

SALE STARTS AUGUST 5th THRU AUGUST 11th, 2010

Open Daily 7am-11pm

# SUPER A FOODS

Save Every Day

**Cantaloupe** **25¢**

**Strawberries** **99¢**  
1 Lb. Clam Shell Lb.

**Nectarines** **59¢**  
Ea. Lb.

**Super A Fryer Drumsticks or Thighs** **79¢**  
Family Pack

**Beef Loin Top Sirloin Steak** **2.99**  
Lb. Family Pack

**Fresh Assorted Pork Loin Chops** **1.69**  
Lb.

**Best Foods Mayonnaise** **2.99**  
30 oz.

**Pepsi, Diet Pepsi, Mountain Dew, Crush or Sierra Mist** **4 FOR \$9**  
6 Pack, 16.9 oz. Bottles +CRV

**Crystal Geyser Water** **2.99**  
24 Pack, .5 Liter Bottles +CRV

**7-Up, Sunkist, A&W, Welch's or Hawaiian Punch** **4 FOR \$10**  
12 Pack, 12 oz. Cans +CRV

**Langer's Apple Juice** **2 FOR \$3**  
64 oz.

**Breyers Ice Cream** **2 FOR \$5**  
48 oz. or Popsicle Ice Pops 18-24 Ct.

**ENTENMANN'S FULL LINE SALE**  
**Donuts, Cakes, Coffee Cakes** **2 FOR \$5**  
6.5-20 oz.

**Dreyer's Ice Cream** **2.79**  
Yogurt, Slow Churned or No Sugar Added 48 oz.

## ONE DAY SALE FRIDAY, August 6th

**Crystal Geyser Water** **2 FOR \$5**  
24 Pack, .5 Liter Bottles +CRV Limit 4

**Borden American Cheese Product Singles** **2 FOR \$4**  
12 oz. Limit 10

**London Broil Beef Round** **2.19**  
Lb.

**Regular Ground Beef** **1.49**  
Less Than 30% Fat 3 Lbs. or More Lb.

**Iceberg Lettuce** **39¢**  
Ea.

**Jalapeños** **39¢**  
Lb.

## ONE DAY SALE WEDNESDAY, August 11th

**Sunsations Dish Liquid** **79¢**  
25 oz. Limit 6

**Crystal Geyser Water** **39¢**  
1.5 Liter Limit 12 +CRV

**Mondo Fruit Drinks** **89¢**  
6 Pack Limit 6 +CRV

**Family Time Microwave Popcorn** **89¢**  
3 Pack Limit 6 +CRV

**Nestlé Ice Cream Sandwiches** **4 FOR \$5**  
6 Pack Limit 4

**Good Humor Variety Pack Ice Cream Bars** **8.99**  
30 Ct. Limit 4

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

- Temple City** 5595 Rosemead Blvd.
- Los Angeles** 2925 Division St.
- Monrovia** 925 W. Duarte Rd.
- Los Angeles** 425 Solo St.
- Paramount** 13120 Downey Ave.
- Montebello** 2034 Beverly Blvd.
- Bell Gardens** 6380 E. Florence Ave.
- South Gate** 8116 California Ave.
- Eagle Rock** 2245 Yosemite Dr.
- Highland Park** 5250 York Blvd.
- Alhambra** 300 W. Main St.
- Fillmore** 725 Ventura St.

VISA, MasterCard, EBT, POOD STAMPS, MoneyGram, ATM, DISCOVER, GIFT CARDS, Women, Infants And Children

**Entenmann's Pastries** All Varieties **2 FOR \$5**

**Langer's Apple Juice** 64 oz. **2 FOR \$3**

**Gatorade Thirst Quencher** 32 oz. **99¢** +CRV

**Blue Ribbon Long Grain Rice** 5 Lb. **1.89**

**Best Foods Mayonnaise** 30 oz. **2.99**

**Wesson Oil** Vegetable, Corn or Canola Oil 48 oz. **2 FOR \$5**

**Nissin Cup Noodles Soup** 6 Pack, 2.25 oz. **1.89**

**Fritos Corn Chips** 9.25 oz. or **Sabritas Tortilla Chips** 6.5 oz. **1.99**

**Nabisco Chips Ahoy! Cookies** 9.5-15 oz. **2.29**

**Black Forest Gummy** All Varieties 4.5 oz. **79¢**

**Skippy Peanut Butter** 16.3 oz. **1.89**

**Aunt Jemima Pancake Mix** 32 oz. **2 FOR \$5**

**Del Monte Ketchup** 24 oz. **99¢**

**Wish Bone Salad Dressings** Italian, Blue Cheese, Ranch, French or Robusto Italian 16 oz. **2 FOR \$5**

**Knorr Chicken Bouillon** 8 Cubes **79¢**

**Bimbo Bread** White, Wheat or Double Fiber 24-26.4 oz. **1.99**

**Sara Lee Bread** Classic White or Wheat Round Top 20 oz. **1.99**

**Thomas' English Muffins** 6 Pack **2 FOR \$5**

**Crystal Geyser Drinking Water** 24 Pack, .5 Liter Bottles **2.99** +CRV

**Jarritos, Sidral Mundet, or Sangria Señorial** 1.5 Liter **99¢** +CRV

**Springfield Tomato Sauce** Regular, 8 oz. **4 FOR \$1**

**Special Value Whole Kernel Corn** 15.25 oz. **2 FOR \$1**

**General Mills Honey Nut Cheerios** 17 oz. **2.99**

**General Mills Lucky Charms** 11.5 oz. **2.99**

**General Mills Trix** 10.7 oz. **2.99**

**General Mills Reese's Puffs** 10.7 oz. **2.99**

**Kellogg's Raisin Bran** 20 oz. **2.99**

**Kellogg's Raisin Bran Crunch** 18.2 oz. **2.99**

**Kellogg's Sugar Frosted Mini Wheats** 16 oz. **2.99**

**Springfield Soda** Cola, Orange, Strawberry or Lemon Lime 12 Pack, 12 oz. Cans **1.99** +CRV

**Scott Bath Tissue** 1000 Sheet 4 Pack **2.99**

**Palmolive Dish Liquid** 20 oz. **2 FOR \$3**

**Suavitel Fabric Softener** 56 oz. **2.89**

**Paseo Bath Tissue** 4 Pack **1.79**

**Gold'n Soft Spread** 4.5 oz. **1.49**

**Tampico Citrus Punch** Gallon **2 FOR \$3** +CRV

**Donald Duck Orange Juice** 64 oz. **2 FOR \$4**

**Hamburger or Hot Dog, 8 Pack** Springfield Golden Pride Buns **1.09**

**Betty Crocker Fruit Snack** Assorted **2 FOR \$4**

**Clorox Bleach** 82-96 oz. **1.89**

**Fabuloso Liquid Cleaner** 22-28 oz. **2 FOR \$3**

**Hefty Foam Plates** 50 Ct. **1.89**

**Spizitz** 4 Pack, 3.25oz. Yoplait Spizitz **1.99**

**Mountain High Yogurt** 32 oz. **2 FOR \$5**

**Florida's Natural Orange Juice** 64 oz. **2 FOR \$5**

**Springfield Golden Pride Round Top Bread** White or Wheat, 16 oz. **1.09**

**Nature Valley Granola Bars** 8.9 oz. **2 FOR \$5**

**Paseo Paper Towels** 6 Pack **3.59**

**Regular Roll Special Value Paper Towels** **59¢**

**Special Value Napkins** 180 Ct. **99¢**

**Beer, Wine & Soda**

**Budweiser, Bud Light, Miller Genuine Draft, Miller Lite, Coors, Coors Light, Michelob Ultra, Tecate or Tecate Light** 18 Pack, 12 oz. Cans or Bottles **12.99** +CRV

**Captain Morgan's Parrot Bay, Seagram's 7, Jose Cuervo Gold or Smirnoff** 750 ml **9.99**

**Coca Cola, Sprite, Squirt, Pepsi, Diet Pepsi or Crush** 20 Pack, 12 oz. Cans **5.99** +CRV

**Light Beer** 12 Pack, 12 oz. **1.99**

**Jose Cuervo Gold, Seagram's 7 or Smirnoff** 1.75 Liter **1.79**

**Deli Delights**

**Extra Large Eggs** 1 Dozen **1.49**

**Guerrero Riquisimas Flour Tortillas** 24 Ct. **2.99**

**Borden Mild Cheddar Cheese** 2 Lb. **3.49**

**California Tomatoes** 22 Ct. **1.09**

**Borden Shredded Natural Cheddar Cheese** 8 Oz. **2.14**

**Non Foods**

**TRE Semmé Shampoo or Conditioner** 32 oz. **4.49**

**Suave Shampoo or Conditioner** 15 oz. **99¢**

**Corona, Corona Light, Heineken, Heineken Light, Newcastle, Dos Equis or Stella** 24 Pack, 11.2-12 oz. Bottles **22.99** +CRV

**Cazadores, Hennessy, Buchanan's, Corralejo or Grey Goose** 750 ml **24.99**

**Pepsi, Diet Pepsi, Mountain Dew, Sierra Mist or Crush** 12 Pack, 12 oz. Cans **3 FOR \$10** +CRV

**Golden California Monterey Jack, Mozzarella or Mild or Sharp Cheddar Cheese** 16 oz. **2 FOR \$6**

**CaciQue Oaxaca** 2.99

**Ranchero Queso Fresco, Oaxaca or Crema Salvadoreña** 10-15 oz. **2.99**

**Bar-S Meat, Chicken or Turkey Jumbo Franks** 16 oz. **99¢**

**Comfort 3 Razors** 4-6 Ct. **3.99**

**BIC Comfort 3 Razors** 4-6 Ct. **1.19**

**Rubbermaid Take Along Food Storage** Assorted Size 2 Ct. **1.19**

**Azul Tequila Reposado** 750 ml. **13.99**

**Ciroc Vodka, Chivas Regal, Courvoisier or Ketel One** 750 ml. **19.99**

**Powerade Sports Drink** 32 oz. **79¢** +CRV

**YoCrunch Yogurt** 6 oz. **69¢**

**Yonique Yogurt** 7 oz. **69¢**

**Ball Park Meat or Beef Franks or Angus** 16 oz. **2 FOR \$6**

**Señor Rico Gelatin** 2.5 oz. **6 FOR \$1**

**Señor Rico Rice Pudding or Flan** 9 oz. **79¢**

**El Paraiso Tortilla Chips** 12 oz. **99¢**

**Western Family Ibuprofen** 50 Ct. **3.99**

**Ultra Brite Toothpaste** 6 oz. **2 FOR \$3**

**Playtex Living Gloves** 1 Pair **2.19**

**Playtex Disposable Gloves** 10 Ct. **1.19**

**Essentials For The Kitchen Dish Towel** 1 Ct. **2 FOR \$1**

**Moco de Gorila Hair Gel** 11.99 oz. **2.49**

**Fetzer or BV Coastal Wines** 750 ml. **5.99**

**Sauza Cien Años or Hornitos Tequila** 750 ml. **12.99**

**Powerade** 8 Pack, 20 oz. Bottles **2 FOR \$8** +CRV

**Crane Lake Wines** 750 ml. **2 FOR \$5**

**Squirt** 2 Liter **4 FOR \$4** +CRV

**Dasani Drinking Water** 24 Pack, .5 Liter Bottles **3.99** +CRV

**Buddi Deli Cut** 12 oz. **2 FOR \$5**

**El Paraiso Flour Tortillas** 34 oz. **2.99**

**El Paraiso Corn Tortillas** 73 oz. **1.99**

**Ultra Brite** **2 FOR \$1**

# Meat Department

<p><b>Beef Loin T-Bone Steaks</b> Family Pack</p> <p><b>4.99</b> Lb.</p>	<p><b>Beef Loin Porterhouse Steak</b> Family Pack</p> <p><b>5.49</b> Lb.</p>	<p><b>Pork Loin Rib Chops</b> Center-Cut</p> <p><b>2.99</b> Lb.</p>
<p><b>Beef Loin New York Steaks</b> Boneless</p> <p><b>5.99</b> Lb.</p>	<p><b>Pork Loin Chops</b> Center-Cut Water Thin</p> <p><b>3.49</b> Lb.</p>	

<p><b>Hillshire Farm Rope &amp; Link Sausage</b> All Varieties 14-16 oz.</p> <p><b>2 FOR \$6</b></p>	<p><b>Los Altos Queso Fresco (Bulk)</b></p> <p><b>2.99</b> Lb.</p>	<p><b>Johnsonville Bratwurst</b> Original or Beer <b>Italian Sausage</b> Mild or Hot, 19.76 oz.</p> <p><b>3.99</b> Ea.</p>
<p><b>John Morrell Sliced Bacon</b> 12 oz.</p> <p><b>2 FOR \$5</b></p>	<p><b>Los Altos Cotija (Bulk)</b></p> <p><b>3.49</b> Lb.</p>	<p><b>Johnsonville Brats</b></p> <p><b>2.99</b> Ea.</p>
<p><b>Bar-S Corn Dogs</b> 3 Lbs.</p> <p><b>4.99</b> Ea.</p>	<p><b>Los Altos Crema Natural</b></p> <p><b>1.99</b> Lb.</p>	<p><b>Hillshire Farm Lit'l Smokies</b> Regular or Beef 14-16 oz.</p> <p><b>2.99</b> Ea.</p>

<h2>Seafood Department</h2> <p><b>Catfish Fillets</b> Defrosted</p> <p><b>3.99</b> Lb.</p> <p><b>Imitation Crab Meat</b> Flaked</p> <p><b>1.99</b> Lb.</p> <p><b>Fresh Whole Catfish</b></p> <p><b>1.79</b> Lb.</p> <p><b>Shell-On Medium Shrimp</b> Defrosted</p> <p><b>4.99</b> Lb.</p> <p><b>Head On Shrimp</b> Medium</p> <p><b>3.99</b> Lb.</p>	<h2>Deli &amp; Hot Foods</h2> <p>All Stores Except Eagle Rock and Monrovia</p> <p><b>Carnitas</b> Pork Shoulder or Turkey</p> <p><b>5.49</b> Lb.</p> <p><b>Hormel Sliced Ham</b></p> <p><b>1.99</b> Lb.</p> <p><b>Tyson Hot Wings</b></p> <p><b>4.99</b> Lb.</p> <p><b>Tyson Mini Ribs</b> In Sauce Cooked</p> <p><b>4.99</b> Lb.</p>
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<p><b>Double Coupon • Double Savings!</b> Present this coupon along with any one MFE. *Excludes Off coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/5/10 thru 8/11/10. Limit 1 Per Coupon • 4 Coupons Per Customer</p>	<p><b>Double Coupon • Double Savings!</b> Present this coupon along with any one MFE. *Excludes Off coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/5/10 thru 8/11/10. Limit 1 Per Coupon • 4 Coupons Per Customer</p>	<p><b>Double Coupon • Double Savings!</b> Present this coupon along with any one MFE. *Excludes Off coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/5/10 thru 8/11/10. Limit 1 Per Coupon • 4 Coupons Per Customer</p>	<p><b>Double Coupon • Double Savings!</b> Present this coupon along with any one MFE. *Excludes Off coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/5/10 thru 8/11/10. Limit 1 Per Coupon • 4 Coupons Per Customer</p>
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# Farm Fresh Produce

Seedless Watermelon

**18¢** Lb.

**19¢** Ea.

BBQ Corn

Large Mangos

**39¢** Ea.

**29¢** Ea.

Small Hass Avocados

White Rose Potatos

**29¢** Lb.

**19¢** Ea.

Radishes

Italian Squash

**39¢** Lb.

**3.99** Ea.

Basil 6" Pot

Hampton Farms Baseball Peanuts

12 oz.



**BUY 2 GET 1 FREE**



**1.99** Ea.

While Supplies Last

Shop A - 85710 Outside Gate