

SALE STARTS MARCH 20th THRU MARCH 26th, 2014

Open Daily 7am-11pm

# SUPER A FOODS

Save Every Day

**1.49**  
Lb.

**3.99**  
Lb.

**1.79**  
Lb.

**3.99**  
FOR

**1.39**  
Ea.

**3.99**  
LBS

**5.99**  
FOR

**3.99**  
LBS

**3.99**  
LBS

**4.99**  
FOR

**2.99**  
LBS

**.49**  
Lb.

**General Mills Cereal**  
Cinnamon Toast Crunch, 12.2 oz.  
Honey Nut Cheerios, 12.25 oz.  
Trix, 10.7 oz.  
Cookie Crisp, 11.25 oz.  
Reese's Puffs, 13 oz.  
**Nature Valley or Fiber One Bars**  
All Varieties, 5-6 Ct.

**2.50**

**Progresso Soups**  
Traditional, Rich & Hearty, Light or Heart Healthy  
19 oz.

**1.50**

**Totino's Pizza Rolls**  
15 Ct.

**Betty Crocker Super Moist Cake Mix**

**Yoplait Go-GURT**  
8 Ct.

**2.00**

GOOD ONLY AT SUPER A FOODS      EXPIRES 3/26/14

**FREE**  
Gallon of Milk & Eggs

when you buy any 5 participating General Mills products in a single transaction between 3/20/14 and 3/26/14.

**PLU# 9014**

**FREE GOLDEN CREME GALLON MILK & 1 DOZEN EGGS**  
When You Buy Any 5 Participating General Mills Products

**Gatorade Thirst Quencher**  
32 oz.

**89¢**  
+CRV

**Anthony's Spaghetti**  
16 oz.

**99¢**

**Hunt's Spaghetti Sauce**  
Family Size  
24 oz.

**99¢**

**Spaghetti Dinner for the Family . . . . . Just 1.98**

**Ranchero Queso Fresco, Crema con Sal or Natural Cacique Crema Mexicana, Oaxaca, Cotija**  
10-15 oz.

**2 FOR \$5**

**Guerrero Corn Tortillas**  
80 Ct.

**1.99**

**Extra Large Eggs**  
Grade AA  
18 Ct.

**2 FOR \$5**

**RC Cola, Diet Rite, Sunkist, Peñafiel**  
2 Liter

**69¢**  
+CRV

**7-up, Sunkist, A&W or Squirt**  
12 Pack, 12 oz. Cans

**3 FOR \$9**  
+CRV

**Tecate or Tecate Light**  
30 Pack, 12 oz. Cans

**1.899**  
+CRV

\*Get a 24 Pack, .5 Liter of Springfield Water for 1¢ +crv with purchase of 30 Pack, PLU #9001

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

- |   |   |  |   |
|---|---|--|---|
| <p><b>Temple City</b><br/>5595 Rosemead Blvd.</p> <p><b>Los Angeles</b><br/>2925 Division St.</p> | <p><b>Paramount</b><br/>13120 Downey Ave.</p> <p><b>Montebello</b><br/>2924 Beverly Blvd.</p> | <p><b>Bell Gardens</b><br/>6380 E. Florence Ave.</p> <p><b>South Gate</b><br/>8116 California Ave.</p> | <p><b>Eagle Rock</b><br/>2245 Yosemite Dr.</p> <p><b>Fillmore</b><br/>725 Ventura St.</p> |
|---|---|--|---|



**Gatorade Thirst Quencher** 32 oz. **89¢** +CRV

**Kool-Aid Jammers** 10 Pack **1.99**

**Folgers Classic Roast Coffee** 11.3 oz. **3.99**

**Ocean Spray Juice Drink** Ruby Red Grapefruit, 64 oz. 100% White Grapefruit, 64 oz. 100% Cranberry Juice, 60 oz. 100% Citrus Mango, 60 oz. 100% Citrus Tangerine, 60 oz. **2.50** +CRV

**Wesson Oil** Vegetable, Corn or Canola, 48 oz. **2.59**

**Hunt's Tomato Sauce** Regular or No Salt Added 8 oz. **3.00** +CRV

**1-2-3 Vegetable Oil** 33.8 oz. **1.99**

**Oroweat Bread** 7 Grain, Buttermilk, Double Fiber, Potato or Sandwich Thin, 24 oz. or **Francisco Rolls** French or Sourdough 17 oz., 6 Pack **2.99**

**Cottage Hearth Bread** Rye, Honey Wheat, 9 Grain, Stone Ground, or Buttermilk 20 oz. **2.29**

**Springfield Golden Pride Bread** Whole Wheat or White 16 oz. **99¢**

**Folgers Instant Coffee** 8 oz. **4.99**

**Nabisco Chips Ahoy! Cookies** 9.5-13 oz. **1.99**

**Anthony's Pasta** 32 oz. **2.50** +CRV

**Hunt's Spaghetti Sauce** 24 oz. **99¢**

**Maruchan Ramen Noodles** 3 oz. **1.50** +CRV

**Fritos Corn Chips** 10.25 oz. or **Cheetos** 8.5 oz. **2.50** +CRV

**Nature's Harvest Bread** 100% Stone Ground Whole Grain White, Honey Wheat, Honey Wheatberry, 18 Grain & Seed, Buttermilk, 20-24 oz. **1.99**

**Springfield Drinking Water** 24 Pack, .5 Liter Bottles **2.50** +CRV

**Zulka Sugar** 4 Lb. Bag **1.79**

**Hunt's Ketchup** 24 oz. **99¢**

**Rosarita Refried Beans** 30 oz. **1.89**

**Knorr Bouillon Chicken Tomato** 35.3 oz. **4.49**

**General Mills Cereal** Honey Nut Cheerios, 12.25 oz. Cookie Crisp, 11.25 oz. Reese's Puffs, 13 oz. **2.50** +CRV

**Kellogg's Cereal** Frosted Flakes, 15 oz. Raisin Bran, 18.7 oz. Frosted Mini Wheats, 18 oz. Apple Jacks, 12.2 oz. Cocoa Krispies, 15.5 oz. **2.99**

**Malt O Meal Box Cereal** Cocoa Roos, Cocoa Dyno-Bites, Cinnamon Toasters, Fruity Dyno-Bites, Berry Colossal Crunch, Golden Puffs, Oat Blenders Assorted, 12-14 oz. **1.99**

**Emerald River Jasmine Rice** 5 Lb. Bag **2.99**

**Pedigree Dry Dog Food** 17 Lb. Bag **12.99**

**Scott Bath Tissue** 12 Rolls 1000 Sheets **7.99**

**Suavitel Fabric Softener** 150 oz. **5.99**

**Ajax Liquid Detergent** 50 oz. **1.99**

**Baileys Coffee Creamer** 32 oz. **2.99**

**Helados Mexico** 6 Ct., Paletas or Bolis **2.99**

**Golden Creme Ice Cream** 5 Qt. **5.99**

**Red Baron Singles** 10-11.20 oz. Deep Dish or French Bread or Tony's Pizzeria Pizza Singles 8-8.42 oz. **2.50** +CRV

**Mother's Bag Cookies** 12 oz. **2.29**

**S&W Beans** 15 oz. Garbanzo-Regular or Low Salt, Kidney-Regular or Low Salt, Small White, Black or Cannellini Beans **89¢**

**Palmolive or Ajax Dish Liquid** 30 oz. **1.99**

**Fab Liquid Detergent** 50 oz. **2.50** +CRV

**Lala Smoothies** 7 oz., Regular or Proactive **99¢**

**Starbucks Iced Coffee** 50.7 oz. **4.99**

**Flan Rico or Señor Rico Flan or Rice Pudding** 4.5-8 oz. **79¢**

**Señor Rico or Lakeview Gelatins** 8-12 Ct., Multi-Pack **2.50** +CRV

**Nature Valley or Fiber One Granola Bars** 5-6 Ct. **2.50** +CRV

**Trident Gum** 14-18 Ct., All Varieties **99¢**

**Fabuloso Liquid Cleaner** 22 oz. **1.39**

**Irish Spring Bar Soap** 3 Pack, 3.7 oz. **2.50** +CRV

### Beer & Wine

**Budweiser, Bud Light, Miller Genuine Draft, Miller Lite, Coors, Coors Light** 30 Pack, 12 oz. Cans **19.99** +CRV

**Bodega Elena, Bogle, Blackstone, Cupcake, Columbia, BV Coastal, Robert Mondavi, Geyser Peak, Gnarly Head, Barefoot Bubbly** 750 ml. **6.99**

**Cazadores, Courvoisier, Ketel One, Chivas Regal, Ciroc, Jameson, Belvedere, Maker's Mark, Corralejo, Cuervo Tradicional** 750 ml. **19.99**

**Corona Extra, Corona Light, Heineken, Blue Moon, Newcastle, Victoria, Dos Equis, Modelo, Shock Top** 24 Pack, 12 oz. Bottles **23.99** +CRV

**Stella Rosa, Moscato D'Asti, Chateau Ste Michelle, Edna Valley, 14 Hands, Apothic** 750 ml. **8.99**

**Patron Tequila, 750 ml.** Silver **34.99** Reposado **36.99** Añejo **39.99**

**Gallo Family Wines** 1.5 Liter **4.99**

**Corona, Modelo, Pacifico, Heineken, Beers of Mexico, Indio, Samuel Adams, Newcastle, Mike's, Pyramid, Stella Artois, Angry Orchard** 12 Pack, 11.2-12 oz. Bottles **13.99** +CRV

**Buchanan's or Grey Goose** 750 ml. **24.99**

**Sutter Home, Beringer, Rex-Goliath or Riunite** 750 ml. **3.99**

**Budweiser, Bud Light, Miller Genuine Draft, Miller Lite, Coors, Coors Light, Tecate, Tecate Light** 12 Pack, 12 oz. Cans or Btl. **13.99**

**Silver or Reposado** **19.99** Añejo **23.99**

**Gran Centenario Tequila** 750 ml. **9.99**

**Fireball, Rum Chata, Ricura, Sauza Hornitos, Baileys** 750 ml. **14.99**

### Deli Delights

**Bar-S Jumbo Franks** Meat, Chicken or Turkey, 16 oz. **1.19**

**Knudsen Sour Cream** 48 oz. **4.89**

**Guerrero Riquisimas Flour Tortillas** 24 Ct. **2.79**

**Golden California Cheese** 16 oz. **3.49**

**Knudsen Cottage Cheese** 16 oz. **2.50** +CRV

**Knudsen Cottage Cheese** 32 oz. **4.49**

**Plumrose Sliced Cooked Ham or Turkey Breast** 12 oz. **2.50** +CRV

**Knudsen Cottage Cheese Doubles** 3.9 oz. **99¢**

**Oscar Mayer Lunchables** 3-4 oz. **2.50** +CRV

**Plumrose Deli Tubs** 9 oz. **2.99**

**Carl Buddig Premium Deli** 8 oz. **1.99**

**Hoffy Bacon Wrapped Hot Dogs** 14 oz. **3.99**

**Cafe Complements Coffee Creamer** 32 oz. **2.79**

**Jell-O Pudding or Gelatins** 4 Ct. **2.50** +CRV

**Evergood Sausage** 13 oz. **3.99**

**El Mexicano Fresco Cremosa, Queso Panela, Crema Oaxaqueña, Salvadoreña or Jocoque** 10-15 oz. **2.50** +CRV

### Non Foods

**VOS Shampoo or Conditioner** 15 oz. **89¢**

**Colgate Max Toothpaste** 6 oz. **2.99**

**TRE Semmè Shampoo or Conditioner** 32 oz. **3.99**

**LISTERINE Mouthwash** Selected Varieties 500 ml. **3.99**

**Mennen Speed Stick** Selected Varieties 3-3.25 oz. **2.99**

**Always Ultra Thin Sanitary Pads** 14-22 Ct. **2.99**

**Western Family Ibuprofen or Acetaminophen** 50 Ct. **2.99**

**Mane 'n Tail Shampoo or Conditioner** 12 oz. **4.99**

**Axe Shower Gel** 16 oz. **3.99**

**Colgate Toothbrush** 1 Ct. **69¢**



California CA GROWN

# A BETTER BRAND OF BEEF

## We Proudly Feature Harris Ranch Beef

**Harris Ranch**  
**Beef Chuck Blade Steaks or Roast**

**3.49**  
Lb.

**Harris Ranch**  
**Beef Chuck 7-Bone Steaks or Roast**

**3.79**  
Lb.

**Fresh Lean Ground Beef**  
Less than 22% Fat

**3.99**  
Lb.

**Harris Ranch**  
**Stewing Beef**  
Boneless

**3.99**  
Lb.

**Harris Ranch**  
**Beef Shanks**  
Center Cut

**2.99**  
Lb.

**Bar M Smoked Sausage**  
Louisiana Hot Links, 2.5 Lb.  
Beef Hot Links, 2.5 Lb.  
Chipotle Links, 2.5 Lb.

**5.99**  
Ea.

**Don Francisco Queso Fresco**  
Bulk

**2.99**  
Lb.

**Don Francisco Queso Cotija**  
Bulk

**3.49**  
Lb.

**Don Francisco Crema**  
Norteña or Mexicana

**1.99**  
Lb.

**Rose Sausage**  
Pork Links or Patties, 5 oz.  
or Turkey Links, 4.8 oz.

**1.49**  
Ea.

**Rose Canadian Bacon**  
5 oz., Sliced

**2 FOR \$5**

**Grade A Turkey Breast**  
Defrosted, Bone-In

**1.99**  
Lb.

**Turkey Drumstick**  
Defrosted

**1.49**  
Lb.

**Farmer John Sliced Bacon**  
All Varieties  
12-16 oz.

**4.49**  
Ea.

**Bar-S Corn Dogs**  
3 Lb. Box

**4.99**  
Ea.

**Ranchero Chorizo**  
Pork or Beef  
10 oz.

**99¢**  
Ea.

**Foster Farms Fresh Ground Turkey**  
16 oz.

**3.99**  
Ea.

**Foster Farms Whole Bag Fryers**

**1.39**  
Lb.

**Foster Farms Chicken Nuggets**  
33.6 oz. or  
**Chicken Patties**  
28 oz., Frozen

**4.99**  
Ea.

**Fresh Made Chorizo**  
Beef or Pork

**2.99**  
Lb.

## Seafood Department

## Deli & Hot Foods

All Stores Except Eagle Rock

**Fresh Atlantic Salmon Fillets**  
Farm Raised

**8.99**  
Lb.

**Tilapia Fillets**  
Defrosted

**3.49**  
Lb.

**Fresh Daily Chicharrones**

**7.99**  
Lb.

**Foster Farms Chicken Tenders**  
Regular or Spicy

**4.99**  
Lb.

**Foster Farms Corn Dogs**

**2 FOR \$1**

**Swai Fillets**  
Defrosted

**2.99**  
Lb.

**Raw, Shell-On Shrimp**  
Defrosted  
51-60 Count

**5.99**  
Lb.

**100 Pieces Fried or Oven Roasted Chicken**  
Drumsticks & Thighs

**64.99**

**30 Pieces 19.99**

**50 Pieces 32.99**

**Fresh Homestyle Salsa**  
Mild or Hot

**3.99**  
Lb.

**Super A Tortilla Chips**  
Regular, 32 oz.  
or Thin, 24 oz.

**2.99**  
Ea.

**SAVE EVERY DAY** **SAVE EVERY DAY** **SAVE EVERY DAY** **SAVE EVERY DAY**

**Double Coupon • Double Savings!** Present this coupon along with any one MFG. "Cards Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 3/23/14 thru 3/25/14. Limit 1 Per Coupon • 4 Coupons Per Customer

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# ONE DAY SPECIALS!

WHILE SUPPLIES LAST

**FRIDAY, MARCH 21ST**

**Iceberg Lettuce**



**2 FOR \$2.99**

**Pinto Beans**



**2 LBS \$2.99**

**Mexican Papaya**



**\$5.99 Lb.**

**Super A Fryer Chicken Drumsticks Family Pack**



**\$7.99 Lb.**

**Raw Shell-On Shrimp**  
Defrosted 36-40 Count



**\$6.99 Lb.**

**Patrón Tequila**  
750 ml.



**\$29.99 Silver**  
**\$32.99 Añejo**

**Limit 6**

**Land O Lakes Natural Cheese**  
Chedarella, Medium Cheddar or Mild Cheddar 16 oz.



**2 FOR \$5**

**Limit 6**

**Kern's Nectar**  
11.5 oz.



**3 FOR \$3.99** +CRV

**Limit 24**

**McCormick Taco Seasoning**  
1.25 oz.



**3 FOR \$3.99**

**Limit 6**

# Beverage Specials

**Coca-Cola, Diet Coke, Sprite, Dr Pepper**  
20 Pack, 12 oz. Cans



**\$6.99** +CRV

12 Pack, 12 oz. Cans

**2 FOR \$9** +CRV

**Fanta, Minute Maid, Mello Yello, Fuze**  
2 Liter



**\$9.99** +CRV

**Powerade Sports Drink**  
32 oz.



**89¢** +CRV

8 Pack, 20 oz. Btl.

**\$4.99** +CRV

**Pepsi, Diet Pepsi, Crush, Sierra Mist**  
12 Pack, 12 oz. Cans  
6 Pack, 24 oz. Bottles  
8 Pack, 7.5 oz. Mini Snek Cans



**3 FOR \$10** +CRV

**Pepsi, Mtn Dew, Sierra Mist, Crush, Manzanita Sol, Brisk, Schweppes, Mug Root Beer**  
2 Liter Bottles



**\$8.99** +CRV

**Starbucks Frappuccino**  
4 Pack, 9.5 oz. Bottles  
or Lipton Tea  
12 Pack, .5 Liter Bottles



**\$4.99** +CRV

**Aquafina or Dasani Drinking Water**  
24 Pack, .5 Liter Btl.



**\$3.99** +CRV

**Snapple**  
64 oz.  
or Fiji Water  
1 Liter



**\$1.99** +CRV

**7-up, Sunkist A&W, Squirt**  
6 Pack, .5 Liter Bottles



**\$1.99** +CRV

**7-up, A&W, Squirt, Canada Dry**  
2 Liter



**\$8.99** +CRV

# FARMER JOHN Specials

**Farmer John Meat Wieners**  
16 oz.



**99¢**

**Farmer John Beef Franks**  
16 oz.



**2.99**

**Farmer John Sliced Cooked Ham**  
16 oz.



**2 FOR \$5**

**Farmer John Dinner Sausage**  
12-14 oz.



**2.99**

**Farmer John Smoked Sausage**  
Polish, Louisiana Hot, Red Hots, 42 oz.



**6.99**

**Chicken Sausage**  
Bratwurst or Louisiana Hot, 36 oz.



**Farmer John Skinless Sausage Links**  
Regular or Maple 8 oz.



**99¢**

**Farmer John Breakfast Sausage Links or Patties**  
12 oz.



**2 FOR \$5**

# General Mills Specials

**Yoplait Yogurt**  
Original or Light 8 Ct. Fridge Pack



**3.49**

**Yoplait Go-Gurt**  
18 oz.



**2 FOR \$4**

**Yoplait Yogurt**  
32 oz.



**2 FOR \$5**

**Nature Valley or Fiber One Granola Bars**  
6 Ct.



**2 FOR \$5**

**Progresso Soups**  
19 oz.



**1.50**

**General Mills Cereals**  
Honey Nut Cheerios, 12.25 oz.  
Cookie Crisp, 11.25 oz.  
Reese's Puffs, 13 oz.  
Trix, 10.7 oz.  
Cinnamon Toast Crunch, 12.2 oz.



**2.50**

**GET 2 FREE YOPLAIT GREEK CUPS**

when you buy ANY 1 Yoplait® Fridge Pack

any variety, 8 ct. using coupon below.

Products must be purchased in a single transaction between 3/20/14 and 3/26/14.

Yoplait® is a registered trademark of Frito-Lay North America, Inc. ©2014 General Mills, Inc.

**GET 2 FREE Yoplait® Greek Cups**

when you buy ANY 1 Yoplait® Fridge Pack in a single transaction between (any variety, 8ct) 3/20/14 and 3/26/14.

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PLU# 9010