

SALE STARTS OCTOBER 2nd THRU OCTOBER 8th, 2014

Open Daily 7am-11pm

# SUPER A FOODS

Save Every Day

Pineapple

Cantaloupe

Brown Onions

2 LBS  
\$ 99¢

3 LBS  
\$ 99¢

4 LBS  
\$ 99¢



**Fresh Super A Boneless Skinless Fryer Legs**  
Family Pack

1.49 Lb.

**Harris Ranch Beef Flap Meat Ranchera**  
Regular or Prepared Family Pack

5.99 Lb.

**Fresh Pork Loin Assorted Pork Chops**  
Lb.

**Pompeian OlivEXtra Premium Mediterranean Blend**  
24 oz.



Sale Price 2.99  
Minus Coupon -1.00

1.99

With \$1.00 OFF Coupon

MANUFACTURER'S COUPON | EXPIRES 12/31/14



0070404-040404



Not to be doubled. Consumer: Limit one coupon per purchase of specified product. No other coupon may be used with this coupon. Void if copied, sold, exchanged or transferred. Retailer: You are authorized to act as our agent and redeem this coupon at face value plus \$0.00 handling if in accordance with our coupon redemption policy (copies available upon request). Mail coupons to CME, Dept. 70434, 1 Fawcett Dr., Del Rio, TX 78840. Cash value \$.001. Any other use or reproduction constitutes fraud. Void where taxed or restricted. Consumer pays sales tax.

**C&H Pure Cane Sugar**  
4 Lb. Bag



1.89

**Kellogg's Cereals**

Frosted Flakes, 15 oz.  
Froot Loops, 12.2 oz.  
Corn Pops, 12.5 oz.  
Apple Jacks, 12.2 oz.  
Raisin Bran, 18.7 oz.  
Cocoa Krispies, 15.5 oz.  
Frosted Mini Wheats, 18 oz.



2 FOR \$5

STORE COUPON

ONE COUPON PER CUSTOMER PER TRANSACTION

Exp. 10/08/14

GET ONE (1) KELLOGG'S POP TARTS 12CT



FREE

WHEN YOU PURCHASE THREE (3) KELLOGG'S PARTICIPATING CEREALS

PLU# 9005

VALID ONLY AT: SUPER A FOODS

**Charmin Ultra Bath Tissue**  
12 Double Rolls  
20% More



7.99

**Springfield Whole Kernel Corn**  
No Salt Added or Regular, 15.25 oz.



5.99

**Springfield Tomato Sauce**  
No Salt Added or Regular, 8 oz.



4 FOR \$1

**Suavitel Fabric Softener**  
150 oz.



5.99

**7-up, Sunkist, Squirt, RC Cola, A&W Root Beer**  
2 Liter



7.99 +CRV

**Donald Duck Orange Juice or Growers' Pride Nectars**  
59 oz.



1.99

**Ranchero Queso Fresco 10 oz. Crema con Sal or Natural 15 oz. Cacique Cotija, Oaxaca 10 oz. Crema Mexicana 15 oz.**



2 FOR \$5

**BUY 2 GET 1 for 99¢**

**CREATE EN LA COMPRA DE 2**

delicious

Experience!

Vive una experiencia deliciosa!

PLU# 9010

LLÉVATE 1 por 99¢

**Pepsi, Crush, Sierra Mist, Mountain Dew**

12 Pack, 12 oz. Cans  
6 Pack, 24 oz. Bottles  
8 Pack, 12 oz. Bottles  
8 Pack, 7.5 oz. Mini Snek Cans



3 FOR \$9 +CRV

Must Buy 3

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

Temple City  
5595 Rosemead Blvd.

Paramount  
13120 Downey Ave.

Bell Gardens  
6380 E. Florence Ave.

Eagle Rock  
2245 Yosemite Dr.

Los Angeles  
2925 Division St.

Montebello  
2924 Beverly Blvd.

South Gate  
8116 California Ave.

Highland Park  
5250 York Blvd.

Fillmore  
725 Ventura St.



**Gatorade All Star Thirst Quencher** 6 Pack, 12 oz. **3.99** +CRV

**Capri Sun or Kool-Aid Jammers** 10 Pack **2.00** **2.50** F/R

**C&H Pure Cane Sugar** 4 Lbs. **1.89**

**Springfield Tomato Sauce** No Salt Added or Regular, 8 oz. **4.00** **4.10** F/R

**Wesson Oil** Vegetable, Corn, or Canola, 48 oz. **2.59**

**Best Foods Mayonnaise** 30 oz. **3.99**

**Maruchan Instant Lunch** 6 Pack, 2.25 oz. **1.89**

**Bimbo Bread** White, Wheat, Double Fiber 24-26.4 oz. **2.00** **2.50** F/R

**Sara Lee Box Cakes or Bag Donuts** 6-18 Count, 10-13 oz. **2.00** **2.50** F/R

**Ice Breakers Cool Blasts** Peppermint, Spearmint 24 Count **1.99**

**Smucker's Strawberry Jam** 32 oz. **2.99**

**Jif Peanut Butter** 16 oz. **2.99**

**Nutella Hazelnut Spread** 26.5 oz. **5.99**

**McCormick Black Pepper** 4 oz. **2.99**

**Tuong Sriracha Chili Sauce** 17 oz. **1.99**

**Fritos Corn Chips or Cheetos** All Varieties 9.5-10 oz. **2.00** **2.50** F/R

**Takis Fuego** 25 Single Packs, 30.9 oz. **8.99**

**Springfield Drinking Water** 24 Pack, .5 Liter **2.00** **2.50** F/R +CRV

**Queen Elephant Long Grain Rice** 5 Lbs. **2.00** **2.50** F/R

**Del Monte Spaghetti Sauce** 24 oz. **99¢**

**Anthony's Pasta** 16 oz. **4.00** **4.50** F/R

**Sun Vista Beans** Pinto, Black 29-30 oz. **99¢**

**General Mills Cereals** Honey Nut Cheerios, 12.25 oz. Multi Grain Cheerios, 9 oz. Honey Nut Cheerios Medley, 13.1 oz. Reese's Puffs, 13 oz. Lucky Charms, 11.5 oz. **2.00** **2.50** F/R

**Pillsbury Cake Mix** 15.25 oz. **4.00** **4.50** F/R

**Quaker Oatmeal** Regular or Quick 18 oz. **2.00** **2.50** F/R

**Gain Detergent** Liquid, 50 oz. Powder, 45 oz. **4.99**

**Charmin Bath Tissue** 12 Double Rolls 20% More **7.99**

**Palmolive or Ajax Dish Liquid** 28-30 oz. **1.99**

**Suavitel Fabric Softener** 150 oz. **5.99**

**Tradewinds Tea** Lemon, Diet Lemon, or Raspberry, 12 Pack, 12 oz. **2.00** **2.50** F/R +CRV

**Perrier or San Pellegrino** 25-25.3 oz. **4.00** **4.50** F/R

**Springfield Orange Juice** Gallon **3.59**

**Springfield Golden Pride Bread** White or Wheat, 16 oz. **99¢**

**Gain Fabric Softener** 64 oz. **2.99**

**Scott Extra Soft Bath Tissue** 12 Rolls **5.99**

**Virtue Big Roll Paper Towels** 1 Roll **89¢**

**Special Value Napkins** 200 Count **99¢**

**Nestle Iced Tea** Lemon, Diet Lemon, or Raspberry, 12 Pack, 12 oz. **2.99** +CRV

**Blue Diamond Almond Breeze** 64 oz. **2.99**

**Chobani Greek Yogurt** 5.3 oz. **99¢**

**Nabisco Oreo Cookies** SUPER CARTON, 52.5 oz. **8.99**

**Downy Fabric Softener** 3 Liter **3.99**

**Scott Paper Towels** 6 Rolls **5.99**

**Reynolds Wrap Aluminum Foil** 12'x30' **1.39**

**Hefty Foam Plates** 50 Count **1.99**

### Beer & Wine

**Budweiser, Bud Light, Miller Genuine Draft, Miller Lite, Coors, Coors Light, Tecate, or Tecate Light** 18 Pack, 12 oz. Cans or Bottles **13.99** +CRV

**Cazadores, Courvoisier, Ketel One, Chivas Regal, Ciroc, Jameson, Belvedere, Maker's Mark, Corralejo, Cuervo Tradicional, Crown Royal** 750 ml. **21.99**

**Bogle, Cupcake, Columbia, Robert Mondavi, Gnarly Head, Barefoot Bubbly** 750 ml. **7.99**

### Deli Delights

**Grade AA Large Eggs** 18 Count **2.00** **2.50** F/R

**Florida's Natural Juices** Orange, Grapefruit, or Blends, 59 oz. **2.00** **2.60** F/R

**Bar-S Jumbo Franks** Meat, Chicken, Turkey 16 oz. **1.19**

**Bologna** 12 oz. **2.99**

**Bar-S Beef Franks** 16 oz. **2.99**

### Non Foods

**Herbal Essences Shampoo or Conditioner** 10.1 oz. **3.99**

**Colgate Total Toothpaste** 6 oz. **2.99**

**Corona, Corona Light, Heineken, Blue Moon, Newcastle, Victoria, Dos Equis, Shock Top, Modelo Especial** 24 Pack, 12 oz. Bottles **24.99** +CRV

**Smirnoff, Skyy, New Amsterdam, Vodka, Malibu or Bacardi Rum** 750 ml. **9.99**

**Stella Rosa, Moscato D'Asti, Edna Valley, 14 Hands, Apothic, Korbel, Wild Oats, Martini & Rossi** 750 ml. **9.99**

**El Mexicano Queso Fresco Casero, Crema Mexicana or Casera** 10-15 oz. **2.00** **2.50** F/R

**Golden California Natural Cheese** 16 oz. **3.49** 2 Lbs. **6.89**

**Bar-S Sliced Cooked Ham or Turkey Breast** 8-12 oz. **2.00** **2.50** F/R

**Old Spice Deodorant** Selected Varieties 3 oz. **2.99**

**Act Mouthwash** 16.9-18 oz. **3.99**

**Longboard, Peroni, Redd's, Guinness, Great White, Victoria, Smith & Forge, Angry Orchard, Indio, Smirnoff, Dos Equis** 12 Pack, 11.2-12 oz. Bottles **13.99** +CRV

**Riunite, Sutter Home, Beringer, Rex-Goliath** 750 ml. **3.99**

**Don Julio Tequila** 750 ml. **33.99** Silver **36.99** Reposado **39.99** Añejo

**Borden Natural Cheese Shreds** 8 oz. **2.00** **2.50** F/R

**Borden Natural Cheese Slices** 6 oz. **2.00** **2.50** F/R

**Borden Singles** 12 oz. **2.00** **2.50** F/R

**Gold'n Soft Spread** 16 oz. **1.99**

**Gold'n Soft Spread** 45 oz. **1.99**

**Messana Grated Parmesan Cheese** 8 oz. **2.99**

**Messana Mozzarella Ball** 16 oz. **3.99**

**U by Kotex Maxi Pads** 14-18 Count **3.99**

**Tamppons** 18 Count **3.49**

**Pantiliners** 16-24 Count **3.49**

**St. Ives Body Wash** 13.5 oz. **2.49**

**Edge Shaving Gel** 7 oz. **2.99**

**Huggies Baby Wipes Tub** 64-72 Count **2.99**

**Mane'n Tail Shampoo or Conditioner** 32 oz. **4.99** 12 oz. **2.99**

**Corona, Modelo, Pacifico, Samuel Adams, Pyramid, Mike's, Beers of Mexico, Blue Moon, Shock Top, or Bohemia** 12 Pack, 11.2-12 oz. Cans or Bottles **13.99** +CRV

**Gallo Family Wines** 1.5 Liter **4.99**

**Sauza Tequila** White or Gold 1.75 Liter **7.99** **16.99**

**Budweiser Black Crown, Bud Light Platinum, Bud Light Lime, Michelob Ultra, Michelob Amber Back, Third Shift Amber, Miller Fortune, Bass, Backs, St. Pauli Girl, Seagram's Escapes** 12 Pack, 12 oz. Cans or Bottles **10.99** +CRV

**Heineken, Newcastle, Leinenkugel's** 12 Pack, 11.2-12 oz. Bottles **11.99**

**Fireball, Hornitos, Rum Chata** 750 ml. **14.99**

**Ball Park Meat Franks** 16 oz. **2.00** **2.50** F/R

**Carl Buddig 16 oz. Originals** **2.00** **2.10** F/R

**Carl Buddig 2 oz. Originals or Snackers** **2.00** **2.10** F/R

**Plumrose Sliced Cooked Ham** 12 oz. **2.99**

**Plumrose Turkey Breast** 12 oz. **3.99**

**Edge Shaving Gel** 7 oz. **2.99**

**Huggies Baby Wipes Tub** 64-72 Count **2.99**

**Eucerin Lotion** 16.9 oz. **5.99**

**Mane'n Tail Shampoo or Conditioner** 32 oz. **4.99** 12 oz. **2.99**



CALIFORNIA CA GROWN

# A BETTER BRAND OF BEEF

We Proudly Feature Harris Ranch Beef

Beef Loin  
Tri Tip  
Roast  
Trimmed

**5.99**  
Lb.

Harris Ranch Beef Loin  
Top Sirloin  
Steak  
Family Pack

**4.99**  
Lb.

Pork Loin, Center Cut  
Pork Rib Chops

**2.99**  
Lb.

Pork Loin Chops  
Center Cut, Wafer Thin

**3.29**  
Lb.



Harris Ranch  
Lean Ground  
Beef

Less than 22% fat

**3.99**  
Lb.



Harris Ranch  
Beef Back  
Ribs

Defrosted

**2.49**  
Lb.

Bar M  
Smoked Sausage

Louisiana, Beef or Chipotle Hot Links  
or Tequila Lime Sausage  
Hot or Mild, 2.25-2.5 Lbs.

**5.99**  
Ea.

Don Francisco  
Queso Fresco

**2.99**  
Lb.

Don Francisco  
Queso Cotija

**3.49**  
Lb.

Don Francisco  
Crema

**1.99**  
Lb.

Farmer John  
Breakfast  
Sausage Links  
or Patties

12 oz.

**2.99**  
Ea.

John  
Morrell  
Sliced  
Bacon

12 oz.

**2.99**  
Ea.

Simplot  
Hash Brown  
Potatoes

20 Count

**3.49**  
Ea.

Cacique  
Chorizo

Beef, Pork, or Soy  
9 oz.

**1.19**  
Ea.

Salsa Roja o Verde  
or Molcajete  
Roja o Verde

**2.99**  
Lb.

Foster Farms  
Split Breast

Bone-In  
Value Pack

**1.39**  
Lb.

Foster Farms  
Whole Bag  
Fryers

**1.29**  
Lb.

Foster Farms  
Simply Seasoned  
Chicken Breast

Boneless Skinless  
All Varieties  
Easy Open Package

**4.99**  
Lb.

Fresh Made  
Chorizo

Pork or Beef  
Bulk

**2.99**  
Lb.

## Seafood Department



Tilapia  
Fillets

Defrosted, Bulk

**3.49**  
Lb.

Fresh Atlantic Salmon

Whole or Half, Farm Raised

**5.99**  
Lb.

Fresh Atlantic Salmon Steaks

**6.99**  
Lb.

Marinated Fish  
Fresh Ceviche  
or Imitation  
Crab Salad

Ready to Serve

**3.99**  
Lb.

Raw  
Shell-On  
Shrimp

51-60 Count

**6.49**  
Lb.

## Deli & Hot Foods

All Stores Except Eagle Rock



Foster Farms  
Turkey Breast

Select  
Oven Roasted  
Sliced

**3.49**  
Lb.

Carnitas  
Pork Shoulder or  
Baked Turkey

**5.99**  
Lb.

Hickory  
Smoked

**4.49**  
Lb.

Fresh  
Homestyle  
Salsa

Mild or Hot

**3.99**  
Lb.

100 Pieces  
Fried or  
Oven Roasted  
Chicken

Drumsticks & Thighs

**6.49**  
Lb.

Super A  
Tortilla Chips

Regular, 32 oz. or Thin, 24 oz.

**2.99**  
Ea.



Save Every Day

Double Coupon • Double Savings!

Present this coupon along with any one MFG. "Cards Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/2/14 thru 10/9/14. Limit 1 Per Coupon • 4 Coupons Per Customer



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RESERVE THE RIGHT TO DISCONTINUE OR CHANGE ALL ADVERTISING OFFERS SUBJECT TO AVAILABLE SUPPLY. LIMIT 1 PER COUPON. 4 COUPONS PER CUSTOMER. NO CASH TO BE RECEIVED.

# ONE DAY SPECIALS!

WHILE SUPPLIES LAST

FRIDAY, OCTOBER 3RD

**Bananas**



**3<sup>L</sup> 99¢**  
**3<sup>B</sup> 99¢**  
**3<sup>S</sup> 99¢**

Chiquita Dole

**Extra Large Artichokes**



**99¢**  
Ea.

**Asparagus**



**1<sup>99</sup>**  
Lb.

**Super A Fryer Chicken Drumsticks**  
Family Pack



**79¢**  
Lb.

Fresh Fryer Chicken

**Harris Ranch Beef Chuck Carne Asada**  
Regular or Prepared Family Pack



**3<sup>99</sup>**  
Lb.

HARRIS CA GROWN

**Springfield Drinking Water**  
24 Pack, .5 Liter Bottles



**3<sup>F</sup> 7**  
**0<sup>R</sup> 7**  
+CRV

**Clothing Hamper**  
Black Only  
1 Count



**5<sup>99</sup>**

While Supplies Last Limit 2

**Shedd's Country Crock Spread**  
45 oz.



**2<sup>99</sup>**

Limit 6

**Joseph Farms Natural Cheese**  
Monterey Jack, Mozzarella  
4 Lbs.



**10<sup>99</sup>**

Limit 6

**Ciroc or Courvoisier**  
750 ml.



**17<sup>99</sup>**

Limit 6

# Farm Fresh Produce

**Small Avocados**



**3<sup>F</sup> 99¢**  
**3<sup>O</sup> 99¢**  
**3<sup>R</sup> 99¢**

**Tomatoes**



**2<sup>L</sup> 99¢**  
**2<sup>B</sup> 99¢**  
**2<sup>S</sup> 99¢**

**Sweet Valencia Oranges**



**3<sup>L</sup> 99¢**  
**3<sup>B</sup> 99¢**  
**3<sup>S</sup> 99¢**

**Seedless Limes**



**3<sup>99</sup>**  
Lb.

**Red or Green Seedless Grapes**



**1<sup>29</sup>**  
Lb.

**Fuji or Pink Lady Apples**



**7<sup>99</sup>**  
Lb.

**Cilantro**



**4<sup>F</sup> 99¢**  
**4<sup>O</sup> 99¢**  
**4<sup>R</sup> 99¢**

# SUPER A SAVERS!

**El Mexicano Smoothies or Arroz con Leche** 7-8 oz.

**79¢**

**El Mexicano Sabor Cool** 5 Pack, 2.1 oz. **79¢** +CRV

**Guerrero Corn Tortillas** 80 Count

**2.79**

**Guerrero Riquisimas Flour Tortillas** 24 Count

**2.99**

**Guerrero Tostadas Caseras** 22 Count

**1.49**

**LaLa Yogurt** Blended or Drinkable, 32 oz. Multi-Pack, 4 Pack, 7 oz.

**2.79**

**LaLa Frustrion Go Wild!** 6 Pack, 3.9 oz.

**3 FOR \$5**

**Danimals Smoothies** 6 Pack, 3.1 oz. or Dannon Creamy 6 Pack, 4 oz.

**2 FOR \$4**

**La Banderita Sabrosísimas Corn Tortillas** 80 Count or **Flour Tortillas** 24 Count

**1.99**

**La Banderita Mini Tostadas** 9 oz.

**99¢**

**Olé Queso Fresco or Crema Mexicana** 10-15 oz.

**2 FOR \$4**

## Freezer Pleasers

**Michelina's Zap'ems Gourmet Entrees** 4.5-7.5 oz.

**79¢**

**Golden Creme Giant Pops** 12 Count

**2.49**

**Ben & Jerry's Ice Cream** 16 oz.

**2.99**

**Frozen Cream Pies** Banana or Coconut 38 oz.

**2 FOR \$5**

**Celeste Pizza for One** 5-7.81 oz.

**99¢**

# Beverage Specials

**Coca-Cola, Diet Coke, Dr Pepper, Sprite** 12 Pack, 12 oz. Cans

**MUST BUY 2**

**2 FOR \$9** +CRV

**Coca-Cola, Diet Coke, Sprite, Dr Pepper** 20 Pack, 12 oz. Cans **6.99** +CRV

**Fanta, Minute Maid, Fuze** 2 Liter

**99¢** +CRV

**Coca-Cola, Diet Coke, Sprite, Dr Pepper** 2 Liter **MUST BUY 3** **3 FOR \$5** +CRV

**Coca-Cola, Diet Coke, Sprite, Dr Pepper** 8 Pack, 7.5 oz. Mini Sleek Cans, 6 Pack, .5 Liter Bottles

**3.99** +CRV

**Sierra Mist, Brisk, Sol, Crush, Schweppes or Mug** 2 Liter

**99¢** +CRV

**Pepsi, Diet Pepsi, Mtn Dew** 2 Liter Bottles

**4 FOR \$5** +CRV

**Pepsi, Diet Pepsi, Sierra Mist, Crush** 24 Pack, 12 oz. Cans

**6.99** +CRV

**Starbucks Frappuccino** 4 Pack, 9.5 oz. Bottles

**Lipton Tea** 12 Pack, .5 Liter Bottles

**4.99** +CRV

**7-up, Sunkist, A&W Root Beer, Squirt** 12 Pack, 12 oz. Cans

**3 FOR \$10** +CRV

**7-up, Sunkist, A&W Root Beer, Squirt** 6 Pack, .5 Liter Bottles

**1.99** +CRV

**Arizona Drinks** 23 oz. Can

**79¢** +CRV