

**SALE STARTS JULY 5th THRU JULY 10th, 2013**

*Open Daily 7am-11pm*

# SUPER **A** FOODS

Save Every Day

**Frozen Chicken Leg Quarters**  
10 Lb. Bag

**69¢ Lb.**



**Beef Chuck Espadilla de Res**  
Clod Steaks, Thin Cut Family Pack

**3.49 Lb.**

**Fresh Pork Boneless Chops or Roast**

**2.99 Lb.**

**Yellow Peaches or Nectarines**

**59¢ Lb.**

**Roma Tomatoes**

**2.99 LBS**

**Mangos**

**3.99 FOR**

**Jalapeños or Tomatillos**

**2.99 LBS**

**Small Avocados**

**6.99 FOR**

**Manila Mangos**

**5.99 FOR**

**Radishes & Green Onions**

**4.99 FOR**

**Fiora Bath Tissue**  
12 Roll  
**Paper Towels**  
8 Roll

Sale Price **3.99**  
Minus Coupon **-1.00**

**2.99**  
With Coupon

**fiora SAVE \$1**  
Stay Bright

081032601-100245  
5 10326 00076 4

**Crystal Geyser Spring Water**  
with Sport Cap, 1 Liter



**2 FOR \$1**  
+CRV

**Maruchan Instant Lunch**  
6 Pack, 2.25 oz.



**1.89**

**Mazola Oil**  
Corn, Corn Plus, Canola, Vegetable Plus  
40 oz.



**2.79**

**1-2-3 Vegetable Oil**  
1 Liter



**1.99**

**Tree Top Apple Juice**  
64 oz.



**1.99**

**Special Value Bleach**  
96 oz.



**89¢**

**Suavitel Fabric Softener**  
150 oz.



**5.59**

**Borden American Singles**  
12 oz.  
**Natural Shreds**  
8 oz.  
or Slices  
6 oz.



**1.99**

**Farmer John Sliced Cooked Ham or Turkey Breast**  
12-16 oz.



**1.99**

**Pepsi, Diet Pepsi, Sierra Mist, Crush**  
24 Pack, 12 oz. Cans



**5.49**  
+CRV

**Donald Duck Orange Juice**  
59 oz.



**1.99**

**Powerade Sports Drinks**  
32 oz.



**59¢**  
+CRV

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

**Temple City**  
5595 Rosemead Blvd.

**Paramount**  
13120 Downey Ave.

**Bell Gardens**  
6380 E. Florence Ave.

**Eagle Rock**  
2245 Yosemite Dr.

**Los Angeles**  
2925 Division St.

**Montebello**  
2924 Beverly Blvd.

**South Gate**  
8116 California Ave.

**Highland Park**  
5250 York Blvd.

**Fillmore**  
725 Ventura St.

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Text "myspringfield" to 90210 for special offers!  
Springfield Mobile Savings  
MoneyGram  
wic

<b>Lofthouse Sugar Cookies</b> Monsters University 11.5 oz. <b>2.99</b>	<b>Kool-Aid Jammers</b> 10 Count <b>1.89</b>	<b>Springfield Whole Kernel Corn</b> 15.25 oz. <b>59¢</b>	<b>Springfield Tomato Sauce</b> 8 oz. <b>4 FOR \$1</b>	<b>Mazola Oil</b> Corn, Corn Plus, Canola, Vegetable Plus, 40 oz. <b>2.79</b>	<b>Maruchan Instant Lunch</b> Assorted Varieties 6 Pack <b>1.89</b>	<b>Kraft Mayonnaise</b> 30 oz. <b>2.99</b>	
<b>Oroweat Bread</b> 100% Country Wheat, or Country White, 24 oz. <b>English Muffins</b> 6 Pack <b>2.99</b>	<b>Bimbo Sandwich Bread</b> White, Wheat or Double Fiber 24-26.4 oz. <b>2 FOR \$5</b>	<b>Roman Meal Bread or Buns</b> Round Top Sandwich Bread, 20 oz. Hot Dog or Hamburger Buns, 8 Pack <b>2.99</b>	<b>Smucker's Grape Jelly</b> 32 oz. <b>2.59</b>	<b>Planters Peanut Butter</b> 16.3 oz. <b>2.49</b>	<b>San Antonio Enriched Wheat Flour</b> 4 Lbs. <b>1.29</b>	<b>Betty Crocker Brownie Mix</b> 18.3 oz. <b>1.39</b>	<b>Sweet Baby Ray's Barbecue Sauce</b> 18 oz. <b>1.39</b>
<b>Marinela Cookies</b> Barritas de Fresa, Napolitano, Polvorones, ¡Sponchi! 12.6-18.06 oz. <b>2 FOR \$5</b>	<b>Herdez Tortilla Chips</b> 11 oz. <b>2 FOR \$3</b>	<b>Crystal Geyser Spring Water</b> Sport Cap 1 Liter <b>2 FOR \$1</b>	<b>Langer's Cocktails</b> Cranberry, Cranberry Grape, Cranberry Raspberry 64 oz. <b>2 FOR \$5</b>	<b>Sun Vista Beans</b> Pinto, Garbanzo, White or Black 15 oz. <b>79¢</b>	<b>Anthony's Pasta</b> Assorted Varieties 32 oz. <b>2.59</b>	<b>Ragu Spaghetti or Alfredo Sauce</b> 16-28 oz. <b>2 FOR \$5</b>	<b>Wishbone Salad Dressing</b> Assorted Varieties 16 oz. <b>1.99</b>

<b>Kellogg's Cereal</b> Frosted Flakes, 19 oz. Froot Loops, 21.7 oz. Corn Flakes, 24 oz. <b>3.59</b>	<b>Kellogg's Special K Cereal</b> Assorted Varieties and Sizes <b>2.99</b>	<b>General Mills Cereal</b> Cinnamon Toast Crunch, 12.2 oz. Honey Nut Cheerios, 12.25 oz. Lucky Charms, 11.5 oz. Cheerios, 14 oz. <b>2 FOR \$5</b>	<b>Malt O Meal Cereal</b> Cinnamon Toasters, 19.5 oz. Cocoa Dyno-Bites, 21 oz. Golden Puffs, 21 oz. Tootie Fruits, 12.5 oz. <b>2 FOR \$5</b>	<b>Fiora Bath Tissue</b> 12 Rolls <b>2.99</b>	<b>Fiora Paper Towels</b> 8 Rolls <b>2.99</b>	<b>Suavitel Fabric Softener</b> 150 oz. <b>5.59</b>	<b>Gain Liquid Detergent</b> 50 oz. <b>5.99</b>							
<b>Mission Estilo Casero Corn Tortillas</b> 70 Count <b>2.49</b>	<b>Gold'n Soft Spread</b> 1 Lb. Stick <b>79¢</b>	<b>Springfield Golden Pride Bread</b> 16 oz., White or Wheat <b>99¢</b>	<b>BC Bundt Cake</b> 16 oz. <b>3.49</b>	<b>Ajax or Palmolive Dish Liquid</b> 30 oz. <b>1.99</b>	<b>Irish Spring Bar Soap</b> 3 Pack, 3.75 oz. <b>2 FOR \$5</b>	<b>Springfield Facial Tissue</b> 130 Count <b>99¢</b>	<b>Mission Estilo Casero Flour Tortillas</b> 24 Count <b>2.99</b>	<b>Chobani Greek Yogurt</b> 6 oz. <b>99¢</b>	<b>Donald Duck Orange Juice</b> 59 oz. <b>1.99</b>	<b>Springfield Golden Pride Buns</b> 16 Count, Hot Dog or Hamburger Buns <b>1.99</b>	<b>Nabisco Oreo Cookies</b> 52.6 oz., Super Carton <b>8.99</b>	<b>BBTips Mega Pack Diapers</b> 40-60 Count <b>9.99</b>	<b>Fabuloso Liquid Cleaner</b> 22-28 oz. <b>1.29</b>	<b>Scott Extra Soft Bath Tissue</b> 12 Rolls <b>5.99</b>

### Beer & Wine

<b>Budweiser, Bud Light, Miller Lite, Miller Genuine Draft, Coors, Coors Light</b> 30 Pack, 12 oz. Cans <b>18.99</b>	<b>Cazadores, Courvoisier, Belvedere, Chivas Regal, Jameson, Maker's Mark, Ciroc</b> 750 ml. <b>19.99</b>	<b>Beringer Wines</b> 1.5 Liter <b>5.99</b>
<b>Corona Extra, Heineken, Blue Moon, Newcastle, Shock Top, Dos Equis, Modelo</b> 24 Pack, 12 oz. Bottles <b>22.99</b>	<b>El Jimador, Crown Royal, Jagermeister, Jack Daniel's, Bulleit, Ricura Chata</b> 750 ml. <b>16.99</b>	<b>Apothic, Dancing Bull, Bogle, Blackstone, Cupcake, Columbia, Robert Mondavi, BV Coastal</b> 750 ml. <b>6.99</b>

### Deli Delights

<b>Extra Large Grade AA Eggs</b> 1 Dozen <b>1.19</b>	<b>Golden California Natural Cheese</b> 16 oz. <b>2.99</b>	<b>Bar-S Jumbo Franks</b> Meat, Chicken or Turkey 16 oz. <b>99¢</b>
<b>Ranchero Queso Fresco, Crema con Sal or Crema Natural</b> 12-15 oz. <b>2 FOR \$5</b>	<b>Borden American Singles</b> 12 oz. <b>1.99</b>	<b>Bar-S Sliced Cooked Ham or Turkey Breast</b> 10-12 oz. <b>2 FOR \$5</b>

### Non Foods

<b>White Rain Shampoo or Conditioner</b> 16.9-18 oz. <b>1.19</b>	<b>Colgate Total Toothpaste</b> 6 oz. <b>2.99</b>
<b>Bella Flor Feminine Pads</b> 14 Ct. <b>2 FOR \$5</b>	<b>Colgate Toothpaste</b> 8.2 oz. <b>2.49</b>

<b>Corona Extra, Heineken, Blue Moon, Newcastle, Shock Top, Dos Equis, Modelo</b> 24 Pack, 12 oz. Bottles <b>22.99</b>	<b>El Jimador, Crown Royal, Jagermeister, Jack Daniel's, Bulleit, Ricura Chata</b> 750 ml. <b>16.99</b>	<b>Apothic, Dancing Bull, Bogle, Blackstone, Cupcake, Columbia, Robert Mondavi, BV Coastal</b> 750 ml. <b>6.99</b>
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<b>Ranchero Queso Fresco, Crema con Sal or Crema Natural</b> 12-15 oz. <b>2 FOR \$5</b>	<b>Borden American Singles</b> 12 oz. <b>1.99</b>	<b>Bar-S Sliced Cooked Ham or Turkey Breast</b> 10-12 oz. <b>2 FOR \$5</b>
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<b>Bella Flor Feminine Pads</b> 14 Ct. <b>2 FOR \$5</b>	<b>Colgate Toothpaste</b> 8.2 oz. <b>2.49</b>
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<b>Redd's, Dos Equis, Shock Top, Bohemia, Loneboard, Blue Moon, Peroni, Leinenkugel's, Great White, Guinness, Smirnoff</b> 12 Pack, 11.2-12 oz. Bottles <b>12.99</b>	<b>Remy Martin Cognac</b> 750 ml. <b>29.99</b>	<b>Fireball Cinnamon Whisky</b> 1.75 Liter <b>12.99</b>
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<b>El Mexicano Queso Casero, Panela, Crema Mexicana or Casera</b> 10-15 oz. <b>1.99</b>	<b>Sandwich-Mate American Singles</b> 10.75 oz. <b>99¢</b>	<b>Florida's Natural Orange Juice, Blends or Grapefruit Juice</b> 59 oz. <b>2.99</b>
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<b>Listerine Mouthwash</b> Gold or Blue 33.8 oz. <b>4.99</b>	<b>Colgate Toothbrush</b> Soft or Medium 1 Ct. <b>69¢</b>
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<b>Corona, Modelo, Negra Modelo, Pacifico, Heineken, Newcastle, Beers of Mexico, Indio, Samuel Adams, Pyramid</b> 12 Pack, 12 oz. Bottles <b>12.99</b>	<b>Stella Artois, Spaten, Franziskaner</b> 12 Pack, 11.2-12 oz. Bottles <b>13.99</b>	<b>UV Vodka</b> 750 ml. <b>9.99</b>
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<b>Joseph Farms Natural Cheese</b> 16 oz. <b>3.49</b>	<b>Hebrew National Beef Franks</b> 12 oz. <b>2.99</b>	<b>Daisy Sour Cream or Cottage Cheese</b> 16 oz. <b>1.99</b>
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<b>Western Family Antacid Tablets</b> 96 oz. <b>3.49</b>	<b>Western Family Ibuprofen</b> 50 Ct. <b>2.99</b>
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# A BETTER BRAND OF BEEF

We Proudly Feature Harris Ranch Beef

**HARRIS RANCH**  
Harris Ranch  
**Beef Loin Top Sirloin Family Pack**  
**4.99** Lb.  
U.S.D.A CHOICE

**HARRIS RANCH**  
Harris Ranch  
**Shoulder Clod Cross Rib Roast**  
**3.49** Lb.  
U.S.D.A CHOICE

**HARRIS RANCH**  
Fresh  
**Lean Ground Beef**  
Less Than 22% Fat  
**3.49** Lb.

**HARRIS RANCH**  
Harris Ranch  
**Beef Shank Center Cut**  
**2.49** Lb.

**HARRIS RANCH**  
Harris Ranch  
**Stewing Beef Boneless**  
**3.49** Lb.

**BAR-S**  
Sliced Bacon  
Great Smoky Flavor  
**2.99** Ea.  
12 oz.

**EL MEXICANO**  
El Mexicano  
**Queso Fresco, Cremoso or Casero Bulk**  
**2.99** Lb.  
El Mexicano  
**Crema All Varieties**  
**1.79** Lb.

Northwoods Canadian Bacon, Black Forest Ham 12 oz. or Rose Canadian Bacon 5 oz.  
**2.50** R  
Rose Smoked Boneless Ham Steaks 10 oz.  
**2.99** Ea.

**Foster Farms**  
Chicken Tenders  
2.5 Lb. Bag, Frozen  
**6.99** Ea.

**Cacique Chorizo**  
Beef, Pork or Soy  
10 oz.  
**99¢** Ea.

**BAR-S**  
Hot Links  
3 Lbs.  
**6.99**  
24 oz.  
**3.99**

**Foster Farms**  
Cooked Chicken  
All Varieties  
1.2-2.10 Lb., Frozen Bag  
**6.99** Ea.

**Foster Farms**  
Ground Turkey  
Fresh, 32 oz.  
**5.99** Ea.

**Foster Farms**  
Boneless Chicken Breast  
Thin Cut  
**4.99** Lb.

**Foster Farms**  
Picnic Pack  
Value Pack  
**1.39** Lb.

**Foster Farms**  
Corn Dogs  
Regular 2.67 Lb. or Mini 40 Ct. Frozen  
**5.99** Ea.

## Seafood Department

## Deli & Hot Foods

**Tilapia Fillets**  
Defrosted  
**2.99** Lb.

**Shrimp Raw Shell On**  
Medium, 41-50 Count  
**5.49** Lb.

**Carnitas Pork Shoulder or Turkey**  
Baked  
**5.99** Lb.

**100 Pieces Fried or Oven Roasted Chicken**  
Drumsticks & Thighs  
**64.99**

**30 Pieces 19.99** **50 Pieces 32.99**

**Swai Fillets**  
Defrosted  
**2.99** Lb.

**Cooked Shrimp Tail On**  
71-90 Count, Defrosted  
**5.99** Lb.

**Potato Wedges Simplot**  
Seasoned  
**1.49** Lb.

**Fresh Homestyle Salsa**  
Mild or Hot  
**3.49** Lb.

**Super A Foods Tortilla Chips**  
Regular 32 oz. or Thin 24 oz.  
**2.99** Ea.

**SAVE EVERY DAY**  
**DOUBLE COUPON • DOUBLE SAVINGS!**  
Present this coupon along with any one MFG. "Cards Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 7/5/13 thru 7/13/13. Limit 1 Per Coupon • 4 Coupons Per Customer

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# ONE DAY SPECIALS!

While Supplies Last  
**FRIDAY, JULY 5TH**

Mexican Papaya



**2.99<sup>¢</sup>**  
LBS

Seedless Watermelon



**17<sup>¢</sup>**  
Lb.

Iceberg Lettuce



**39<sup>¢</sup>**  
Ea.

Fresh Fryer Chicken Breasts  
Boneless Skinless Family Pack



**1.99**  
Lb.

Sauza Cien Años Tequila  
750 ml.



Limit 4

**9.99**

Beringer Wines  
1.5 Liter



**4.99**

Limit 2

Heineken, Dos Equis or Newcastle  
24 Pack, 12 oz. Bottles



Limit 2

**19.99**  
+CRV

Sonora Mequite Charcoal  
7 Lbs.



**1.99**

Limit 4

# 7UP Specials

7-up, Squirt, RC, A&W, Sunkist  
12 Pack, 12 oz. Cans



**2.99**  
+CRV

7-up, Squirt, A&W, Sunkist  
18 Pack, 12 oz. Cans



**3.99**  
+CRV

7-up, Squirt, RC, Sunkist, Cactus Cooler  
2 Liter Bottles



**79<sup>¢</sup>**  
+CRV

Must Buy 5

7-up, A&W, Hawaiian Punch  
6 Pack, .5 oz. Bottles



**1.99**  
+CRV

7-up, A&W, Hawaiian Punch, Sunny Delight  
6 Pack, 8 oz. Cans



**1.99**  
+CRV

Snapple Drink  
64 oz.



**1.99**  
+CRV

Sunny Delight Punch  
16 oz.



**79<sup>¢</sup>**  
+CRV

Arizona Iced Teas  
23 oz.



**79<sup>¢</sup>**  
+CRV

# Super A Savers!

**La Banderita Sabrosissimas**  
24 Count

**3.99**

**La Banderita Corn Tortillas**  
80 Count

**2.49**

**La Banderita Tostadas Caseras**  
9 oz.

**99¢**

**Olé Queso Fresco or Crema Mexicana**  
10-15 oz.

**1.99**

**LaLa Yogurt 32 oz. Crema Mexicana 16 oz. Lalacult 5 Pack, 2.57 oz. +crv**

**1.99**

**El Paraiso Tostadas Caseras or Tortilla Chips**  
12-14 oz.

**1.49**

**Yonique Yogurts 7 oz.**

**79¢**

**Cacique Horchata** 4.99

**El Mexicano Smoothies 7 oz.**

**79¢**

**Danonino, Dannon Creamy or Danimals 4 Pack or 6 Pack**

**1.49**

**Freezer Pleasers**

**Golden Creme Giant Pops 12 Count**

**2 FOR \$5**

**Springfield Family Pack Vegetables 28-32 oz.**

**1.99**

**Celeste Pizza For One 5-7.81 oz.**

**99¢**

**Golden Creme Ice Cream 48 oz.**

**3.49**

**Red Baron Pizza 20-23 oz.**

**3 FOR \$10**

**Michelin's Zap'em's 4-7 oz.**

**99¢**

# Beverage Specials

**Coca-Cola, Diet Coke, Sprite, Dr Pepper 2 Liter**

**4 FOR \$5 +CRV**

**Coca-Cola, Diet Coke, Sprite, Dr Pepper 20 Pack, 12 oz. Cans**

**5.99 +CRV**

**12 Pack, 12 oz. Cans**

**4.99 +CRV**

**Coca-Cola, Diet Coke, Sprite, Dr Pepper 8 Pack, 7.5 oz. Sleek Cans 6 Pack, .5 Liter Bottles**

**3.49 +CRV**

**Dasani or Aquafina Water 24 Pack, .5 Liter Bottles**

**3.99 +CRV**

**Sierra Mist, Lipton Brisk, Manzanita Sol, Crush, Mug Rootbeer 2 Liter**

**99¢ +CRV**

**Pepsi, Diet Pepsi, Mtn Dew 2 Liter**

**4 FOR \$5 +CRV**

**Lipton Tea 12 Pack, .5 Liter Bottles 3.99 +CRV**

**Pepsi, Diet Pepsi, Sierra Mist 8 Pack, 7.5 oz. Sleek Cans 6 Pack, 24 oz. Bottles 12 Pack, 12 oz. Cans**

**3 FOR \$9 +CRV**

**Must Buy 3**

**Rockstar Energy Drinks 16 oz.**

**99¢ +CRV**

**Pure Leaf Teas 18.5 oz.**

**99¢ +CRV**