

SALE STARTS AUGUST 22nd THRU AUGUST 28th, 2013

Open Daily 7am-11pm

# SUPER A FOODS

Save Every Day

**Fresh Super A Fryer Breast Boneless Skinless Family Pack**

**2.49**  
Lb.

**HARRIS**  
CA GROWN  
**Beef Chuck Espaldilla de Res**  
Clod Steaks, Thin Cut Family Pack

**3.49**  
Lb.

**Fresh Boneless Pork Loin Chops or Roast**

**2.99**  
Lb.

**Yellow Peaches or Nectarines**

**5.99**  
Lb.

**Limes**

**3.99**  
LBS

**Bartlett Pears**

**2.99**  
LBS

**Mangos**

**3.99**  
FOR

**Radishes or Green Onions**

**4.99**  
FOR

**Jalapeños or Tomatillos**

**3.99**  
LBS

**Springfield Long Grain Rice**



**1.39**

**Springfield Apple Juice**



**1.39**

**Coca-Cola, Diet Coke, Sprite or Dr Pepper**



**4.99**  
+CRV

**Gatorade Thirst Quencher**



**3.99**  
+CRV

**Gain Liquid Detergent**



**4.99**

**Springfield Pasta**



**2.99**

**Yuban Coffee**



**3.99**

**Smucker's Strawberry Jam**



**2.59**

**Jif Peanut Butter**



**2.59**

**Tecate or Tecate Light**



**16.99**  
+CRV

**Miller Genuine Draft, Miller Lite, Coors or Coors Light**



**17.99**  
+CRV

**Good Humor Bars 6 Ct. Popsicle Ice Cream Bars**



**2 FOR \$5**  
when you purchase 4 with coupon on Page 4

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

**Temple City**  
5595 Rosemead Blvd.

**Paramount**  
13120 Downey Ave.

**Bell Gardens**  
6380 E. Florence Ave.

**Eagle Rock**  
2245 Yosemite Dr.

**Los Angeles**  
2925 Division St.

**Montebello**  
2924 Beverly Blvd.

**South Gate**  
8116 California Ave.

**Highland Park**  
5250 York Blvd.

**Fillmore**  
725 Ventura St.



<b>Gatorade Thirst Quencher</b> 128 oz. <b>3.99</b> +CRV	<b>Yuban Coffee</b> 12 oz. <b>3.99</b>	<b>Springfield Fruit Cocktails, Peaches or Pears Sliced or Halves</b> 15-15.25 oz. <b>99¢</b>	<b>Gain Liquid Detergent</b> 50 oz. <b>4.99</b>	<b>Mazola Oil</b> Corn, Corn Plus, Canola or Vegetable Plus 40 oz. <b>2.99</b>	<b>Best Foods Mayonnaise</b> 30 oz. <b>3.99</b>	<b>Maruchan Instant Lunch</b> 2.25 oz. <b>3.99</b>	<b>Libby's Vienna Sausage</b> 4.6 oz. <b>3.99</b>
<b>Marinela Snack Cakes</b> Single Serve Gansito, Pingüinos or Napolitano 2.4 - 3.67 oz. <b>99¢</b>	<b>Lofthouse Cookies</b> All Varieties 15 oz. <b>2.99</b>	<b>Springfield Golden Pride Bread</b> White or Wheat 16 oz. <b>99¢</b>	<b>Smucker's Strawberry Jam</b> 32 oz. <b>2.59</b>	<b>Jif Peanut Butter</b> 16 oz. <b>2.59</b>	<b>Cafe La Llave Coffee</b> 10 oz. <b>3.99</b>	<b>Sweet Baby Ray's Barbecue Sauce</b> 18 oz. <b>1.49</b>	<b>Libby's Vienna Sausage</b> 4.6 oz. <b>5.99</b>
<b>Doritos Tortilla Chips</b> All Varieties 10-11 oz. <b>2.50</b>	<b>El Restaurante Tortilla Chips</b> All Varieties 13 oz. <b>2.50</b>	<b>Kellogg's Bonus Cereals</b> Frosted Flakes, 18 oz. Cocoa Krispies, 20.5 oz. Froot Loops, 14.7 oz. Corn Pops, 15.9 oz. Apple Jack, 14.7 oz. <b>2.99</b>	<b>General Mills Cereals</b> Cocoa Puffs, 11.8 oz. Cinnamon Toast Crunch, 12.8 oz. Cheerios, 14 oz. Trix, 10.7 oz. <b>2.50</b>	<b>Vlasic Dill Spears</b> 24 oz. <b>2.49</b>	<b>La Victoria Enchilada Sauce</b> 28 oz. <b>1.49</b>	<b>Juanita's Menudo Regular or Hot &amp; Spicy</b> 29.5 oz. <b>2.50</b>	<b>Knorr Chicken or Tomato Bouillion</b> 15.9 oz. <b>2.50</b>

<b>Springfield Soda</b> 12 Pack 12 oz. Cans <b>2.50</b> +CRV	<b>Springfield Apple Juice</b> 64 oz. <b>1.39</b>	<b>Springfield Water</b> 24 Pack, .5 Liter <b>2.99</b> +CRV	<b>Springfield Sugar</b> 4 Lb. Bag <b>1.89</b>	<b>Springfield Tomato Sauce</b> Regular, 8 oz. <b>4.00</b>	<b>Springfield Canned Vegetables</b> Whole Kernel Corn or Mixed Vegetables, 15-15.25 oz. <b>5.99</b>	<b>Special Value Bath Tissue</b> 24 Roll <b>3.99</b>	<b>Special Value Bleach</b> Regular, Lavender, Lemon 96 oz. <b>8.99</b>
<b>Springfield Vegetables</b> 28-32 oz., Family Pack <b>1.99</b>	<b>Springfield Lemonade or Fruit Punch</b> 12 oz. <b>89¢</b>	<b>Springfield Grade AA Butter</b> 16 oz. <b>2.99</b>	<b>Springfield Golden Pride Buns</b> 16 Ct., Hamburger or Hot Dog <b>1.99</b>	<b>Springfield Chunk Light Tuna</b> 5 oz., In Water <b>89¢</b>	<b>Springfield Pasta</b> Cooled Fideo, 12 oz. or Lasagna, 16 oz. <b>1.29</b>	<b>Springfield Foam Cups</b> 16 oz., 20 Count <b>1.19</b>	<b>Special Value Napkins</b> 180 Count <b>99¢</b>
<b>Springfield Yogurt</b> 32 oz. <b>1.99</b>	<b>Special Value French Fries</b> 20 oz. <b>69¢</b>	<b>Springfield Cob Corn</b> 6 Ct. <b>1.39</b>	<b>Springfield Pineapple Juice</b> 64 oz. <b>2.99</b>	<b>Springfield Pickles</b> 24 oz., Assorted Varieties <b>2.50</b>	<b>Springfield Saltine Crackers</b> 16 oz. <b>1.59</b>	<b>Special Value Salad Dressing</b> 16 oz. <b>1.19</b>	<b>Special Value Paper Towels</b> Roll <b>2.50</b>
<b>Springfield Stir Fry or Blended Vegetables</b> 16 oz. <b>1.59</b>	<b>Springfield Natural Cheese</b> 16 oz. <b>2.99</b>	<b>Springfield Orange Juice</b> 1 Gallon <b>3.49</b>	<b>Springfield Apple Sauce</b> 6 Pack, 4 oz. Cups <b>1.89</b>	<b>Springfield Corn Flakes</b> 18 oz. <b>1.99</b>	<b>Springfield Graham Crackers</b> 12-14.4 oz., Honey or Cinnamon <b>1.99</b>	<b>Springfield Aluminum Foil</b> 12x25 sq. ft. <b>99¢</b>	<b>Springfield Foam Plates</b> 50 Ct. <b>1.59</b>

### Beer & Wine

<b>Budweiser or Bud Light</b> 30 Pack, 12 oz. Cans <b>18.99</b> +CRV	<b>Cazadores, Ciroc, Courvoisier, Ketel One, Chivas Regal, Jameson, Belvedere, Maker's Mark</b> 750 ml. <b>19.99</b>	<b>Apothic, Robert Mondavi, Bogle, Cupcake, Columbia, Blackstone, B.V. Coastal, Gnarly Head</b> 750 ml. <b>6.99</b>
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### Deli Delights

<b>Large Eggs</b> Grade AA 18 Ct. Pack <b>2.29</b>	<b>Large Grade AA</b> <b>2.50</b>	<b>Large Organic Brown Grade A</b> <b>3.99</b>	<b>Large Brown Cage Free Grade A</b> <b>2.50</b>	<b>Egg-Land's Best Eggs</b> 12 Ct. Pack <b>1.19</b>	<b>Bar-S Jumbo Franks</b> Meat, Chicken or Turkey 16 oz. <b>1.99</b>
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### Non Foods

<b>Monster Energy Drinks</b> 16 oz. <b>2.50</b> +CRV	<b>Vidal Sassoon Shampoo or Conditioner</b> 25.3 oz. <b>3.49</b>
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<b>Corona Extra, Heineken, Blue Moon, Newcastle, Dos Equis, Modelo</b> 24 Pack, 12 oz. Bottles <b>22.99</b> +CRV	<b>El Jimador, Crown Royal, Bulleit, Jägermeister, Jack Daniel's</b> 750 ml. <b>16.99</b>	<b>Stella Rosa, Moscato D'Asti, Chateau Ste Michelle, Edna Valley</b> 750 ml. <b>8.99</b>
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<b>Knudsen Cottage Cheese</b> 16 oz. <b>99¢</b>	<b>Tropicana Pure Premium Orange Juice</b> 59 oz. <b>2.49</b>	<b>Bar-S Sliced Cooked Ham or Turkey Breast</b> 10-12 oz. <b>3.99</b>
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<b>Listerine Mouthwash</b> Gold or Blue 33.8 oz. <b>4.99</b>	<b>Crest Premium Toothpaste</b> Assorted Varieties 4-6.2 oz. <b>2.99</b>
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<b>Redd's, Dos Equis, Shock Top, Bohemia, Longboard, Blue Moon, Peroni, Leinenkugel's, Great White, Smirnoff, Guinness Draught</b> 12 Pack, 11.2-12 oz. Bottles <b>12.99</b> +CRV	<b>Beringer, Sutter Home or Riunite</b> 1.5 Liter <b>3.99</b>	<b>Smirnoff or Skyy Vodka</b> 1.75 Liter <b>9.99</b>
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<b>Señor Rico Gelatins</b> 3.5 oz. <b>5.00</b>	<b>Margarita's Rice Pudding</b> 5.25 oz. <b>2.00</b>	<b>Blue Diamond Almond Breeze Coconut Milk</b> 64 oz. <b>2.49</b>
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<b>Dove Invisible Deodorant</b> 1.6 oz. <b>1.99</b>	<b>Kotex Pads, 14-24 Ct. Tampons, 18 Ct.</b> <b>2.99</b>
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<b>Stella Artois, Spaten, Franziskaner</b> 12 Pack, 11.2-12 oz. Bottles <b>13.99</b> +CRV	<b>Camarena Tequila</b> 750 ml. <b>9.99</b>	<b>Gallo Family Wines</b> 1.75 Liter <b>5.79</b>
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<b>Armour Fun Kits</b> 11.3 oz. <b>1.99</b>	<b>Hebrew National Franks</b> 12 oz. <b>2.99</b>	<b>Plumrose Sliced Cooked Ham or Turkey Breast</b> 12 oz. <b>2.50</b>
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<b>Western Family Cotton Swabs</b> 300 Ct. <b>99¢</b>	<b>Western Family Ibuprofen</b> 30 Ct. <b>1.99</b>	<b>Folding Chair w/Carrier or Beach Umbrellas</b> <b>2.49</b>
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# A BETTER BRAND OF BEEF

We Proudly Feature Harris Ranch Beef

**Harris Ranch**  
Beef Loin  
**New York Strip Steak**  
Boneless

**5.99**  
Lb.



**Harris Ranch**  
Shoulder Clod  
Cross Rib Roast

**3.49**  
Lb.

Fresh  
Lean Ground  
Beef  
Less Than 22% Fat

**3.49**  
Lb.



**Harris Ranch**  
Beef  
Shank  
Center Cut

**2.49**  
Lb.

**Harris Ranch**  
Stewing  
Beef  
Boneless

**3.49**  
Lb.



**Bar-S**  
Sliced  
Bacon  
12 oz.

**2.99**  
Ea.



**Don Francisco**  
Queso Fresco  
Bulk

**2.99**  
Lb.

**Don Francisco**  
Queso Cotija  
Bulk

**3.49**  
Lb.

**Don Francisco**  
Crema  
Norteña or Mexicana

**1.99**  
Lb.



Fresh  
Foster Farms  
Ground  
Turkey  
16 oz.

**3.99**  
Ea.



**Bar-S**  
Smoked  
Sausage  
Classic, Hot or Polish  
2.5 Lbs.

**4.99**  
Ea.



**Rancho**  
Chorizo  
Beef or Pork, 10 oz.

**99¢**  
Ea.



**Simplot**  
Hashbrown  
Potato  
Patties  
20 Count

**2.99**  
Ea.



Foster Farms  
Chicken  
Tenders (IQF)  
2.5 Lb., Frozen Bag

**6.99**  
Ea.



Foster Farms  
Boneless  
Chicken Breast  
Thin Cut

**3.99**  
Lb.



Foster Farms  
Whole  
Bag Fryers

**1.29**  
Lb.



Foster Farms  
Drumsticks  
Value Pack

**1.39**  
Lb.



Fresh Made  
Chorizo  
Beef or Pork

**2.49**  
Lb.

## Seafood Department

## Deli & Hot Foods

All Stores Except Eagle Rock



Fresh Atlantic  
Salmon  
Whole or Half

**5.99**  
Lb.

Tilapia  
Fillets  
Defrosted

**2.99**  
Lb.

Fresh Atlantic  
Salmon  
Steaks

**6.99**  
Lb.



**Tripas**  
7.99  
Lb.

Fresh Daily  
Chicharrones

**7.99**  
Lb.

100 Pieces  
Fried or  
Oven Roasted  
Chicken  
Drumsticks & Thighs

**64.99**

30 Pieces **19.99** 50 Pieces **32.99**



Swai  
Fillets  
Defrosted

**2.49**  
Lb.

Marinated Fish  
Fresh Ceviche  
or Imitation  
Crab Salad

**3.99**  
Lb.



Fresh  
Homestyle  
Salsa  
Mild or Hot

**3.49**  
Lb.

Homestyle  
Guacamole

**3.99**  
Lb.



Chicken  
Hot Wings  
Buffalo Style  
Ready to Serve

**3.99**  
Lb.



Super A  
Tortilla Chips  
Thin 24 oz. or  
Regular 32 oz.

**2.99**  
Ea.

Exp. 08/28/13  
**Save \$2**  
When you buy any combination  
of FOUR (4) participating products:  
Buyers Club  
Points for Page 18-24  
Buy & Jerry's Plus  
Good Humor 6ct  
**PLU# 9009**

**Coca-Cola**  
Coca-Cola  
Red Carpet Ready

**MEXICAN MUSIC NIGHT**  
You could **WIN 1 OF 10 TRIPS** for 2 to the 2013 AMAs.  
Podrías GANAR 1 DE 10 VIAJES para 2 personas a Premios AMA® 2013.  
Text **AMAS** to **26739** for the chance to see it LIVE!  
Envía **AMAS** a **26739** para la oportunidad de verlos en vivo!  
132. ADELTA

WE RESERVE THE RIGHT TO CORRECT PRINTED ERRORS. ALL ADVERTISING OFFERS SUBJECT TO AVAILABLE SUPPLY. IN RETAIL QUANTITIES ONLY. LIMIT 3 LBS. COUPONS PER PERSON. NO CASHES TO BE GIVEN.

# ONE DAY SPECIALS!

WHILE SUPPLIES LAST

**FRIDAY, AUGUST 23RD**

**Large Eggs  
Grade AA  
18 Count**



**179**

Limit 4

**Seedless  
Watermelon**



**16¢**  
Lb.

**Bananas**



**3 LBS 99¢**

**BBQ Style  
Corn**



**4 FOR 99¢**

**Super A Fryer  
Boneless Skinless  
Chicken Legs**  
Family Pack



**139**  
Lb.

**Fresh  
Extra Lean  
Ground Beef**  
Less Than 15% Fat



**299**  
Lb.

**Springfield  
Long Grain  
Rice**  
3 Lb. Bag



**119**

**Sauza Hornitos,  
Jack Daniel's,  
El Jimador  
or Bushmill's**  
750 ml.



Limit 4

**1399**

# 7UP Specials

**7-up, Sunkist  
A&W, Squirt**  
12 Pack, 12 oz. Cans



**299**  
+CRV

**7-up, Sunkist,  
A&W, Canada Dry**  
18 Pack, 12 oz. Cans



**399**  
+CRV

**7-up, Sunkist  
A&W, Squirt**  
6 Pack, .5 oz. Bottles



**199**  
+CRV

**7-up, A&W,  
Hawaiian Punch,  
Sunny Delight**  
6 Pack, 8 oz. Cans



**199**  
+CRV

**Snapple  
Drinks**  
64 oz.



**199**  
+CRV

**Sunny Delight  
Punch**  
16 oz.



**79¢**  
+CRV

**Arizona  
Iced Teas**  
23 oz. Can



**79¢**  
+CRV

**7-up, A&W,  
Sunkist,  
Hawaiian Punch**  
2 Liter



**79¢**  
+CRV

**Squirt 2 Litros**  
Assorted  
Varieties

**75¢**  
+CRV



# Super A Savers!

**El Mexicano Smoothies**  
7 oz.

**79¢**

**Dannon Activia**  
4 Pack, 4 oz.

**2 FOR \$4**

**Activia Drinks**  
7 oz.

**89¢**

**Danimals Crunchers**  
4 Pack, 3.5 oz.

**2 FOR \$4**

**Guerrero King Size Corn Tortillas**  
30 Count

**2 FOR \$3**

**Guerrero Riquisimas Flour Tortillas**  
10 Count

**1.79**

**Guerrero Tostadas Caseras**  
22 Count

**1.49**

**Yonique Yogurts**  
7 oz.

**79¢**

**Cacique Horchata**  
48 oz.

**2 FOR \$4**

# Freezer Pleasers

**Helados Mexico Ice Cream or Fruit Bars**  
6 Count or 12 Count Minis

**2.99**

**José Olé Burritos or Chimichangas**  
5 oz.

**89¢**

**José Olé Taquitos**  
18-22 oz.

**3.99**

**Joseph Campione Garlic Bread or Texas Toast**  
10-16 oz.

**2 FOR \$4**

**Tai Pei Singles**  
12-14 oz.

**2 FOR \$5**

**Tai Pei Spring Rolls or Pot Stickers**  
22-24 oz.

**4.99**

**Celeste Pizza For One**  
5-8 oz.

**99¢**

# Beverage Specials

**Coca-Cola, Sprite, Diet Coke or Dr Pepper**  
20 Pack, 12 oz. Cans

**4.99**

+CRV

**3 FOR \$12**

+CRV

**Fanta, Barq's, Minute Maid, Fuze or Mello Yello**  
2 Liter

**79¢**

Must Buy 5

+CRV

**Coca-Cola, Sprite, Diet Coke or Dr Pepper**  
6 Pack, .5 Liter Bottles  
8 Pack, 7.5 oz. Mini Slek Cans

**2.99**

+CRV

**Dasani Drinking Water**  
24 Pack, .5 Liter Bottles

**3.99**

+CRV

**Pepsi, Diet Pepsi, Mtn Dew or Crush**  
12 Pack, 12 oz. Cans  
6 Pack, 24 oz. Bottles  
8 Pack, 7.5 oz. Mini Slek Cans

**3 FOR \$10**

+CRV

Must Buy 3

**Pepsi, Diet Pepsi, Sierra Mist or Crush**  
24 Pack, 12 oz. Cans

**5.99**

+CRV

**Rockstar Energy Drinks**  
16 oz.

**4 FOR \$5**

+CRV

**Pepsi, Crush, Diet Pepsi, Sierra Mist**  
2 Liter

**89¢**

Lipton Tea 2.99 +CRV

**Starbucks Frappuccino**  
4 Pack, 9.5 oz. Bottles

**4.99**

+CRV

**Lipton Iced Tea**  
12 Pack, .5 Liter Bottles

**4.99**

+CRV