

SALE STARTS SEPTEMBER 30th THRU OCTOBER 6th, 2010

Open Daily 7am-11pm

SUPER A FOODS

Save Every Day

Nectarines **79¢** **Cantaloupe** **25¢** **Gala Apples** **49¢**
Lb. Lb. Lb.

Fresh Boneless, Skinless Fryer Breast **1.99** **Beef Loin Top Sirloin Steak** **2.99** **Fresh Pork Loin Chops** **1.79**
Family Pack Lb. Family Pack Lb. Assorted Lb.

Kellogg's Frosted Flakes 17 oz. or **Cocoa Krispies** 16.5 oz. **4 FOR \$10**

Get 2 FREE 24 Packs of Springfield Water With Purchase of 4 Participating Kellogg's Cereals **PLU #700**

Springfield Water 24 Pack .5 Liter Bottles **2 FOR \$5** +CRV

Extra Large Eggs Dozen **99¢**

Special Value Whole Kernel Corn 15 oz. **39¢**

Sierra Mist, Crush, Manzanita Sol, Mountain Dew or Lipton Brisk 2 Liter **79¢** +CRV

Springfield Apple Juice 64 oz. **1.19**

Coca Cola, Sprite, Squirt, Dr Pepper, Pepsi, Diet Pepsi, Crush or Sierra Mist 12 Pack, 12 oz. Cans **3 FOR \$10** +CRV With Coupon

ONE DAY SALE FRIDAY, October 1st

Budweiser Beer 18 Pack, 12 oz. Cans or Bottles **9.99** +CRV Limit 6

Ragu Spaghetti Sauce 26 oz. **2 FOR \$3** Limit 4

Beef Chuck Flanken Style **2.79** Lb. **Ribs or Short Ribs** **2.79** Lb.

Frozen Fryer Quarter Legs 10 Lb. Bag **4.99** Lb.

Quaker Granola Bars 10 Pack **1.79** Limit 4

Black Velvet Whisky or Popov Vodka 1.75 Liter **9.99** Limit 6

ONE DAY SALE WEDNESDAY, October 6th

Special Value Paper Napkins 180 Ct. **79¢** Limit 6

Scott Bath Tissue 4 Ct. 1000 Sheet **2 FOR \$5** Limit 4

Home Pride Butter Top Bread White or Wheat 20 oz. **1.99** Limit 6

Suavitel Fabric Softener 150 oz. **4.99** Limit 4

Iceberg Lettuce **39¢** Ea.

Strawberries 1 Lb. **99¢** Ea.

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At www.superfoods.com

Temple City 5595 Rosemead Blvd.
Los Angeles 2925 Division St.
Monrovia 925 W. Duarte Rd.
Los Angeles 425 Solo St.
Paramount 13120 Downey Ave.
Montebello 2034 Beverly Blvd.
Bell Gardens 6380 E. Florence Ave.
South Gate 8116 California Ave.
Eagle Rock 2245 Yosemite Dr.
Highland Park 5250 York Blvd.
Alhambra 300 W. Main St.
Fillmore 725 Ventura St.

VISA **MasterCard** **EBT** **FOOD STAMPS** **MoneyGrams**
ATM **DISCOVER** **GIFT CARDS** **Women Infants And Children**

99¢	99¢	2 FOR \$5	39¢	259	389	79¢

2 FOR \$5	3 FOR \$5	299	99¢	3 FOR \$1	2 FOR \$5	699	159

2 FOR \$5	199	119	4 FOR \$1	99¢	189	79¢

199	4 FOR \$10	2 FOR \$5	2 FOR \$5	289	359	179

299	99¢	59¢	169	2 FOR \$5	799	289	599
169	99¢	549	749	2 FOR \$5	2 FOR \$5	139	199

Beer, Wine & Soda

1199	1699	89¢	99¢
2299	1999	3 FOR \$10	79¢
499	1499	79¢	99¢
1099	699	99¢	99¢
2 FOR \$5	2 FOR \$3	2 FOR \$3	299

Deli Delights

299	99¢	2 FOR \$6
229	2 FOR \$6	99¢
2 FOR \$3	129	299
299	159	349
299	119	59¢

Non Foods

469	349
159	349
149	79¢
399	169
179	129

Meat Department

 <p>Beef Loin T-Bone Steaks Family Pack</p> <p>4.99 Lb.</p>	 <p>Beef Loin Porterhouse Steak Family Pack</p> <p>5.49 Lb.</p>	 <p>Pork Loin Rib Chops Center Cut</p> <p>2.99 Lb.</p>
 <p>Beef Loin New York Steaks Boneless</p> <p>5.99 Lb.</p>	 <p>Pork Loin Chops Center Cut, Wafer Thin</p> <p>3.49 Lb.</p>	

 <p>Bar-S Sliced Bacon 12 oz.</p> <p>2.99 Ea.</p>	 <p>Los Altos Queso Fresco Bulk</p> <p>2.99 Lb.</p>	 <p>Bar-S Sausage Smoked, Hot or Polish 3 Lb.</p> <p>4.49 Ea.</p>
 <p>Fresh Pork Shoulder Cushion Meat</p> <p>1.99 Lb.</p>	 <p>Fresh Sliced Beef Liver</p> <p>99¢ Lb.</p>	 <p>Simplot Hashbrown Potato Pattles 20 Ct.</p> <p>2.99 Ea.</p>
 <p>Foster Farms Split Fryer Breast Value Pack</p> <p>1.29 Lb.</p>	 <p>Foster Farms Turkey Sausage Mild or Hot 16 oz.</p> <p>2 FOR \$6</p>	 <p>Foster Farms Fresh Breaded Breast Nuggets, Tenderloins or Cutlets 12 oz.</p> <p>3.49 Ea.</p>
 <p>Bar-S Corn Dogs 3 Lb.</p> <p>4.99 Ea.</p>	 <p>Foster Farms Turkey Burger Patties Fresh 16 oz.</p> <p>2 FOR \$6</p>	 <p>Bar-S Hot Links 7 Lb.</p> <p>6.99 Ea.</p>

Seafood Department

Deli & Hot Foods

 <p>Tilapia Fillets Defrosted</p> <p>2.99 Lb.</p>	 <p>Marinated Fish Ceviche Bulk</p> <p>3.49 Lb.</p>	 <p>All Beef Hot Dog With Drink</p> <p>1.00 +TAX</p>
 <p>Cooked Squid Octopus Style Bulk</p> <p>2.49 Lb.</p>	 <p>Large Shell-On Shrimp Defrosted, EZ Peel</p> <p>5.99 Lb.</p>	 <p>Carnitas Pork Shoulder or Turkey</p> <p>5.99 Lb.</p>
 <p>Butterfly Breaded Shrimp Cooked</p> <p>5.99 Lb.</p>	 <p>Fresh Homestyle Salsa Mild or Hot</p> <p>2.49 Lb.</p>	 <p>Cooked Chicken 30 Pc. Drumsticks & Thighs Fried or Oven Baked</p> <p>16.99 Ea.</p>

 <p>Save Every Day</p> <p>Double Coupon • Double Savings!</p> <p>Present this coupon along with any one MFE. *Excludes OTC coupons. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/28/18 thru 9/3/18. Limit 1 Per Coupon • 4 Coupons Per Customer</p>	 <p>Save Every Day</p> <p>Double Coupon • Double Savings!</p> <p>Present this coupon along with any one MFE. *Excludes OTC coupons. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/28/18 thru 9/3/18. Limit 1 Per Coupon • 4 Coupons Per Customer</p>	 <p>Save Every Day</p> <p>Double Coupon • Double Savings!</p> <p>Present this coupon along with any one MFE. *Excludes OTC coupons. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/28/18 thru 9/3/18. Limit 1 Per Coupon • 4 Coupons Per Customer</p>	 <p>Save Every Day</p> <p>Double Coupon • Double Savings!</p> <p>Present this coupon along with any one MFE. *Excludes OTC coupons. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFE coupon. Coupon effective 8/28/18 thru 9/3/18. Limit 1 Per Coupon • 4 Coupons Per Customer</p>
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Give Hope with Every Cup™

Join Dannon in the Fight against Breast Cancer



Super A Savers!

Dannon
Activia Yogurt
4 Pack

2 FOR \$4



Danimals
Smoothies
12 Pack
3.99

Dannon
Yogurt
Regular or Light & Fit
6 oz.

2 FOR \$1



Danimals
Coolision
6 Pack

2 FOR \$4

Dannon
Yogurt
32 oz.

2 FOR \$5



Dannon
Activia
24 oz. Tub

2 FOR \$5

GIVE HOPE WITH EVERY CUP™

MANUFACTURER'S COUPON
EXPIRATION: 10/31/2010

SAVE \$2.50
when you buy any three (3)
12 can Fridge Pack™ packages

Offer valid on products of The Coca-Cola Company (including Minute Maid™) and NESTLE™ in 12 can Fridge Pack™ packages. While supplies last.

AHORRA \$2.50
en la compra de tres (3)
paquetes de 12 latas Fridge Pack™

Oferta válida en productos de la Compañía Coca-Cola (incluyendo Minute Maid™) y NESTLE™ en paquetes de 12 latas Fridge Pack™. Mientras haya disponibilidad.



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Farm Fresh Produce

Red Flame
or Seedless
Green
Grapes

99¢
Lb.

29¢
Ea.

Small
Hass
Avocados

White Corn

25¢
Ea.

25¢
Lb.

Honeydew
Melon

Brown
Onions

25¢
Lb.

39¢
Lb.

Jalapeños

Jumbo
Yams

29¢
Lb.