

**SALE STARTS April 12th THRU April 18th, 2012**

**Open Daily 7am-11pm**

# SUPER A FOODS

*Save Every Day*

**2 FOR \$3**  
**Strawberries**  
 1 Lb. Clamshell

**3 FOR \$3.99**  
**Roma Tomatoes**

**2 FOR \$2.79**  
**Red Delicious Apples**  
 LBS

**6.99**  
**Frozen Fryer Chicken Leg Quarters**  
 10 Lb. Bag

**2.99**  
**Beef Round Milanesa Sirloin Tip**  
 Family Pack Thin Cut

**1.79**  
**Fresh Pork Butt Shoulder Steaks**  
 Bone-In

**SAVE \$2.00 with Purchase of Any 4**

**Kellogg's Cereals**  
 Frosted Flakes 14 oz.  
 Cocoa Krispies 16.5 oz.  
 Apple Jacks 12.2 oz.  
 Froot Loops 12.2 oz.  
 Corn Pops 12.5 oz.

Sale Price **4 FOR \$10**  
 Minus Coupon **- 2.00**

STORE COUPON valid 04/12/12 - 04/18/2012 NOT TO BE DOUBLED

Good Only at **SUPER A FOODS**

**Save \$2.00** when you purchase ANY **FOUR** participating Kellogg's Cereals.  
 (12.2 oz. - 16.5 oz., Mix or Match)  
 Must be purchased in the same transaction.

**PLU# 9002**

**4 FOR \$8**

**Nutella Hazelnut Spread**  
 26.5 oz.  
**4.99**

**Post Honey Bunches of Oats**  
 Regular or With Almonds  
 14.5 oz.  
**2 FOR \$5**

**Powerade Sports Drinks**  
 32 oz.  
**3.99** Ea. +CRV  
 When Your Purchase 15 Sale Price 69¢ Ea. +CRV

**Knorr Bouillon**  
 Chicken or Tomato  
 35.3 oz.  
**3.99**

**Francesco Rinaldi's Spaghetti Sauce**  
 24 oz.  
**9.99**

**Pepsi, Diet Pepsi, Crush or Sierra Mist**  
 24 Pack, 12 oz. Cans  
**2 FOR \$11** +CRV

**Springfield Tomato Sauce**  
 Regular, 8 oz.  
**4 FOR \$1**

**McCormick Taco Seasoning**  
 Envelope  
**3 FOR \$1**

**Extra Large Eggs**  
 1 Dozen  
**9.99**

**Paseo Bath Tissue**  
 12 Double Rolls  
**4.99**

**Sun Liquid Detergent**  
 188 oz.  
**4.99**

**Golden California Natural Cheese**  
 Monterey Jack, Mild or Sharp Cheddar, Colby Jack  
 16 oz.  
**2 FOR \$5**

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

- Temple City: 5595 Rosemead Blvd.
- Paramount: 13120 Downey Ave.
- Bell Gardens: 6380 E. Florence Ave.
- Eagle Rock: 2345 Yosemite Dr.
- Alhambra: 300 W. Main St.
- Los Angeles: 2925 Division St.
- Los Angeles: 425 Soto St.
- Montebello: 2924 Beverly Blvd.
- South Gate: 8116 California Ave.
- Highland Park: 5250 York Blvd.
- Fillmore: 725 Ventura St.

Text "myspringfield" to 90210 for special offers!

|   |  |   |  |  |   |  |  |
|---|--|---|--|--|---|--|--|
| <b>Gatorade Thirst Quencher</b><br>32 oz.<br><b>99¢</b> +CRV                            | <b>Kool Aid Jammers</b><br>10 Ct.<br><b>1.99</b>   | <b>Nutella Hazelnut Spread</b><br>26.5 oz.<br><b>4.99</b>                   | <b>Lawry's Seasoned Salt or Garlic Salt</b><br>16 oz. or 11 oz.<br><b>1.99</b>       | <b>Francesco Rinaldi Spaghetti Sauce</b><br>24 oz.<br><b>99¢</b>           | <b>Springfield Tomato Sauce</b><br>Regular, 8 oz.<br><b>4 FOR \$1</b> | <b>Springfield Oil</b><br>Vegetable, Corn or Canola Oil<br>40 oz.<br><b>2.59</b> |  |
| <b>Thomas' Bagels or Oroweat Sandwich Thins</b><br>20 oz. or 12 oz.<br><b>2 FOR \$5</b> | <b>Oroweat Bread</b><br>MultiGrain, 7 Grain, Country Potato, Healthful, 3 Seed Oatnut, Health Nut or Hawaiian Sweet Bread<br>24 oz.<br><b>2.99</b> | <b>Nabisco Oreo Cookies</b><br>11.3-18 oz.<br><b>3.29</b>                   | <b>Smucker's Grape Goober</b><br>18 oz.<br><b>1.99</b>                               | <b>Knorr Chicken or Tomato Bouillon</b><br>35.3 oz.<br><b>3.99</b>         | <b>Pompeian Grapeseed or Olive Oil</b><br>24 oz.<br><b>4.99</b>       | <b>McCormick Taco Seasoning Envelope</b><br><b>3 FOR \$1</b>                     | <b>Andersen's Soups</b><br>Peas, Peas & Bacon or Tomato<br>15 oz.<br><b>1.59</b> |
| <b>Doritos Tortilla Chips</b><br>All Varieties<br>11-11.5 oz.<br><b>2 FOR \$5</b>       | <b>Marinela Snack Cakes</b><br>All Varieties<br>5-8 Ct.<br><b>2 FOR \$5</b>  | <b>Marinela Box Cookies</b><br>All Varieties<br>11-21.16 oz.<br><b>1.99</b> | <b>Ocean Spray Cranberry Cocktails and Drinks</b><br>64 oz.<br><b>2 FOR \$5</b> +CRV | <b>Anthony's Pasta</b><br>Assorted Varieties<br>16 oz.<br><b>4 FOR \$5</b> | <b>Mazola Corn Oil</b><br>Gallon<br><b>9.99</b>                       | <b>Juanita's Menudo</b><br>Regular or Hot & Spicy<br>29 oz.<br><b>2 FOR \$5</b>  | <b>Juanita's Menudo</b><br>Regular or Hot & Spicy<br>108 oz.<br><b>7.99</b>      |

|  |  |   |   |  |  |   |   |
|--|--|---|---|--|--|---|---|
| <b>Sanissimo Salmas, Nachos or Tostadas</b><br>5-8.8 oz.<br><b>2 FOR \$5</b> | <b>Post Honey Bunches of Oats</b><br>Regular or With Almonds<br>14.5 oz.<br><b>2 FOR \$5</b> | <b>Post Fruity or Cocoa Pebbles</b><br>11 oz.<br><b>2 FOR \$5</b> | <b>Kellogg's Cereal</b><br>Frosted Flakes, 28 oz., Corn Pops 17.2 oz., Apple Jacks 17 oz., or Froot Loops 17 oz.<br><b>3.59</b> | <b>SUN Liquid Detergent</b><br>All Varieties<br>188 oz.<br><b>4.99</b> | <b>Kleenex Facial Tissue</b><br>Assorted Sizes<br><b>3 FOR \$4</b> | <b>Huggies Jumbo Diapers or Pull Ups</b><br>Assorted Sizes<br><b>9.99</b> | <b>Pinol Detergent</b><br>4.5 Kilo<br><b>5.99</b> |
|--|--|---|---|--|--|---|---|

|  |   |  |   |  |   |  |   |
|--|---|--|---|--|---|--|---|
| <b>Lilly Sour Cream</b><br>16 oz.<br><b>2 FOR \$3</b>            | <b>Minute Maid Pure Squeezed Orange Juice</b><br>59 oz.<br><b>3.49</b>  | <b>Daisy Sour Cream</b><br>16 oz.<br><b>2.49</b>                       | <b>Springfield Golden Pride Hot Dog or Hamburger Buns</b><br>8 Ct.<br><b>2 FOR \$3</b>              | <b>James Skinner Cinnamon Rolls</b><br>22 oz.<br><b>3.79</b> | <b>Scott Extra Soft Bath Tissue</b><br>12 Roll<br><b>5.99</b> | <b>BB Tips Mega Diapers</b><br>40-46, 52-60 Ct.<br><b>9.99</b> | <b>Sunsations Dish Liquid</b><br>25 oz.<br><b>99¢</b>     |
| <b>Cafe Complements Coffee Creamers</b><br>32 oz.<br><b>1.99</b> | <b>Simply Orange, Apple or Cranberry Juice</b><br>59 oz.<br><b>3.49</b> | <b>Yonique Drinkable Yogurt</b><br>7 oz., Assorted<br><b>2 FOR \$1</b> | <b>Father's Table Cheesecake</b><br>Plain, Strawberry Swirl or Fudge Brownie, 16 oz.<br><b>3.99</b> | <b>Quaker Granola Bars</b><br>6-Pack<br><b>2.99</b>          | <b>Scott Paper Towels</b><br>6 Roll<br><b>5.99</b>            | <b>Angel Soft Bath Tissue</b><br>24 Roll<br><b>5.99</b>        | <b>Paseo Bath Tissue</b><br>12 Double Roll<br><b>4.99</b> |

### Beer & Wine

|  |   |   |  |   |
|--|---|---|--|---|
| <b>Budweiser, Bud Light, Tecate, Coors, Coors Light, Miller Genuine Draft, Miller Lite, Michelob Ultra</b><br>30 Pack, 12 oz. Cans<br><b>1.99</b> +CRV                   | <b>Bogle, Robert Mondavi, Columbia Crest, Miller Lite, Michelob Ultra</b><br>750 ml.<br><b>6.99</b> | <b>Buchanan's 12 Year Old</b><br>750 ml.<br><b>25.99</b>                                | <b>Master 18 Year Old</b><br>750 ml.<br><b>34.99</b>                                     | <b>59.99</b>  |
| <b>Shock Top, Corona, Heineken, Dos Equis, Samuel Adams, Pyramid, Longboard, Modelo, Negra Modelo or Beers of Mexico</b><br>12 Pack, 12 oz. Bottles<br><b>11.99</b> +CRV | <b>Cazadores, Chivas Regal, Maker's Mark, Jameson, Ciroc, Belvedere</b><br>750 ml.<br><b>19.99</b>  | <b>Patron Tequila Silver</b><br>750 ml.<br><b>34.99</b>                                 | <b>Reposado</b><br><b>36.99</b>  | <b>Añejo</b><br><b>39.99</b>                                |
| <b>Blue Moon, Stella</b><br>12 Pack, 12 oz. Bottles<br><b>13.99</b> +CRV   | <b>Seagram's Coolers</b><br>12 Pack, 11.2 oz. Bottles<br><b>7.99</b> +CRV                           | <b>Cupcake, Clos Du Bois, Chateau Ste Michelle Chardonnay</b><br>750 ml.<br><b>7.99</b> | <b>Woodbridge, Yellow Tail, Barefoot, Rex Goliath Wines</b><br>750 ml.<br><b>4.99</b>    | <b>Cook's Champagne</b><br>1.5 Liter<br><b>5.99</b>         |
| <b>Budweiser, Bud Light, Tecate, Miller Genuine Draft, Miller Lite, Coors, Coors Light, Michelob Ultra</b><br>18 Pack, 12 oz. Cans or Bottles<br><b>12.99</b> +CRV       | <b>El Jimador, Jack Daniel's, Crown Royal, Jägermeister</b><br>750 ml.<br><b>16.99</b>              | <b>Sutter Home or Beringer Wines</b><br>750 ml.<br><b>3.99</b>                          | <b>Jose Cuervo White or Gold Tequila or Captain Morgan</b><br>1.75 Liter<br><b>19.99</b> | <b>Carl Buddig Thin Sliced Meats</b><br>4 oz.<br><b>99¢</b> |

### Deli Delights

|   |   |  |  |  |  |   |
|---|---|--|--|--|--|---|
| <b>Extra Large Eggs</b><br>1 Dozen<br><b>99¢</b>                      | <b>Dole Orange Juice</b><br>59 oz.<br><b>1.99</b>                                     | <b>Kraft American Singles Cheese Product</b><br>12 oz.<br><b>2 FOR \$5</b> | <b>Guerrero Corn Tortillas</b><br>100 Ct.<br><b>2.99</b> | <b>Dole 100% Fruit Juice Blends</b><br>59 oz.<br><b>2 FOR \$5</b>                | <b>Bar 5 Jumbo Franks</b><br>10oz. Chicken or Turkey, 18 oz.<br><b>1.19</b>    | <b>Bar 5 Sliced Turkey</b><br>10 oz.<br><b>2.99</b>     |
| <b>Foster Farms Chicken or Turkey Franks</b><br>16 oz.<br><b>1.19</b> | <b>El Mexicano Queso Fresco, Panela or Crema Mexicana</b><br>10-15 oz.<br><b>1.99</b> | <b>Bar 5 Sliced Cooked Ham</b><br>12 oz.<br><b>2 FOR \$5</b>               | <b>Plumrose Deli Tubs</b><br>9 oz.<br><b>2.99</b>        | <b>Plumrose Sliced Cooked Ham or Turkey Breast</b><br>12 oz.<br><b>2 FOR \$5</b> | <b>Señor Rico or Flan Rico Rice Pudding or Flan</b><br>4.5-8 oz.<br><b>79¢</b> | <b>Messana Mozzarella Balls</b><br>4 oz.<br><b>3.99</b> |
| <b>Carl Buddig Thin Sliced Meats</b><br>4 oz.<br><b>99¢</b>           | <b>Messana Mozzarella Balls</b><br>4 oz.<br><b>3.99</b>                               | <b>Señor Rico or Margarita's Gelatins</b><br>5 oz.<br><b>4 FOR \$1</b>     |  |  |  |   |

### Non Foods

|  |  |   |   |
|--|--|---|---|
| <b>Head &amp; Shoulders Shampoo or 2 in 1</b><br>1 Liter<br><b>8.99</b>  | <b>Crest Toothpaste</b><br>6.4 oz.<br><b>2.29</b>          | <b>Tums Freshers Cool Mint</b><br>50 Ct.<br><b>4.99</b> | <b>Ambassador Greeting Cards</b><br>Except Temple City and Fillmore<br><b>50% OFF</b> |
| <b>Entire Line Emco Brooms, Mops and Bristle Goods</b><br><b>25% OFF</b> | <b>VOS Shampoo or Conditioner</b><br>15 oz.<br><b>1.19</b> | <b>Suave Lotion</b><br>10 oz.<br><b>2.49</b>            | <b>Playtex Sport Tampons</b><br>18 Ct.<br><b>4.99</b>                                 |
| <b>Bic Comfort 3 Razors</b><br>4 Pack<br><b>3.29</b>                     | <b>Playtex Living Gloves</b><br>1 Pair<br><b>2.69</b>      |   |   |

# Meat Department

**London Broil Beef Round** **2.99** Lb.

**Beef Round Top Round Steak** **2.99** Lb.

**Fresh Lean Ground Beef** **3.29** Lb.  
Less Than 22% Fat

**Boneless Beef Round Rump Roast** **2.79** Lb.

**Boneless Stewing Beef** **3.29** Lb.

**Hormel Black Label Sliced Bacon** 12 oz. **2.99** Ea.

**Don Francisco Queso Fresco** Bulk **2.99** Lb.

**Don Francisco Queso Cotija** Bulk **3.49** Lb.

**Don Francisco Crema** Norteña or Mexicana **1.99** Lb.

**Fresh Turkey Store Ground Turkey** 20 oz. **3.49** Ea.

**Johnsonville Bratwurst or Italian Sausage** Mild or Hot, 19 oz. **4.29** Ea.

**Turkey Store Burger Patties** 16 oz. or **3.49** Ea.

**Mild Breakfast Links** 14 oz.

**Bar-S Smoked Sausage** Smoked, Hot or Polish 48 oz. **4.99** Ea.

**Tina's Burritos** All Varieties 4 oz. **3 FOR \$1**

**Foster Farms Whole Bag Fryers** **1.29** Lb.

**Foster Farms Drumsticks or Thighs** Value Pack **1.39** Lb.

**Foster Farms Wings** Value Pack **1.99** Lb.

**Foster Farms Chicken Nuggets or Patties** Bulk **2.49** Lb.

## Seafood Department

## Deli & Hot Foods

All Stores Except Eagle Rock

**Tilapia Fillets** Defrosted **2.99** Lb.

**Whole Cleaned Tilapia** Defrosted **1.29** Lb.

**Fresh Daily Chicharrones** **6.99** Lb.

**Foster Farms Hot Wings** Bulk **4.99** Lb.

**Swai Fillets** Defrosted **2.99** Lb.

**Raw Shell-On Shrimp** Medium, 41-50 Count **4.99** Lb.

**Simplot Potato Wedges** Seasoned **1.49** Lb.

**Hormel Sliced Ham** Bulk **1.99** Lb.

**Sai Fillets** Defrosted **2.99** Lb.

**Raw Shell-On Shrimp** Medium, 41-50 Count **4.99** Lb.

**Simplot Potato Wedges** Seasoned **1.49** Lb.

**Hormel Sliced Ham** Bulk **1.99** Lb.

**DOUBLE COUPON • DOUBLE SAVINGS!**

Present this coupon along with any one MFG. "Cards Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 4/12/12 thru 4/18/12. Limit 1 Per Coupon • 4 Coupons Per Customer.

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# Beverage Specials

Fanta, Barq's, Nestea or Minute Maid  
2 Liter



**75¢**  
+CRV  
MUST BUY 4

# Beverage Specials

Pepsi, Diet Pepsi, Crush or Sierra Mist  
24 Pack, 12 oz. Cans



**2 FOR \$11**  
+CRV

Coca Cola, Sprite, Dr Pepper or Diet Coke  
6 Pack, 16.9 oz. Bottles  
or MiniSleek 8 Pack, 7.5 oz. Cans

**2 FOR \$7**  
+CRV

Pepsi, Diet Pepsi, Sierra Mist or Crush  
12 Pack, 12 oz. Cans

**3 FOR \$11**  
+CRV

Powerade Sports Drinks  
8 Pack, 20 oz.

**3.99**  
+CRV

Aquafina Drinking Water  
24 Pack, 16.9 oz. Bottles

**3.99**  
+CRV

Glaceau Vitamin Water  
32 oz.

**1.49**  
+CRV

Pepsi Cola Soft Drinks  
6 Pack, 24 oz.

**2.99**  
+CRV

Dasani Drinking Water  
24 Pack, 16.9 oz. Bottles

**4.99**  
+CRV

Gatorade Sports Drinks  
20 oz. Singles

**.89¢**  
+CRV

7-up, Sunkist, A&W or Squirt  
2 Liter

**4 FOR \$5**  
+CRV

Lipton Naturals Drinks  
20 oz.

**.89¢**  
+CRV

7-up, Sunkist, A&W or Squirt  
12 Pack, 12 oz. Cans

**3.99**  
+CRV

Schweppes Mixers  
1 Liter

**.89¢**  
+CRV

Monster Energy Drinks  
12 oz.

**.99¢**  
+CRV

Pepsi Soft Drinks  
355 ml. Glass

**.89¢**  
+CRV

Coca Cola, Sprite, Diet Coke, Coke Zero or Dr Pepper  
20 Pack, 12 oz. Cans

**5.99**  
+CRV

Rockstar Energy Drinks  
16 oz.

**2 FOR \$3**  
+CRV

# Super A Savers!

**Knudsen Sour Cream**

48 oz.

**5.29**



**Knudsen Cottage Cheese**

32 oz.

**4.49**



**Knudsen Cottage Cheese Doubles**

3.9 oz.

**99¢**



**La Banderita Homestyle Flour Tortillas**

16 oz.

**99¢**



**Olé Queso Fresco** 10 oz.

or **Crema Mexicana** 15 oz.

**2 FOR \$4**



**Yoplait Greek Style Yogurt**

Regular 4 Pack or With Granola 2 Pack

**2 FOR \$5**



**Kraft Cottage Cheese**

16 oz.

**1.69**



**Kraft Sour Cream**

16 oz.

**1.69**



# Freezer Pleasers

**Freschetta or Red Baron Pizza & Sides**

20-28.69 oz.

**4.49**



**Michelina's Zap 'Ems**

4-7 oz.

**99¢**



**José Olé Burritos or Chimichangas**

4-5 oz.

**99¢**



**José Olé Taquitos, Mini Tacos or Chimichangas**

18-22.5 oz.

**4.99**



**Tai Pei Single Serve**

12-14 oz.

**2.49**



**Joseph Campione Texas Toast or Garlic Bread**

10-16 oz.

**1.99**



**Häagen Daz Ice Cream** 14 oz.

or **Ice Cream Bars** 3 Ct.

**2.99**



# Farm Fresh Produce

Italian Squash

**3 99¢**  
LBS

Lemons

**2 99¢**  
LBS

Green Cabbage

**4 99¢**  
LBS

Small Avocados

**3 99¢**  
FOR

Jalapeños

**3 99¢**  
LBS

Cilantro

**6 99¢**  
FOR

Dole Greener Selection

**1 29**  
Ea.

Pick Your Bouquet

**5 99**  
Ea.

Spring Bouquet,  
Half Dozen  
Roses or  
Rose Mini  
Carnation.