

SALE STARTS JULY 22nd THRU JULY 28th, 2010

Open Daily 7am-11pm

# SUPER A FOODS

Save Every Day

**Peaches** **39¢** **Red Flame Grapes** **79¢** **Large Mangos** **39¢**

Lb. Lb. Ea.

**Fryer Leg Quarters** **49¢** **Beef Chuck Espaldilla de Res** **249** **Pork Loin Chops or Roast** **249**

10 Lb. Bag Frozen Lb. Thin Cut Clod Steaks Family Pack Lb. Boneless Lb.

**C&H Pure Cane Sugar** **199** **Springfield Water** **2 \$5**

4 Lb. Bag 24 Pack, .5 Liter Btls. +CRV

**Del Monte Tomato Sauce** **29¢** **Coca Cola, Sprite, Diet Coke, Coke Zero, Squirt or Dr Pepper** **88¢**

Regular, 8 oz. 2 Liter Ea. +CRV

When You Purchase 4 With Coupon

**Mazola Oil** **2 \$5** **Disney Ladies PJ Shorts or Frames** **399**

Corn, Canola, Corn Plus or Vegetable Plus 40 oz. While Supplies Last

**Mazola Bouillon** **399** **Tecate or Tecate Light Beer** **1599**

Chicken or Tomato 35.3 oz. 30 Pack 12 oz. Cans +CRV

With In-Store Coupon

## ONE DAY SALE FRIDAY, July 23rd

**Patron Tequila** **2999** **Budweiser, Bud Light, Tecate or Tecate Light** **699** **Fresh Boneless Skinless Chicken Legs** **99¢** **Fresh Pork Shoulder or Picnic Roast** **99¢** **BBQ Corn** **699** **Seedless Watermelon** **199**

750ml. Silver Alliego Limit 6 12 Pack, 12 oz. Cans Family Pack Lb. Whole Lb. Limit 2 Ea.

## ONE DAY SALE WEDNESDAY, July 28th

**Padrinos Tortilla Chips** **99¢** **Starkist Chunk Light Tuna** **59¢** **Crystal Geyser Water** **59¢** **Myer's Platinum White Rum** **599** **Sauza Tres Generaciones** **2399** **Borden Mild Cheddar Cheese** **299**

All Varieties 13 oz. Limit 10 In Water, 5 oz. Limit 6 Gallon Limit 6 750 ml. L.75 Liter Limit 1 Silver, Reposado or Anejo, 750ml. Limit 4 2 Lbs. Limit 6

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

**Temple City** 5595 Rosemead Blvd.  
**Los Angeles** 2925 Division St.  
**Monrovia** 925 W. Duarte Rd.  
**Los Angeles** 425 Solo St.  
**Paramount** 13120 Downey Ave.  
**Montebello** 2034 Beverly Blvd.  
**Bell Gardens** 6380 E. Florence Ave.  
**South Gate** 8116 California Ave.  
**Eagle Rock** 2245 Yosemite Dr.  
**Highland Park** 5250 York Blvd.  
**Alhambra** 300 W. Main St.  
**Fillmore** 725 Ventura St.

**Women, Infants And Children**

<b>Gatorade Thirst Quencher</b> 32 oz <b>99¢</b> +CRV	<b>Springfield Water</b> 24 Pack, .5 Liter Btls. <b>2 FOR \$5</b> +CRV	<b>Blue Ribbon Long Grain Rice</b> 5 Lb. Bag <b>1.99</b>	<b>Kraft Handi Snack Pudding</b> 4 Pack <b>99¢</b>	<b>Mazola Oil</b> Corn, Canola, Vegetable Plus or Corn Plus, 40 oz. <b>2 FOR \$5</b>	<b>Best Foods Mayonnaise</b> 30 oz. Mazola Pure Olive Oil 8.5 oz. <b>2.99</b>	<b>Nissin Cup Noodles</b> 6 Pack, 2.25 oz. <b>3.59</b>	<b>1.89</b>
<b>Doritos Tortilla Chips</b> 11.5-12 oz. <b>2 FOR \$5</b>	<b>Nabisco Oreo Cookies</b> 9.6-18 oz. <b>2.99</b>	<b>Springfield Golden Pride Giant Bread</b> 24 oz. <b>2 FOR \$3</b>	<b>Folgers Instant Coffee</b> 8 oz. <b>4.99</b>	<b>Special Value Whole Kernel Corn</b> 15.25 oz. <b>2 FOR \$1</b>	<b>Del Monte Ketchup</b> 24 oz. <b>99¢</b>	<b>Knorr Chicken Bouillon</b> 7.9 oz. <b>1.89</b>	<b>Lawry's Seasoned Salt or Garlic Salt</b> 16 oz. or 11 oz. <b>1.89</b>
<b>Oroweat Bread</b> Double Fiber, Buttermilk, Healthful, 24 oz. or Sandwich Thins, 12 oz. Select Varieties <b>2 FOR \$5</b>	<b>Sara Lee Sandwich Bread</b> Classic White or Soft & Smooth 100% Whole Wheat, 24 oz. <b>1.99</b>	<b>Marinela Snacks</b> Select Varieties 2.9-4.5 oz. <b>99¢</b>	<b>Langer's Cocktails</b> Cranberry, Cran-Grape or Cran-Raspberry 64 oz. <b>2 FOR \$5</b> +CRV	<b>Rosarita Refried Beans</b> 40.5 oz. <b>2 FOR \$3</b>	<b>Sun Vista Pinto Beans</b> 40 oz. <b>2 FOR \$3</b>	<b>Juanita's Menudo</b> Regular or Hot & Spicy 108 oz. <b>7.99</b>	

<b>General Mills Super Size Cereal</b> Honey Nut Cheerios 25.5 oz., Cinnamon Toast Crunch 24.9 oz., Lucky Charms 24 oz. <b>3.99</b>	<b>Kellogg's Cereal</b> Frosted Flakes 27.5 oz., Corn Pops 21.4 oz., Apple Jacks 21.7 oz., Froot Loops 21.7 oz. <b>3.99</b>	<b>Kellogg's Special K Cereals</b> Assorted Varieties & Sizes <b>2.99</b>	<b>Springfield Soda</b> Lemon Lime, Orange or Cola 12 Pack, 12 oz Cans <b>1.99</b> +CRV	<b>Suavitel Fabric Softener</b> 50 oz. <b>2.89</b>	<b>Paseo Bath Tissue</b> 12 Ct. 2 Ply <b>4.99</b>	<b>Fab Detergent</b> 2x Liquid 50 oz. or Powder 3.41 Lb. <b>2 FOR \$5</b>	<b>Sun 2X Liquid Detergent</b> 45.4 oz. <b>1.89</b>
---	---	---	--	--	---	---	---

<b>Dole Orange Juice</b> 64 oz. <b>2 FOR \$4</b>	<b>LaLa Yogurt</b> 6 oz. <b>2 FOR \$1</b>	<b>Gold'n Soft Spread</b> 45 oz. <b>1.29</b>	<b>Quaker Life Cereal</b> 21 oz. <b>2 FOR \$5</b>	<b>Pedigree Dry Dog Food</b> Puppy or Small Crunchy Bites, 8.8 Lbs. <b>8.99</b>	<b>123 Detergent</b> 24 Load 1-2-3 Detergent <b>2.99</b>	<b>Fabuloso Liquid Cleaner</b> 22-28 oz. <b>2 FOR \$3</b>	<b>Soft Breeze Fabric Softener</b> 64 oz. <b>1.99</b>
<b>Hershey's Chocolate Milk</b> 12 oz. <b>99¢</b>	<b>LaLa Yogurt</b> 4 Pack, 7 oz. <b>2.49</b>	<b>Chiquita Nectars</b> 64 oz. <b>2 FOR \$4</b>	<b>Quaker Granola Bars</b> 10 Ct. <b>2 FOR \$5</b>	<b>Friskies Cat Food</b> 5 Varieties, 5.5 oz. <b>2 FOR \$1</b>	<b>Dove Bar Soap</b> Pink or White, 2 Pack, 4.2 oz. <b>2 FOR \$5</b>	<b>Sunsation Dish Liquid</b> 25 oz. <b>99¢</b>	<b>Surf Detergent</b> 60-63 oz. <b>3.99</b>

### Beer, Wine & Soda

<b>Budweiser, Bud Light, Miller Genuine Draft, Miller Lite, Michelob Ultra, Coors Light</b> 30 Pack, 12 oz. Cans <b>18.99</b> +CRV	<b>Don Julio Silver Reposado Añejo</b> 750 ml <b>2.69</b> <b>2.99</b> <b>3.49</b> +CRV	<b>Pepsi, Diet Pepsi, Crush, Manzanita Sol, Sierra Mist, Mountain Dew</b> 2 Liter <b>99¢</b> +CRV
<b>Corona, Corona Light, Heineken, Heineken Light, Stella, Dos Equis or Newcastle</b> 24 Pack <b>22.99</b> +CRV	<b>Cazadores, Grey Goose, Hennessy or Buchanan's</b> 750 ml <b>24.99</b> +CRV	<b>7Up, A&amp;W, Sunkist, or Hawaiian Punch</b> 6 Pack, 16.9 oz. Bottles <b>1.99</b> +CRV

### Deli Delights

<b>Extra Large Eggs</b> 1 Dozen <b>1.49</b>	<b>Florida's Natural Orange or Grapefruit Juice</b> 64 oz. <b>2 FOR \$5</b>	<b>Yoplait Fridge Pack Yogurt</b> 8 Pack <b>3.99</b>
<b>Margarita's Gelatinos</b> 3.5 oz. <b>6 FOR \$1</b>	<b>Plumrose Sliced Cooked Ham or Turkey Breast</b> 12 oz. <b>2.49</b>	<b>Cacique Rancho Queso Fresco, Oaxaca, Cotija, Crema Salvadoreña or Crema Agria</b> 10-15 oz. <b>2.99</b>

### Non Foods

<b>Energizer Batteries</b> AA or AAA 4 Pack C or D 2 Pack 9 Volt 1 Pack <b>3.69</b>	<b>Colgate Total Toothpaste</b> 6-7.2 oz. <b>2.69</b>	<b>General Electric Extra Soft White Light Bulbs</b> 4 Pack <b>1.69</b>
<b>V05 Shampoo or Conditioner</b> 15 oz. <b>99¢</b>	<b>General Electric Nightlights</b> 2 Pack, 4.5 in. <b>1.00</b>	<b>General Electric Longlife or Decorator Light Bulbs</b> 2 Pack <b>2.49</b>

**SPARK SOME INDOOR FIREWORKS AND SAVE \$3.00 OFF your purchase**

<b>Powerade Sports Drink</b> 32 oz. <b>79¢</b> +CRV	<b>Dasani or Aquafina Water</b> 24 Pack, 16.9 oz. Bottles <b>3.99</b> +CRV	<b>Smart Water 1 Liter, Vitamin Water 20 oz., Fuze Drinks 18.5 oz.</b> <b>99¢</b> +CRV
<b>Jacob's Creek Wines</b> 750 ml <b>2 FOR \$7</b>	<b>Monster, Rockstar or Xyience Energy Drink</b> 16 oz. <b>2 FOR \$3</b> +CRV	<b>Aquafina Water or Lipton Brisk 1 Liter, Sobe or Sobe Life Water 20 oz. or Lipton Tea 1.5 Liter</b> <b>99¢</b> +CRV

<b>Daisy Sour Cream</b> 16 oz. <b>1.79</b>	<b>Old Wisconsin Sausage</b> 12-16 oz. <b>2.99</b>	<b>Guerrero Corn Tortillas</b> 30 Ct. <b>1.19</b>
<b>Oscar Mayer Variety Packs</b> 9-12 oz. <b>2.49</b>	<b>Carl Buddig Variety Pack Tub</b> 28 oz. <b>5.99</b>	<b>Guerrero Riquisimas Flour Tortillas</b> 35 oz. <b>3.69</b>
<b>Joseph Farms Natural Cheese</b> 16 oz. <b>2.99</b>	<b>Rancho Grande Queso Fresco 10 oz., Panela 10 oz. or Crema 15 oz.</b> <b>2 FOR \$4</b>	<b>Bar-S Jumbo Franks</b> Meat, Chicken or Turkey 16 oz. <b>99¢</b>

<b>Gazebo</b> 10'x10' 1 Ct. <b>19.99</b>	<b>General Electric Antiperspirant Deodorant</b> 2-3.7 oz. <b>2.99</b>
<b>Q-Tips</b> 375 Ct. <b>2.69</b>	<b>Mellita 8-12 Cup White Basket Filter</b> 100 Ct. <b>99¢</b>
<b>Vaseline Intensive Care Lotion</b> 10 oz. <b>3.69</b>	

# Meat Department

**Beef Blade Chuck Roast** **1.69** Lb.

**Fresh Regular Ground Beef** **1.99** Lb. *Less than 30% Fat 3 Lbs. or More*

**Boneless Stewing Beef** **2.69** Lb.

**Beef Chuck 7-Bone Roast** **1.99** Lb.

**Beef Back Ribs** **1.49** Lb. *Defrosted*

**Hoffy Premium Sliced Bacon** **2.99** Ea. *16 oz.*

**Los Altos Queso Fresco** **2.99** Lb.

**Los Altos Cotija** **3.49** Lb.

**Los Altos Crema Natural** **1.99** Lb.

**Turkey Store Fresh Ground Turkey** **2.99** Ea. *20 oz.*

**Lamb Shoulder Chops** **3.99** Lb. *Defrosted*

**Beef Tongues** **2.99** Lb. *Defrosted*

**Fresh Made Homestyle Chorizo** **2.49** Lb. *Beef or Pork, Bulk*

**Bar-S Corn Dogs** **2.50** *Classic, 24 oz.*

**Foster Farms Whole Body Bagged Fryers** **99¢** Lb.

**Foster Farms Turkey Sausage** **3.99** Lb. *Mild or Hot, 16 oz.*

**Foster Farms Chicken Patties** **2.49** Lb.

## Seafood Department

**Tilapia Fillets** **2.79** Lb. *Defrosted*

**Whole Cleaned Tilapia** **1.29** Lb. *Defrosted*

**Cooked & Peeled Shrimp** **3.99** Lb. *100-200 Ct Bulk*

**Medium Shell-On Shrimp** **4.99** Lb. *Defrosted*

## Deli & Hot Foods

**Carnitas** **5.49** Lb. *Pork Shoulder or Turkey*

**Butterfly Breaded Shrimp** **5.99** Lb. *Cooked*

**Chicken Drums & Thighs** **5.49** Lb. *Fried or Oven Roasted 100 Pieces*

**Fresh Homestyle Salsa** **1.99** Lb. *Mild or Hot*

**Homestyle Guacamole** **3.99** Lb. *Super A Tur 5.99*

**SAVE \$10 OFF GENERAL ADMISSION AHORRA \$10**

**ENTER FOR A CHANCE TO WIN AN ULTIMATE SPLASH PASS**

**Rejoice Waters** *San Dimas, CA*

**SUPER A FOODS** *Save Every Day*

**Double Coupon • Double Savings!**

Present this coupon along with any one MFE "Costs Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 7/22/18 thru 7/28/18. Limit 1 Per Coupon + 4 Coupons Per Customer.

# Super A Savers!

**Knudsen  
Sour Cream**  
48 oz.

**4.99**



**Mountain High  
Yogurt**  
32 oz.



**2 FOR \$5**

**El Dorado  
Corn Tortillas**  
80 Ct.

**1.99**



**El Paraiso  
Tortillas**  
Com 40 Ct,  
Mini Com 5 Dozen  
Flour 10 Ct.



**99¢**

**El Paraiso  
Tostadas Naturales**  
10 oz.

**1.19**



**Dannon  
Yogurt**  
Regular or Light & Fit, 6 oz.



**2 FOR \$1**

## Freezer Pleasers

**Golden Creme  
Ice Cream**  
5 Qt.

**4.99**



**Quick 'n Easy  
Vegetable Stir Fry**

**WestPac  
Stir Fry Vegetables** 16 oz.  
or Cob Corn 6 Ear

**2 FOR \$3**



**Popsicle  
Ice Pops**  
6-10 Ct.

**4 FOR \$5**



**Tyson Chicken  
Nuggets, Patties or Tenders**  
25-29 oz.

**4.99**



**Tyson  
Chicken Strips**  
28-32 oz.

**5.99**



MANUFACTURER'S COUPON

EXPIRATION: 7/28/2012

**SAVE \$1.50**

**WHEN YOU  
BUY ANY 4  
OR MORE 2 LITER BOTTLES**

Offer valid on products of  
The Coca-Cola Company (including  
Minute Maid®) and NESTLÉ in  
2 Liter bottles. While supplies last.



**AHORRA \$1.50**

**EN LA  
COMPRA DE 4  
O MÁS BOTELLAS DE 2 LITROS**

Oferta válida en productos de  
la Compañía Coca-Cola (incluyendo  
Minute Maid® y NESTLÉ en botellas de  
2 Litros. Hasta agotar existencias.

©2012 The Coca-Cola Company. "NESTLÉ" is a registered trademark of Nestlé in the United States, U.S. and other countries. All other trademarks are the property of their respective owners. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last.

©2012 The Coca-Cola Company. "NESTLÉ" is a registered trademark of Nestlé in the United States, U.S. and other countries. All other trademarks are the property of their respective owners. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last.

©2012 The Coca-Cola Company. "NESTLÉ" is a registered trademark of Nestlé in the United States, U.S. and other countries. All other trademarks are the property of their respective owners. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last.

©2012 The Coca-Cola Company. "NESTLÉ" is a registered trademark of Nestlé in the United States, U.S. and other countries. All other trademarks are the property of their respective owners. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last.

©2012 The Coca-Cola Company. "NESTLÉ" is a registered trademark of Nestlé in the United States, U.S. and other countries. All other trademarks are the property of their respective owners. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last.

©2012 The Coca-Cola Company. "NESTLÉ" is a registered trademark of Nestlé in the United States, U.S. and other countries. All other trademarks are the property of their respective owners. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last. Offer good in the U.S. only. While supplies last.



# Farm Fresh Produce

Valencia  
Oranges

**25¢**  
Lb.

**19¢**  
Lb.

Green  
Cabbage

Small  
Hass  
Avocados

**25¢**  
Ea.

**49¢**  
Lb.

Pineapple

Limes

**25¢**  
Lb.

**49¢**  
Lb.

Jalapeños

Small  
Mixed  
Bouquet

**4.99**  
Ea.