

SALE STARTS AUGUST 26th THRU SEPTEMBER 1st, 2010

Open Daily 7am-11pm

# SUPER A FOODS

Save Every Day



**19¢**  
Lb.



Red or Green  
Seedless  
Grapes

**99¢**  
Lb.



BBQ  
Corn

**5 FOR 99¢**



Super A Fryer  
Drumsticks  
Family Pack

**69¢**  
Lb.



Beef Loin  
Top Sirloin  
Steak  
Family Pack

**299**  
Lb.



Fresh Assorted  
Pork Loin  
Chops

**179**  
Lb.

Capri Sun or Kool Aid Jammers 10 Pack

**199**

All Beef Hot Dog With Drink

**100** +CRV

All Stores Except Eagle Rock and Monrovia

Hansen Apple Juice 64 oz.

**2 FOR \$3**

Coca Cola, Sprite, Squirt, Dr Pepper 12 Pack, 12 oz. Cans

**4 FOR \$11** +CRV

With Coupon

C&H Pure Cane Sugar 4 Lb. Bag

**229**

Pepsi, Diet Pepsi, Crush, Sierra Mist, Coca Cola, Sprite, Squirt or Dr Pepper 2 Liter

**99¢** +CRV

Golden Grain Rice-A-Roni or Pasta-Roni Assorted Varieties & Sizes

**5 FOR \$5**

Miller Genuine Draft, Miller Lite, Coors, Coors Light, Tecate, Tecate Light 18 Pack, 12 oz. Cans or Bottles

**999** +CRV

With In-Store Coupon

## ONE DAY SALE FRIDAY, August 27th

Corona, Corona Light, Heineken, Heineken Light 12 oz. Bottles Limit 2 With In-Store Coupon **1999** +CRV

Joseph Farms Cheese Monterey Jack, Marble or Mozzarella, 5 Lb. Limit 6 **999**

Fresh Boneless Skinless Chicken Legs Family Pack **119** Lb.

Fresh Pork Shoulder Picnic Roast Whole **119** Lb.

Bananas **39¢** Lb.

Seedless Watermelon **199** Ea.

## ONE DAY SALE WEDNESDAY, September 1st

Padrino's Tortilla Chips All Varieties 13 oz. Limit 10 **99¢**

Borden Mild Cheddar Cheese 2 Lb. Limit 6 **299**

Wesson Vegetable Oil 48 oz. Limit 4 **199**

Best Foods Mayonnaise 30 oz. Limit 2 **299**

Malt-O-Meal Cocoa Dye Blue 2 oz., Marshmallow Mays 19 oz. Limit 6 **199**

Crystal Geyser Water 1.5 Liter Limit 6 **39¢** +CRV

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

- Temple City 5595 Rosemead Blvd.
- Monrovia 925 W. Duarte Rd.
- Paramount 13120 Downey Ave.
- Bell Gardens 6380 E. Florence Ave.
- Eagle Rock 2245 Yosemite Dr.
- Alhambra 300 W. Main St.
- Los Angeles 2925 Division St.
- Los Angeles 425 So. St.
- Montebello 2034 Beverly Blvd.
- South Gate 8116 California Ave.
- Highland Park 5250 York Blvd.
- Fillmore 725 Ventura St.

Women, Infants And Children

<b>Gatorade Thirst Quencher</b> 8 Pack, 20 oz. Btls. <b>4.99</b> +CRV	<b>Stride Sugar Free Gum</b> All Varieties, 14 Ct. <b>99¢</b>	<b>Nabisco Ritz Crackers</b> All Varieties 13.66-16 oz. <b>2 FOR \$5</b>	<b>Springfield Water</b> 24 Pack, .5 Liter <b>2 FOR \$5</b> +CRV	<b>Mazola Oil</b> Vegetable or Corn Gallon <b>7.99</b>	<b>Best Foods Mayonnaise</b> 30 oz. <b>3.49</b>	<b>Nissin Cup Noodles Soup</b> 6 Pack, 2.25 oz. <b>1.89</b>
--------------------------------------------------------------------------------	---------------------------------------------------------------------	-----------------------------------------------------------------------------------	---------------------------------------------------------------------------	-----------------------------------------------------------------	-------------------------------------------------------	-------------------------------------------------------------------

<b>Sara Lee Sandwich Bread</b> Classic White or Soft & Smooth 100% Whole Wheat 24 oz. <b>1.99</b>	<b>Bimbo Snacks</b> Selected Varieties 3.52-4.25 oz. <b>99¢</b>	<b>Doritos Tortilla Chips</b> 11.5-12 oz. <b>2 FOR \$5</b>	<b>Lays Lay's Potato Chips</b> 10.5-11 oz. <b>1.99</b>	<b>Del Monte Ketchup</b> 24 oz. <b>99¢</b>	<b>Ragu Spaghetti Sauce</b> 26 oz. <b>1.99</b>	<b>Anthony's Pasta</b> 32 oz. <b>1.99</b>	<b>Wish Bone Salad Dressing</b> 16 oz. <b>2 FOR \$5</b>
---------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------	------------------------------------------------------------------	--------------------------------------------------------------	--------------------------------------------------	------------------------------------------------------	-------------------------------------------------	---------------------------------------------------------------

<b>Kellogg's Cereal</b> Frosted Flakes 17 oz., Cocoa Krispies 16.5 oz. <b>2.99</b> Buy 3 Kellogg's Cereals Get a FREE Backpack	<b>Malt O Meal</b> Cocoa Dyno-Bites 21 oz., Marshmallow Mateys 19 oz. <b>2 FOR \$5</b>	<b>Tim's Original Hawaiian Potato Chips</b> 5 oz. <b>2 FOR \$3</b>	<b>Langer's Juice</b> Cranberry, Cran-Raspberry or Cran-Grape 64 oz. <b>2 FOR \$5</b> +CRV	<b>Luv's Diapers</b> Big Pack 66-108 Count <b>18.99</b>	<b>Fab Detergent</b> 2X Liquid 50 oz. or Powder 3.41 Lb. <b>2 FOR \$5</b>	<b>Charmin Bath Tissue</b> Bonus Double Rolls 16 Count <b>7.99</b>	<b>Bounty Basic Towels</b> 1 Roll <b>79¢</b>
-----------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------	------------------------------------------------------------------	------------------------------------------------------------------------------------	-----------------------------------------------------------------------------	----------------------------------------------------

**AISLES OF SMILES FOR JERRY'S KIDS**

<b>Morton Salt</b> Plain or Iodized 26 oz. <b>59¢</b>	<b>C&amp;H Pure Cane Sugar</b> 4 Lb. <b>2.29</b>	<b>Hi-C Fruit Drinks</b> 10 Pack <b>1.99</b>	<b>Sparkletts Drinking Water</b> Gallon <b>79¢</b> +CRV	<b>Mott's Clamato Picante Juice</b> 32 oz. <b>1.99</b>	<b>Mahatma Long Grain Rice</b> 20 Lb. <b>5.99</b>	<b>Clorox Bleach</b> 82-96 oz. <b>1.79</b>	<b>Kingsford Matchlight Briquets</b> 6.7 Lb. <b>5.99</b>	
<b>Dannon Yogurt</b> 32 oz. <b>2 FOR \$5</b>	<b>Springfield Golden Pride Round Top bread</b> 16 oz. <b>1.09</b>	<b>Splenda Packets</b> 100 Ct. <b>3.99</b>	<b>Mott's Apple Sauce</b> 24 oz. <b>1.99</b>	<b>Star Olive Oil</b> 25 oz. <b>7.99</b>	<b>Vlasic Dill Pickles</b> 46 oz. <b>2.99</b>	<b>KC Masterpiece Barbecue Sauce</b> 18 oz. <b>1.89</b>	<b>Pine-Sol Liquid Cleaner</b> 48 oz. <b>3.59</b>	<b>Kingsford Briquets</b> 8.3 Lb. <b>4.99</b>
<b>Minute Maid or Simply Orange Juice</b> 59-64 oz. <b>2.99</b>	<b>Ore Ida Hash Browns or Fries</b> 27-32 oz. <b>2.49</b>	<b>Mott's Apple Juice</b> 64 oz. <b>1.99</b>	<b>McCormick Black Pepper</b> 2 oz. <b>1.19</b>	<b>Lawry's Garlic Salt 1/2 oz., Lawry's Seasoned Salt 16 oz.</b> <b>1.89</b>	<b>Hidden Valley Salad Dressing</b> 16 oz. <b>3.59</b>	<b>Clorox Disinfecting Wipes</b> 35 Ct. <b>2.59</b>	<b>Glad Large Kitchen Bags</b> 15 Ct. <b>2.59</b>	
<b>Weight Watchers Dinners</b> 8.5-10.5 oz. <b>1.99</b>	<b>Gorton's Fish Sticks, Fillet or Shrimp Poppers</b> 18-24.5 oz. <b>4.99</b>	<b>Dannon Activia Yogurt</b> 24 oz. Tub <b>2 FOR \$5</b>	<b>Mott's Lunch Pack Apple Sauce</b> 6 Pack, 4 oz. <b>2.59</b>	<b>McCormick Grill Mate Spices</b> 2.75-3.4 oz. <b>1.59</b>	<b>McCormick Taco Seasoning</b> 1.25 oz. <b>59¢</b>	<b>Formula 409 Cleaner</b> 32 oz. <b>2.99</b>	<b>Glad Large Kitchen Bags</b> 15 Ct. <b>2.59</b>	

**Beer, Wine & Soda**

<b>Michelob Ultra, Budweiser or Bud Light</b> 18 Pack, 12 oz. Cans <b>11.99</b> +CRV	<b>Cazadores, Hennessy, Grey Goose, Corralejo or Buchanan's</b> 750 ml. <b>24.99</b> +CRV	<b>Coca Cola, Sprite, Squirt, Pepsi, Diet Pepsi or Crush</b> 20 Pack, 12 oz. Cans <b>5.99</b> +CRV
-----------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------

<b>Corona, Corona Light, Heineken, Heineken Light, Stella, Dos Equis or Newcastle</b> 24 Pack, 11.2-12 oz. Bottles <b>22.99</b> +CRV	<b>El Jimador, Crown Royal, Courvoisier or Jack Daniels</b> 750 ml. <b>16.99</b>	<b>Vitamin Water, SoBe, Dasani Water, Lipton Tea, Lipton Brisk 1.5 Liter or Smart Water 1 Liter</b> <b>99¢</b> +CRV
-----------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------

<b>Crane Lake Wines</b> 750 ml. <b>2 FOR \$6</b>	<b>Tres Generaciones Silver, Reposado or Anejo</b> 750 ml. <b>26.99</b>	<b>7-Up, SunKist, Hawaiian Punch, A&amp;W, or Welch's 2 Liter</b> <b>2 FOR \$3</b> +CRV
--------------------------------------------------------	-------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------

<b>Woodbridge White Zinfandel</b> 750 ml. <b>2 FOR \$5</b>	<b>Monster, AMP or Xyience Energy Drinks</b> 16 oz. <b>2 FOR \$3</b> +CRV	<b>Powerade Sports Drink</b> 32 oz. <b>79¢</b> +CRV
------------------------------------------------------------------	------------------------------------------------------------------------------------	--------------------------------------------------------------

<b>Malibu Rum</b> Super A - 80% ABV 750 ml. <b>9.99</b>	<b>Dasani Drinking Water</b> 24 Pack, 16.9 oz. Bottles <b>4.99</b> +CRV	<b>Aquafina Drinking Water</b> 24 Pack, 16.9 oz. Bottles <b>3.99</b> +CRV
------------------------------------------------------------------	----------------------------------------------------------------------------------	------------------------------------------------------------------------------------

**Deli Delights**

<b>Extra Large Eggs</b> 1 Dozen <b>1.49</b>	<b>Knudsen Sour Cream</b> 16 oz. <b>2 FOR \$3</b> With Coupon	<b>Bar-S Jumbo Meat, Chicken or Turkey Franks</b> 16 oz. <b>99¢</b>
---------------------------------------------------	------------------------------------------------------------------------	---------------------------------------------------------------------------

<b>Golden California Natural Cheese</b> 16 oz. <b>2 FOR \$6</b>	<b>Margarita's Gelatin</b> 3.5 oz. <b>6 FOR \$1</b>	<b>Plumrose Sliced Cooked Ham or Turkey Breast</b> 12 oz. <b>2.49</b>
-----------------------------------------------------------------------	-----------------------------------------------------------	-----------------------------------------------------------------------------

<b>Minute Maid Lemonade or Punch</b> Gallon <b>2.99</b> +CRV	<b>Oscar Mayer Meat or Turkey Franks</b> 16 oz. <b>1.69</b>	<b>Oscar Mayer Beef Franks</b> 16 oz. <b>2.99</b>
-----------------------------------------------------------------------	-------------------------------------------------------------------	---------------------------------------------------------

<b>Gold Peak Tea</b> 59 oz. <b>2.29</b> +CRV	<b>Oscar Mayer Cooked Ham</b> 6 oz. <b>1.99</b>	<b>Grated Parmesan Cheese</b> 8 oz. <b>3.99</b>
-------------------------------------------------------	-------------------------------------------------------	-------------------------------------------------------

<b>Guerrero Corn Tortillas</b> 73 oz. <b>2.29</b>	<b>Guerrero Tostadas Caseras</b> 14 oz. <b>1.39</b>	<b>Rancho Grande Queso Fresco or Panela 10 oz., or Crema Mexicana or Natural 15 oz.</b> <b>2 FOR \$4</b>
---------------------------------------------------------	-----------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------

**Non Foods**

<b>Gillette Fusion Groomer or MVP Manual Razor</b> 1 Count <b>9.99</b>	<b>NyQuil or DayQuil Liquid 6 oz. or Liquicaps 10-12 Count</b> <b>5.39</b>	<b>NyQuil or DayQuil</b> <b>15.00</b>
------------------------------------------------------------------------------	-------------------------------------------------------------------------------	------------------------------------------

<b>Ambassador Greetings Cards &amp; Accessories</b> Except Temple City & Fillmore <b>30% OFF</b>	<b>Always Feminine Hygiene Assorted Varieties 14-24 Count</b> <b>3.19</b>
--------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------

<b>Suave Bodywash</b> 12 oz. <b>2.19</b>	<b>Melitta Coffee Filter</b> 200 Count Baskets <b>1.49</b>
------------------------------------------------	------------------------------------------------------------------

<b>Mennen Speedstick Anti-Perisprant Deodorant</b> 2 oz. <b>1.99</b>	<b>Tampax Tampons Assorted Varieties 20 Count Original</b> <b>3.79</b>
----------------------------------------------------------------------------	---------------------------------------------------------------------------

<b>Westen Family Interdental Toothbrush</b> 1 Count <b>79¢</b>	<b>Luv's Baby Wipes Refill 154 Count</b> <b>4.69</b>
----------------------------------------------------------------------	---------------------------------------------------------

# Meat Department

 <p><b>Beef Loin T-Bone Steaks</b> Family Pack</p> <p><b>4.99</b> Lb.</p>	 <p><b>Beef Loin Porterhouse Steak</b> Family Pack</p> <p><b>5.49</b> Lb.</p>	 <p><b>Pork Loin Rib Chops</b> Center-Cut</p> <p><b>2.99</b> Lb.</p>
 <p><b>Beef Loin New York Steaks</b> Boneless</p> <p><b>5.99</b> Lb.</p>	 <p><b>Pork Loin Chops</b> Center-Cut Wafer Thin</p> <p><b>3.49</b> Lb.</p>	

 <p><b>Sunnyvalley Premium Sliced Bacon</b> 16 oz.</p> <p><b>2.99</b></p> <p><small>Sunnyvalley Bacon Ends 3 Lbs. <b>4.00</b> Ea.</small></p>	 <p><b>Don Francisco Queso Fresco</b> Bulk</p> <p><b>2.99</b> Lb.</p> <p><b>Don Francisco Cotija</b> Bulk</p> <p><b>3.49</b> Lb.</p> <p><b>Don Francisco Crema</b></p> <p><b>1.99</b> Lb.</p>	 <p><b>Bar-S Sausage</b> Smoked, Hot or Polish 3 Lbs.</p> <p><b>4.49</b> Ea.</p> <p><small>Bar-S Hot Links 3 Lbs. <b>6.99</b> Ea.</small></p>	
 <p><b>Fresh Pork Shoulder Cushion Meat</b></p> <p><b>1.99</b> Lb.</p> <p><small>Boneless Pork Stew Meat <b>2.49</b> Lb.</small></p>	 <p><b>Fresh Pork Neckbones</b></p> <p><b>79¢</b> Lb.</p>	 <p><b>Foster Farms Corn Dogs</b> Regular 2.67Lb. Mini Corn Dogs 44 Ct.</p> <p><b>4.99</b> Ea.</p>	 <p><b>CaciQue Ranchero Chorizo</b> Beef or Pork 10 oz.</p> <p><b>99¢</b> Ea.</p> <p><small>CaciQue Molito 10 oz. <b>1.19</b> Ea.</small></p>
 <p><b>Foster Farms Fresh Ground Turkey</b> Value Pack 32 oz.</p> <p><b>4.99</b> Ea.</p>	 <p><b>Foster Farms Boneless Turkey Breast</b> Cutlets, Strips or Tenders .90 Lb. &amp; 1.25 Lb.</p> <p><b>4.99</b> Ea.</p>	 <p><b>Foster Farms Frozen Great Bites</b> All Varieties 7.62-11.88 oz.</p> <p><b>3.99</b> Ea.</p>	 <p><b>Fresh Potato &amp; Macaroni Salads</b></p> <p><b>1.19</b> Lb.</p>

<h2>Seafood Department</h2>  <p><b>Swai (Basa) Fillets</b> Defrosted</p> <p><b>2.99</b> Lb.</p>	 <p><b>Marinated Fish Ceviche</b> Bulk</p> <p><b>3.49</b> Lb.</p>	 <p><b>All Beef Hot Dog With Drink</b></p> <p><b>1.00</b> +CRV</p>	<h2>Deli &amp; Hot Foods</h2> <p><small>All Stores Except Eagle Rock and Monrovia</small></p>  <p><b>Fresh Daily Chicharrones</b></p> <p><b>5.99</b> Lb.</p> <p><small>Fresh Menards Chip &amp; Sauce <b>4.99</b> (Ea.)</small></p>	 <p><b>30 Pieces Drumsticks &amp; Thighs</b> Fried or Oven Roasted</p> <p><b>16.99</b></p> <p><small>Slazy Hot Potatoes Wedge <b>99¢</b> Lb.</small></p>
 <p><b>Cooked Squid Octopus Style</b> Bulk</p> <p><b>2.49</b> Lb.</p>	 <p><b>Large Shell-On Shrimp</b> Defrosted, EZ Peel</p> <p><b>5.99</b> Lb.</p>	 <p><b>Foster Farms Chicken Tenders</b> Regular or Buffalo</p> <p><b>4.99</b> Lb.</p>	 <p><b>Foster Farms Smoked Turkey Breast</b> Sliced</p> <p><b>3.49</b> Lb.</p> <p><small>Foster Farms Oven Roasted Turkey Breast <b>2.99</b> Lb.</small></p>	

 <p><b>Save Every Day</b></p> <p><b>Double Coupon • Double Savings!</b></p> <p><small>Present this coupon along with any one MFE. *Cents Off* coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/28/11 thru 9/1/11. Limit 1 Per Coupon • 4 Coupons Per Customer</small></p>	 <p><b>Save Every Day</b></p> <p><b>Double Coupon • Double Savings!</b></p> <p><small>Present this coupon along with any one MFE. *Cents Off* coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/28/11 thru 9/1/11. Limit 1 Per Coupon • 4 Coupons Per Customer</small></p>	 <p><b>Save Every Day</b></p> <p><b>Double Coupon • Double Savings!</b></p> <p><small>Present this coupon along with any one MFE. *Cents Off* coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/28/11 thru 9/1/11. Limit 1 Per Coupon • 4 Coupons Per Customer</small></p>	 <p><b>Save Every Day</b></p> <p><b>Double Coupon • Double Savings!</b></p> <p><small>Present this coupon along with any one MFE. *Cents Off* coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/28/11 thru 9/1/11. Limit 1 Per Coupon • 4 Coupons Per Customer</small></p>
----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------



# Farm Fresh Produce

Fuji Apples

**69¢**  
Lb.

Small Hass Avocados

**29¢**  
Ea.

Bartlett Pears

**49¢**  
Lb.

Honeydew Melon

**29¢**  
Lb.

Green Onions

**15¢**  
Ea.

Cauliflower

**39¢**  
Lb.