

SALE STARTS JULY 17th THRU JULY 23rd, 2014

Open Daily 7am-11pm

# SUPER A FOODS

Save Every Day

**Cherries** 2 LBS \$3.99

**Blueberries** 6 oz. Clamshell 1.29

**Nectarines** 99¢ Lb.

**Super A Fresh Fryer Breast** Boneless Skinless Family Pack 2.49 Lb.

**Beef Chuck Espaldilla de Res** Clod Steaks-Thin Cut Family Pack 3.99 Lb.

**Fresh Pork Spareribs** Medium 2.29 Lb.

**Post Cereal**  
Honey Bunches of Oats Regular or with Almonds, 14.5 oz.  
Fruity or Cocoa Pebbles 11 oz.

Sale Price 2 FOR \$5.00  
Minus Coupon - 1.00

**SAVE \$1** when you buy 2 of these POST Cereals (Honey Bunches of Oats 14.5 oz or Pebbles 11 oz)

**2 FOR \$4** with \$1.00 OFF coupon

PLU#9006

REDEEMABLE AT SUPER A FOODS

EXPIRES: 07/23/2014

**Springfield Sugar** 4 Lb. Bag 1.59

**Springfield Drinking Water** 24 Pack, .5 Liter 2 FOR \$5 +CRV

**Springfield Corn or Vegetable Oil** 40 oz. 1.99

**Yoplait Yogurt** Regular or Light 8 Count, FRIDGE PACK 3.69

Yoplait Yogurt 32 oz. 2 FOR \$5

**Special Value Apple Delight** 64 oz. 99¢ +CRV

**Crystal Geyser Drinking Water** 1 Gallon 79¢ +CRV

**Coca-Cola, Diet Coke, Dr Pepper, Sprite** 12 Pack, 12 oz. Cans 3 FOR \$11 +CRV

**Powerade Sports Drinks** 32 oz. 69¢ +CRV

**Pepsi, Diet Pepsi, Sierra Mist, Crush** 6 Pack, 24 oz. Bottles  
12 Packs, 12 oz. Cans  
8 Pack, 7.5 oz. Sleek Mini Cans  
8 Pack, 12 oz. Bottles 3 FOR \$10 +CRV

Must Buy 3

**Fiora Bath Tissue** 12 Rolls  
**Paper Towels** 8 Rolls

Sale Price 2 FOR \$8.00  
Minus Coupon - 2.00

**2 FOR \$6** with \$2.00 OFF coupon

**fiora** Stay Bright **SAVE \$2** ON ANY 2 FIORA® 12-ROLL BATH TISSUE OR 8-ROLL PAPER TOWELS. MUST BUY TWO

MANUFACTURER'S COUPON  
Retailer: We will reimburse you the face value of this coupon plus 9¢ handling provided you and the consumer have complied to the terms of this offer. Invoices proving purchases of sufficient stock to cover presented coupons must be shown on request. Any other application may constitute fraud. Coupon void where prohibited, taxed or restricted. Consumer must pay any sales tax. Cash value .001¢. Reproduction of this coupon is expressly prohibited. Mail to: Great Brands, Inc. Inner Dept. #10326 One Forecott Drive, Dal Rio, TX 78048

EXPIRES 07/23/2014

081032601-100586

10326 00051

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

Temple City  
5595 Rosemead Blvd.

Paramount  
13120 Downey Ave.

Bell Gardens  
6380 E. Florence Ave.

Eagle Rock  
2245 Yosemite Dr.

Los Angeles  
2925 Division St.

Montebello  
2924 Beverly Blvd.

South Gate  
8116 California Ave.

Highland Park  
5250 York Blvd.

Fillmore  
725 Ventura St.



<b>Gatorade Thirst Quencher All Star</b> 6 Pack, 12 oz. <b>2<sup>F</sup> \$6<sup>R</sup></b>	<b>Capri Sun or Kool-Aid Jammers</b> 10 Pack <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Don Francisco's Coffee</b> Assorted Varieties 12 oz. <b>4<sup>99</sup></b>	<b>Queen'Elephant or Emerald River Long Grain Rice</b> 5 Lbs. <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Anthony's Pasta</b> 16 oz. <b>99¢</b>	<b>Wesson Oil</b> Corn, Vegetable or Canola, 48 oz. <b>2<sup>59</sup></b>	<b>Maruchan Bowl</b> 3.3-3.36 oz. <b>59¢</b>	<b>Yakisoba</b> Chicken, Teriyaki or Beef, 4 oz.
<b>Nature's Harvest Stone Ground Whole Wheat, Buttermilk Whole Grain White or Honey Wheat or Rainbo Bread</b> White or Wheat 20-24 oz. <b>1<sup>99</sup></b>	<b>CocoBanana Loaf Bread</b> UBE, 22 oz. Coconut, 16 oz. <b>3<sup>39</sup></b>	<b>Sunshine Cheez-It Crackers</b> 10.5-13.7 oz. <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Capitol Pound Cake</b> 10 oz. <b>99¢</b>	<b>S&amp;W Ready-Cut Tomatoes</b> Italian Style, Diced, No Salt, 14.5 oz. <b>1<sup>19</sup></b>	<b>Hunt's Spaghetti Sauce</b> 24 oz. <b>99¢</b>	<b>Hunt's Barbecue Sauce</b> 18 oz. <b>1<sup>39</sup></b>	<b>Hunt's Ketchup</b> 24 oz. <b>99¢</b>
<b>Ruffles Potato Chips</b> All Varieties 7.5-8.5 oz. <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Marinela Box Cakes</b> Napolitano, Submarinos, Gansito, Choco Roles, Pinguinos 5-8 Count <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Marinela Cookies</b> Sponchi!, Canelitas, Polvorones, Suavicremas 11.3-21.16 oz. <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Kellogg's Special K Cereal</b> Assorted Sizes & Varieties <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Snuggle Fabric Softener</b> 150 oz. <b>4<sup>99</sup></b>	<b>Sun Liquid Detergent</b> 188 oz. <b>4<sup>99</sup></b>	<b>Flora Bath Tissue</b> 12 Pack <b>2<sup>F</sup> \$6<sup>R</sup></b>	<b>Flora Paper Towels</b> 8 Rolls <b>2<sup>F</sup> \$6<sup>R</sup></b>

<b>Springfield Apple Juice</b> 64 oz. <b>1<sup>59</sup></b>	<b>Springfield Drinking Water</b> 24 Pack, .5 Liter <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Springfield Soda</b> 12 Pack, 12 oz. Cans <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Springfield Ground Coffee</b> Decaf or Regular 11.5 oz. <b>1<sup>99</sup></b>	<b>Springfield Tomato Sauce</b> No Salt Added or Regular, 8 oz. <b>10<sup>F</sup> \$3<sup>R</sup></b>	<b>Springfield Cooking Oil</b> Corn or Vegetable 40 oz. <b>1<sup>99</sup></b>	<b>Special Value Bleach</b> 96 oz. <b>89¢</b>	<b>Special Value Bath Tissue</b> 24 Rolls <b>3<sup>99</sup></b>
<b>Springfield Frozen Fruit</b> 12-16 oz., Strawberries Whole or Sliced, Berry Medley, Sliced Peaches, Blueberries <b>1<sup>99</sup></b>	<b>Springfield Waffles</b> 12.3 oz. <b>2<sup>F</sup> \$3<sup>R</sup></b>	<b>Springfield Whipped Topping</b> 8 oz. <b>1<sup>39</sup></b>	<b>Springfield Golden Pride Giant Bread</b> 24 oz. White or Wheat <b>1<sup>79</sup></b>	<b>Springfield Whole Kernel Corn</b> 15.25 oz. <b>59¢</b>	<b>Springfield Macaroni &amp; Cheese</b> 7.25 oz. <b>59¢</b>	<b>Springfield Aluminum Foil</b> 37.5 Sq. Ft., Heavy Duty <b>1<sup>99</sup></b>	<b>Special Value Paper Towels</b> 3 Rolls <b>1<sup>89</sup></b>
<b>Springfield Butter</b> 16 oz. <b>2<sup>99</sup></b>	<b>Springfield Cream Cheese</b> 8 oz. Soft or Brick <b>1<sup>69</sup></b>	<b>Springfield Vegetables</b> 16 oz., Corn, Mixed Vegetables, Peas, Peas & Carrots, Green Beans, French Cut Green Beans <b>79¢</b>	<b>Springfield Golden Pride Buns</b> 8 Pack, Hamburger or Hot Dog <b>1<sup>29</sup></b>	<b>Springfield Garbanzo or Chili Beans</b> 15 oz. <b>79¢</b>	<b>Springfield Lentils</b> 16 oz. <b>59¢</b>	<b>Springfield Foam Cups</b> 24 Count, 12 oz. <b>99¢</b>	<b>Special Value Napkins</b> 180 Count <b>99¢</b>
<b>Springfield Frozen Lemonade</b> 12 oz. <b>99¢</b>	<b>Springfield Natural Cheese</b> 16 oz. <b>3<sup>49</sup></b>	<b>Springfield Yogurt</b> 32 oz. <b>1<sup>99</sup></b>	<b>Springfield Pancake Mix</b> 32 oz. <b>1<sup>89</sup></b>	<b>Special Value Syrup</b> 24 oz. <b>1<sup>89</sup></b>	<b>Springfield Prize Cat Food</b> 5.5 oz. Can <b>39¢</b>	<b>Springfield Prize Dog Food</b> 22 oz. Can <b>99¢</b>	<b>Special Value Liquid Hand Soap</b> 16.9 oz. <b>99¢</b>

### Beer & Wine

<b>Budweiser, Bud Light, Miller Genuine Draft, Miller Lite, Coors, Coors Light, Tecate, Tecate Light</b> 30 Pack, 12 oz. Cans <b>1<sup>999</sup></b>	<b>Cazadores, Courvoisier, Ketel One, Chivas Regal, Ciroc, Jameson, Belvedere, Maker's Mark, Corralejo, Cuervo Tradicional, Crown Royal</b> 750 ml. <b>1<sup>999</sup></b>	<b>Bodega Elena, Bogie, Cupcake, Columbia, Robert Mondavi, Gnarly Head, Barefoot Bubbly</b> 750 ml. <b>6<sup>99</sup></b>
<b>Corona Extra, Victoria, Corona Light, Heineken, Blue Moon, Newcastle, Dos Equis, Shock Top</b> 24 Pack, 12 oz. Bottles <b>2<sup>499</sup></b>	<b>Smirnoff, Skyy or New Amsterdam Vodka, Malibu or Bacardi Rum</b> 750 ml. <b>9<sup>99</sup></b>	<b>Sauza Tequila</b> Silver or Gold 750 ml. <b>7<sup>99</sup></b>
<b>Dos Equis, Bohemia, Indio, Beers of Mexico, Blue Moon, Shock Top</b> 12 Pack, 12 oz. Bottles <b>1<sup>199</sup></b>	<b>Yellowtail, Barefoot, Rex-Goliath</b> 750 ml. <b>4<sup>99</sup></b>	<b>Gallo Family Wine</b> 1.5 Liter <b>2<sup>99</sup></b>
<b>Longhorn, Peroni, L'Espresso, Great White, Corona, Modelo, Pacifico, Samuel Adams, Miller's, Pyramid, Stella Artois, Angry Orchard</b> 12 Pack, 11.2-12 oz. Bottles <b>1<sup>399</sup></b>	<b>Riunite, Beringer or Sutter Home</b> 750 ml. <b>3<sup>99</sup></b>	<b>Fireball, Rum Chata, Hornitos, Cabrito or Baileys</b> 750 ml. <b>1<sup>499</sup></b>
<b>Budweiser Black Crown, Bud Light Platinum, Bud Light Lime, Michelob Ultra, Michelob Amber Back, Third Shift Amber, Miller Fortune, Bass, Beck's, St. Pauli Girl, Seagram's Escapes, Redd's 12 Pack, 12 oz. Cans or Bottles, Bud Light Lime-A-Rita or Straw-ber-Rita</b> 12 Pack, 8 oz. Cans <b>1<sup>099</sup></b>	<b>Smirnoff or Guinness</b> 1.5 Liter <b>1<sup>199</sup></b>	<b>Patron Tequila</b> 750 ml. Silver <b>3<sup>499</sup></b> Reposado <b>3<sup>699</sup></b> Añejo <b>3<sup>999</sup></b>

### Deli Delights

<b>Grade AA Extra Large Eggs</b> 20 Count Tray Pack <b>2<sup>99</sup></b>	<b>Knudsen Sour Cream</b> 16 oz. <b>1<sup>99</sup></b>	<b>Knudsen Sour Cream</b> 24 oz. <b>2<sup>99</sup></b>	<b>Bar-S Jumbo Franks</b> Meat, Chicken or Turkey, 16 oz. <b>1<sup>19</sup></b>	<b>Bar-S Bologna</b> 12 oz. <b>2<sup>99</sup></b>
<b>Florida's Natural Orange Juice, Grapefruit Juice or Orange Juice Blends</b> 59 oz. <b>2<sup>F</sup> \$6<sup>R</sup></b>	<b>Bar-S Sliced Cooked Ham or Turkey Breast</b> 8-12 oz. <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Guerrero Corn Tortillas</b> 80 Count <b>2<sup>79</sup></b>	<b>Guerrero Tostadas Caseras</b> 22 Count <b>2<sup>F</sup> \$3<sup>R</sup></b>	<b>Carl Buddig Deli Cuts</b> 12 oz. <b>99¢</b>
<b>Kraft Grated Parmesan Cheese</b> 8 oz. <b>3<sup>99</sup></b>	<b>Cacique Queso Fresco, Panela, Crema Mexicana Agria or Salvadoreña</b> 10-15 oz. <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Borden American Singles</b> 12 oz. <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Borden Natural Cheese Shreds</b> 8 oz. <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Borden Natural Cheese Slices</b> 6 oz. <b>2<sup>F</sup> \$5<sup>R</sup></b>
<b>Plumrose Deli Tubs</b> 9 oz. <b>2<sup>99</sup></b>	<b>Western Family Ibuprofen</b> 500 Count <b>8<sup>99</sup></b>	<b>Western Family Cotton Swabs</b> 300 Ct. <b>1<sup>29</sup></b>	<b>Lipovitan Vitamin Drink</b> 6 Pack, 3.3 oz. Assorted Flavors <b>4<sup>99</sup></b>	<b>Western Family Aspirin</b> 250 Count <b>2<sup>99</sup></b>

### Non Foods

<b>Head &amp; Shoulders Shampoo or Conditioner</b> 14.2 oz. <b>3<sup>99</sup></b>	<b>Colgate Total Toothpaste</b> 6 oz. <b>2<sup>F</sup> \$5<sup>R</sup></b>	<b>Kotex Pads</b> 14-24 Ct. <b>2<sup>99</sup></b>	<b>Kotex Liners</b> 40-64 Ct. <b>2<sup>99</sup></b>	<b>Kotex Tampons</b> 18 Ct. <b>99¢</b>
<b>Red Bull Energy Drinks</b> 8.4 oz. <b>2<sup>F</sup> \$3<sup>R</sup></b>	<b>Western Family Aspirin</b> 250 Count <b>2<sup>99</sup></b>	<b>Bic Surestart Utility Lighter</b> 1 Count <b>2<sup>99</sup></b>	<b>Western Family Aspirin</b> 250 Count <b>2<sup>99</sup></b>	<b>Western Family Aspirin</b> 250 Count <b>2<sup>99</sup></b>



California CA GROWN

# A BETTER BRAND OF BEEF

We Proudly Feature Harris Ranch Beef

**Harris Ranch**  
**Beef Chuck Blade Steaks or Roast**

**3.49**  
Lb.

**Harris Ranch**  
**Bone-In Beef Loin New York Strip Steak**

**5.99**  
Lb.

**Harris Ranch**  
**Boneless Stewing Beef or Lean Ground Beef**  
Less than 22% fat

**3.99**  
Lb.

**Harris Ranch**  
**Beef Chuck 7-Bone Steaks or Roast**

**3.79**  
Lb.

**Harris Ranch**  
**Beef Chuck Flanken or Short Ribs**

**4.99**  
Lb.

**Fresh Turkey Store Ground Turkey**  
85/15, 20 oz.

**3.49**  
Ea.

**El Mexicano**  
**Queso Fresco**  
Cremoso or Casero

**3.49**  
Lb.

**El Mexicano**  
**Crema**  
All Varieties

**1.99**  
Lb.

**Rose Sausage**  
Pork Links or Patties 5 oz.  
Turkey Links 4.8 oz.

**1.49**  
Ea.

**Rose Canadian Bacon**  
5 oz. Sliced

**2.50**  
R

**Sugardale Hickory Smoked Sliced Bacon**  
12 oz.

**2.99**  
Ea.

**Wilmar Ground Beef Patties**  
73/27, 2.5 Lb. Bag

**7.99**  
Ea.

**Fresh Turkey Store Ground Turkey**  
93/7, 20 oz.  
**Patties 16 oz. Links 14 oz.**

**3.99**  
Ea.

**Johnsonville**  
**Bratwurst**  
Original, Beer or Italian Sausage  
Mild or Hot 19 oz.

**3.99**  
Ea.

**Foster Farms Chicken Drumsticks**  
Value Pack

**1.49**  
Lb.

**Chicken Thighs**  
Value Pack

**1.69**  
Lb.

**Foster Farms Chicken Breasts**  
Bone-In, Small Pack

**1.69**  
Lb.

**Foster Farms Whole Bag Fryers**

**1.49**  
Lb.

**Fresh Made Chorizo**  
Beef or Pork Bulk

**2.99**  
Lb.

## Seafood Department

## Deli & Hot Foods

All Stores Except Eagle Rock

**Tilapia Fillets**  
Defrosted, Bulk

**3.49**  
Lb.

**Fresh Imitation Crab**  
Flaked

**1.99**  
Lb.

**Fresh Imitation Flaked Crab**  
2.5 Lb. Pack

**4.98**  
Ea.

**Raw Shell-On Shrimp**  
51-60 Count

**6.49**  
Lb.

**Fresh Atlantic Salmon Fillets**  
Farm Raised

**8.99**  
Lb.

**Carnitas**  
Pork Shoulder or Turkey (Baked)

**5.99**  
Lb.

**Fresh Homestyle Salsa**  
Mild or Hot

**3.99**  
Lb.

**100 Pieces Fried or Oven Roasted Chicken**  
Drumsticks & Thighs

**64.99**  
30 Pieces **19.99** 50 Pieces **32.99**

**Super A Tortilla Chips**  
Regular, 32 oz. or Thin, 24 oz.

**2.99**  
Ea.

**Simplot Potato Wedges**  
Seasoned

**1.49**  
Lb.



Save Every Day Double Coupon • Double Savings! Present this coupon along with any one MFG. "Cards Off" coupon. Face amount plus doubled amount not to exceed \$10.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 7/17/14 thru 7/23/14. Limit 1 Per Coupon • 4 Coupons Per Customer

# ONE DAY SPECIALS!

WHILE SUPPLIES LAST

**FRIDAY, JULY 18TH**

**Cantaloupe**



**3 LBS 99¢**

**Bananas**



**39¢ Lb.**

**Tomatoes**



**39¢ Lb.**

**Super A Fryer Boneless Skinless Chicken Legs**  
Family Pack



**1.69 Lb.**

**Harris Ranch Extra Lean Ground Beef**  
Less than 15% fat



**3.99 Lb.**

**Springfield Drinking Water**

24 Pack, .5 Liter Bottles



**3 FOR \$7**  
+CRV

**Limit 6**

**Land O Lakes Natural Cheese**  
16 oz.



**2 FOR \$5**

**Limit 6**

**Buchanan's 12 Year Scotch Whisky**  
750 ml.



**19.99**

**Limit 6**

# Farm Fresh Produce

**Tropical Pineapple**



**2 LBS 99¢**

**3 FOR**



**Flavorful Small Avocados**

**3.99¢**

**Mild Brown Onions**



**3 LBS 99¢**

**2 FOR**



**Tasty Mangos**

**2.99¢**

**Fresh Radishes or Green Onions**



**3 FOR 3.99¢**

**2 LBS 99¢**



**Flavorful Yellow or Anaheim Chiles**

# SUPER A SAVERS!

Gelatins  
Senó Rico 12 Count  
or Lakeview 8 Count

2 FOR \$5



Margarita's  
Rice Pudding  
5.25 oz. 2 FOR \$1



Sabor Cool  
Drinks  
5 Pack, 2.1 oz. 69¢ +CRV

Dole Juice  
Blends  
59 oz.



2.99



Gold'n Soft  
Spread  
45 oz. 1.99

LaLa  
Smoothies  
7 oz.



99¢



El Mexicano  
Smoothies  
7 oz. 89¢

Danonino or Dannon Creamy  
Yogurt  
6 Pack



1.99



Tampico  
Citrus Punch  
Gallon 2 FOR \$3 +CRV

Growers' Pride  
Nectars  
59 oz.



2 FOR \$4



Donald Duck  
Orange Juice  
59 oz. 2 FOR \$5

## Freezer Pleasers

Michalina's  
Zap-Ems  
4.5-7.5 oz. 99¢



Budget Saver  
Twin Pops 18 Count  
or Cream Pops 12 Count  
2 FOR \$5

Good Humor  
Variety Pack  
24 Count 10.99



Nestle Ice Cream  
Bars or Sandwiches  
6 Count 2 FOR \$5

Eggo Waffles  
or Pancakes  
10.7-16 oz. 1.99



# Beverage Specials

Coca-Cola,  
Diet Coke,  
Dr Pepper,  
Sprite  
12 Pack, 12 oz. Cans



3 FOR \$11 +CRV

Coca-Cola,  
Diet Coke, Sprite  
or Dr Pepper  
20 Pack, 1.7 oz. Cans 6.99 +CRV

Coca-Cola, Diet Coke,  
Sprite, Dr Pepper  
8 Pack, 7.5 oz. Mini Sleek Cans,  
6 Pack, .5 Liter Bottles



3 FOR \$10 +CRV

Fanta, Fuze,  
Minute Maid  
2 Liter Bottles



99¢ +CRV

Fanta  
12 Pack,  
12 oz. Cans 3 FOR \$10 +CRV

Dasani Drinking Water  
24 Pack, .5 Liter Bottles  
Powerade  
Sports Drinks  
8 Pack, 20 oz. Bottles



4.99 +CRV

7-up, Sunkist,  
A&W Root Beer,  
Squirt  
2 Liter Bottles



89¢ +CRV

7-up, Sunkist,  
A&W Root Beer,  
Squirt  
6 Pack, .5 Liter Bottles



1.99 +CRV

Pepsi, Diet Pepsi,  
or Mtn Dew  
2 Liter Bottles



4 FOR \$5 +CRV

Sierra Mist, Crush,  
Manzanita Sol,  
Brisk, Schweppes,  
Mug Root Beer  
2 Liter



99¢ +CRV

Pepsi, Diet Pepsi,  
Sierra Mist, Crush  
or Mtn Dew  
24 Pack, 12 oz. Cans



6.99 +CRV

Rockstar, 16 oz.  
Kickstart, 16 oz.  
Sobe, 20 oz.



99¢ +CRV