

SALE STARTS SEPTEMBER 23rd THRU SEPTEMBER 29th, 2010

Open Daily 7am-11pm

SUPER A FOODS

Save Every Day

Marie's Strawberry Glaze
79¢

1 Lb. Clamshell Strawberries

99¢
Ea.

Gala Apples

Ea.

49¢
Lb.

Seedless Watermelon

15¢
Lb.

Fresh Frying Chicken

Fryer Drumsticks
Family Pack

69¢
Lb.

Beef Chuck Carne Asada
Family Pack
Regular or Prepared

249
Lb.

Fresh Pork Spareribs
Medium

169
Lb.

Springfield

2 FREE 24 Packs of Water

When You Purchase ANY 4 Participating Kellogg's® Cereals

Only **\$2.50** PER BOX
2 FREE 24 Pack Water



2 FREE Water
When You Purchase ANY 4 Participating Kellogg's® Cereals
PLU 700

OFFER VALID 9/23/10-9/29/10 WHILE SUPPLIES LAST!

Langers Apple Juice
64 oz.



99¢

Limit 6

Best Foods Mayonnaise
Bonus 33% More
40 oz.



389

Yoplait Yogurt
Original or Light
6 oz.



10 FOR \$4

With Coupon

Knudsen Sour Cream
24 oz.



2 FOR \$4

With Coupon

Coca Cola, Sprite, Squirt or Dr Pepper
6 Pack, 16.9 oz. Btls.



4 FOR \$10

With Coupon

ONE DAY SALE FRIDAY, September 24th

Extra Large Eggs
Dozen
Limit 6

Kid's or Ladies' Select Hooded Sweatshirts
White Supplies Last
Limit 6

Foster Farms Whole Oven Roasted Chicken
Large Size
Limit 6

Fresh Pork Shoulder Picnic Roast
Whole
Limit 6

Downy Fabric Softener
64 oz.
Limit 2

Gatorade Thirst Quencher
32 oz.
Limit 12
+CRV

ONE DAY SALE WEDNESDAY, September 29th

Klass Freezer Pops
8 Pack
Limit 6

Fab Detergent
Powder 3.47 Lb.
2X Liquid 50 Oz.
Limit 4

Donald Duck Orange Juice
64 oz.
Limit 6

Libby's Vienna Sausage
5 oz.
Limit 6

Green Cabbage
Celery
Limit 6

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At www.superfoods.com

- Temple City 5595 Rosemead Blvd.
- Monrovia 925 W. Duarte Rd.
- Paramount 13120 Downey Ave.
- Bell Gardens 6380 E. Florence Ave.
- Eagle Rock 2245 Yosemite Dr.
- Alhambra 300 W. Main St.
- Los Angeles 2925 Division St.
- Los Angeles 425 Solo St.
- Montebello 2034 Beverly Blvd.
- South Gate 8116 California Ave.
- Highland Park 5250 York Blvd.
- Fillmore 725 Ventura St.

VISA, MasterCard, EBT, FOOD STAMPS, MoneyGram, ATM, DISCOVER, GIFT CARDS, Women, Infants And Children

Gatorade Thirst Quencher 32 oz. **99¢** +CRV

Kool Aid Jammers 10 Pack **1.99**

Springfield Water 24 Pack, .5 Liter Bottles **2 FOR \$5** +CRV

Mahatma Long Grain Rice 20 Lb. Bag **6.99**

Mazola Oil Corn, Canola, Corn Plus or Vegetable Plus, 40 oz. **2.59**

Best Foods Mayonnaise Bonus 33% More 40 oz. **3.89**

Cup Noodle Soups 6 Pack, 2.25 oz. **1.99**

Bimbo Sandwich Bread White, Wheat or Double Fiber, 24 - 26.5 oz. **1.99**

Smuckers Strawberry or Grape Goober 18 oz. **2.59**

Jif Peanut Butter 18 oz. **2.59**

Trident Sugar-Free Gum Select Varieties 18 Ct. **99¢**

Herdez Salsa 7 oz. **79¢**

Wishbone Salad Dressing 8 oz. **1.29**

Star Stuffed Manzanilla Olives 7 oz. **1.99**

Maruchan Oriental Noodles 3 oz. **5 FOR \$1**

Doritos Tortilla Chips 11.5-12 oz. **2 FOR \$5**

Yuban or Maxwell House Coffee 33-34.5 oz. **5.99** WITH \$1.00 COUPON

Springfield Tomato Sauce Regular, 8 oz. **4 FOR \$1**

Springfield Whole Kernel Corn 15.25 oz. **2 FOR \$2.99**

Campbell's Chicken Noodle Soup 10.75 oz. **4 FOR \$3**

Mazola Tomato or Chicken Bouillon 35.3 oz. **3.99**

La Costeña Whole Jalapeños 26 oz. **1.19**

Kellogg's Special K Cereal Assorted Varieties & Sizes **4 FOR \$10**

General Mills Honey Nut Cheerios 17 oz. **2 FOR \$7**

Post Honey Bunches of Oats Regular or With Almonds 14.5 oz. **2 FOR \$5**

General Mills Cereal Cinnamon Toast Crunch 12.8 oz., Lucky Charms 11.5 oz. or Reese's Puffs 13 oz. **2.99**

Cottonelle Bath Tissue 12 Ct. **6.99**

Viva Paper Towels 6 Roll **6.99**

Snuggle Fabric Softener 64 oz. **2.89**

Sun 2X Liquid Detergent 175 oz. **5.99**

Galton Tampico Citrus Punch **2 FOR \$3** +CRV

4 Pack Lala Drinkable Yogurt **2.49**

6 Pack Danimals Smoothies **2 FOR \$4**

6 oz. Pocket Pretzels with Peanut Butter **1.39**

24 oz. Springfield Golden Pride Giant Bread **1.69**

Pink or White, 2 Pack Dove Bar Soap **2 FOR \$5**

50 oz. Wisk 2X Liquid Detergent **5.99**

50 oz. All 2X Liquid Detergent **3.99**

12 Pack Danimals Smoothies **3.99**

16 oz. Daisy Sour Cream **1.69**

16 oz. Messana Mozzarella Balls **2.99**

All Varieties, 14-16 oz. Nabisco Chips Ahoyl Cookies **2 FOR \$5**

1-2-3 Azul Detergent 2 Kg. **12.3 2.99**

180 Ct. Special Value Napkins **99¢**

25 oz. Sunsations Dish Liquid **99¢**

60-63 oz. Surf Detergent **3.99**

Beer, Wine & Soda

Budweiser, Bud Light, Coors, Coors Light, Miller Lite, Miller Genuine Draft, Michelob Ultra or Tecate, Tecate Light 18 Pack, 12 oz. Cans or Bottles **11.99** +CRV

El Jimador, Crown Royal, Jagermeister or Jack Daniels 750 ml **16.99**

Crush, Manzanita Sol, Sierra Mist or Lipton Brisk 12 Pack, 12 oz. Cans **2 FOR \$5** +CRV

Corona, Corona Light, Heineken, Heineken Light, Dos Equis, Newcastle or Stella 24 Pack, 11.2-12 oz. Bottles **22.99** +CRV

Bacardi, Malibu, Smirnoff or Seagrams 7 1.75 Liter **16.99**

Sierra Mist, Manzanita Sol, Crush, Mug Root Beer or Kas Mas 2 Liter **99¢** +CRV

Deli Delights

Minute Maid or Simply Orange Juice 59-64 oz. **2.99**

Golden California Natural Cheese 16 oz. **2.99**

Borden American Cheese Product Singles 12 oz. Shredded Cheese 8 oz. **2 FOR \$4**

Lactaid Milk 64 oz. **3.49**

Margarita's Gelatin 3.5 oz. **6 FOR \$1**

Plumrose Sliced Cooked Ham or Turkey Breast 12 oz. **2.49**

Non Foods

VOS Shampoo or Conditioner 15 oz. **99¢**

30% OFF Ambassador Suggested Retail Greeting Cards and Accessories

Theraflu Cold Medicine 24 Ct. Liquids, 6 Ct. Powder or 8.3 oz. Liquid **5.49**

Huggies Baby Wipes Refill 184-216 Ct. **5.99**

Sauza Cien Años Tequila 750 ml. **12.99**

7-Up, Sunkist, A&W, or Hawaiian Punch 2 Liter **2 FOR \$3** +CRV

Lipton Tea or Aquafina 1.5 Liter **4 FOR \$5** +CRV

Twin Valley Wines 750 ml. **2 FOR \$5**

Smart Water 1 Liter, Fuzze Drinks 18.5 oz., or Vitamin Water 20 oz. **99¢** +CRV

Fanta Soda Orange, Strawberry, Grape, Pineapple 12 Pack, 12 oz. Cans **4 FOR \$10** WITH COUPON

Dole Orange Juice or 100% Fruit Juice Blends 59 oz. **2 FOR \$5**

El Paraiso Tostadas Caseras 14 oz. **1.39**

Rancho Grande Queso Fresco, Panela or Crema Mexicana 10-15 oz. **2 FOR \$4**

Guerrero Riquisimas Flour Tortillas 24 Ct. **2.99**

Calidad Tostadas Caseras 22 Ct. **1.19**

Danola Sliced Cooked Ham 8 oz. **2.49**

Lipovitan B3 Energy Drink 8.7 oz. **99¢** +CRV

Bic Sensitive Shaver 6 Ct. **99¢**

Triaminic Cold Medicine 4 oz. **5.99**

Alka Seltzer 24 Ct. **3.99**

Livingston Cellars Wine 1.5 Liter **3.99**

Monster, Amp, or Rockstar Energy Drinks 16 oz. **2 FOR \$3** +CRV

Aquafina or Dasani Drinking Water 24 Pack, 16.9 oz. Bottles or Lipton Tea 12 Pack, 16.9 oz. Bottles **4.99** +CRV

Carl Buddig Deli Tubs 28 oz. **5.99**

Plumrose Deli Tubs 9 oz. **2.99**

Gold'n Soft Spread 45 oz. **1.49**

Carl Buddig Deli Tubs 28 oz. **5.99**

Plumrose Deli Tubs 9 oz. **2.99**

Gold'n Soft Spread 45 oz. **1.49**

La Bella Hair Gel 40 oz. **2 FOR \$5**

Aqua Net Hairspray 11 oz. **2 FOR \$5**

Meat Department

Beef Ribeye Steaks
Bone-In

4.49
Lb.

Boneless Beef Chuck Roast

2.39
Lb.

Lean Ground Beef
Less Than 22% Fat

2.49
Lb.

Boneless Beef Ribeye Steaks

5.99
Lb.

Boneless Stewing Beef

2.69
Lb.

Sunnyvalley Premium Bacon
16 oz.

2 FOR \$6

Don Francisco Queso Fresco Bulk **2.99** Lb.

Don Francisco Cotija Bulk **3.49** Lb.

Don Francisco Crema **1.99** Lb.

Foster Farms Corn Dogs
Regular 2.67 Lb. or Mini Corn Dogs 44 Ct.

4.99 Ea.

Fresh Pork Neckbones

79¢ Lb.

Bar-S Smoked Hot Link Sausage
24 oz

3.99 Ea.

Foster Farms Chicken Nuggets or Patties Bulk

2.49 Lb.

Fresh Made Homestyle Chorizo
Beef or Pork Bulk

2.49 Lb.

Foster Farms Fresh Ground Turkey
Value Pack, 32 oz.

4.99 Ea.

Foster Farms Boneless Turkey Breast
Cutlets, Strips or Tenders .90 Lb. & 1.25 Lb.

4.99 Ea.

Foster Farms Seasoned Marinated Whole Chicken

1.49 Lb.

Foster Farms Boneless Chicken Breast
Thin Cut

4.99 Lb.

Seafood Department

Swai Fillets
Defrosted

2.99 Lb.

Imitation Crab Meat
Flaked, Fresh

1.99 Lb.

Catfish Fillets
Defrosted

3.99 Lb.

Large Shell-On Shrimp
Defrosted, EZ Peel

5.99 Lb.

Deli & Hot Foods

All Stores Except Eagle Rock and Monrovia

Fresh Daily Chicharrones

5.99 Lb.

Foster Farms Smoked Turkey Ham
Sliced

3.49 Lb.

Hormel Sliced Ham Bulk

1.99 Lb.

Chicken Tenders
All Varieties

4.99 Lb.

Potato Wedges
Simple

99¢ Lb.

FERIA DEL MERCADO y de la salud

SUPER A FOODS
Save Every Day

¡Muestras de Productos Gratis... Premios y Regalos! ¡Diversión para toda la Familia!

Free product samples & gifts! Entertainment for the entire family!

presented by: **¡Exámenes de salud gratis!** **Free health check ups!**

Saturday, October 3, 13120 Downey Avenue, Paramount, CA 90723 Event Hours: 11:00 - 4:00 p.m.
Sunday, October 4, 6380 E. Florence Avenue, Bell Gardens, CA 90201 Event Hours: 11:00 - 4:00 p.m.

NESTLE, PHILIP MORRIS, BUNGE, KRAFT, KRAFT FOODS, LECHERA, OREO, CHICKEN, DORITOS, GAIN, BUSH'S, KRAFT FOODS, LECHERA, OREO, CHICKEN, DORITOS

DOUBLE COUPON • DOUBLE SAVINGS!

Present this coupon along with any one MFG. "cents OFF" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/23/10 thru 10/28/10. Limit 1 Per Coupon + 4 Coupons Per Customer.

Super A Savers!

Dannon
Activia Yogurt
8 Pack

3.99



Don Jose
Horchata
Gallon



3.99
+CRV

Extra Large
Eggs
Dozen

1.49



Florida's Natural
Orange Juice
64 oz.



2 FOR \$6

Freezer Pleasers

Hot Pockets
9 oz.

2 FOR \$4



Celeste
Pizza For One
6-7.81 oz.

99¢

Special Value
Corn, Mixed Vegetables, Peas,
Peas and Carrots
16 oz.

89¢



Ben & Jerry's
Ice Cream 1 Liter
or Holanda's Paletas
6 Ct.



2.99

Popsicle
Ice Pops
8-10 Ct.

1.25



WEEK ONLY. AT. SOLD BY WEIGHT IN OFFER SIZES. LIMITED QUANTITIES. \$2.99 PER LB. \$2.99 PER LB.

SAVE \$2.00
when you buy any 10 Yogurt[®] Yogurt Cups
(1-6oz, all varieties) in a single shopping
visit between 9/23/10 and 9/29/10.

Ahorra \$2.00
al comprar cualquier 10 envases de yogurt Yogurt[®]
(1-6oz, todas las variedades) en una sola compra
entre el 23 de septiembre y el 29 de septiembre de 2010.

10 for \$6.00
or \$2.00
each
12/11

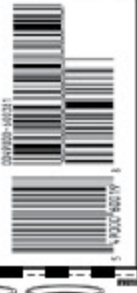
PLU 701

MANUFACTURER'S COUPON EXPIRES 09/29/2010

Buy any three
.8 Liter 6 packs
and get one more
.8 Liter 6 pack
FREE

Comprar tres paquetes
de 6 botellas de .8 Litros
y recibir un paquete de
6 botellas de .8 Litros
GRATIS

\$3.50



SAVE \$1.00
on any TWO (2) packages of
KNUDSEN Sour Cream (24 oz.)



SAVE \$1.00
on any ONE (1) MAXWELL HOUSE or YUBAN
Ground Coffee (11.5-oz. or larger)



SAVE \$2
when you buy* two
12-oz can fridge pack* packages
of participating brands.

AHORRA \$2
en la compra* de dos
paquetes de 12 onzas Frigor Pack*
de marcas participantes.



Farm Fresh Produce

Bartlett Pears

49¢
Lb.

29¢
Ea.

Small Hass Avocados

Pasilla Chiles

49¢
Lb.

Jalapeños or Tomatillos

39¢
Lb.

Brown Onions

19¢
Lb.

Pinto Beans

39¢
Lb.

Mums
6" Pot

3.99
Ea.