

SALE STARTS OCTOBER 9th THRU OCTOBER 15th, 2014

Open Daily 7am-11pm

# SUPER A FOODS

Save Every Day

Fuji or Pink Lady Apples

69¢  
Lb.

Seedless Watermelon

4.99¢  
LBS

Peaches

99¢  
Lb.

Frozen Chicken Leg Quarters  
10 Lb. Bag

69¢  
Lb.

Harris Ranch Beef Chuck Espaldilla de Res Clod Steaks Thin Cut, Family Pack

3.99  
Lb.

Fresh Pork Butt Shoulder Steaks Bone-In

2.49  
Lb.

SAVE UP TO \$3 on Milk • Breakfast Madness



General Mills Cereals  
Cinnamon Toast Crunch, 12.2 oz.  
Peanut Butter Toast Crunch, 11.8 oz.  
Cocoa Puffs, 11.8 oz.  
Golden Grahams, 12 oz.  
Trix, 10.7 oz.

2.50

Betty Crocker Pancake Mix 37 oz. 2.50

Nature Valley Granola Bars 12 Ct. 2.50

GOOD ONLY AT SUPER A FOODS  
EXPIRES 10/15/14

SAVE UP TO \$3 on Milk  
Golden Creme Milk, 1 Gallon when you buy ANY 4 participating\* General Mills products in one shopping visit between 10/9/14 and 10/15/14.

\*Participating products: General Mills Cereals Cinnamon Toast Crunch™ (12.2oz), Peanut Butter Toast Crunch™, Frosted Toast Crunch™, Cocoa Puffs™ (11.8oz), Golden Grahams™ (12oz), Trix™ (10.7oz), Betty Crocker™ Pancake Mix, Nature Valley™ Granola Bars  
This coupon will only be redeemed by SUPER A FOODS. Valid in-store only. This coupon will not be redeemed through General Mills, Inc. Void if altered, copied, sold, purchased, transferred, exchanged or where prohibited or restricted by law. One coupon per purchase of specified product(s). Good only in the USA, APOs, and FPOs. CONSUMER: Coupon cannot be combined with any other coupon or offer. Consumer pays any sales tax. Cash value 1/100 cent. Coupon is not redeemable for cash. © General Mills.

PLU# 9011

Ragu Pasta Sauce Spaghetti 24 oz. Alfredo 16 oz. 1.99

Anthony's Pasta 32 oz. Penne Spaghetti 1.99

Don Francisco's Coffee 12 oz. Vanilla Nut 3.99

Mahatma Long Grain Rice 20 Lb. Bag 9.99

Golden Grain Rice-A-Roni or Pasta Roni Assorted Sizes 9.99

Maruchan Bowls or Yakisoba 3.31-4.9 oz. Bowl 5.99

Downy Fabric Softener 64 oz. 2.99

Gatorade Thirst Quencher 8 Pack, 20 oz. 3.99 +CRV

Large Eggs Grade AA 18 Pack 2 for \$5

7-up, A&W, Sunkist, Squirt 2 Liter 79¢ +CRV

Tecate or Tecate Light 30 Pack, 12 oz. Cans 1.899 +CRV

Bonerts Pies Dutch Apple, Apple, Peach, 24 oz. or Pineapple, 26 oz. 2.99

We Reserve The Right To Limit Quantities. Sales In Retail Quantities Only • Visit Our Website At [www.superfoods.com](http://www.superfoods.com)

Temple City 5595 Rosemead Blvd.

Paramount 13120 Downey Ave.

Bell Gardens 6380 E. Florence Ave.

Eagle Rock 2245 Yosemite Dr.

Los Angeles 2925 Division St.

Montebello 2924 Beverly Blvd.

South Gate 8116 California Ave.

Highland Park 5250 York Blvd.

Fillmore 725 Ventura St.







California CA GROWN

# A BETTER BRAND OF BEEF

We Proudly Feature Harris Ranch Beef

**HARRIS RANCH**

**3.69** Lb.

Harris Ranch  
**Beef Chuck  
Blade Steaks  
or Roast**

**HARRIS RANCH**

**5.99** Lb.

Harris Ranch  
**Beef Loin  
New York  
Strip Steak**  
Bone-In

**HARRIS RANCH**

**1.99** Lb.

Fresh  
**Pork Shoulder  
Butt Roast**  
Whole

**HARRIS RANCH**

**3.99** Lb.

Harris Ranch  
**Beef Chuck  
7-Bone Steaks  
or Roast**

**HARRIS RANCH**

**3.99** Lb.

Harris Ranch  
**Stewing  
Beef**  
Boneless

**HARRIS RANCH**

**3.99** Lb.

Harris Ranch  
**Stewing  
Beef**  
Boneless

**BAR-S**

**2.69** OR **2.99**

**Sliced Bacon**  
12 oz.

**EL MEXICANO**

**3.49** Lb.

**Queso Fresco Cremoso or Casero**  
Bulk

**1.99** Lb.

**El Mexicano  
Crema**  
All Varieties

**BAR-S**

**3.99** Ea.

**Sausage**  
Jalapeño & Cheddar, 32 oz.  
Bacon & Swiss, 32 oz.  
Smoked Hot Links, 24 oz.

**1.29** Lb.

Fresh  
**Pork  
Neckbones**

**1.19** Ea.

**El Mexicano  
Chorizo**  
Pork or Beef, 9 oz.

**2.99** Ea.

**El Mexicano  
Longaniza**  
10 oz.

**2.99** Lb.

**Salsa Roja o Verde  
or Molcajete**  
Roja o Verde

**1.99** Lb.

Fresh Salads  
Potato, Macaroni,  
or Coleslaw

**1.69** Lb.

Foster Farms  
**Drumsticks  
or Thighs**  
Small Pack

**5.99** Ea.

Foster Farms  
**Fresh  
Ground Turkey**  
32 oz.

**4.99** Lb.

Foster Farms  
**Boneless  
Chicken Breast**  
Thin Cut

**SAVE \$1.00**  
on the purchase of ONE (1) package  
of Foster Farms  
Thin-Sliced Breast Fillets

## Seafood Department

**2.99** Lb.

Fresh  
**Whole  
Catfish**

**3.99** Lb.

Marinated Fish  
**Fresh Ceviche  
or Imitation  
Crab Salad**  
Ready to Serve

**6.49** Lb.

Raw  
**Shell-On  
Shrimp**  
51-60 Count  
Defrosted

**2.99** Lb.

**Swai Fillets**  
Defrosted

## Deli & Hot Foods

All Stores Except Eagle Rock

**7.99** Lb.

**Pork  
Chicharrones**  
Made Fresh Daily

**3.49** Lb.

Foster Farms  
**Turkey Breast**  
Select  
Oven Roasted  
Sliced

**4.49** Lb.

**Hickory  
Smoked**

**4.99** Lb.

Foster Farms  
**Chicken  
Hot Wings**  
Buffalo Style  
Ready to Serve

**2.99** Lb.

**El Mexicano  
Deli Ham**  
Sliced/Bulk

**3.79** Lb.

**El Mexicano  
Turkey Ham**  
Sliced, Bulk

You could WIN a VIP Trip to the **Latin GRAMMY** in Las Vegas

**Text VIVAMUSIC to 97579**

**7UP**

NO PURCHASE NECESSARY. Must be legal U.S. resident living in CA or NV, 21 or older. See 7UP display at participating stores for details. Subject to full Official Rules.

**7UP**

**The 10th is Free TEN™ Day**

FREE TEN™ 2 liter bottle on 10/10, 11/10 & 12/10 in 2014

Customers pay CRV and Tax

Limit 1 TEN™ 2 Liter per family while supplies last.

9003

**SUPER A FOODS**

Save Every Day

**Double Coupon • Double Savings!**

Present this coupon along with any one MFG. "Cents Off" coupon. Face amount plus doubled amount not to exceed \$1.00. Does not apply to "Free" coupons. Doubled amount not to exceed price of item. Not eligible on tobacco, liquor or dairy products. Only one double coupon per MFG. coupon. Coupon effective 10/9/14 thru 10/15/14. Limit: 1 Per Coupon • 2 Coupons Per Customer

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# ONE DAY SPECIALS!

WHILE SUPPLIES LAST

FRIDAY, OCTOBER 10TH

Loose Russet Potatoes



**19¢** Lb.

Mexican Papaya



**59¢** Lb.

Strawberries  
1 Lb. Clamshell



**2 FOR \$3**

Fresh Pork Spareribs  
Medium



**1.99** Lb.

Harris Ranch Lean Ground Beef  
Less Than 22% Fat



**3.99** Lb.

Downy Fabric Softener  
64 oz.



**1.99**

Kahlua Coffee Liqueur  
750 ml.



**9.99**  
Limit 4

B.V. Coastal or Robert Mondavi Private Selection  
750 ml.



**4.99**  
Limit 6

Smirnoff Vodka



**9.99** 750 ml.  
**14.99** 1.75 Liter  
Limit 6

# Farm Fresh Produce

Flavorful Cilantro



**4.99¢** FOR LBS

Broccoli



**2.99¢** LBS

Valencia Oranges



**3.99¢** LBS

Yellow or Anaheim Chiles



**2.99¢** LBS

Limes



**3.99¢** Lb.

Bartlett Pears



**6.99¢** Lb.

Red or Green Bell Peppers



**5.99¢** Lb.

# SUPER A SAVERS!

**Yakult Probiotic Drink**  
5 Pack, 2.7 oz.

**2<sup>99</sup>** +CRV

**Guerrero Corn Tortillas**  
100 Count

**2<sup>99</sup>**

**Mission Corn Tortillas**  
30 Count

**2<sup>99</sup>** FOR **3<sup>99</sup>**

**Guerrero Riquisimas Flour Tortillas**  
24 Count

**2<sup>99</sup>**

**Guerrero Trigueñas Flour Tortillas**  
24 Count

**2<sup>99</sup>**

**Lala Crema Mexicana**  
16 oz.

**2<sup>99</sup>** FOR **4<sup>99</sup>**

**Lala Yogurt**  
Blended or Drinkable  
32 oz.

**2<sup>99</sup>** FOR **5<sup>99</sup>**

**Greek Gods Yogurt or Kefir**  
24 oz.

**2<sup>99</sup>**

## Freezer Pleasers

**Helados Mexico Mini Ice Cream Bars**  
12 Count

**3<sup>99</sup>**

**Buyers Best Fries or Hash Browns**  
22-32 oz.

**1<sup>29</sup>**

**Banquet Meals**  
7-11 oz.

**99¢**

Banquet Fried Chicken **1<sup>19</sup>**

**Springfield Waffles**  
12.3 oz.

**2<sup>99</sup>** FOR **3<sup>99</sup>**

**Ben & Jerry's Ice Cream**  
16 oz.

**3<sup>49</sup>**

**Good Humor Variety Pack**  
24 Count

**9<sup>99</sup>**

**Westpac Vegetables**  
16 oz.

**1<sup>19</sup>**

# Beverage Specials

**Coca-Cola, Sprite, Diet Coke, Dr Pepper**  
12 Pack, 12 oz. Cans

**MUST BUY 2**

**2<sup>99</sup>** FOR **9<sup>99</sup>** +CRV

Coca Cola, Diet Coke, Sprite, Dr Pepper  
20 Pack, 12 oz. Cans **6<sup>99</sup>** +CRV

**Fanta, Fuze, Minute Maid**  
2 Liter

**99¢** +CRV

Coca Cola, Sprite, Dr Pepper  
2 Liter **MUST BUY 3** **3<sup>99</sup>** FOR **5<sup>99</sup>** +CRV

**Powerade Sports Drinks**  
32 oz.

**99¢** +CRV

Powerade  
8 Pack, 20 oz. or Dasani  
24 Pack, .5 Liter Bottles **4<sup>99</sup>** +CRV

**Sierra Mist, Brisk, Manzanita Sol, Mug, Crush, Schweppes**  
2 Liter

**99¢** +CRV

**Lipton Iced Tea**  
Gallon

**2<sup>49</sup>** +CRV

**Rockstar 12 oz. Kickstart 16 oz. or Schweppes 1 Liter**

**99¢** +CRV

**Pepsi, Diet Pepsi, Sierra Mist, Crush**  
12 Pack, 12 oz. Cans or 6 Pack, 24 oz. Bottles

**MUST BUY 3**

**3<sup>99</sup>** FOR **10<sup>99</sup>** +CRV

**Pepsi, Diet Pepsi, Sierra Mist, Crush**  
8 Pack, 12 oz. Bottles  
8 Pack, 7.5 oz. Mini Sleek Cans

**3<sup>99</sup>** FOR **9<sup>99</sup>** +CRV

**Aquafina Drinking Water**  
24 Pack, .5 Liter Bottles

**3<sup>69</sup>** +CRV

**7-up, Sunkist, A&W Root Beer, Squirt**  
6 Pack, .5 Liter Bottles or Snapple 64 oz.

**2<sup>99</sup>** FOR **5<sup>99</sup>** +CRV