EXPIRES 01/20/10

Save \$3.00

Off Milk When You Purchase any 5
Participating Quaker® Products.

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Farm Fresh Produce

3^{LBS} 99¢

Navel Oranges

Hass Avocados

3^{FOR} 99¢

4^{FOR} 99¢

Cilantro

Green Cabbage

5^{LBS} 99¢

3^{LBS} 99¢

Jalapeños & Tomatillos

Brown Onions

5^{LBS} 99¢

