

SALE STARTS OCTOBER 13th THRU OCTOBER 19th, 2011

Open Daily 7am-11pm

Save Every Day

# SUPER A FOODS

## 40th ANNIVERSARY SALE

**Seedless Red Grapes** **99¢** Lb.

**Gala Apples** **1.49** Ea. 3 Lb. Bag

**Seedless Watermelon** **1.19** Lb.

**Foster Farms Whole Bag Fryers** **7.99** Lb. LIMIT 4

**Beef Flap Meat Carne Ranchera** **3.99** Lb. Family Pack Regular or Prepared

**Fresh Boneless Pork Loin Chops or Roast** **2.99** Lb.

**Kellogg's Frosted Flakes 23 oz., Corn Pops 17.2 oz., Apple Jacks 17 oz., Froot Loops 17 oz.**

**4 FOR \$10** With Coupon

SAVE \$2.00 WHEN YOU BUY ANY 4 PARTICIPATING KELLOGG'S CEREALS

**Save \$2.00** when you buy ANY FOUR participating Kellogg's Cereals. Good Only at SUPER A FOODS

**PLU #9002**

**Large Eggs Dozen** **99¢**

LIMIT 4 • WITH \$10.00 PURCHASE

**C&H Pure Cane Sugar 4 Lbs.** **1.99** LIMIT 2

**Crystal Geyser Drinking Water 24 Pack, .5 Liter** **2 FOR \$5** +CRV

**Coca Cola, Sprite, Coke Zero or Dr. Pepper 2 Liter** **4 FOR \$4** +CRV MUST BUY 4

**Mazola Oil Corn, Corn Plus, Canola or Vegetable Plus 40 oz.** **2.99**

**Cheetos & Fritos Corn Chips or Fritos Can Dips 9-10.75 oz.** **2 FOR \$4**

**Shasta Soda 12 Pack, 12 oz. Cans** **1.99** +CRV

**Ragu Spaghetti Sauce 23-24 oz. or Alfredo Sauce 16 oz.** **2 FOR \$3**

**Sara Lee Bread Classic White, Soft & Smooth 100% Wheat Bread 24 oz.** **1.99**

**Tampico Citrus Punch Gallon** **99¢** +CRV

**Anthony's Pasta Spaghetti, Small, Large, Elbow Macaroni 16 oz. or Fine Fideo 12 oz.** **99¢**

**7-up, Sunkist, A&W, Welch's, Hawaiian Punch or RC Cola 12 Pack-12 oz. Cans** **2 FOR \$6** +CRV

**Breyer's Ice Cream 48 oz.** **2 FOR \$6**

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

**Temple City** 5595 Rosemead Blvd. **Paramount** 13120 Downey Ave. **Bell Gardens** 6380 E. Florence Ave. **Eagle Rock** 2245 Yosemite Dr. **Alhambra** 300 W. Main St.  
**Los Angeles** 2925 Division St. **Los Angeles** 425 Soto St. **Montebello** 2024 Beverly Blvd. **South Gate** 8116 California Ave. **Highland Park** 5250 York Blvd. **Fillmore** 725 Ventura St.

**VISA** **MasterCard** **EBT** **FOOD STAMPS** **MoneyGram**  
**ATM** **DISCOVER** **GIFT CARDS** **Women Infants And Children**

**Gatorade Thirst Quencher** 128 oz. **2.99** +CRV

**Crystal Geyser Drinking Water** 24 Pack, .5 Liter **2 FOR \$5** +CRV

**Shasta Soda** 12 Pack, 12 oz. Cans **1.99** +CRV

**Mazola Oil** Corn, Corn Plus, Canola or Vegetable Plus 40 oz. **2.99** +CRV

**C&H Pure Cane Sugar** 4 Lb. Bag **1.99** LIMIT 2

**Ragu Spaghetti Sauce** 23-24 oz. or Alfredo Sauce 16 oz. **2 FOR \$3**

**Anthony's Pasta** Spaghetti 16 oz., Large, Small Elbow 16 oz. or Fine Fideo 12 oz. **99¢**

**Trident Gum** Mint or Fruit 18 Ct. **99¢**

**Hershey's Singles** Almond, Milk Chocolate, Cookies 'n Creme, Kit Kat or Almond Joy **69¢**

**B.C. Bundt Cake** Lemon, Pineapple or Sock It to Me 30 oz. **5.29**

**King's Hawaiian Dinner Rolls** 12 Pack **2 FOR \$5**

**Nesquik Chocolate** 21.8 oz. **3.99**

**Rosarita Refried Beans** 30 oz. **1.59**

**Kraft Barbecue Sauce** 18 oz. **79¢**

**Mezzetta Chile Peppers, Mixed Vegetables** All Varieties, 16 oz. **1.19**

**Oroweat Soft Family** 100% Whole Wheat 20 oz. or Thomas' Muffins 6 Pack **2 FOR \$4**

**Roman Meal** Sandwich Round Top 20-24 oz., Hot Dog or Hamburger Buns 16 oz. or Francisco Rolls 6', 6 Pack **2 FOR \$4**

**Langer's Cocktails** Cranberry, Cran-Grape or Cran-Raspberry, 64 oz. **1.99** +CRV

**Hansen's Apple Juice** 64 oz. **2 FOR \$3**

**Golden Grain Rice-a-Roni or Pasta Roni** Assorted Sizes & Varieties **99¢**

**Hunt's Tomato Sauce** Regular or No Salt 8 oz. **3 FOR \$1**

**Teasdale Mexican Style Hominy** 108 oz. **1.99**

**Kellogg's** Frosted Flakes 23 oz., Corn Pops 17.2 oz., Froot Loops 17 oz., Apple Jacks 17 oz. **4 FOR \$10** WITH \$2.00 COUPON

**General Mills** Honey Nut Cheerios 12.25 oz., Trix 10.7 oz., Lucky Charms 11.5 oz., Cheerios 14 oz. **2 FOR \$5**

**La Lechera Sweetened Condensed Milk** 14 oz. **1.19**

**Quaker Oatmeal** Old Fashioned or Quick 42 oz. **2 FOR \$5**

**Aunt Jemima Pancake Mix** 32 oz. **1.99**

**Paseo Bath Tissue** 12 Double Rolls **3.99**

**Ajax Liquid Detergent** 50 oz. **1.89**

**Fabuloso Liquid Cleaner** 28 oz. **99¢**

**Breyers Ice Cream** 48 oz. **2 FOR \$6**

**Nestle Drumsticks** 8 Ct. **3.99**

**Springfield Golden Pride Bread** White or Wheat, 16 oz. **1.29**

**Corn Nuts or Corn Nut Chips** All Varieties, 3.2-4 oz. **59¢**

**Señor Rico Gelatins** Rainbow or Vanilla, 5 oz. **5 FOR \$1**

**Lala Drinkable Yogurt** 8.1 oz. **99¢**

**Knudsen Cottage Cheese Doubles** 3.9 oz. **99¢**

**Kleenex Facial Tissue** Assorted Varieties & Sizes **3 FOR \$4**

**Breyers Hash Browns, Onion Rings or Crinkle Cut Potatoes** 10 Ct. - 32 oz. **1.59**

**Beef or Chicken, 20-22 oz. Crazy Cuisine** **4.99**

**Shredded Beef or Chicken, 4-5 oz. José Olé Burritos or Chimichangas** **89¢**

**Iced Oatmeal, Chocolate Chip or Circus Animals, 14 oz. Mother's Bag Cookies** **2 FOR \$5**

**Señor Rico Pudding** 4.5-8 oz. **69¢**

**Kraft Grated Parmesan Cheese** **3.99**

**Knudsen Sour Cream** 48 oz. **5.49**

**Minute Maid Punches** 128 oz. **2.99** +CRV

**Huggies Jumbo Diapers & Pull Ups** **9.99**

**Beer, Wine & Soda**

**Tecate, Miller Genuine Draft, Coors, Coors Light, Michelob Ultra, Budweiser, Bud Light or Miller Lite** 20 Pack, 12 oz. Cans or Bottles **13.99** +CRV

**Budweiser or Bud Light** 30 Pack, 12 oz. Cans **18.99** +CRV

**Pepsi, Crush, Mtn Dew or Sierra Mist** 12 Pack, 12 oz. Cans **3 FOR \$10** +CRV

**Heineken, Heineken Light, Bohemia, Newcastle, Dos Equis, Spaten, Blue Moon, Franziskaner or Downtown Brown** 12 Pack, 12 oz. Bottles **12.99** +CRV

**Cazadores, Buchanan's, Hennessy, Grey Goose or Hangar One** 750 ml. **24.99**

**Pepsi, Diet Pepsi, Mtn Dew, Crush or Sierra Mist** 2 Liter **4 FOR \$5** +CRV

**Glen Ellen Wines** 750 ml. **2 FOR \$6**

**Blackstone, Bogle, Cupcake or Robert Mondavi** 750 ml. **7.99**

**Vitamin Water, Smart Water, Dasani or Fuze** 16.9 oz. - 1 Liter **99¢** +CRV

**E&J Brandy V.S. 750 ml. 5.99**

**V.S.O.P. 750 ml. 6.99**

**Stella Rosa, Moscato de Asti, Chateau Ste. Michelle Wines** 750 ml. **8.99**

**Coca Cola, Sprite, or Dr Pepper** 6 Pack, 16.9 oz. or Sleek Cans 8 Pack, 7.5 oz. **3.49** +CRV

**Black Swan, Barefoot or Naked Grape** 750 ml. **4.99**

**Pepsi, Crush, Mtn Dew or Sierra Mist** 6 Pack, 24 oz. Bottles **3 FOR \$10** +CRV

**Monster Energy Drinks** 12 oz. Cans **99¢** +CRV

**Deli Delights**

**Dannon Dan-o-nino Smoothies** 4 Pack or Yogurt Cups 6 Pack **3 FOR \$5**

**Dole Orange Juice or 100% Fruit Juice Blends** 59 oz. **2 FOR \$4**

**El Mexicano Queso Fresco, Panela or Crema Mexicana** 12-15 oz. **2 FOR \$5**

**Oscar Mayer Meat or Turkey Franks** 16 oz. **2 FOR \$3**

**Daisy Sour Cream** 24 oz. **1.99**

**Ranchero Queso Fresco, Crema Natural or Crema con Sal** 12-15 oz. **2.99**

**Frijo Mozarella Balls or String Cheese** 12-16 oz. **3.49**

**Jell-O Gelatins or Pudding** 6 Pack **2.99**

**Joseph Farms Natural Cheese** 16 oz. **2.99**

**Carl Buddig Deli Meats** 12 oz. **2.99**

**Buddig Carl Buddig Thin Sliced Meat** 2 oz. **2 FOR \$1**

**Mama Rosa's Kids Pack Pizza** 17 oz. **1.99**

**Guerrero Tostadas Caseras** 24 Ct. **1.25**

**Guerrero Riquisimas Flour Tortillas** **1.69**

**Guerrero Corn Tortillas** 80 Ct. **2.49**

**Non Foods**

**Colgate Total Toothpaste** 6 oz. **2.49**

**Head & Shoulders Shampoo** Regular or 2 in 1 23.7 oz. **6.99**

**Kotex Lighters** **2.49**

**Kotex Maxi Pads, Tampons Assorted or Lightdays Pantyliners** 40-64 Ct. **2.49**

**General Electric Reveal Light Bulbs** 40, 60, 75 Watt 4 Pack **5.99**

**Huggies Baby Wipes Tubs** 64-72 Ct. **2.49**

**VOS Shampoo or Conditioner** 15 oz. **99¢**

**Bic Surestart Utility Lighters** 1 Ct. **2.99**

**Bic Comfort 3 Razors** 4 Pack **2.99**

**Duracell Ultra AA or AAA Batteries** 4 Ct. **3.69**

**Western Family Ibuprofen Tablets** 100+100 FREE **4.99**

# Meat Department

 <p><b>Fresh Fryer Breast Boneless Skinless Family Pack</b></p> <p><b>1.79</b> Lb.</p>	 <p><b>Beef Chuck Flanken Ribs or Short Ribs</b></p> <p><b>2.99</b> Lb.</p>	 <p><b>Fresh Extra Lean Ground Beef</b> Less Than 15% Fat</p> <p><b>3.99</b> Lb.</p>
 <p><b>Fresh Turkey Store Ground Turkey</b> 20 oz.</p> <p><b>3.29</b> Ea.</p>	 <p><b>Los Altos Queso Fresco</b> Bulk</p> <p><b>3.49</b> Lb.</p>	 <p><b>Johnsonville Beer Bratwurst</b> Original or Italian Sausage Hot or Mild 19 oz.</p> <p><b>4.29</b> Ea.</p>
 <p><b>Boneless Pork Stew</b></p> <p><b>2.49</b> Lb.</p>	 <p><b>Bar-S Sliced Bacon</b> 12 oz.</p> <p><b>2.99</b> Ea.</p>	 <p><b>Bar-S Smoked Sausage</b> Smoked, Hot or Polish 2.5 Lbs.</p> <p><b>4.99</b> Ea.</p>
 <p><b>Foster Farms Chicken Wings</b> Value Pack</p> <p><b>1.99</b> Lb.</p>	 <p><b>Foster Farms Seasoned Marinated Whole Chicken</b></p> <p><b>1.49</b> Lb.</p>	 <p><b>Tina's Burritos</b> All Varieties 4 oz.</p> <p><b>3.99</b> FOR \$1</p>
 <p><b>Foster Farms Corn Dogs</b> Regular 2.67 Lbs. or Mini Corn Dogs 44 Ct.</p> <p><b>4.99</b> Ea.</p>	 <p><b>Turkey Store Burger Patties</b> 16 oz. or Mild Breakfast Links 14 oz.</p> <p><b>3.29</b> Ea.</p>	

## Seafood Department

## Deli & Hot Foods

 <p><b>Fresh Whole Catfish</b></p> <p><b>1.99</b> Lb.</p>	 <p><b>Fresh Imitation Crab Meat</b> Flaked</p> <p><b>1.99</b> Lb.</p>	 <p><b>Fresh Daily Chicharrones</b> Bulk</p> <p><b>6.99</b> Lb.</p>	 <p><b>Farmer John Deli Sliced Ham</b></p> <p><b>1.99</b> Lb.</p>
 <p><b>Swai Fillets</b> Defrosted</p> <p><b>2.49</b> Lb.</p>	 <p><b>Fresh Marinated Fish Ceviche</b> Bulk</p> <p><b>3.99</b> Lb.</p>	 <p><b>Tyson Mini Ribs in Sauce</b> Bulk</p> <p><b>5.99</b> Lb.</p>	 <p><b>Foster Farms Smoked Turkey Breast</b> Bulk (Sliced)</p> <p><b>3.49</b> Lb.</p>

<p><b>SAVE EVERY DAY</b></p> <p><b>DOUBLE COUPON • DOUBLE SAVINGS!</b></p> <p>Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$100. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/13/11 thru 10/19/11. Limit: 1 Per Coupon • 4 Coupons Per Customer.</p>	<p><b>SAVE EVERY DAY</b></p> <p><b>DOUBLE COUPON • DOUBLE SAVINGS!</b></p> <p>Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$100. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/13/11 thru 10/19/11. Limit: 1 Per Coupon • 4 Coupons Per Customer.</p>	<p><b>SAVE EVERY DAY</b></p> <p><b>DOUBLE COUPON • DOUBLE SAVINGS!</b></p> <p>Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$100. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/13/11 thru 10/19/11. Limit: 1 Per Coupon • 4 Coupons Per Customer.</p>	<p><b>SAVE EVERY DAY</b></p> <p><b>DOUBLE COUPON • DOUBLE SAVINGS!</b></p> <p>Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$100. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/13/11 thru 10/19/11. Limit: 1 Per Coupon • 4 Coupons Per Customer.</p>
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