

Gatorade Thirst Quencher 8 Pack, 20 oz. 4.99 +CRV	Special Value Apple Delight 64 oz. 99¢ +CRV	Kern's Nectars 11.5 oz. 39¢ +CRV	Scott Extra Soft Bath Tissue 12 Rolls 4.99	Scott Paper Towels 6 Rolls 4.99	Best Foods Mayonnaise 30 oz. 3.99	StarKist Chunk Light Tuna In Oil or Water 5 oz. 99¢	
Sara Lee Classic Bread 100% Whole Wheat or White 20 oz. 2 FOR \$5	Wonder Classic White Bread Round Top 20 oz. 1.99	Hershey's Singles Milk Chocolate with Almonds, Kit Kat, Reese's Peanut Butter Cup, 1.45-1.6 oz. 69¢	Nabisco Chip Ahoy! Cookies 9.5-13.12 oz. 2 FOR \$5	Jif Peanut Butter 16.3 oz. 2.89	Folgers Instant Coffee 8 oz. 4.99	Hormel Chili With Beans 15 oz. 1.19	Chef Boyardee Pasta Assorted Varieties 14.75-15 oz. 1.19
Ruffles Potato Chips All Varieties 7.5-9 oz. 2 FOR \$5	Marinela Cookies Canelitas, Sponch, Polvorones, Caribeñas, Suavicremas 11.3-21.16 oz. 2 FOR \$5	General Mills Cereal Honey Nut Cheerios, 17 oz. Cinnamon Toast Crunch, 16.2 oz. Lucky Charms, 16 oz. 2 FOR \$7	Kellogg's Cereal Frosted Flakes, 15 oz. Raisin Bran, 18.7 oz. Frosted Mini Wheats, 18 oz. Apple Jacks, 12.2 oz. Froot Loops, 12.2 oz. Cocoa Krispies, 15 oz. 2.99	Langers Apple Juice or Cranberry Cocktail Original, Cran-Grape, Cran-Raspberry, 64 oz. 1.99 +CRV	Mott's Clamato Regular or Picante, 32 oz. 2 FOR \$5 +CRV	Rosarita Refried Beans 30 oz. 1.89	Las Palmas Enchilada or Red Chile Sauce 28 oz. 2.49

Springfield Apple Juice 64 oz. 1.29	Springfield Peaches, Pears or Fruit Cocktail 15-15.25 oz. 99¢	Springfield Drinking Water 24 Pack .5 Liter Bottles 2 FOR \$5 +CRV	Springfield Cooking Oil Vegetable or Corn 40 oz. 1.99	Springfield Pasta 12-16 oz. 99¢	Springfield Tomato Sauce Regular or No Salt Added 8 oz. 10 FOR \$3	Special Value Bleach Regular, Lavender or Lemon 96 oz. 89¢	Special Value Bath Tissue 12 Rolls 2.59
Springfield Natural Cheese 16 oz. 3.49	Springfield Cream Cheese 8 oz., Soft or Brick 1.69	Springfield Waffles 12.3 oz. 1.49	Springfield Golden Pride Giant Bread 24 oz., White or Wheat 1.79	Springfield Deluxe Cookies 2 Lbs. 2 FOR \$5	Springfield Whole Kernel Corn 15.25 oz. 59¢	Special Value Foam Cups 51 Ct., 6.4 oz. 1.19	Special Value Towels Regular Roll 59¢
Special Value Vegetables 16 oz. 99¢	Springfield Blended Vegetables 16 oz. 1.69	Springfield Yogurt 32 oz. 2.49	Springfield Golden Pride Buns 8 Pack, Hamburger or Hot Dog 1.29	Springfield Salad Dressing 16 oz. 1.79	Springfield Canned Tomatoes 14.5 oz., Whole, Cut, Diced, Stewed or Crushed 79¢	Springfield Plastic Wrap 100 Ft. 1.19	Special Value Napkins 180 Ct. 99¢
Springfield Whipped Topping 8 oz. 1.19	Springfield Vegetables 28-32 oz., Family Pack 1.99	Special Value Shoestring Potatoes 20 oz. 69¢	Springfield Fruit Singles 4 Pack, 4 oz. 1.79	Springfield Graham Crackers 12-14 oz., Honey or Cinnamon 1.99	Springfield Ketchup 24 oz. 99¢	Springfield Aluminum Foil 12" x 25" Sq. Ft. 99¢	Special Value Liquid Hand Soap 16.9 oz. 99¢

Beer & Wine

Budweiser, Bud Light, Miller Genuine Draft, Miller Lite, Coors, Coors Light 30 Pack, 12 oz. Cans 19.99 +CRV	Bodega Elena, Bogle, Cupcake, Columbia, Robert Mondavi, Geyser Peak, Gnarly Head, Barefoot Bubbly 750 ml. 6.99	Cazadores, Courvoisier, Ketel One, Chivas Regal, Ciroc, Jameson, Belvedere, Maker's Mark, Corralejo, Cuervo Tradicional, Crown Royal 750 ml. 19.99
Corona Extra, Victoria, Corona Light, Heineken, Blue Moon, Newcastle, Dos Equis, Modelo, Shock Top 24 Pack, 12 oz. Bottles 23.99 +CRV	Smirnoff, Skyy or New Amsterdam Vodka, Malibu or Bacardi Rum 750 ml. 9.99	Stella Rosa, 14 Hands, Moscato D'Asti, Chateau Ste Michelle, Edna Valley, Apothic 750 ml. 8.99
Dos Equis, Redd's, Bohemia, Longboard, Peroni, Leinenkugel's, Great White, Victoria, Shock Top, Blue Moon, Smith & Forge 12 Pack, 11.2-12 oz. Bottles 13.99 +CRV	El Jimador, Hpnotiq, Jagermeister or Jack Daniel's 750 ml. 17.99	Patron Tequila 750 ml. 34.99 Silver, 36.99 Reposado, 39.99 Añejo
Corona, Modelo, Pacifico, Heineken, Becks of Mexico, Indio, Samuel Adams, Newcastle, Mike's, Pyramid, Stella Artois, Angry Orchard 12 Pack, 11.2-12 oz. Bottles 13.99 +CRV	Camarena Tequila 750 ml. 13.99	Gallo Family Wines 750 ml. 2.99 - 4.99
Budweiser Black Crown, Bud Light Platinum, Bud Light Lime, Michelob Ultra, Michelob Amber Back, Third Shift Amber, Miller Fortune, Bass, Beck's or St. Pauli Girl 12 Pack, 12 oz. Cans or Bottles 14.99 +CRV	Fireball, Rum Chata, Ricura, Sauza Homitos or Cien Años 750 ml. 14.99	

Deli Delights

Grade AA Large Eggs 18 Count 2.99	Florida's Natural Orange Juice, Blends or Grapefruit Juice 59 oz. 2.99	Florida's Natural Orange Juice 89 oz. 4.99	Bar-S Jumbo Franks Meat, Chicken or Turkey 16 oz. 1.19	Bar-S Beef Franks 16 oz. 2.99
Land O Lakes Natural Cheese 16 oz. 3.49	Bar-S Sliced Cooked Ham or Turkey Breast 10-12 oz. 2 FOR \$5	Borden Cheese Singles, 12 oz. or Shreds, 8 oz. or Slices, 6 oz. 2 FOR \$5	Rancho Grande Queso Fresco, Crema Mexicana or Fresca Natural 10-15 oz. 2.59	Danola Sliced Cooked Ham 12 oz. 2.99
Señor Rico Gelatins 3.5 oz. 5 FOR \$1	Flan Rico or Señor Rico Flan or Rice Pudding 4.5-8 oz. 79¢	Nochebuena Queso Fresco or Panela 10 oz. 2 FOR \$4	Oscar Mayer Meat Bologna 12 oz. 1.99	Evergood Sausage 13 oz. 3.99
	Carl Buddig Premium Deli Meat 8 oz. 1.99			

Non Foods

Monster Energy Drinks 16 oz. 2 FOR \$3 +CRV	Colgate Max Toothpaste 6 oz. 2.99	Suave Shampoo or Conditioner 22.5 oz. 1.79	Listerine Mouthwash Selected Varieties 33.8 ml. 4.99
Suave Natural Body Wash 12 oz. 1.99	Johnson & Johnson Baby Shampoo, Baby Powder, or Baby Wash Selected Varieties, 14-15 oz. 2.99	Bayer Aspirin 32-36 Ct. 2.99	General Electric Light Bulbs 25% OFF Entire Line
göt 2b Hair Gel 6-8.5 oz. 4.99	Tampax Tampons 20 Ct. 3.69		



CALIFORNIA CA GROWN

A BETTER BRAND OF BEEF

We Proudly Feature Harris Ranch Beef

Harris Ranch
Beef Chuck Blade Steaks or Roast
3.49 Lb.

Harris Ranch
Beef Chuck 7-Bone Steaks or Roast
3.79 Lb.

Fresh Lean Ground Beef
 Less than 22% Fat
3.99 Lb.

Harris Ranch
Stewing Beef
 Boneless
3.99 Lb.

Harris Ranch
Eye of Round Roast or Steak
 Boneless
3.99 Lb.

Harris Ranch
Eye of Round Roast or Steak
 Boneless
3.99 Lb.

Bar S Sliced Bacon
 12 oz.
2 FOR \$6

EL MEXICANO
Queso Fresco
 Cremoso or Casero
3.29 Lb.
El Mexicano Crema
 All Varieties
1.99 Lb.

Grade A Turkey Breast
 Defrosted, Bone-In
1.99 Lb.
Turkey Drumstick
 Defrosted
1.49 Lb.

Ranchero Chorizo
 Beef or Pork
 10 oz.
99¢ Ea.

Salsa Roja or Verde or Molcajete
 Roja or Verde
3.99 Lb.

Simplot Hashbrown Potato Patties
 20 Count
3.49 Ea.
Fresh Salads
 Potato, Macaroni or Cole Slaw
 Bulk
1.79 Lb.

Foster Farms Breast Fillets
 Skin-on
3.99 Lb.

Foster Farms Drums or Thighs
 Value Pack
1.19 Lb.

Foster Farms Fresh Chicken Leg Quarters
 Value Pack
1.19 Lb.
Foster Farms Whole Bag Fryers
1.39 Lb.

Seafood Department

Deli & Hot Foods

Fresh Atlantic Salmon Fillets
 Farm Raised
8.99 Lb.
Tilapia Fillets
 Defrosted
3.49 Lb.

El Mexicano Deli Ham
 Sliced, Bulk
2.49 Lb.
Turkey Ham
 Sliced/Bulk
3.29 Lb.

Swai Fillets
 Defrosted
2.99 Lb.
Raw, Shell-on Shrimp
 Defrosted
 51-60 Count
6.49 Lb.

Chicken Hot Wings
 Buffalo Style
 Ready to Serve
4.99 Lb.
100 Pieces Fried or Oven Roasted Chicken
 Drumsticks & Thighs
6.49 Lb.
30 Pieces 1.99 **50 Pieces 3.29**
Fresh Homestyle Salsa
 Mild or Hot
3.99 Lb.
Super A Tortilla Chips
 Regular 32 oz. or Thin 24 oz.
2.99 Ea.

MEET CHEF LUIS NAVARRO
 FROM LOLA'S MEXICAN CUISINE



Renowned Chef Luis Navarro from Lola's Mexican Cuisine in Long Beach with Harris Ranch beef exclusively featured at Super A Foods. Chef Navarro is known for putting an exciting and fresh new twist on Mexican cuisine at his acclaimed Long Beach restaurant is the perfect showcase for his unique culinary talents.

Chef Navarro will show you how to take premium, all-natural Harris Ranch beef to a new level with delicious recipes you can easily prepare at home. He will be featured at the Super A demo grill from noon to 2 PM where you'll get the unique opportunity to sample Mexican cuisine at its finest.

Everyone who attends will be automatically entered to win dinner for two at Lola's Mexican Cuisine, plus everyone will receive a free gift from Super A Foods and Harris Ranch.

MARCH 29 - TORRANCE APRIL 26 - PARAMOUNT
 MAY 24 - TEMPLE CITY JUNE 28 - HIGHLAND PARK

SAVE EVERY DAY

Double Coupon • Double Savings!

Present this coupon along with any one MFG. "Cards Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 4/24/14 thru 4/30/14. Limit 1 Per Coupon • 4 Coupons Per Customer

Super A V1-4/24/14-Page 4

ONE DAY SPECIALS!

WHILE SUPPLIES LAST

FRIDAY, APRIL 25TH



Iceberg Lettuce

2 FOR 2.99¢



Cantaloupe

3 LBS 3.99¢



Sweet Pineapple

2 LBS 2.99¢



Super A Fryer Chicken Drumsticks
Family Pack

79¢ Lb.



Fresh Lean Ground Beef
Less Than 22% Fat

2.99 Lb.



Land O Lakes Natural Cheese
16 oz.

2 FOR \$5

Limit 6



Tropical Strawberry Preserves
32 oz.

1.99

Limit 4



Springfield Golden Pride Round Top Bread
White, Wheat
16 oz.

79¢

Limit 5



Patron Tequila Silver
375 ml.

13.99

Limit 6

Farm Fresh Produce



Extra Fancy Red Delicious Apples

69¢ Lb.



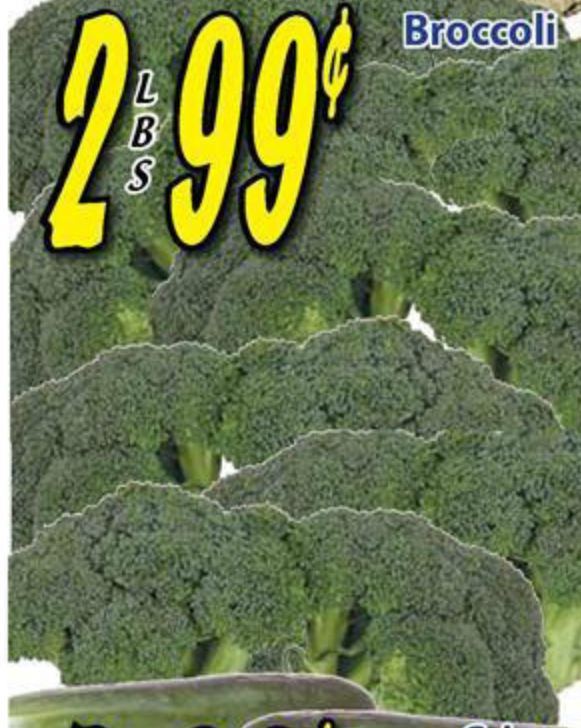
Small Avocados

3 FOR 3.99¢



Jalapeños or Tomatillos

49¢ Lb.



Broccoli

2 LBS 2.99¢



Crisp Cucumbers

4 FOR 4.99¢

Beverage Specials

Coca-Cola, Diet Coke, Dr Pepper, Pepsi, Mtn Dew
2 Liter

4 FOR \$5
+CRV

Coca-Cola, Diet Coke, Sprite, Dr Pepper
20 Pack, 12 oz. Cans **6.99**
+CRV

Fanta, Fuze, Minute Maid, Manzanita Sol, Crush, Schweppes,
2 Liter

99¢
+CRV

Coca-Cola, Sprite, Dr Pepper
8 Pack, 7.5 oz. Mini Sleek Cans

1.99
+CRV

Pepsi, Diet Pepsi, Sierra Mist, Mtn Dew
6 Pack, 24 oz. Bottles
8 Pack, 7.5 oz. Mini Sleek Cans
12 Pack, 12 oz. Cans

3 FOR \$10
+CRV

Powerade Sports Drinks
32 oz.

79¢
+CRV

Powerade
8 Pack, 20 oz. Bottles
Aquafina or Dasani
Drinking Water
24 Pack, .5 Liter Bottles

4.99
+CRV

Pepsi, Diet Pepsi, Mtn Dew, Sierra Mist
24 Pack, 12 oz. Cans

6.99
+CRV

7-up, Sunkist, A&W, Squirt
12 Pack, 12 oz. Cans

3 FOR \$9
+CRV

7-up, Sunkist, A&W, Squirt
6 Pack, .5 Liter Bottles
Snapple
64 oz.

1.99
+CRV

7-up, Sunkist, A&W, Squirt
2 Liter

79¢
+CRV

Must Buy 4

SUPER A SAVERS!

Tree Ripe Orange Juice
59 oz.

2 FOR \$5

La Chocolat Yogurt
6 oz.

99¢

Earth Wise Chilled Drinks
59 oz.

2 FOR \$5

Coffee-mate Flavored Creamer
32 oz.

2.79

Mocha Mix
64 oz.

2.99

Calidad Corn Tortillas
72 Ct.

1.99

Mission Soft Taco Flour Tortillas
20 Ct.

2.99

Guerrero Riquisimos
Flour Tortillas, 10 Ct.
Tostadas Caseras, 22 Ct.

1.49

Lala Yogurt
6 oz.

2 FOR \$1

Challenge Butter
16 oz.

2.99

Freezer Pleasers

Golden Creme Novelties
Cups, Bars, Half & Half or Sandwiches, 6 Ct.

1.99

Westpac Cob Corn
6 Ct.

1.69

Frozen Creme Pies
28-39 oz.

3.99

Celeste Pizza For One
5-7.81 oz.

99¢

Banquet Meals
7-11 oz.

99¢

Banquet Fried Chicken
9 oz. **1.49**