

SALE STARTS SEPTEMBER 20th THRU SEPTEMBER 26th, 2012

Open Daily 7am-11pm

# SUPER A FOODS

Save Every Day

ENTER FOR A CHANCE TO WIN  
**THE ULTIMATE  
TAILGATE  
PARTY!**

**\$200  
GIFT CARD**

Offer valid September 20 - October 8, 2012.  
No purchase necessary. See store for details.

Seedless  
Red  
Grapes

**89¢**  
Lb.

Bananas

**3.99¢**  
LBS

Extra Large  
Bartlett  
Pears

**39¢**  
Lb.



## A BETTER BRAND OF BEEF

We Proudly Feature Harris Ranch Beef

Fresh  
Frying  
Chicken

Super A Fryer  
Boneless Skinless  
Chicken Legs  
Family Pack

**1.69**  
Lb.

**HARRIS**  
Beef Round  
Milanesa  
Family Pack  
Sirloin Tip  
Thin Cut

**2.99**  
Lb.

U.S.D.A.  
CHOICE  
Fresh  
Pork Butt  
Shoulder  
Steak  
Bone-In

**1.79**  
Lb.

C&H  
Pure Cane  
Sugar  
4 Lbs.



**1.99**  
Limit 2

Mahatma or Hinode  
Long Grain  
Rice  
20 Lb. Bag



**7.99**

7-up, Sunkist,  
A&W, Squirt,  
Hawaiian Punch  
2 Liter



**7.99¢**  
+CRV

Gatorade  
Thirst  
Quencher  
8 Pack, 20 oz.



**4.99**  
+CRV

Mother's  
Bag  
Cookies  
All Varieties  
12 oz.



**1.99**

Golden Creme  
Milk  
Homogenized,  
2% Reduced Fat,  
1% Lowfat  
Gallon



**2.99**

Nutella  
Hazelnut  
Spread  
26.5 oz.



**4.99**

Maruchan  
Instant  
Lunch  
6 Pack, 2.25 oz.



**1.79**

Florida's Natural  
Orange Juice  
89 oz.



**3.49**

\*Get a 24 Pack, .5 Liter of  
Springfield Water for 1¢ +crv  
with purchase of 24 Pack. PLU #9001

Heineken,  
Newcastle  
or Dos Equis  
24 Pack, 12 oz. Bottles



**19.99**  
+CRV

Springfield  
Fruit Cocktail  
Peaches or Pears  
Sliced or Halves  
15-15.25 oz.



**9.99¢**

Powerade  
Sports Drinks  
32 oz.



**6.99¢**  
+CRV

Disney  
Hoodie & Zip  
Sweatshirts  
Adult Sizes  
Small-2x



**9.99**

Disney  
Mickey Mouse  
T-Shirts  
Select Varieties  
Adult Sizes  
Small-2x



**4.99**

Fanta, Barq's, Nestea  
or Minute Maid  
2 Liter



**6.99¢**  
+CRV  
Must Buy 4

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

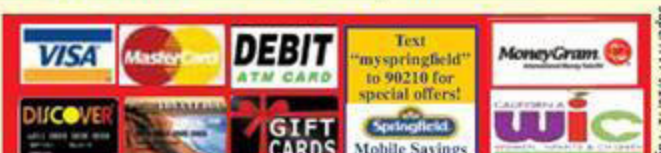
Temple City  
5595 Rosemead Blvd.  
Los Angeles  
2925 Division St.

Paramount  
13120 Downey Ave.  
Montebello  
2924 Beverly Blvd.

Bell Gardens  
6880 E. Florence Ave.  
South Gate  
8116 California Ave.

Eagle Rock  
2345 Yosemite Dr.  
Highland Park  
5250 York Blvd.

Alhambra  
300 W. Main St.  
Fillmore  
725 Ventura St.



<b>Gatorade Thirst Quencher</b> 8 Pack, 20 oz. <b>4.99</b> +CRV	<b>Capri Sun or Kool-Aid Jammers</b> 10 Pack <b>2 FOR \$5</b>	<b>C&amp;H Pure Cane Sugar</b> 4 Lb. <b>1.99</b> <small>Limit 2</small>	<b>Campbell's Red &amp; White Soups</b> All Varieties 10.25-10.5 oz. <b>10 FOR \$10</b>	<b>Mahatma or Hinode Long Grain Rice</b> 20 Lb. Bag <b>7.99</b>	<b>Crisco Oil</b> Corn, Canola, Vegetable 48 oz. <b>2.79</b>	<b>Bonert's Apple Pie</b> 24 oz. <b>2.99</b>		
<b>Lay's Potato Chips</b> 10-10.5 oz. <b>2 FOR \$5</b>	<b>BC Bundt Cake</b> 16 oz. <b>3.29</b>	<b>Nabisco Mini Chips Ahoy! or Oreo Cookies</b> 8 oz. <b>1.99</b>	<b>Nutella Hazelnut Spread</b> 26.5 oz. <b>4.99</b>	<b>Smucker Strawberry Jam</b> 32 oz. <b>2.99</b>	<b>Sun Vista Pinto Beans</b> 29 oz. <b>99¢</b>	<b>Wish-Bone Salad Dressing</b> 8 oz. <b>1.39</b>	<b>Yakisoba Chicken, Beef, Teriyaki</b> 4 oz. <b>2 FOR \$1</b>	
<b>General Mills Honey Nut Cheerios</b> 21.6 oz. <b>3.99</b>	<b>Post Cereals Honey Bunches of Oats</b> Regular or Almond 14.5 oz. <b>2 FOR \$5</b>	<b>Ocean Spray Cranberry Cocktail or Drinks</b> 64 oz. <b>2 FOR \$5</b> +CRV	<b>Gold Medal All Purpose Flour</b> 5 Lb. <b>2.59</b>	<b>Fab 2x Liquid Detergent</b> 50 oz. <b>1.99</b>	<b>Sun Vista Enchilada Sauce</b> 29 oz. <b>1.29</b>	<b>Juanita's Mexican Style Hominy</b> 105 oz. <b>1.99</b>	<b>Juanita's Menudo</b> 29.5 oz. <b>2 FOR \$5</b>	<b>Juanita's Menudo</b> 105 oz. <b>7.99</b>

<b>Springfield Apple Juice</b> 64 oz. <b>1.59</b>	<b>Springfield Fruit Cocktail, Sliced Peaches</b> 29-30 oz. <b>1.39</b>	<b>Springfield Water</b> 24 Pack, .5 Liter Bottles <b>3 FOR \$9.99</b> +CRV	<b>Springfield Tomato Sauce</b> Regular, 8 oz. <b>4 FOR \$1</b>	<b>Springfield Whole Kernel Corn</b> 15.25 oz. <b>59¢</b>	<b>Springfield Pasta</b> Assorted Varieties 12-16 oz. <b>99¢</b>	<b>Special Value Bleach</b> 128 oz. <b>99¢</b>	<b>Special Value Bath Tissue</b> 12 Rolls, 2 Ply, 400 Ct. <b>3.79</b>
<b>Springfield Blended Vegetables</b> 16 oz. <b>1.49</b>	<b>Springfield Lemonade or Fruit Punch</b> 12 oz. <b>89¢</b>	<b>Springfield Yogurt</b> 32 oz. <b>1.89</b>	<b>Springfield Golden Pride Bread</b> 32 oz. Jumbo White, Wheat <b>1.99</b>	<b>Springfield Tomatoes</b> 14.5 oz. Whole, Diced, Stewed <b>79¢</b>	<b>Springfield Mayonnaise</b> 30 oz. <b>2.59</b>	<b>Springfield Storage Bags</b> Assorted Sizes <b>1.89</b>	<b>Special Value Napkins</b> 160 ct. <b>99¢</b>
<b>Springfield Vegetables</b> 28-32 oz. Family Pack <b>1.99</b>	<b>Springfield Strawberries</b> 16 oz. Whole or Sliced <b>1.99</b>	<b>Springfield Mozzarella Balls</b> 16 oz. <b>2.99</b>	<b>Springfield Corn Flakes</b> 18 oz. <b>1.89</b>	<b>Springfield Mixed Vegetables</b> 15 oz. <b>79¢</b>	<b>Springfield Gelatin</b> 3 oz. <b>39¢</b>	<b>Prize Dog Food</b> 22 oz. Can <b>99¢</b>	<b>Special Value Towels</b> 1 Roll <b>2 FOR \$1</b>
<b>Springfield Natural Cheese</b> 16 oz. <b>2.99</b>	<b>Springfield Butter</b> 1 Lb. <b>2.99</b>	<b>Golden Creme Milk</b> Gallon, Whole, 1% 2% <b>2.99</b>	<b>Springfield Instant Oatmeal</b> 11.5-12 oz. <b>1.59</b>	<b>Springfield Peanut Butter</b> 16 oz. All Natural Creamy <b>2.89</b>	<b>Mom's Natural Choice Baby Food</b> 4 oz. <b>2 FOR \$1</b>	<b>Prize Cat Food</b> 5.5 oz. Can <b>2 FOR \$1</b>	<b>Springfield Facial Tissue</b> 130 ct. <b>89¢</b>

### Beer • Wine • Soda

<b>Budweiser, Bud Light, Coors, Coors Light, Miller Lite, Miller Genuine Draft, Tecate</b> 30 Pack, 12 oz. Cans <b>19.99</b> +CRV	<b>Jose Cuervo Tequila</b> Silver or Gold 750 ml. <b>18.99</b>	<b>Pepsi, Diet Pepsi, Mtn Dew, Crush, Sierra Mist, Manzanita Sol</b> 12 Pack, 12 oz. Cans <b>3 FOR \$11</b> +CRV
<b>Corona or Blue Moon</b> 24 Pack, 12 oz. Bottles <b>22.99</b> +CRV	<b>Bogle, Blackstone, Robert Mondavi, Apothic Red, B.V. Coastal, Columbia Crest, Castle Rock</b> 750 ml. <b>6.99</b>	<b>Pepsi, Diet Pepsi, Mtn Dew, Crush, Sierra Mist, Manzanita Sol</b> 6 Pack, 24 oz. Bottles or 9 Pack, 7.5 oz. Mini-Steak Cans <b>8.99</b> +CRV
<b>Sam Adams, Mike's Party Pack, Stella Artois, Bass, Beck's, Shock Top</b> 12 Pack, 11.2-12 oz. Bottles <b>12.99</b> +CRV	<b>New Amsterdam Vodka</b> 750 ml. <b>8.99</b>	<b>7-up, Sunkist, Squirt, A&amp;W, Hawaiian Punch</b> 12 Pack, 12 oz. Cans <b>3 FOR \$10</b> +CRV
<b>Blue Moon, Indio, Heineken, Dos Equis, Newcastle, Bohemia, Leinenkugel, Peroni, Beers of Mexico</b> 12 Pack, 12 oz. Bottles <b>12.99</b> +CRV	<b>Naked Grape, Woodbridge, Bella Serra, Barefoot</b> 750 ml. <b>4.99</b>	<b>Schweppes Mixers</b> 1 Liter <b>99¢</b> +CRV
<b>Sutter Home</b> 1.5 Liter <b>6.99</b>	<b>Patron Silver</b> 375 ml. <b>34.99</b>	<b>Rockstar Energy Drink</b> 16 oz. <b>2 FOR \$3</b> +CRV

### Deli Delights

<b>Eggs Extra Large</b> 1 Dozen <b>1.69</b>	<b>Borden American Singles</b> 12 oz. Shredded or Sliced Cheese <b>1.99</b>	<b>Golden California Cheese</b> 5 Lbs. <b>13.99</b>
<b>Oscar Mayer Lunchable Snackers Chicken Nuggets</b> 9.8 oz. <b>3.99</b>	<b>Bar-S Jumbo Franks</b> Meat, Chicken, Turkey 16 oz. <b>1.19</b>	<b>Los Altos Queso Fresco Del Rancho</b> 10 oz. Crema Mexicana con Sal or Jocoque 15 oz. <b>1.99</b>
<b>Precious Mozzarella Ball or String Cheese</b> 16 oz. <b>4.49</b>	<b>Bar-S Sliced Cooked Ham or Turkey Breast</b> 10-12 oz. <b>2 FOR \$5</b>	<b>Plumrose Deli Tubs</b> 9 oz. <b>2.49</b>
<b>Flan Rico or Señor Rico Flan</b> 4.5-8 oz. <b>79¢</b>	<b>Danola Black Forest Ham or Turkey Breast</b> 12 oz. <b>3.49</b>	<b>El Mexicano Queso Fresco Panela or Crema</b> 10-15 oz. <b>1.99</b>
<b>Señor Rico Gelatin</b> 12 Pack or Lakeview Farms Gelatins 8 Pack <b>2.49</b>	<b>Carl Buddig Deli Tubs</b> 9 oz. <b>2.49</b>	<b>Nochebuena Queso Fresco</b> 10 oz. <b>1.99</b>

### Non Foods

<b>Pantene Shampoo or Conditioner</b> Selected Varieties 25.4 oz. <b>4.99</b>	<b>Halls Cough Drops</b> 30 to 40 ct. Bags <b>1.39</b>	<b>Robitussin Maximum Strength Cough Syrup</b> 4 oz. <b>6.99</b>
<b>TRE Semmè Shampoo or Conditioner</b> 32 oz. <b>4.49</b>	<b>Dimetapp Cold &amp; Allergy or Cold &amp; Cough</b> 4 oz. <b>6.59</b>	<b>Blistex Medicated Lip Ointment</b> <b>1.69</b>
<b>Bellaflor Sanitary Pads</b> 14 Ct. <b>1.19</b>	<b>Bellaflor Panty Liners</b> Assorted Varieties 22 Ct. <b>1.19</b>	<b>Playtex Sport Tampons</b> 18 Ct. <b>5.49</b>
<b>Condition 3 in 1 Mousse or Hairspray</b> 6-7 oz. <b>2.39</b>	<b>Western Family Baby Wipes Tub</b> 80 Ct. <b>2.39</b>	<b>Western Family Gem or Contour Toothbrush</b> 1 Ct. <b>1.19</b>



# A BETTER BRAND OF BEEF

We Proudly Feature Harris Ranch Beef

**HARRIS RANCH**

**London Broil**  
Beef Round

**2.99** Lb.

U.S.D.A. CHOICE

**HARRIS RANCH**

**Top Round Steak**  
Beef Round

**2.99** Lb.

U.S.D.A. CHOICE

**HARRIS RANCH**

**Fresh Ground Beef**  
Extra Lean  
Less than 15% Fat

**3.99** Lb.

**HARRIS RANCH**

**Beef Round Eye**  
Steak or Roast

**3.49** Lb.

U.S.D.A. CHOICE

**HARRIS RANCH**

**Beef Shanks**  
Center Cut

**2.49** Lb.

U.S.D.A. CHOICE

**HARRIS RANCH**

**Canadian Bacon**  
Northwoods

12 oz. or Rose 5 oz.

**2 FOR \$5**

**HARRIS RANCH**

**Harris Ranch All Natural Cooked Short Ribs-Beef Stew or Meat Loaf**  
17 oz.

**6.99** Ea.

**LOS ALTOS**

**Los Altos Queso Fresco**  
Bulk **2.99** Lb.

**Los Altos Queso Cotija**  
Regular or Polvo Bulk **3.79** Lb.

**Los Altos Crema**  
Natural or Mexicana **1.99** Lb.

**ROSE**

**Rose Meatballs**  
Swedish or Italian 12 oz. **3.69** Ea.

**John Morrell**

**Morrell Sliced Bacon**  
12 oz.

**2 FOR \$5**

**Bar-S**

**Bar-S Smoked Sausage**  
Smoked, Hot, Polish 2.5 Lb.

**4.99** Ea.

**Fresh Salads**  
Potato, Macaroni or Cole Slaw, Bulk

**1.69** Lb.

**Foster Farms**

**Foster Farms Picnic Pack**  
Value Pack

**1.39** Lb.

**Foster Farms**

**Foster Farms Whole Split Chicken**

**1.29** Lb.

**Bar-S**

**Bar-S Corn Dogs**  
3 Lb. Box

**4.99** Ea.

## Seafood Department

## Deli & Hot Foods

**Tilapia Fillets**  
Defrosted, Bulk

**2.99** Lb.

**Imitation Crab Meat**  
Flaked **1.99** Lb.

Imitation Crab Meat Flaked, 2.5 Lb. Pkg **4.99** Ea.

**Foster Farms**

**Foster Farms Whole Chicken**  
Oven Roasted, 2 Lbs.

**6.99** EA.

**100 Pieces Fried or Oven Roasted Chicken**  
Drumsticks & Thighs **58.99**

30 Pieces **17.99** 50 Pieces **29.99**

**Fresh Atlantic Salmon**  
Whole or Half

**4.99** Lb.

**Fresh Atlantic Salmon Steaks** **5.99** Lb.

**Raw Shell-On Medium Shrimp**  
Defrosted, 41-50 Ct. **4.99** Lb.

**Foster Farms**

**Foster Farms Turkey Breast**  
Smoked White or Oven Select **2.99** Lb.

**Simplot**

**Simplot Potato Wedges**  
Seasoned **1.49** Lb.

**SAVE EVERY DAY**

**DOUBLE COUPON • DOUBLE SAVINGS!**

Present this coupon along with any one MFG. "Cards Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 9/20/12 thru 9/26/12. Limit 1 Per Coupon • 4 Coupons Per Customer

# Super A Savers!

**Tropicana Pure Premium Orange Juice**  
59 oz.



**349**

**Donald Duck Orange Juice or Chiquita Blends**  
59 oz.



**199**

**Minute Maid Pure Squeezed Orange Juice**  
59 oz.



**349**

**Gold Peak Tea**  
59 oz.



**199**  
+CRV

**Shedd's Country Crock**  
45 oz.



**399**

**Mocha Mix**  
64 oz.



**349**

**Lala Yogurt**  
6 oz.



**49¢**

**Lalacult Probiotic Drink**  
5 Pack, 2.2 oz.

**3 FOR 5**  
+CRV

**Dannon Oikos**  
5.3 oz.



**99¢**

**Gold 'n Soft Spread**  
45 oz.



**179**

**Don Jose Horchata**  
1 Gallon



**399**  
+CRV

## Freezer Pleasers

**Breyer's Ice Cream**  
1.5 Qt.



**349**

**Budget Saver Assorted Twin Pops** 18 Ct. or **Cream Bars** 12 Ct.



**249**

**Tony's Pizza**  
14-16 oz.



**199**

**Red Baron Singles**  
Deep Dish or French Bread 10-11 oz.



**199**

**Red Baron Pizza**  
20-32 oz.

**299**

**Weaver Nuggets**  
26 oz.



**299**

# Farm Fresh Produce

**Valencia Oranges**



**3 LBS 99¢**

**Small Hass Avocados**



**3 FOR 99¢**

**Tasty Pineapple**



**2 LBS 99¢**

**Serrano Chiles**



**2 LBS 99¢**

**Brown Onions**



**5 LBS 99¢**

**Baby Carrots**  
16 oz.



**99¢ Ea.**

**Dole Classic Salad**  
12 oz.



**99¢ Ea.**

**CLASSIC ICEBERG**

ENTER FOR A CHANCE TO WIN

# THE ULTIMATE TAILGATE PARTY!



Offer valid September 20 - October 9, 2012.  
No purchase necessary. See store for details.

**Coca Cola, Sprite,  
Dr Pepper  
or Coke Zero**  
20 Pack, 12 oz. Cans



**649**  
+CRV

**Coca Cola, Sprite,  
Dr Pepper  
or Coke Zero**  
2 Liter



**2 FOR \$3**  
+CRV

**Coca Cola, Sprite,  
Dr Pepper  
or Coke Zero**  
8 Pack, 7.5 oz. Mini Sleek Cans  
or 6 Pack, 16.9 oz.



**3 FOR \$10**  
+CRV

**Vitamin Water  
20 oz.  
Smartwater  
1 Liter  
Fuze  
16.9 oz.**



**99¢**  
+CRV

**Dasani Water  
24 Pack, .5 Liter Bottles  
or Powerade  
Sports Drinks  
8 Pack, 20 oz. Bottles**



**499**  
+CRV

**Powerade  
Sports Drinks  
32 oz.**



**69¢**  
+CRV

**Mission  
Estilo Casero  
Corn Tortillas  
70 Ct.**



**199**

**Calidad  
Tostadas Caseras  
22 Ct.**



**119**

**Mission  
Estilo Casero  
Flour Tortillas  
24 Ct.**



**299**

**Guerrero  
Tostadas Caseras  
24 Ct.**



**149**

ENTER FOR A CHANCE TO WIN

# THE ULTIMATE TAILGATE PARTY!



Offer valid September 20 - October 9, 2012.  
No purchase necessary. See store for details.

**Mother's  
Bag Cookies**  
All Varieties  
12 oz.



**199**

**CHEEZ-IT**  
Sunshine  
Cheez-It  
10.5-13.7 oz.



**2 FOR \$5**

**Murray  
Sugar Free  
Cookies**  
All Varieties  
6-9 oz.



**2 FOR \$5**

**Kellogg's Cereal**  
Apple Jacks 14.7 oz.,  
Corn Pops 15 oz.,  
Froot Loops 14.7 oz.,  
Raisin Bran 20 oz.,  
Cocoa Krispies 21.7 oz.,  
or Frosted Flakes 18 oz.



**299**

**Kellogg's  
Special K  
Assorted Sizes**



**299**

**Kraft  
Mayonnaise  
30 oz.**



**299**

**Bull's Eye  
BBQ Sauce  
18 oz.**



**99¢**

**Kraft  
Salad Dressing  
16 oz.**

**Kraft  
Mac & Cheese  
7.25 oz.**



**89¢**

**Oscar Mayer  
Meat Wieners  
or Turkey Franks  
16 oz.**



**149**

**Oscar Mayer  
Beef Franks  
16 oz.**



**249**