

SALE STARTS OCTOBER 14th THRU OCTOBER 20th, 2010

Open Daily 7am-11pm

# SUPER A FOODS

Save Every Day

**Tomatoes** 3 LBS 99¢

**BBQ White Corn** 25¢

**Red Seedless Grapes** 99¢ Lb.

**Fryer Quarter Legs** 59¢ Lb.

**Beef Chuck Espaldilla de Res** 249 Lb.

**Pork Loin Chops or Roast** 299 Lb.

**General Mills**

**Honey Nut Cheerios** 12.25 oz. 199

**Lucky Charms** 11.5 oz.

**Cookie Crisp** 11.25 oz.

**or Trix** 10.7 oz.

**C&H Pure Cane Sugar** 4 Lb. Bag 259

**Sierra Mist, Crush, Lipton Brisk, Manzanita Sol or Mug Root Beer** 12 Pack, 12 oz. Cans 2 FOR \$5 +CRV

**Springfield Whole Kernel Corn** 15.25 oz. 2 FOR 99¢

**Extra Large Eggs** 1 Dozen 99¢

**La Lechera Sweetened Condensed Milk** Regular, 14 oz. 99¢

**Coca Cola, Diet Coke, Sprite, Squirt, Coke Zero or Dr Pepper** 2 Liter 88¢ +CRV

## ONE DAY SALE FRIDAY, October 15th

**Hansen's Apple Juice** 64 oz. Limit 4 99¢

**Aquafina Water** 24 Pack, 16.9 oz. Bortles Limit 6 299 +CRV

**Stouffer's Lasagna** 90 oz. Limit 6 899

**Patron Silver Tequila** 750 ml Limit 4 2999

**Beef Flap Meat Carne Ranchera** Regular or Prepared 379

**Fresh Boneless Skinless Fryer Breast** Lb. Family Pack 169

## ONE DAY SALE WEDNESDAY, October 20th

**Langers Cocktails** Cranberry, Cran-Raspberry, Cran-Grape 6.4 oz. Limit 8 199 +CRV

**Hefty Foam Plates** 50 Ct. Limit 4 149

**Mazola Corn Oil** 40 oz. Limit 4 229

**Golden Creme Giant Pops** 12 Ct. Limit 6 169

**Asparagus** 99¢ Lb.

**Bananas** 3 LBS 99¢

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

**Temple City** 5595 Rosemead Blvd.  
**Los Angeles** 2925 Division St.  
**Monrovia** 925 W. Duarte Rd.  
**Los Angeles** 425 Solo St.  
**Paramount** 13120 Downey Ave.  
**Montebello** 2034 Beverly Blvd.  
**Bell Gardens** 6380 E. Florence Ave.  
**South Gate** 8116 California Ave.  
**Eagle Rock** 2245 Yosemite Dr.  
**Highland Park** 5250 York Blvd.  
**Alhambra** 300 W. Main St.  
**Fillmore** 725 Ventura St.

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**Girl's Hanes Classic Short Sleeve Tees** 2 FOR \$3

**Langers Cocktails** Cranberry, Cran-Grape or Cran-Raspberry 64 oz. 2 FOR \$5 +CRV

**Folgers Instant Coffee** 8 oz. 4.99

**Mahatma Long Grain Rice** 20 Lb. Bag 6.99

**Mazola Corn, Vegetable or Canola Oil** Gallon 7.99

**Best Foods Mayonnaise** Bonus 33% More, 40 oz. 3.89

**Nissin Cup Noodles Soups** 2.25 oz. 3 FOR \$1

**Thomas' English Muffins or Bagel Thins** Assorted Varieties 8 Ct. 2 FOR \$5

**Oroweat Bread** Country Potato, Healthful, Double Fiber 24 oz. or 6" Rolls 2.99

**Sara Lee Round Top Bread** Classic White or Wheat 20 oz. 1.99

**Bonert's Pies** Pumpkin, Apple, Dutch Apple or Pineapple 18-20 oz. 2 FOR \$5

**Smucker's Strawberry or Grape Goober** 18 oz. 2 FOR \$5

**Jif Peanut Butter** 18 oz. 2 FOR \$5

**Mott's Clamato Juice** Regular or Picante 32 oz. 1.99

**Prego Spaghetti Sauce** 24 oz. 2 FOR \$5

**Fritos Corn Chips, Cheetos or Sabritas** 7.75-9.25 oz. 1.99

**Nabisco Premium Saltine Crackers** 16 oz. 2 FOR \$5

**Minute Maid Coolers** 10 Pack 2 FOR \$5

**General Mills Cereal** Honey Nut Cheerios 12.5 oz., Cookie Crisp 11.25 oz., Lucky Charms 11.5 oz. or Trix 10.7 oz. 1.99

**Paseo Paper Towels** 6 Rolls 3.49

**Paseo Bath Tissue** 4 Pack 1.79

**Huggies Diapers or Pull Ups** Jumbo Pack 8.99

**Kleenex Facial Tissue** Select Sizes & Varieties 4 FOR \$5

**SPRINGFIELD SALE** Springfield **SPECIAL VALUE SALE** Springfield **SPRINGFIELD SALE** Springfield **SPECIAL VALUE SALE**

**Springfield Apple Juice** 64 oz. 1.29

**Springfield Soda** Cola, Orange, Lemon Lime or Strawberry 12 Pack, 12 oz. Cans 1.99 +CRV

**Springfield Drinking Water** 24 Pack, .5 Liter 2 FOR \$5 +CRV

**Springfield Long Grain Rice** 48 oz. 1.39

**Springfield Whole Kernel Corn** 15.25 oz. 2 FOR 2.99¢

**Springfield Tomato Sauce** Regular, 8 oz. 4 FOR \$1

**Special Value Whole Tomatoes** 28 oz. 2 FOR 2.99¢

**Special Value Bleach** 96 oz. 99¢

**Springfield Yogurt** 32 oz. 2 FOR \$3

**Springfield Natural Cheese** 16 oz. 2.99

**Springfield Golden Pride Bread** 16 oz. 1.09

**Springfield Pasta** 12-16 oz. 89¢

**Springfield Canned Pineapple** 20 oz. 1.19

**Springfield Mayonnaise** 32 oz. 1.99

**Special Value Soda** 1 Liter 59¢ +CRV

**Special Value Paper Napkins** 180 Ct. 99¢

**Special Value Frozen Vegetables** 16 oz. 89¢

**Springfield Cream Cheese** Brick or Soft, 8 oz. 1.39

**Springfield Saltines Crackers** 16 oz. 2 FOR \$3

**Springfield Lasagna** 16 oz. 1.19

**Springfield Fruit Cocktail or Peaches** 15.25 oz. 1.19

**Springfield Aluminum Foil** 12" x 25 Sq. Ft. 99¢

**Special Value Air Freshener** 12.5 oz. 99¢

**Regular Paper Towels** 59¢

**Springfield Family Pack Frozen Vegetables** 28-32 oz. 1.69

**Springfield Waffles** 12.3 oz. 1.49

**Special Value Cookies** 12 oz. 99¢

**Springfield Vanilla Waters** 11 oz. 1.59

**Special Value Pancake Syrup** 24 oz. 1.79

**Springfield Bowl Cleaner** 9 oz. 99¢

**Special Value Liquid Soap** 16.9 oz. 1.19

**Special Value Bath Tissue** 24 Rolls 4.99

**Beer, Wine & Soda**

**Budweiser, Bud Light, Coors Light, Miller Lite, Tecate or Tecate Light** 33 Pack, 12 oz. Cans 17.99 +CRV

**Chivas Regal, Courvoisier VS, Ciroc Vodka or Jose Cuervo Tradicional** 750 ml. 19.99

**Pepsi, Mountain Dew, Crush or Sierra Mist** 20 Pack, 12 oz. Cans 5.99 +CRV

**Tampico** 4 Pack, 12 oz. Bottles 2.99 +CRV

**Corona, Corona Light, Heineken Light, Dos Equis, Newcastle or Stella** 24 Pack, 12-12 oz. Bottles 22.99 +CRV

**Herradura Tequila Silver** 750 ml. 27.99

**Aquafina Water** 24 Pack, 16.9 oz. Bottles 3.49 +CRV

**Reposado Añejo** 29.99

**Newcastle or Stella** 24 Pack, 12-12 oz. Bottles 34.99

**Deli Delights**

**Extra Large Eggs** 1 Dozen 99¢

**Minute Maid or Simply Orange Juice** 39.4 oz. 2.99

**Simply Orange Juice** 4.99

**Bar-S Jumbo Franks** Chicken, Turkey or Beef 16 oz. 99¢

**Bar-S Sliced Cooked Ham or Turkey Breast** 16 oz. 2.95

**Non Foods**

**Kotex Maxi Pads** 16-20 Ct. 2.99

**Kotex Tampons** 18 Ct. 2.99

**Kotex Lightdays** 40-60 Ct. 2.99

**Colgate Value Pack Toothpaste** Great Regular Flavor Only 2.64 oz. Level 2 With No Supplies Last 3.49

**Colgate Cavity Protection** 5.49

**Budweiser, Bud Light, Tecate, Miller Lite, Genuine Draft, Michelob Ultra, Coors or Coors Light** 16 Pack, 12 oz. Cans 11.99 +CRV

**Jack Daniels Whiskey or El Jimador Tequila** 1.75 Liter 29.99

**Lipton Brisk** 11oz 99¢ +CRV

**Sobe Life Water** 20 oz. 99¢ +CRV

**Aquafina Water** 1 Liter 99¢ +CRV

**Knudsen Sour Cream** 24 oz. 2.49

**Knudsen Cottage Cheese** 16 oz. 2.49

**Margarita's or Señor Rico's Gelatin** 2.5 oz. 6 FOR \$1

**Margarita's or Señor Rico's Gelatin** 4.99

**Knudsen Sour Cream** 180 1.99

**Knudsen Cottage Cheese** 4.99

**Huggies Baby Wipes** 66-72 Ct. 2.69

**Lipovitan Drinks** Regular, Sugar Free, Vitamin C, Healthy Heart or Healthy Joint 8 Fl Oz, 3.3 oz. 5.49 +CRV

**25% OFF Entire Line** Emco Brooms, Mops and Bristle Goods

**Suave Shampoo or Conditioner** 15 oz. 99¢

**Fetzer Wines** 750 ml. 5.99

**Monster, Amp or Rockstar Energy Drinks** 16 oz. 2 FOR \$3 +CRV

**Glacéau Vitamin Water** 22 oz. 2 FOR \$3 +CRV

**El Mexicano Queso Fresco, Panela or Crema Mexicana** 10-15 oz. 2.49

**Joseph Farms Natural Cheese** 16 oz. 2.99

**Caclique Queso Fresco, Panela or Crema Mexicana** 10-15 oz. 2.39

**Ball Park Meat, Beef or Angus Beef Franks** 16 oz. 2.99

**Kraft Shredded or Natural Cheese Slices** 7.6 oz. 2.99

**Essentials for the Kitchen Dish Towels** 1 Ct. 2 FOR \$1

**Mennen Speedstick Antiperspirant Deodorant** 2.7 oz. 1.99

**Colgate Plus Toothbrush** 1 Ct. 1.99

**La Bella Styling Gel** 2.2 oz. 2 FOR \$3

**Absolut Vodka** 750 ml. 13.99

**Dasani Water** 24 Pack, 16.9 oz. Bottles or Nestle 4.99 +CRV

**Powerade Sports Drink** 22 oz. 79¢ +CRV

**Oscar Mayer Variety Pack** 8-12 oz. 2.49

**Oscar Mayer Sub Kit** 33 oz. 5.99

**Precious Mozzarella Cheese Balls** 16 oz. 3.99

**2 FOR \$1**

**2 FOR \$3**

# Meat Department

**Beef Blade Chuck Roast** **1.79** Lb.

**Fresh Regular Ground Beef** **1.99** Lb.  
3 Lbs. or More  
Less Than 30% Fat

**Boneless Stewing Beef** **2.69** Lb.

**Beef Chuck 7-Bone Roast** **1.99** Lb.

**Beef Back Ribs** **1.49** Lb.  
Defrosted

**Jimmy Dean Original Bacon** 12 oz. **2 FOR \$6**

**Los Altos Queso Fresco** Bulk **2.99** Lb.

**Los Altos Queso Cotija** Bulk **3.49** Lb.

**Los Altos Crema Natural** **1.99** Lb.

**Villa Roma Sausage** Sweet, Hot, Turkey or Bratwurst 16 oz. **2 FOR \$6**

**Jimmy Dean Pork Sausage Roll** All Varieties, 16 oz. **2 FOR \$6**

**Jimmy Dean Fully Cooked Original Links or Patties** 9.6 oz. **2 FOR \$6**

**Bar-S Hot Links** 3 Lb. **6.99** Ea.

**Rose's Meatballs** Swedish or Italian 12 oz. **3.19** Ea.

**Rose's Ham Steaks** 12 oz. **3.99** Ea.

**Foster Farms Whole Body Fryers** Bagged **99¢** Lb.

**Foster Farms Picnic Pack** Value Pack **1.19** Lb.

**Foster Farms Ground Turkey** 16 oz. **2 FOR \$5**

**Foster Farms Drumsticks or Thighs** Small Pack **1.59** Lb.

## Seafood Department

**Tilapia Fillets** Defrosted **2.99** Lb.

**Whole Cleaned Tilapia** Defrosted **1.29** Lb.

**Imitation Crab Meat** Flaked **1.99** Lb.

**Medium Shell-On Shrimp** Defrosted **4.99** Lb.

## Deli & Hot Foods

**All Beef Hot Dog with Drink** **1.00** +CRV

**Carnitas** Pork Shoulder or Turkey **5.99** Lb.

**Foster Farms Smoked Turkey Breast** Sliced **2.99** Lb.

**Cooked Chicken** 100 Piece Drumsticks & Thighs Fried or Oven/Baked **5.49** Ea.

**Foster Farms Honey Batter Corn Dogs** Cooked **2 FOR \$1**

Universal Studios  
**HALLOWEEN HORROR NIGHTS**  
SELECT NIGHTS SEPT. 24 - OCT. 31  
**SAVE UP TO \$25**  
ON KILLER DEAL NIGHTS!  
LOOK FOR YOUR COUPON IN STORE  
UNIVERSAL STUDIOS HOLLYWOOD

**La Llorona**

**SAVE EVERY DAY**

**Double Coupon • Double Savings!**

Present this coupon along with any one MFG. "Gerts Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/14/10 thru 11/28/11. Limit 1 Per Coupon • 4 Coupons Per Customer



# Farm Fresh Produce

Strawberries

1/Lb. Clamshell

**99¢**

Ea.

**79¢**

Lb.

Asian Pears

Small Avocados

**29¢**

Ea.

**39¢**

Lb.

Italian Squash

Limes

**25¢**

Lb.

**25¢**

Lb.

Brown Onions