

SALE STARTS OCTOBER 28th THRU NOVEMBER 3rd, 2010

Open Daily 7am-11pm

Save Every Day

SUPER A FOODS

Bewitching BARGAINS

White Corn

25¢
Ea.

Red Seedless Grapes

99¢

New Crop Fuji Lb. Apples

2.99
LBS



1.79
Lb. Family Pack



2.99
Lb. Family Pack



1.79
Lb.

Malt-O-Meal Cereal
Cocoa Dyno-Bites 21 oz.
Marshmallow Mateys 19 oz.



1.99

Coca Cola, Sprite, Squirt, Dr Pepper or Coke Zero

12 Pack, 12 oz. Cans



4 FOR \$11
+CRV
With Coupon

Gatorade Thirst Quencher Gallon



2.99
+CRV

Sunny Delight Citrus Punch

Gallon or 8 Pack



1.99
+CRV

Knorr Bouillon Chicken, Tomato, Beef or Low Sodium 7.9 oz.



99¢

Sierra Mist, Crush, Lipton Brisk, Manzanita Sol, Pepsi or Mountain Dew

12 Pack, 12 oz. Cans or 6 Pack, 16.9 oz. Bottles



3 FOR \$10
+CRV

Springfield Water 24 Pack, 5 Liter Bottles



2 FOR \$5
+CRV

Quaker Oatmeal Regular or Quick Oats 42 oz.



2 FOR \$5

ONE DAY SALE FRIDAY, October 29th



1.99
Limit 6



14.99
Limit 6



99¢
Limit 6



89¢
Limit 6



2.99 Lb.
2.69 Lb.

ONE DAY SALE WEDNESDAY, November 3rd



1.69
Limit 8



79¢
Limit 6



1.99
+CRV
Limit 6



2 FOR \$3
Limit 6



3.99 LBS
3 FOR \$9.99

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At www.superafoods.com

Temple City 5595 Rosemead Blvd.
Monrovia 935 W. Duarte Rd.
Paramount 13120 Downey Ave.
Bell Gardens 6380 E. Florence Ave.
Eagle Rock 2245 Yosemite Dr.
Alhambra 300 W. Main St.
Los Angeles 2925 Division St.
Los Angeles 425 Soto St.
Montebello 2924 Beverly Blvd.
South Gate 8116 California Ave.
Highland Park 5250 York Blvd.
Fillmore 725 Ventura St.



Super A 10/28/10 pg 4

Springfield Apple Juice 64 oz. **4 FOR \$5**

Martinelli's Sparkling Ciders Apple, Apple-Cranberry or Apple-Raspberry 25.4 oz. **2 FOR \$5**

Springfield Water 24 Pack, .5 Liter **2 FOR \$5**

Springfield Tomato Sauce Regular, 8 oz. **4 FOR \$1**

Springfield Whole Kernel Corn 15.25 oz. **2 FOR \$2.99**

Wesson Corn, Canola or Vegetable Oil 48 oz. **2 FOR \$5**

Nissin Cup Noodles Soups 6 Pack, 2.25 oz. **1.99**

Oroweat Bread 7 Grain, Multi Grain or Buttermilk, 24 oz. or **Muffins** 6 Pack **2.99**

Sara Lee Classic Bread White Sandwich, Soft & Smooth or 100% Whole Wheat, 24 oz. **1.99**

Tim's or Hawaiian Potato Chips 5 oz. **4 FOR \$5**

Trident Gum Layers Strawberry, Apple or Mint 14 Ct. **1.29**

Trident Gum Layers **2 FOR \$5**

Prego Spaghetti Sauce 24 oz. **99¢**

Del Monte Ketchup 24 oz. **99¢**

Mahatma Long Grain Rice 20 Lb. Bag **7.99**

Nissin Top Ramen Noodles 3 oz. **5 FOR \$1**

Frito-Lay Variety Pack 22 Ct. **5.99**

Doritos Tortilla Chips 11.5-12 oz. **2.99**

Nabisco Ritz Crackers All Varieties 15-16 oz. **2 FOR \$5**

Best Foods Mayonnaise Bonus 33% More 40 oz. **3.89**

Wish Bone Salad Dressing 16 oz. **2 FOR \$5**

Alice In Wonderland Shirts While Supplies Last **4.99**

Nickelodeon Dora Pillow While Supplies Last **4.99**

Kellogg's Special K Cereals Assorted Sizes & Varieties **2.99**

Kellogg's Cereal Frosted Flakes 23 oz., Corn Pops 17.2 oz., Froot Loops 17 oz., Apple Jacks 17 oz. **3.59**

General Mills Cereal Cheerios 18 oz., Cinnamon Toast Crunch 17 oz., Cocoa Puffs 16.5 oz., Kix 18 oz., Trix 14.8 oz., Honey Nut Cheerios 17 oz. **2.99**

Malt-o-Meal Cereal Cocoa Dyno Bites 21 oz., Marshmallow Mates 19 oz. **1.99**

Quaker Life Cereal 21 oz. **2 FOR \$5**

Springfield Soda Orange, Lemon Lime, Cola or Strawberry 12 Pack, 12 oz. Cans **1.99**

Scott Bath Tissue 1000 Sheet 4 Pack **2 FOR \$5**

Downy Fabric Softener 64 oz. **2.89**

Mission Tortilla Chips 22 oz. Brown Bag **2 FOR \$5**

Tropicana Pure Premium Orange Juice 59 oz. **2.99**

LaLa Drinkable Yogurt 32 oz. **2 FOR \$5**

Springfield Golden Pride Bread White or Wheat, 16 oz. **1.09**

Springfield Golden Pride Jumbo Bread 32 oz. **1.99**

McCormick Taco Seasoning 1.25 oz. **2 FOR \$1**

McCormick Black Pepper 4 oz. **2.59**

Lawry's Seasoned Salt 16 oz. **1.89**

Cafe Complements Coffee Creamer 32 oz. **1.99**

Gold'n Soft Spread 45 oz. **1.49**

El Paraiso Tostadas Caseras 24 Ct. **1.39**

Springfield Golden Pride Hamburger or Hot Dog Buns 16 Ct. **1.99**

Quaker Life Cereal 15 oz. **2 FOR \$4**

McCormick Gravy Brown, Chicken or Turkey, .87 oz. **79¢**

McCormick Sea Salt or Black Pepper Grinder Assorted Sizes **1.99**

McCormick Salad Toppings 3.75 oz. **1.99**

BEER, WINE & SODA

Budweiser, Bud Light, Tecate, Tecate Light, Miller Lite, Genuine Draft, Michelob Ultra, Coors or Coors Light 12 Pack, 12 oz. Cans or bottles **11.99**

Grey Goose, Hennessy, Cazadores, Belvedere or Buchanan's 750 ml. **24.99**

Sierra Mist, Crush, Manzanita Sol or Lipton Tea 2 Liter **79¢**

Corona, Corona Light, Heineken, Heineken Light, Dos Equis, Blue Moon, Becks, Newcastle or Stella 24 Pack, 11.2-12 oz. Bottles **22.99**

Stella Rosa, Stella Rosa Bianco or Moscato D'Asti Wines 750 ml. **8.99**

Coca Cola, Sprite, Squirt, Dr Pepper or Coca Cola Zero 2 Liter **2 FOR \$3**

Smirnoff, Bacardi or Malibu Rum 1.75 Liter **16.99**

Sauza Cien Años 750 ml. **13.99**

Powerade Sports Drink 32 oz. **79¢**

Budweiser, Bud Light, Miller Lite, Coors Light, Tecate or Tecate Light 30 Pack, 12 oz. Cans **18.99**

7 Up, Sunkist, A&W, Hawaiian Punch or RC Cola 12 Pack, 12 oz. Cans **3 FOR \$10**

Fuze, Dasani Water, Smart Water or Vitamin Water 20 oz. **99¢**

Korbel Champagne 750 ml. **8.99**

7 Up, Sunkist, A&W, Hawaiian Punch or RC Cola 24 Pack, 16.9 oz. Bottles **4 FOR \$5**

Aquafina Water 24 Pack, 16.9 oz. Bottles **3.99**

DELI DELIGHTS

Guerrero Corn Tortillas 21.3 oz. **1.99**

Extra Large Eggs 1 Dozen **1.69**

Golden California Natural Cheese 16 oz. **2 FOR \$6**

Yoplait Yogurt Original or Light 6 oz. **2 FOR \$1**

Margarita's or Señor Rico's Gelatin Rainbow or Vanilla 5.5 oz. **4 FOR \$1**

Dannon Activia Drinks 7 oz. **79¢**

Old Wisconsin Sausage 12-16 oz. **2.49**

Messana Mozzarella Balls 16 oz. **2.99**

Señor Rico Gelatin Regular or Sugar Free 12 Pack, 3.5 oz. **2 FOR \$5**

Rancho Grande Queso Fresco, Panela or Crema Mexicana 10-15 oz. **2.19**

Messana Mozzarella Balls 16 oz. **2.99**

Bar-S Jumbo Franks Meat, Chicken or Turkey 16 oz. **99¢**

Carl Buddig Deli Cuts 12 oz. **2.99**

Señor Rico Gelatin Regular or Sugar Free 12 Pack, 3.5 oz. **2 FOR \$5**

Rancho Grande Queso Fresco, Panela or Crema Mexicana 10-15 oz. **2.19**

Messana Mozzarella Balls 16 oz. **2.99**

Bar-S Jumbo Franks Meat, Chicken or Turkey 16 oz. **99¢**

Carl Buddig Deli Cuts 12 oz. **2.99**

Danola Sliced Cooked Ham 6 oz. **2.49**

Carl Buddig Deli Tubs 9 oz. **2 FOR \$5**

Carl Buddig Variety Pack 20 oz. **5.99**

NON FOODS

Energizer Batteries AA or AAA 4 Pack or D 2 Pack or 9 Volt 1 Pack **2.79**

NyQuil or DayQuil 6 oz. Liquid or 10-12 Ct. Liquidcaps **5.39**

General Electric Nightlights 2 Pk, 4 Watt **1.99**

General Electric Extra Soft White Light Bulbs 4 Pack **1.49**

Bic Surestart Multi-Purpose Lighter 1 Ct. **2.99**

General Electric Longlife or Decorator Lightbulbs 2 Pack **2.49**

Vick's VapoRub 50 Grams **4.49**

Western Family Cough Drops 40 Ct. **1.19**

XL-3 Cold Medicine 20 Ct. **4.19**

XL-3 Extra Strength Cold and Cough 12 Ct. **4.79**

MEAT DEPARTMENT



Beef Loin T-Bone Steaks
Family Pack

4.99
Lb.



Beef Loin Porterhouse Steak
Family Pack

5.49
Lb.



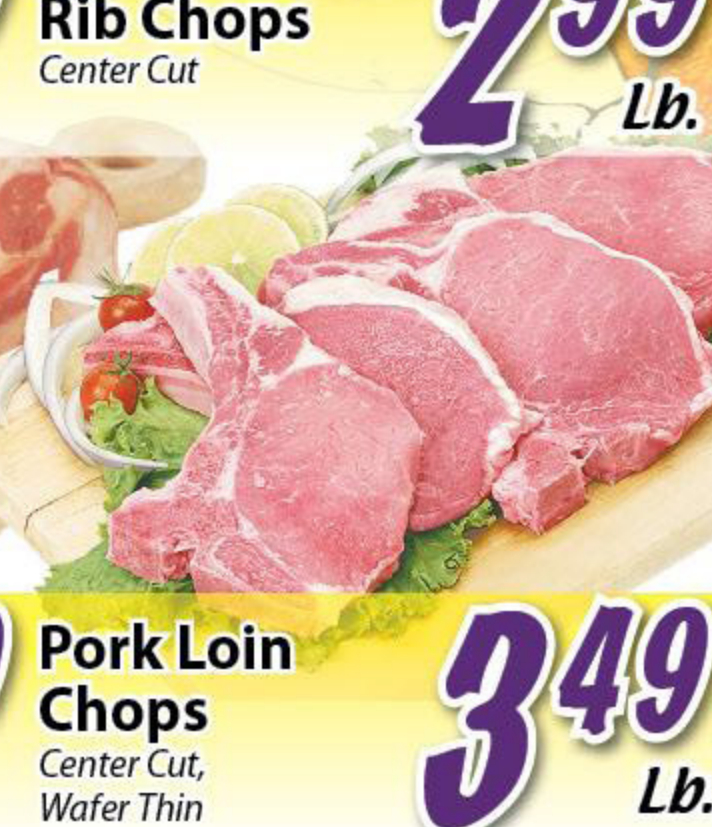
Pork Loin Rib Chops
Center Cut

2.99
Lb.



Beef Loin New York Steaks
Boneless

5.99
Lb.



Pork Loin Chops
Center Cut, Wafer Thin

3.49
Lb.



Fresh Pork Shoulder Cushion Meat

1.99
Lb.



Boneless Pork Stew Meat

2.49
Lb.



Los Altos Queso Fresco
Bulk

2.99
Lb.



Los Altos Queso Cotija
Bulk

3.49
Lb.



Los Altos Crema Natural
Bulk

1.99
Lb.



Hillshire Farm Smoked Link Sausage
All Varieties 14-16 oz.

2 FOR \$6



Hillshire Farm Lil' Smokies
Regular or Beef 14-16 oz.

3.29
Ea.



Las Campanas Burritos
Family Pack, All Varieties 36 oz.

2 FOR \$6



Foster Farms Corn Dogs
Regular, 2.67 Lb. or Mini Corn Dogs 44 Ct.

4.99
Ea.



Fresh Potato or Macaroni Salads
Bulk

1.19
Lb.



Foster Farms Split Fryer Breast
Value Pack

1.29
Lb.



Foster Farms Fresh Ground Turkey
Value Pack, 32 oz.

4.99
Ea.



Foster Farms Turkey Sausage
16 oz. Mild or Hot

2 FOR \$6



Foster Farms Turkey Burger Patties
16 oz.

2 FOR \$6

SEAFOOD DEPARTMENT

DELI & HOT FOODS

All Stores Except Eagle Rock and Monrovia



Tilapia Fillets
Defrosted

2.99
Lb.



Marinated Fish Ceviche
Bulk

3.49
Lb.



Chicken Drums & Thighs
Fried or Oven Roasted 100 Pieces

5.49
30 Pieces 16.99, 50 Pieces 27.99



Whole Cleaned Tilapia
Defrosted

1.29
Lb.



Medium Shell-On Shrimp
Defrosted

4.99
Lb.



Buffalo Hot Wings
All Varieties

4.99
Lb.



Carnitas
Pork Shoulder or Turkey

5.99
Lb.

Universal Studios
HALLOWEEN HORROR NIGHTS
SELECT NIGHTS SEPT. 24 - OCT. 31
SAVE UP TO \$25 ON KILLER DEAL NIGHTS!
LOOK FOR YOUR COUPON IN STORE
UNIVERSAL STUDIOS HOLLYWOOD

Save Every Day
Double Coupon • Double Savings!
Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/28/10 thru 11/3/10. Limit 1 Per Coupon • 4 Coupons Per Customer

Super A 10/27/10 Page 4

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La Llorona

SUPER A SAVERS!

Daisy
Sour Cream
24 oz.

2 FOR \$5



MOUNTAIN HIGH
Fat Free
All Natural Yogurt
Vanilla

MOUNTAIN HIGH
Fat Free
All Natural Yogurt
Strawberry

Mountain High
Yogurt
32 oz.

2 FOR \$5

Lactaid or Fiber One
Cottage Cheese
16 oz.

2.49



Almond Breeze
Milk
64 oz.

2 FOR \$5



Horizon
Organic Milk
64 oz.

2.99



Minute Maid
Punch or Lemonade
128 oz.

2.99
+CRV



Yonique
Yogurt
7 oz.

69¢



Don José
Horchata
Gallon

3.99
+CRV



FREEZER PLEASERS

Nestle
Ice Cream Sandwiches
Vanilla or Neapolitan, 6 Ct.

2 FOR \$4



Breyer's
Ice Cream
1.5 Quart

2 FOR \$5



Banquet
Meals
5-11 oz.

4.49



Krusteaz Pancakes,
French Toast or
Cinnamon Swirl
12.5-19 oz.

2.49



Dreyer's
Grand or Slow Churned
Ice Cream
1.5 Quart

2.99



SAVE \$3
When you buy any four (4) 12 can Fridge Pack® packages

AHORRA \$3
en la compra de cuatro (4) paquetes de 12 latas Fridge Pack®

REAL Taste TASTE AND ZERO CALORIES

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5 49000 99287 3

FARM FRESH

PRODUCE

Green
Cabbage

19¢
Lb.



3.99
LBS

Pinto
Beans
Triple Cleaned

Bartlett
Pears

49¢
Lb.



19¢
Lb.

Brown
Onions



Mexican
Squash

3.99
LBS



25¢
Lb.

Jicama



Small
Hass
Avocados

29¢
Ea.